

Research on the drying Mechanism of Astragali Radix during Processing

Jie Peng

Jinan University

Meng-Mei Wu

Jinan University

Li-Fang Ye

Jinan University

Meng-Hua Wu

Jinan University

Zhi-Guo Ma

Jinan University

Hui Cao

Jinan university

Ying Zhang (✉ zhangying@jnu.edu.cn)

Jinan university

Research

Keywords: Traditional Chinese Medicine, Astragali Radix pieces, Drying kinetics, LF-NMR, MRI, Texture analyzer

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23 in AR pieces were entirely opposite. The relaxation times T_{22} and T_{23} and the peak areas
24 A_{22} and A_{Total} decreased significantly during drying. In addition, the intensity of the
25 water signal decreased from the surface to the interior. The textural parameters hardness,
26 adhesion and fracturability increased without an apparent change in springiness. The
27 parameters of LF-NMR and the texture analyzer were correlated with water content.

28 **Conclusions:** This study indicated that HPLC, LF-NMR, MRI and texture analyzers
29 provide a scientific basis for elucidating the principles for drying of AR pieces. The
30 method is useful and shows potential for popularization and application; accordingly, it
31 can easily be extended to other radix and/or rhizoma Traditional Chinese Medicinal
32 materials.

33 **Keywords:** Traditional Chinese Medicine, Astragali Radix pieces, Drying kinetics, LF-
34 NMR, MRI, Texture analyzer

36 **Background**

37 Processing, *Paozhi* in Chinese, is a unique Chinese pharmaceutical technique with a
38 long history of facilitating the use of Chinese herbal medicines for specific clinical
39 needs based on Traditional Chinese Medicine (TCM) theory [1]. The Chinese medicine
40 Yinpian is an important product of processing and is directly suitable for clinical use
41 [2]. Most Yinpian needs to remain dry before use, with the exception of a small number
42 that can be used when they are fresh [3]. The dried medicinal materials from production
43 have impurities removed, they are cleansed, moistened, cut, and dried, and then
44 different decoction pieces are made accordingly. Among these procedures, drying is the

45 crucial step in which water inside medicinal materials is removed in time to facilitate
46 storage [4].

47 Astragali Radix (Huangqi in Chinese) originated from the dried root of *Astragalus*
48 *membranaceus* (Fisch.) Bge. var. *mongholicus* (Bge.) Hsiao or *Astragalus*
49 *membranaceus* (Fisch.) Bge. have been used as Traditional Chinese Medicines (TCMs)
50 for more than 2,000 years [5]. Astragali Radix (AR) can tonify the middle-jiao and
51 replenish qi, solidify the surface and promote diuresis, dispel sepsis and renew muscle
52 [6]. Modern research shows that AR has many biological functions, such as vasodilation
53 [7], antioxidant activity [8, 9], immunomodulation [10, 11], antiaging activity [12, 13],
54 and antitumor activity [14]. The process of producing AR decoction pieces is “remove
55 impurities, separate size, cleanse, moisten, cut thick pieces and dry [15].” At present,
56 research reports on drying AR pieces are shallow and mainly use appearance, shape and
57 other indicators to pursue an optimum drying process. There is a lack of research on the
58 mechanism for the drying process. It is impossible to guarantee the quality of prepared
59 pieces after the drying process or to optimize process parameters. At the same time,
60 there are many reports on drying mechanisms for fruits, vegetables and seafoods, such
61 as strawberries [16], garlic [17], carrots [18] and abalone [19]. The above studies
62 typically use combinations of multiple technologies to monitor changes in physical
63 properties that occur during drying. Among them, low field nuclear magnetic resonance
64 (LF-NMR), magnetic resonance imaging (MRI) and texture analyzers have obvious
65 advantages in detecting material texture changes and migration, distribution and
66 transformation of water.

67 LF-NMR and MRI are powerful tools for analyzing water states and distributions
68 in food matrices due to their sensitivity, fast analysis speed, and low cost, and they are
69 also non-invasive and non-destructive [20]. The abundance of water in moistened
70 TCMs ensures strong signals in NMR relaxometry/MRI, which makes them ideal
71 samples for these methods. The transverse relaxation time (T_2) primarily provides
72 information on water status and the binding of water in the food matrix, while MRI
73 indicates the spatial distribution of water and changes during processing [21].
74 Additionally, a texture analyzer is a multifunctional probe of physical properties.
75 Through a variety of test modes, such as compression, puncture, shearing and stretching,
76 hardness, adhesion, elasticity, cohesiveness and other physical property parameters are
77 characterized, and the instruments are objective, sensitive, and accurate [22].

78 The main objective of this study is to evaluate the drying characteristics of AR
79 pieces at different drying temperatures and then select the optimum drying temperature
80 for the bioactive ingredients present. The state, distribution, migration and
81 transformation of water in drying AR pieces will be determined using LF-NMR and
82 MRI. The results from the drying curves and LF-NMR data will clarify the relationship
83 between moisture loss and the movement of water in different states during drying of
84 AR pieces. The changes in the physical properties of AR pieces during drying will also
85 be evaluated. The results will provide a theoretical basis for optimization of the drying
86 process and improvement in AR quality.

87

88 **Materials and methods**

89 **Materials**

90 Astragali Radix was collected from Min County (Gansu Province, China) in September
91 2020 and was identified as the dried root of *Astragalus membranaceus* (Fisch.) Bge var.
92 *mongholicus* (Bge.) Hsiao by Dr. Ying Zhang at the Research Center for Traditional
93 Chinese Medicine of Lingnan (Southern China) of Jinan University. The medicinal
94 specimens were deposited in the specimen cabinet of the Research Center for TCM of
95 Lingnan (Southern China), Jinan University.

96

97 **Chemical and standards**

98 HPLC-grade methanol and acetonitrile were purchased from Thermo Fisher Scientific
99 (Fair Lawn, NJ, USA). HPLC-grade phosphoric acid was obtained from Shanghai
100 Macklin Biochemical Co., Ltd. (Shanghai, China). Purified water used for the
101 chromatographic mobile phase was purchased from China Resources Yibao Beverage
102 (China) (Guangzhou, China). Other reagent solutions were of analytical grade
103 (Guangdong Guanghua Sci-Tech Co., Ltd., Shantou, China).

104 The standard substances calycosin-7-O-beta-D-glucoside (batch number: RFS-
105 M02001902019), ononin (batch number: RFS-M01301904002), calycosin (batch
106 number: RFS-M02101903026), and formononetin (batch number: RFS-C01811812016)
107 were purchased from Chengdu Herbpurify Co., Ltd. (Chengdu, China). The purity of
108 all reference compounds was >98%, as determined by normalization of the peak areas
109 detected by HPLC.

110

111 **Drying experiments with AR pieces**

112 The raw AR pieces were homemade in the laboratory: 600 g of AR was fully moistened
113 in distilled water, and then AR was cut into pieces with diameters of 2–4 mm. The above
114 pieces were evenly divided into three parts, placed on a drying tray in a single layer,
115 dried in an electric heating blast oven (Tianjin City Taisite Instrument Co., Ltd., 101-
116 2AB, Tianjin, China) at temperatures of 70°C, 80°C, and 90°C, and the layer thickness
117 was approximately 4–8 mm. The moisture content was measured by weighing the
118 sample every 30 min until the weight became constant. The drying process stopped
119 when the weight difference between two adjacent time points was within 1% of the total
120 weight, which is considered to be a safe level for long-term storage.

121

122 **Moisture content, moisture ratio and drying rate**

123 In this section, two parameters for drying characteristics, moisture ratio (MR) and
124 drying rate (DR), were measured. First, the moisture content (g/g, d.b.) of AR pieces
125 were calculated based on Equation (1):

126
$$MC_t = (m_t - m_e)/m_e \quad (1)$$

127 where MC_t is the moisture content of AR pieces dried for time t , m_t is the mass (g)
128 of AR pieces at time t , and m_e is the mass (g) of the dry basis.

129 The moisture ratio (MR) and drying rate (DR) can be expressed as follows [23]:

130
$$MR = (MC_t - MC_e)/(MC_0 - MC_e) \quad (2)$$

131
$$DR = (MC_t - MC_{t+\Delta t})/\Delta t \quad (3)$$

132 where MC_0 and MC_e are the initial moisture content (g/g, d.b.) and the final

133 equilibrium moisture content of AR pieces, and MC_t and $MC_{t+\Delta t}$ are the moisture
134 content (g/g, d.b.) at times t and $t + \Delta t$, respectively. MC_e can be assumed to be
135 zero when compared with MC_0 .

136

137 **Determination of bioactive ingredient content by HPLC**

138 The AR pieces dried for different times were smashed and filtered through a 65 mesh
139 sieve. Extracts were prepared according to the procedure described in the *Chinese*
140 *Pharmacopoeia (2020 edition)* [15]. Chromatographic separation was carried out using
141 an Agilent 1260 liquid chromatography system (Santa Clara, USA) equipped with a
142 diode array detector (190–400 nm), a quaternary solvent delivery system, a column
143 temperature controller, and an autosampler. Chromatographic data were recorded and
144 processed with Agilent chromatographic workstation software. Separation was
145 performed on a COSMOSIL C18 column (5C18-MS-II Packed Column, 4.6 mm I.D. ×
146 250 mm, 5 μ m, Code 38020-41). The mobile phase was prepared from 0.5% aqueous
147 phosphoric acid solution (A) and acetonitrile (B). The gradient program for HPLC was
148 as follows: 0–5 min, linear gradient 20–35% B; 5–15 min, linear gradient 35–50% B;
149 15–30 min, linear gradient 50–65% B; and post run (5 min) at a flow rate of 1 mL/min.
150 The injection volume was 10 μ L, and the column temperature was maintained at 35°C.
151 Signal monitoring was performed at 250 nm. Four reference samples were accurately
152 weighed and put in a 5-mL volumetric flask and dissolved in methanol to form standard
153 stock solutions. Appropriate volumes of stock solutions were mixed and diluted to form
154 a mixed standard solution, in which the concentrations of calycosin-7-O-beta-D-

155 glucoside, ononin, calycosin and formononetin were 1.294, 0.874, 0.372 and 1.098
156 mg/mL, respectively.

157

158 **LF-NMR and MRI analysis**

159 Relaxation (T_2) analysis was performed on a MesoMR23-060H-I NMR analyzer
160 (Suzhou Niumag Analytical Instrument Co., Ltd.) with a 0.5 T permanent magnet and
161 a 60 mm diameter radio frequency, corresponding to a proton resonance frequency of
162 21 MHz at $32 \pm 0.01^\circ\text{C}$ with 90° and 180° pulses of 10 μs and 19.04 μs . The samples
163 were equilibrated to room temperature for measurements of transverse relaxation time
164 T_2 . Measurement conditions were as follows: TW (time waiting) = 5,000 ms, TE (time
165 echo) = 0.30 MS, NECH (number of echoes) = 8,000, SW (signal receiving bandwidth)
166 = 100 kHz, NS (number of scans) = 4. NMR analysis software (Suzhou Niumag
167 Analytical Instrument Co., Ltd.) and Carr–Purcell–Meiboom–Gill (CPMG) pulse
168 sequences were used to collect the relaxation signals. Simultaneous iterative
169 reconstruction was performed at 100,000 for inversion to obtain the relaxation map of
170 the samples.

171 Magnetic resonance imaging was performed with the same LF-NMR analyzer and
172 spin-echo sequence. The samples were placed in the center of the radio frequency coil,
173 the signal was collected, and T_2 -weighted images were obtained. Image processing
174 software was used to map and process the MRI image. The main parameters were as
175 follows: TE (time echo) = 20 ms, TR (time repetition) = 1000 ms, flip angle = 90° ,
176 refocus flip angle = 180° , averages = 4, read size = 256, phase size = 192, RG = 20 dB,

177 PRG was high, FOV = 100 × 100 mm, slice width = 2.0 mm, slice gap = 1.0 mm and
178 slices = 5.

179

180 **Measurement of texture parameters**

181 The texture profiles of the samples were determined only in the center part by a texture
182 analyzer (CT3, Brookfield Engineering Laboratory Instrument Co., Ltd., Guangzhou,
183 China). Under the compression model, the probe was TA9 (needle, 1.0 mm in diameter,
184 43 mm in length). The parameters were as follows: test speed of 1 mm/s, return speed
185 of 1 mm/s, trigger point load of 5 g, puncture depth of 6 mm, and data frequency of 50
186 points/sec, with a load cell of 10000 g. Textural data were analyzed automatically by
187 texture loader software (Brookfield Engineering Laboratory Instrument Co., Ltd.,
188 Guangzhou, China). The typical textural variables measured for AR pieces were
189 hardness, adhesion, springiness, and fracturability.

190

191 **Statistical analysis**

192 All data were input into EXCEL software and analyzed by Statistical Package for the
193 Social Sciences software, version 24 (SPSS, Chicago, IL, USA). One-way analysis of
194 variance (ANOVA) was used to determine whether differences between mean values
195 were significant. The statistical significance of the differences was tested at a
196 probability level of 5% ($p < 0.05$). Plots were produced using Origin 2018 64 Bit
197 software (Origin Laboratory, Northampton, MA, USA) and GraphPad Prism v.8.0
198 software (San Diego, CA, USA).

199

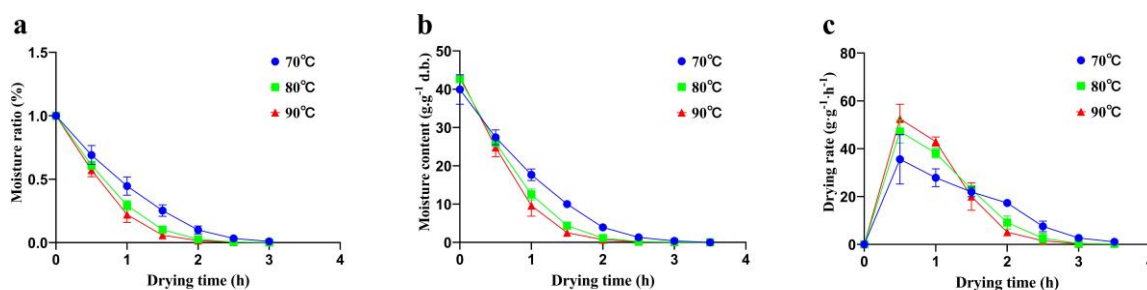
200 **Results**

201 **Drying characteristics**

202 The drying characteristics curves for AR pieces during hot-air drying at different
203 temperatures are shown in Figure 1. The drying times required to reach the equilibrium
204 moisture content for AR were 180, 150, and 120 min at 70°C, 80°C, and 90°C,
205 respectively. Figure 1a shows that the higher the temperature was, the shorter the time
206 needed to reach the same moisture content. Compared with the drying time required at
207 70°C, those at 80°C and 90°C were 16.67% and 33.33% less, respectively. Moisture
208 ratio (MR) curves were reduced exponentially with drying time (Fig. 1a). Curves that
209 exhibited steeper slopes had higher drying rates. As shown in Figure 1b, the curve for
210 drying at 90°C exhibited the steepest slope, followed by the curves for 80°C and 70°C.
211 Although the MR of the 90°C sample declined faster than that of the 70°C sample, it
212 was not significantly different from that of the 80°C sample. However, the 70°C sample
213 required a longer time than the 90°C or 80°C samples to achieve the final moisture
214 content.

215 The curves for drying rate are shown in Figure 1c. When the drying time was 0.5
216 h, the drying efficiencies for the three different temperatures reached their maximum
217 values. Before 1.5 h, there was considerable water in the AR pieces, and higher
218 temperatures led to more water loss per unit time. The drying rate curves were arranged
219 according to temperature from high to a low. At 1.5 h, the drying rates for the three
220 different temperatures were almost the same and had reached the equilibrium state.

221 After 1.5 h, the drying curves were completely reversed and were inversely proportional
222 to temperature.



223

224 **Fig. 1** Drying characteristics of AR pieces. **a** Moisture ratio. **b** Moisture content. **c** Drying

225 rate. Data are represented as the mean \pm SD of three independent experiments ($n = 3$).

226

227 **Dynamic changes of flavonoids in the thermal drying process**

228 The contents of calycosin-7-O-beta-D-glucoside (CG), ononin, calycosin and
229 formononetin, the four major flavonoids of AR, were measured. The total flavonoid

230 content was determined by summing the content of each of the four flavonoids. The

231 results are shown in Table 1. The contents of CG and ononin ranged from 0.65 ± 0.03

232 mg/g to 0.84 ± 0.09 mg/g and from 0.14 ± 0.02 mg/g to 0.17 ± 0.01 mg/g, respectively.

233 The highest content was seen after drying at 80°C, and the lowest resulted after drying

234 at 70°C. As the drying temperature was increased, the total flavonoid content gradually

235 increased, but there was no significant difference among the three temperatures. At

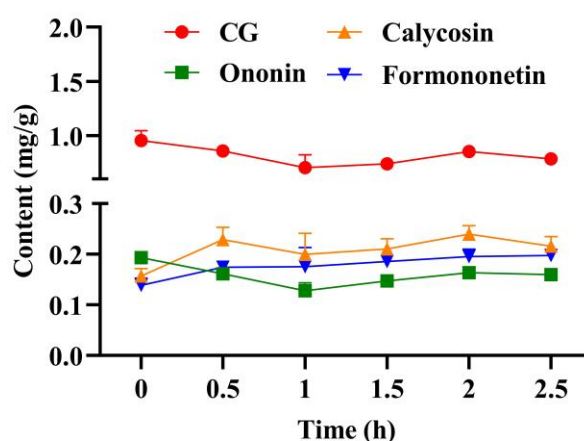
236 present, CG is used as an index for flavonoids in the evaluation of AR quality in the

237 *Chinese Pharmacopoeia (2020 edition)*; the higher its content is, the greater the

238 medicinal value of AR. By considering the contents of CG and total flavonoids, it was

239 concluded that 80°C was the optimal drying temperature in this work, and follow-up

240 tests will also be conducted based on 80°C. During drying at 80°C, the trends for
241 changes in the contents of flavonoid glycoside and flavonoid aglycone in AR pieces
242 were completely opposite: the contents of CG and ononin were decreased at the end of
243 the drying process, while those of calycosin and formononetin were ultimately
244 increased (Fig. 2).



245

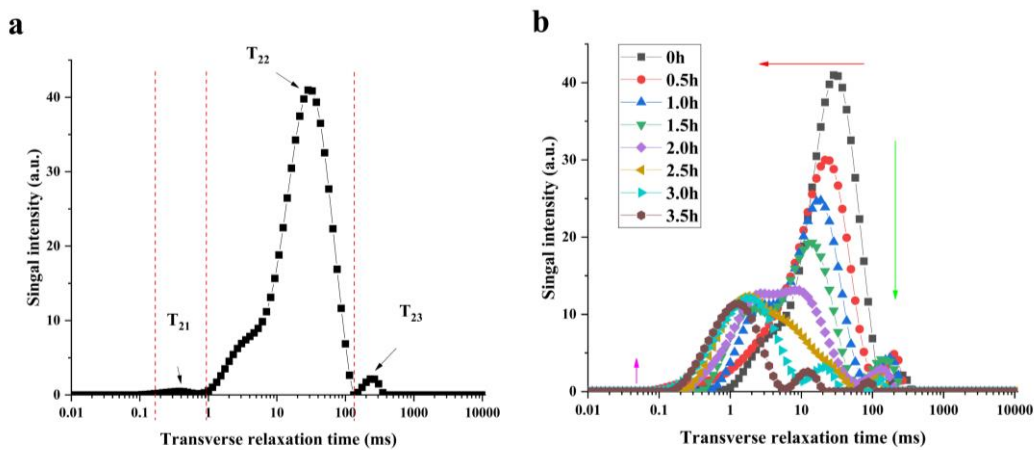
246 **Fig. 2** Contents of CG, calycosin, ononin and formononetin in AR pieces during drying at
247 80°C. Data are represented as the mean \pm SD of three independent experiments ($n = 3$).

248

249 LF-NMR moisture state analysis

250 The T_2 relaxation curves (Fig. 3a) show that three water populations were present in the
251 drying AR pieces and they exhibit various relaxation times; these are defined as T_{21} (0–
252 10 ms), T_{22} (10–100 ms) and T_{23} (100–1000 ms), which correspond to bound, immobile
253 and free water, respectively. Normalized by the mass of the sample, the contents of
254 bound water (A_{21}), immobile water (A_{22}), free water (A_{23}) and total water (A_{Total}) during
255 drying are shown in Table 2. Significant changes ($p < 0.05$) were observed for all
256 moisture content. For moistened AR pieces, A_{23} , A_{22} , and A_{21} accounted for 1.47%,

257 97.89%, and 0.64% of the total water content, respectively. The values of A_{total} and A_{22}
 258 declined rapidly for all drying treatments until equilibrium was reached. That is, the
 259 content of water present in the tissue spaces decreased during all drying processes.
 260 However, the values of A_{21} tended to increase originally and then decrease, but they
 261 tended to decline gradually overall (Fig. 3b).

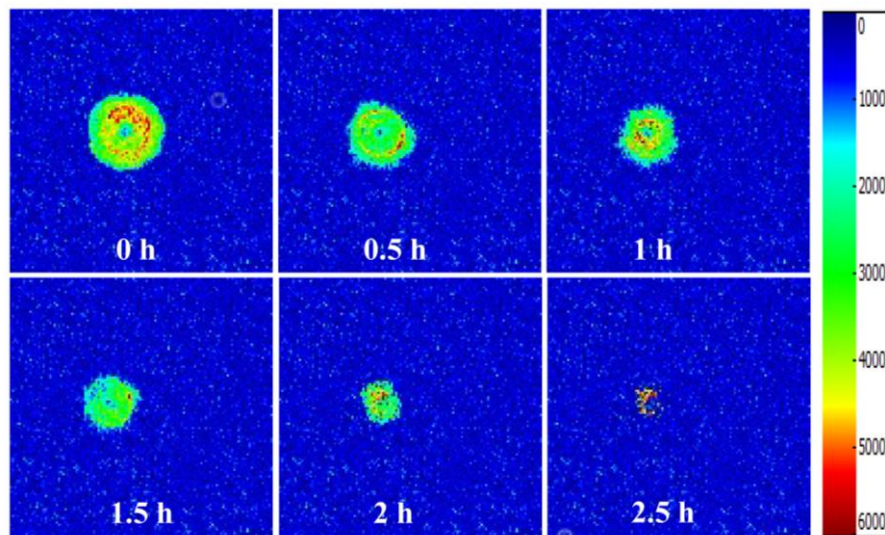


262
 263 **Fig. 3** Transverse relaxation time (T_2) curves for AR pieces during drying. **a** Sample not dried.
 264 **b** Samples after different drying times.

266 **MRI water migration analysis**

267 Figure 4 shows T_2 -weighted MRI images of AR pieces dried at 80°C . The blue color
 268 indicates a low relaxation signal, and the red color indicates a high relaxation signal.
 269 With extension of drying times, the MRI images of AR pieces gradually became darker;
 270 the proton density gradually decreased and the signal color finally became light blue,
 271 indicating that the moisture content of AR pieces gradually decreased. The T_2 -weighted
 272 images of AR at 2.5 h showed that there was still some water in the phelloderm and
 273 xylem of the AR, and it had nearly disappeared at 3 h. The MRI images show that the

274 relaxation signals for protons outside of the AR pieces weakened at first, indicating that
275 free water was mostly distributed outside the AR pieces, while immobile water and
276 bound water were primarily distributed inside the AR pieces.



277

278 **Fig. 4** T₂-weighted MRI images of AR pieces during drying at 80°C.

279

280 **Texture analysis**

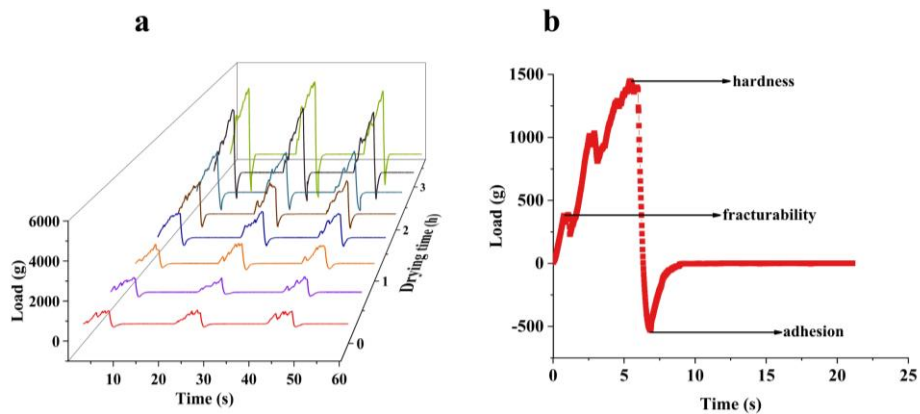
281 Table 3 shows the textural parameters for hardness, adhesion, springiness, and
282 fracturability of AR pieces during drying. Hardness, adhesion and fracturability
283 increased significantly with the extension of drying time, especially during the final
284 drying period. The hardness value increased from 686.33 ± 23.18 g to 2656.67 ± 43.84
285 g, the adhesion value increased from 160.00 ± 5.57 g to 1163.67 ± 29.91 g, and the
286 fracturability value increased from 189.67 ± 69.29 g to 520.00 ± 128.85 g when drying
287 ended (2.5 h).

288 Figure 5 contains the load curves for AR pieces during drying. Figure 5a shows
289 clearly that the hardness of AR increased tremendously during drying. From 0 h to 1.0

290 h, the hardness change was not yet obvious, but the height of the curve doubled from
291 1.0 h to 2.5 h and doubled again from 2.5 to 3.5 h. The hardness of AR gradually
292 increased and finally achieved balance during the drying process. Figure 5b shows a
293 complete test. From the figure, we know key information such as hardness,
294 fracturability, and adhesion. Characteristic textural parameters were measured and
295 defined as follows: hardness was the maximum force of the first bite; adhesion was the
296 negative force area for the first bite; fracturability was the force at the first peak;
297 springiness was the distance of the detected height during the second compression
298 divided by the original compression distance. The measurement curve in Figure 5b that
299 appeared in the negative ordinate area resulted from AR squeezing of the puncture
300 needle during the return stroke after the puncture was completed. At the same time, the
301 curve was not completely smooth (Fig. 6). Based on its anatomy, Astragali Radix can
302 be roughly divided into three parts: phellem, phelloderm and xylem. Due to the different
303 functions of the three tissue structures, the types and arrangements of the cells within
304 them are different, and this resulted in different hardness values and ultimately in
305 unsmooth hardness curves.

306

307

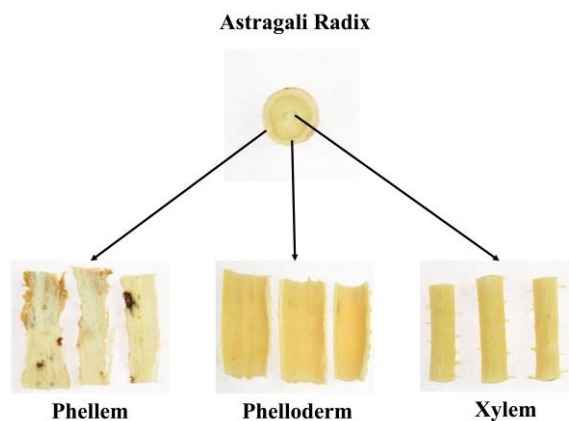


308

309 **Fig. 5** Load curves for AR pieces during drying. **a** Samples after different drying times. **b** One

310

complete test.



311

312 **Fig. 6** Anatomy of Astragali Radix.

313

314 **Correlation analysis of moisture content, textural parameters, and LF-NMR data**

315 To identify the relationships among moisture content, textural parameters, and LF-

316 NMR data, we used correlation analysis to analyze moisture content, the four texture

317 parameters (hardness, adhesion, springiness, and fracturability), and the seven LF-

318 NMR parameters (T_{21} , T_{22} , T_{23} , A_{21}/g , A_{22}/g , A_{23}/g and A_{Total}/g) (Table 4). The

319 parameters T_{22} , T_{23} , A_{22}/g , and A_{Total}/g exhibited highly positive correlations, with

320 correlation coefficients between 0.798 and 0.972; the two exceptions were A_{23}/g ($r =$
321 0.355) and springiness ($r = 0.310$). It was clear that A_{Total}/g had an extremely strong
322 correlation with MC ($r = 0.972$). The remaining LF-NMR factors, T_{21} , A_{21}/g and the
323 three main texture elements (hardness, adhesion and fracturability), were highly
324 negatively intercorrelated.

325

326 **Discussion**

327 The drying characteristics of products are influenced by various factors, such as the
328 drying method, thickness of the product, drying temperature, and drying time [24].
329 Irrespective of drying temperature, the drying processes for AR pieces remained mainly
330 in the falling-rate stage; this indicated that diffusion was limited by internal water
331 transfer [25], since drying efficiency depends on the nature of the material and the
332 difficulty of capillary diffusion [26]. These results agreed with those for other biological
333 materials [27-29]. The whole process of drying AR pieces was mainly characterized by
334 increasing speed and decreasing time periods, and there was almost no constant time
335 period, which was consistent with many previous studies [30, 31].

336 Changes in chemical composition are an important index for evaluating the quality
337 of Chinese herbal medicines [32]. The metabolic efficiencies for digestion of flavonoid
338 glycosides and flavonoid aglycones in the human small intestine are different [33], so
339 monitoring the changes in index components during drying of a TCM is of great
340 significance in controlling the quality of TCM decoction pieces. The results obtained in
341 the present study showed that high-temperature drying treatments led to significant

342 dynamic changes in flavonoid contents in AR pieces. It may be that flavonoid
343 glycosides in AR pieces showed a certain degree of thermal instability, such that thermal
344 treatment led to degradation of AR flavonoid glycosides. Similar phenomena have been
345 reported for secondary metabolites in other medicinal or food materials, such as celery,
346 onion and black beans (*Phaseolus vulgaris* L). [33-35].

347 To investigate the internal moisture contents of the AR pieces during drying, their
348 T_2 values were monitored using LF-NMR [20]. Higher T_2 relaxation times are
349 consistent with weaker binding or greater degrees of freedom for hydrogen. T_{21}
350 relaxation is ascribed to water molecules (hydration monolayer) bound by strong H-
351 bonds, which are associated with the water contained in cell walls. Region T_{22}
352 represents the water molecules (multilayer water) strongly bound to the monolayer,
353 which involves water contained in the cytoplasm and extracellular space [36]. Similar
354 findings were evident in other studies related to TCMs, such as for *Gastrodia elata*
355 *Blume* with infrared-forced circulation drying [37].

356 As the drying time increased, the T_2 relaxation time decreased significantly and
357 moved to the left, suggesting a lower level of water mobility. The values of T_{22} and T_{23}
358 were greater than those of T_{21} , and this suggested that the water lost from AR pieces
359 came mainly from free and immobile water. By observing the proportions of the three
360 types of water, we can conclude that the internal moisture was mainly due to free water
361 and that most of the moistened AR pieces did not contain free water but had immobile
362 water due to processing at the site of origin. Both quantitative and qualitative changes
363 took place during drying, and immobile water evaporated considerably during drying

364 and was also transformed into bound water. The correlation values suggested that it
365 might be possible to assess weight loss by using LF-NMR to monitor the AR drying
366 process in a rapid and nondestructive way.

367 MRI is a technique capable of providing information on the water content or
368 mobility of water molecules. MRI is useful for real-time, noninvasive, and quantitative
369 measurements, and it detects the spin–spin relaxation times (T_2) of water protons, which
370 provide information on water mobility. A shorter T_2 indicates less mobility of the water
371 molecules [38]. A brighter MRI image represents a stronger resonance signal and a
372 higher proton density. Conversely, weaker signals indicate lower proton densities [39].
373 The green color of MRI in all AR samples was shifted toward blue with the extension
374 of drying time. The decreased moisture content of AR was directly related to the drying
375 time, and the signal intensities of the T_2 -weighted images changed in response to
376 significant changes in water distribution in AR during drying. Intracellular moisture
377 exhibited a lower migration rate than surface moisture. In other words, the signal
378 intensities decreased gradually in the areas close to the surface and most exposed to
379 drying. This indicated that hot-air drying was an inhomogeneous drying process, while
380 microwave freeze drying was a uniform drying process [40]. MRI allows visualization
381 of the drying status of AR during drying.

382 Texture, particularly hardness, is one of the most important parameters used to
383 judge the sensory quality of dried TCMs [41]. The texture of a plant material depends
384 on complex interactions between different levels of the structural organization, from
385 the molecular level (cell wall polymers) up to the organization of cells in different

386 tissues and organs [42]. After drying, the interiors of the AR pieces were denser than
387 those of the moistened pieces. Fibers are elongated cells with tapering ends and very
388 thick, heavily lignified cell walls. Fiber cells are dead at maturity and function as
389 support tissues in plant stems and roots [43]. Due to the highly fibrous nature of the
390 samples, adhesion gradually increased. The dried AR samples were more fragile than
391 the moistened samples, which may explain the increased fracturability. However, the
392 springiness did not change significantly in our study during dehydration. The principal
393 reason for the increased hardness was probably the substantial removal of water during
394 drying; this induced structural changes in AR cells or tissue and created a compact
395 microstructure and greater hardness and fracturability.

396 Correlation analysis showed that there was a certain correlation between moisture
397 content, the four texture parameters, and the seven LF-NMR parameters. Therefore, it
398 is feasible to use total signal amplitude to predict moisture content. It has also been
399 demonstrated that LF-NMR/MRI and texture analyzers are convenient technologies for
400 clarifying the mechanism for drying during the process.

401

402 **Conclusion**

403 In this study, three equations and four instruments were used together to study the
404 mechanism for drying of AR pieces, quantitative and visual results were achieved, and
405 there were certain correlations between parameters. This makes it possible to guarantee
406 the quality of prepared pieces after the drying process or to optimize process parameters.
407 Accordingly, the method can easily be extended to other radix and/or rhizoma

408 Traditional Chinese Medicinal materials.

409

410 **Abbreviations**

411 TCM: Traditional Chinese Medicine; LF-NMR: Low-field nuclear magnetic resonance;

412 MRI: Magnetic resonance imaging; MR: Moisture ratio; DR: Drying rate; MC:

413 Moisture content; HPLC: High-performance liquid chromatography; CG: Calycosin-7-

414 O-beta-D-glucoside.

415

416 **Acknowledgments**

417 Not applicable.

418

419 **Authors' contributions**

420 JP compiled all data, discussed the data with all other authors, wrote and edited the

421 manuscript. MMW and LFY helped to visualize data with software. MHW revised the

422 manuscript. ZGM and YZ designed and supervised this work. HC read and approved

423 the final manuscript. All authors read and approved the final manuscript.

424

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430

431 **Availability of data and materials**

432 All data used to support the findings of this study are available from the author upon
433 reasonable request.

434

435 **Ethics approval and consent to participate**

436 Not applicable.

437

438 **Consent for publication**

439 All authors consented to the publication of this manuscript.

440

441 **Competing interests**

442 The authors declare that they have no competing interests.

443

444 **Author details**

445 ¹ Research Center for TCM of Lingnan (Southern China), Jinan University,

446 Guangzhou, P. R. China.

447 ² National Engineering Research Center for Modernization of Traditional Chinese

448 Medicine Lingnan Resources Branch, Guangzhou, P. R. China.

449 ³ Guangdong Key Laboratory of Traditional Chinese Medicine Information

450 Technology, Guangzhou, P. R. China.

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