EMBASE

* (knee:ti,ab,kw OR hip:ti,ab,kw OR 'knee joint':ti,ab,kw OR 'hip joint':ti,ab,kw OR 'lower limb':ti,ab,kw OR leg:ti,ab,kw OR forelimb:ti,ab,kw)
* AND
* ('knee osteoarthritis':ti,ab,kw OR 'hip osteoarthritis':ti,ab,kw OR osteoarthritis:ti,ab,kw OR arthritis:ti,ab,kw)
* AND
* ('long term':ti,ab,kw OR 'long time':ti,ab,kw OR 'long period':ti,ab,kw OR 'extended period':ti,ab,kw OR 'extended time':ti,ab,kw OR 'extended term':ti,ab,kw OR 'compliance period':ti,ab,kw OR 'recovery time':ti,ab,kw OR 'recovery period':ti,ab,kw OR 'recovery term':ti,ab,kw OR adherence:ti,ab,kw OR 'follow\* time':ti,ab,kw OR 'follow\* duration':ti,ab,kw OR duration:ti,ab,kw)
* AND
* (physio\*:ti,ab,kw OR strength\*:ti,ab,kw OR exercise\*:ti,ab,kw OR 'physical therapy':ti,ab,kw OR 'rehabilitation therapy':ti,ab,kw OR 'resistance train\*':ti,ab,kw OR 'muscle strength\*':ti,ab,kw OR therap\*:ti,ab,kw OR 'treatment protocol':ti,ab,kw OR 'treatment method\*':ti,ab,kw OR 'treatment type':ti,ab,kw)
* AND
* ([controlled clinical trial]/lim OR [randomized controlled trial]/lim) AND [2000-2020]/py

Web of Science

* **OPIC:** (knee  OR hip  OR “knee joint”  OR “hip joint”  OR “lower limb”  OR leg  OR foreleg)
* *AND*
* **TOPIC:** (“knee osteoarthritis”  OR “hip osteoarthritis”  OR osteoarthritis  OR arthritis)
* *AND*
* **TOPIC:** (“long term”  OR “long time”  OR “long period”  OR “extended period”  OR “extended time”  OR “extended term”  OR “compliance period”  OR “recovery time”  OR “recovery period”  OR “recovery term”  OR adherence  OR “follow\* time”  OR “follow\* duration”  OR duration)
* *AND*
* **TOPIC:** (physio\*  OR strength\*  OR exercise\*  OR “physical therapy”  OR “rehabilitation therapy”  OR “resistance train\*”  OR “muscle strength\*”  OR therap\*  OR “treatment protocol”  OR “treatment method\*”  OR “treatment type”)
* **Refined by:** **DOCUMENT TYPES:** ( ARTICLE OR PROCEEDINGS PAPER ) AND
* **LANGUAGES:** ( ENGLISH )
* **Timespan:** 2000-2020. **Indexes:** SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, ESCI.

Pubmed

* ((knee[Title/Abstract] OR hip[Title/Abstract] OR "knee joint"[Title/Abstract] OR "hip joint"[Title/Abstract] OR "lower limb"[Title/Abstract] OR leg[Title/Abstract] OR forelimb[Title/Abstract] OR "knee osteoarthritis"[Title/Abstract] OR "hip osteoarthritis"[Title/Abstract] OR osteoarthritis[Title/Abstract] OR arthritis[Title/Abstract])
* AND
* ("long term"[Title/Abstract] OR "long time"[Title/Abstract] OR "long period"[Title/Abstract] OR "extended period"[Title/Abstract] OR "extended time"[Title/Abstract] OR "extended term"[Title/Abstract] OR "compliance period"[Title/Abstract] OR "recovery time"[Title/Abstract] OR "recovery period"[Title/Abstract] OR "recovery term"[Title/Abstract] OR adherence[Title/Abstract] OR "follow\* time"[Title/Abstract] OR "follow\* duration"[Title/Abstract] OR duration[Title/Abstract]))
* AND
* (physio\*[Title/Abstract] OR strength\*[Title/Abstract] OR exercise\*[Title/Abstract] OR "physical therapy"[Title/Abstract] OR "rehabilitation therapy"[Title/Abstract] OR "resistance train\*"[Title/Abstract] OR "muscle strength\*"[Title/Abstract] OR therap\*[Title/Abstract] OR "treatment protocol"[Title/Abstract] OR "treatment method\*"[Title/Abstract] OR "treatment type"[Title/Abstract])