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| Separate Sheet : Questions regarding daily life habits |
| **question** | **responses** |
| **School-commute time**How much time do you spend traveling to school? | <0.5 hours≥0.5 hours,<1 hour≥1 hour, <2 hours≥2 hours |
| **School sports (or club)**Over the past months, how much time did you spend on average per day engaging in school sports (or club) activities? | none<1 hour≥1 hour, <2 hours≥2 hours. |
| **Extracurricular learning**  Over the past months, how much time did you spend on average per day in studying outside of school classes? | none<1 hour≥1 hour, <2 hours≥2 hours |
| **Ttelevision viewing time**Over the past months, how much time did you spend on average per day watching television programs (including recorded programs)? | none<1 hour≥1 hour, <2 hours,≥2 hours, <3 hours≥3 hours, <5 hours≥5 hours |
| **Skipped meals**Over the past 30 days, did you ever skip (not eat) a meal or meals. | none<2 times/week2–3times/week4–6 times/week≥7 times/week |
| **Depressive mood (mental health)** Over the past 30 days, did you have feelings of heaviness or depression more than usual? | not at allnot so muchyesoften |
| **School-life satisfaction** Are you satisfied with your school life? Or are you dissatisfied with it?”, | satisfiedmore or less satisfiednot really satisfieddissatisfied |