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| Separate Sheet : Questions regarding daily life habits | |
| **question** | **responses** |
| **School-commute time**  How much time do you spend traveling to school? | <0.5 hours  ≥0.5 hours,<1 hour  ≥1 hour, <2 hours  ≥2 hours |
| **School sports (or club)**  Over the past months, how much time did you spend on average per day engaging in school sports (or club) activities? | none  <1 hour  ≥1 hour, <2 hours  ≥2 hours. |
| **Extracurricular learning**  Over the past months, how much time did you spend on average per day in studying outside of school classes? | none  <1 hour  ≥1 hour, <2 hours  ≥2 hours |
| **Ttelevision viewing time**  Over the past months, how much time did you spend on average per day watching television programs (including recorded programs)? | none  <1 hour  ≥1 hour, <2 hours,  ≥2 hours, <3 hours  ≥3 hours, <5 hours  ≥5 hours |
| **Skipped meals**  Over the past 30 days, did you ever skip (not eat) a meal or meals. | none  <2 times/week  2–3times/week  4–6 times/week  ≥7 times/week |
| **Depressive mood (mental health)**  Over the past 30 days, did you have feelings of heaviness or depression more than usual? | not at all  not so much  yes  often |
| **School-life satisfaction**  Are you satisfied with your school life? Or are you dissatisfied with it?”, | satisfied  more or less satisfied  not really satisfied  dissatisfied |