

**Table 1:** Distribution of Sociodemographic and Employment Characteristics of Active Workers of the Epidemiological Study of the Cohort of Chronic Diseases (EpiDoc) 2011- 2016

	EpiDoC 1		EpiDoC 2		EpiDoC 3	
	<i>n</i> = 4338	%	<i>n</i> = 3391	%	<i>n</i> = 2444	%
<b>Gender</b>						
Male	1856	42,80%	1402	41,30%	1003	41,00%
Female	2482	57,20%	1989	58,70%	1441	59,00%
<b>Age</b>						
	<i>n</i> =4338		<i>n</i> = 3391	%	<i>n</i> = 2444	%
18-24	213	4,90%	178	5,30%	73	3,20%
25-34	835	19,30%	537	15,80%	348	14,20%
35-44	1386	32,00%	1029	30,40%	707	29,00%
45-54	1243	28,60%	1067	31,50%	818	33,50%
55-64	606	14,00%	518	1,80%	444	18,10%
≥65	55	1,30%	62	1,50%	48	2,00%
<b>Ethnicity</b>						
	<i>n</i> = 4338	%	<i>n</i> = 3391	%	<i>n</i> =2444	%
Caucasian/ White	4190	6,60%	3291	97,10%	2379	97,30%
Black	109	2,50%	75	2,20%	51	2,10%
Asian	4	0,10%	2	0,10%	1	0,00%
Romany	2	0,10%	2	0,10%	8	0,30%
Other	24	0,60%	22	0,30%	5	0,20%
<b>Marital status</b>						
	<i>n</i> =4338	%	<i>n</i> =3391	%	<i>n</i> =2444	%
Single	812	20,10%	773	22,80%	563	23,00%
Married	2666	61,50%	2052	60,50%	1496	61,20%
Divorced	424	9,80%	309	9,10%	205	8,40%
Widow(er)	124	2,90%	82	2,40%	60	2,50%
Consensual	248	5,30%	173	5,10%	119	4,90%
<b>NUTS II</b>						
	<i>n</i> =4338	%	<i>n</i> = 3391	%	<i>n</i> = 2444	%
Norte	1233	28,40%	997	29,40%	727	29,80%
Centro	724	16,70%	641	18,90%	430	17,60%
Lisboa	1163	26,80%	798	23,50%	564	24,00%
Alentejo	258	6,00%	170	5,00%	121	5,00%
Algarve	135	3,10%	107	3,20%	68	2,80%
Azores	417	9,60%	352	10,40%	289	11,90%
Madeira	408	9,40%	326	9,60%	245	10,00%
<b>Educational level</b>						
	<i>n</i> =4338	%	<i>n</i> =3391	%	<i>n</i> =2444	%
0- 4 years	886	20,40%	665	19,60%	439	18,00%
5 – 9	1130	26,10%	847	25,00%	562	23,00%
10/dez	1159	26,70%	917	27,00%	689	28,20%
>12	1149	26,50%	952	28,00%	748	30,60%

**Continuation**

<b>BMI</b>	<i>n</i> =4266	%	<i>n</i> =3356	%	<i>n</i> =3356	%
Underweight	66	1,60%	61	1,90%	46	2,00%
Normal	1974	46,30%	1482	44,20%	1100	46,40%
Overweight	1577	36,90%	1227	36,60%	910	38,40%
Obese	649	15,20%	439	13,10%	316	13,30%
<b>Type of Worker</b>	<i>n</i> =4338	%	<i>n</i> =3391	%	<i>n</i> =2444	%
White Collar	1653	38,10%	1204	35,50%	805	32,90%
Blue- Collar	2683	61,90%	2173	61,90%	1598	65,40%
		(mean ± SD)				
<b>Income</b>		1126.43± 194.10	1097.43 ± 193.51		1111.85± 182.04	1111.85± 182.04
≤750		-	90	2,70%	36	1,50%
751 to 1000	1390	32,00%	1542	45,50%	638	26,10%
1001 to 1500	2920	67,30%	1732	51,10%	1753	73,60%
≥ 1500	28	0,60%	27	1,00%	17	0,70%