

# Enhanced antitumor efficacy on colon cancer using EGF functionalized PLGA nanoparticles loaded with 5-Fluorouracil and perfluorocarbon

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## Research article

**Keywords:** PLGA nanoparticles, 5-fluorouracil, perfluorocarbon, EGF, hypoxia, colon cancer

**Posted Date:** December 16th, 2019

**DOI:** <https://doi.org/10.21203/rs.2.17524/v2>

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**Version of Record:** A version of this preprint was published at BMC Cancer on April 28th, 2020. See the published version at <https://doi.org/10.1186/s12885-020-06803-7>.

# Abstract

**Background:** Recurrence and metastasis are the shortcomings of the clinical treatment of colon cancer. Finding an efficacy strategy for the treatment of colon cancer is important. In recent years, poly lactic-co-glycolic acid (PLGA) has been shown to have potential as a broad therapeutic drug delivery system. This study aimed to design a dual-loaded nanoparticles drug delivery system to overcome the limitations of chemotherapeutic drugs in colon cancer therapy. **Methods:** We developed epidermal growth factor (EGF) functionalized poly PLGA nanoparticles (NPs) co-loaded with 5-fluorouracil (5Fu) and perfluorocarbon (PFC) (EGF-PLGA@5Fu/PFC NPs) for target therapy of colon cancer. EGF-PLGA@5Fu/PFC NPs were estimated by morphology, size distribution, in vitro stability and release profile. CCK-8, Hoechst33342 staining and flow cytometry assays were performed to investigate the functions of EGF-PLGA@5Fu/PFC NPs in SW620 cells. **Results:** We found that EGF-PLGA@5Fu/PFC NPs had an average size of 200 nm with a 5Fu-loading efficiency of 7.29%. Targeted EGF-PLGA@5Fu/PFC NPs exhibited higher cellular uptake than non-targeted NPs in colon cancer cells. EGF-PLGA@5Fu/PFC NPs were found to have the best efficiency on cell viability suppression and apoptosis induction in SW620 colon cancer cells. In xenograft mice, EGF-PLGA@5Fu/PFC NPs had the best suppressive effects on tumor growth compared with 5Fu, PLGA@5Fu and PLGA@5Fu/PFC NPs. The results of histopathological analysis further indicated that EGF-targeted NPs were the most efficient on tumor growth inhibition. Mechanically, the data demonstrated the improved therapeutic outcomes were owing to the fact that PFC relieved tumor hypoxia via transporting oxygen to the tumor. **Conclusions:** We creatively constructed a biocompatible nanodrug delivery system and functionalized nanoparticles might provide new potential for selective delivery of chemotherapy drugs to cancers.

## Background

Colon cancer is one of the highest causes of cancer mortality and disability worldwide [1]. The clinical therapeutic strategies for colon cancer mainly depend on radiotherapy, chemotherapy and surgery. Nevertheless, these treatments have some disadvantages and deficiencies. For instance, Surgical therapeutic of cancer easily caused cancer recurrence and metastasis [2]. Chemotherapy, a predominant strategy for cancer therapy, often produces severe side effects such as poor bioavailability, high system toxicity and multidrug resistance [3]. Therefore, finding an efficacy strategy for the treatment of colon cancer is very important.

In recent years, great developments have been achieved in the application of nanoparticles for drug delivery due to their advantages, such as, good biocompatibility and biodegradability [4]. Moreover, specific modification on the large surface of nanoparticles strengthened the target delivery of chemotherapeutic drugs as well as blood circulation time, ultimately contributing to the excellent treatment outcome [5]. Numerous nanoparticle carriers including cyclodextrins, dendrimers and polymers have been developed in biomedical applications [6-8]. Of these, PLGA, a approved polymer by food and drug administration (FDA), has been extensively used as a carrier for drug delivery owing to its ability to encapsulate both hydrophobic and hydrophilous drugs [9]. PLGA have been demonstrated their potential

as drug delivery systems for a wide range of therapeutic agents. PLGA-based nanoparticles was delivered to the site of an ischemia/reperfusion (I/R) injury, thereby achieving the anticoagulant and antioxidant ability for vascular therapy [10]. PLGA nanoparticles increased the accumulation of docetaxel at the tumor sites of gastric cancer which led to superior anticancer activities [11]. PLGA nanoparticles was used for sustaining and controlling drug delivery with improving bioavailability of hydrophobic compounds such as curcumin [12].

5Fu is a broadly used chemotherapy drug in various cancers such as colon cancer, liver cancer [13, 14]. As an antimetabolite analogue of pyrimidine, 5Fu inhibited nucleoside metabolism and DNA synthesis, resulting in cell apoptosis [15]. 5Fu participated in survival signal pathways including NF- $\kappa$ B [16]. Nevertheless, the clinical application of 5Fu was often limited due to short half-life, systemic adverse effects, repeated doses to maintain therapeutic levels and non-selective delivery [17]. Hence, developing an effective delivery carrier for improving utility of 5Fu in cancer therapy is significant.

In the present study, we aimed to design the EGF decorated PLGA nanoparticles to enhance the therapeutic effect of colon cancer by co-delivering chemotherapeutic drug 5Fu and oxygen-transport PFC. The functionalized nanoparticles were fabricated based on PLGA by solventing evaporation method and characterized by morphology, size distribution, *in vitro* stability and release profile. Cell uptake, cytotoxicity and apoptosis assays were employed to evaluate the biological performance of nanoparticles. The distribution, growth suppression and histological changes of nanoparticles were investigated *in vivo* by using tumor-bearing mice. Finally, the possible mechanism by which nanoparticles exerted the enhanced antitumor effects was explored.

## Methods

### Preparation of PLGA nanoparticles

PLGA@5Fu/PFC NPs were prepared by a solid-in-oil-in-water (s/o/w) dual emulsion solvent evaporation as described [18]. Briefly, 50 mg of PLGA was dissolved in 2 mL of chloroform containing PFCs (2 mg). 5 mg of 5Fu was dissolved in 0.5 mL of aqueous solvent and then mixed with PLGA solution to generate the s/o primary solution. The emulsion was dispersed in 10 mL of aqueous solvent containing 2% w/v PVA to generate the final s/o/w emulsion. Free PLGA/PVA polymers were separated by centrifugation at 3,000 rpm for 15 min. EGF was modified onto PLGA NPs by N'-ethylcarbodiimide hydrochloride (EDC) method [19].

### Characterization of nanoparticles

The shapes of EGF-PLGA@5Fu/PFC NPs were examined by transmission electron microscopy (TEM) (Hitachi, Tokyo, Japan). A drop of NPs solution (0.5 mg/mL) was mounted on a carbon-coated copper

grid. The samples were observed at an acceleration voltage of 75 kV. Size distribution and zeta potential were determined by dynamic light scattering (DLS, Zetasizer Nano ZS, Malvern Instruments Ltd, UK).

### **Drug encapsulation and in vitro release**

The encapsulation efficiency of 5Fu in NPs was examined by UV-Vis spectrophotometer (1800, Shimadzu, Kyoto, Japan). Briefly, 1 mg nanoparticles were dispersed in 1 mL distilled water for the extraction of 5Fu. The solution was shaken gently for 12 h at 37 °C, the obtained filtrates were diluted (1 : 10) with methanol and measured at  $\lambda_{\text{max}} = 266 \text{ nm}$ . The encapsulation efficiency and loading efficiency were calculated by below equations: (see Equations 1 and 2 in the Supplementary Files)

The release profiles of 5Fu from NPs were accessed at different pH values (5.0 or 7.4). 10 mg NPs were dispersed in 10 mL PBS, then transferred into dialysis bag and placed into 50 mL media with stirring at 37 °C. At predetermined time points, 2 mL release medium was taken out and the equal volume fresh medium was added. The amount of 5Fu released was detected by UV-Vis spectrophotometer.

### **Cell lines and culture**

Human colon cancer cell line SW620 was obtained from Chinese Academy of Science (Shanghai, China). SW620 colon cancer cells were maintained in Dulbecco's Modified Eagle Medium (DMEM) supplemented with 10% fetal bovine serum (FBS). Cells were routinely cultured in a humidified cell incubator with 5% CO<sub>2</sub> at 37 °C.

### ***In vitro* cell uptake**

SW620 colon cancer cells were cultured in 12-well plate at a density of  $2 \times 10^4$  cells/well. After 24 h, fresh DMEM medium with Cy5-labeled NPs (EGF-PLGA@5Fu/PFC and PLGA@5Fu/PFC) were added and cultured at 37 °C for 2 h, 4 h and 6 h. Cells were washed with PBS, fixed with 4% paraformaldehyde and deposited with DAPI. At last, cells were observed by confocal laser scanning microscope (CLSM).

### **Cell cytotoxicity**

SW620 colon cancer cells were cultured in 96-well plate at a density of  $2 \times 10^3$  cells/well. After 24 h, different formulations of NPs were added into cells and cultured for 48 h at 37 °C. Then, 10  $\mu\text{L}$  CCK-8 was added to each well and incubated for another 4 h. The optical density was measured at 450 nm by a microplate reader (BioRad, Hercules, CA, USA).

## **Hoechst 33342 staining**

SW620 colon cancer cells ( $1 \times 10^4$  cells/well) were seeded in 24-well plate, and treated with different formulations of NPs for 48 h. Then, cells were washed with PBS for three times and stained with Hoechst (2  $\mu\text{g/mL}$ ) for 20 min at room temperature. Stained cells were observed under a fluorescent microscope (Nikon TE2000; Nikon Corporation, Tokyo, Japan) (magnification,  $\times 100$ ).

## **Cell apoptosis**

SW620 colon cancer cells ( $1 \times 10^5$  cells/well) were cultured in 6-well plate with different formulations of NPs for 48 h. Then, cells were washed with PBS twice, suspended in staining buffer containing propidium iodide (PI) (1  $\mu\text{g/mL}$ ) and annexin V-FITC (0.025  $\mu\text{g/mL}$ ) for 15 min at room temperature. Apoptotic cells were evaluated by using FACScalibur flow cytometer (BD Bioscience, Franklin lakes, NJ).

## **Animal model establishment**

Female BALB/c mice (6-8 weeks, 20-22 g) were obtained from the Animal Laboratory of Nanjing University and were kept in the standard conditions with humidity 50%-60%, temperature  $25 \pm 2^\circ\text{C}$ , 12-h dark/light cycle and free water and food. All the animal experiments were carried out in line with the Guidelines for Care and Use of Laboratory Animals of the University of Science and Technology of China and approved by the Animal Ethics Committee of Nanjing Medical University.

SW620 colon cancer cells ( $3 \times 10^6$ ) were resuspended in 100  $\mu\text{L}$  PBS and injected into the right flank of mice. When the average tumor volume reached about 100  $\text{mm}^3$ , mice were assigned into 6 groups ( $n = 8$ ) and administrated with saline, blank NPs (100 mg/kg), 5Fu (8 mg/kg), PLGA@5Fu (8 mg/kg of 5Fu), PLGA@5Fu&PFC (8 mg/kg of 5Fu) and EGF-PLGA@5Fu&PFC (8 mg/kg of 5Fu). The tumor size was measured and volume was calculated as follows: volume ( $\text{cm}^3$ ) = Length (L)  $\times$  Width<sup>2</sup> ( $W^2$ )/2. At the end, mice were sacrificed by intraperitoneal injection of sodium pentobarbital (100 mg/kg), tumor and major organs were isolated for further experiments.

## ***In vivo* fluorescence imaging**

After 24 h of injection, mice were sacrificed and the biodistribution of different formulations of drugs in the tumor and major organs were determined using a fluorescence imaging system of In Vivo Imaging Apparatus (LB983, Berthold Technologies GmbH & Co. KG, Bad Wildbad, Germany).

## Histological analysis

Tissues from the mice were fixed in 10% formalin, embedded in paraffin and cut into 5- $\mu$ m sections. The sections were stained with haematoxylin and eosin (H&E) to evaluate the histological changes of tumor and major organs. For TdT-mediated dUTP nick end labeling (TUNEL) assay, tumor tissues were stained with an in situ apoptosis detection kit (Thermo Fisher Scientific) according to the manufacturer's directions. For immunohistochemical staining (IHC), tumor tissues were incubated with primary antibody against Ki-67 (ab15580, Abcam). Images for H&E and IHC were obtained by a light microscope, images for TUNEL were acquired by a fluorescent microscope.

## Immunofluorescence staining

At the end, mice were intravenous injected with pimonidazole at the dose of 60 mg/kg for hypoxia staining. After 90 min, tumors were collected, imbedded and cut into 8- $\mu$ m section. Subsequently, the tumor tissues were incubated with the primary antibody against pimonidazole (1 : 200, Hpoxyprobe-1 Plus Kit, Hypoxyprobe, Burlington) at 4 °C overnight, followed by incubation with Alexa Fluo<sup>®</sup> 488 conjugated goat-anti-mouse antibody (1 : 500, ab150113, Abcam) for 1 h at 37 °C. The nuclei were counterstained with DAPI for 3 min. Finally, images were captured under fluorescence microscope (magnification,  $\times$  200).

## Statistical analysis

All data was analyzed by GraphPad Prism 5.0 and presented as mean  $\pm$  standard deviation. One way ANOVA analysis followed by Tukey's post hoc test was used to compare the difference between multiple groups. A  $P < 0.05$  was considered statistically significant.

# Results

## Characterization of nanoparticles

To prepare EGF-PLGA@5Fu/PFC NPs, 5Fu was encapsulated in PLGA polymer via double emulsification solvent evaporation method. The morphology of 5Fu loaded PLGA NPs was observed under TEM (Fig. 1a), showing the monodispersive and spherical nature with a size around 200 nm. The results of dynamic light scattering (DLS) confirmed the average diameter of EGF-PLGA@5Fu/PFC NPs was  $200 \pm 10.84$  nm, revealing the formation of nanosystems with a narrow distribution (Fig. 1b). The zeta potential analysis suggested that EGF-PLGA@5Fu/PFC NPs exhibited a negative surface charge of  $-23.7 \pm 1.4$  mV. In addition, the encapsulation efficiency and drug loading efficiency were found to be  $81.6 \pm 5.7\%$  and  $7.29$

$\pm 0.14\%$ , respectively. The release profiles of 5Fu loaded PLGA NPs were determined at different pH values (5.0 or 7.4), and the release behavior displayed a biphasic drug release pattern consisting of initial accelerated release followed by a sustained release over 7 days. As shown in Fig. 1c, the accumulated release amount of 5Fu from EGF-PLGA@5Fu/PFC NPs reached about 45% within 30 h and 80% within 7 days at pH 5.0. In comparison, EGF-PLGA@5Fu/PFC NPs exhibited a slow drug release at pH 7.4, indicating that EGF-PLGA@5Fu/PFC NPs achieved the rapid 5Fu release in acid condition of cancer cells.

### ***In vitro* cellular uptake**

The presence of surface EGF endowed EGF-PLGA@5Fu/PFC NPs with intensive interactions to EGFR, prompting them anchoring to cancer cells that highly express EGFR. In order to check the targeting capability of EGF-PLGA@5Fu/PFC NPs, SW620 colon cancer cells were incubated with Cy5 labeled NPs for 2 h, 4 h and 6 h after pretreated or untreated with free EGF. The cellular uptake of EGF-PLGA@5Fu/PFC NPs was determined by CLSM. As depicted in Fig. 2, the fluorescence intensity of untreated cells incubated with EGF-PLGA@5Fu/PFC NPs was stronger than that of non-targeted NPs (PLGA@5Fu/PFC), and the uptake increased in a time-dependent manner, suggesting higher adsorption of EGF-PLGA@5Fu/PFC NPs to colon cancer cells. To further investigate the role of EGFR on cell surface in binding, free EGF competition study was performed by pretreating SW620 colon cancer cells with high concentration of EGF (100  $\mu\text{g/mL}$ ) for 1 day. The results showed that EGF distinctively decreased the uptake of EGF-PLGA@5Fu/PFC NPs in SW620 colon cancer cells compared with untreated cells as evidenced by the relatively weaker fluorescence intensity, verifying that the binding efficiency of EGF-PLGA@5Fu/PFC NPs to cancer cells was positively associated with EGFR expression level. The results identified that EGF-PLGA@5Fu/PFC NPs effectively increased the cellular uptake in EGF receptor-mediated endocytosis.

### ***In vitro* cell cytotoxicity and apoptosis**

As shown in Fig. 3a, the results indicated that EGF-PLGA had no remarkable cytotoxicity toward SW620 colon cancer cells. Moreover, to investigate the *in vitro* antitumor capability of 5Fu loaded NPs, SW620 colon cancer cells were cultured and incubated with blank NPs, 5Fu, PLGA@5Fu NPs, PLGA@5Fu/PFC NPs and EGF-PLGA@5Fu/PFC NPs, respectively. As observed in Fig. 3b, CCK-8 results indicated free 5Fu, PLGA@5Fu NPs, PLGA@5Fu/PFC NPs and EGF-PLGA@5Fu/PFC NPs had inhibitory effects on cellular proliferation of colon cancer cells in a concentration dependent manner. In addition, EGF-PLGA@5Fu/PFC NPs exhibited the obvious cellular proliferation suppression to SW620 colon cancer cells than PLGA@5Fu/PFC NPs, PLGA@5Fu NPs and free 5Fu.

In response to antitumor agents, cancer cells usually experience apoptosis. To explore the cell apoptosis induced by 5Fu loaded NPs, cell were stained with Hoechst33342 to observe apoptotic morphology. As

illustrated in Fig. 3c, cells treated with free 5Fu, PLGA@5Fu NPs, PLGA@5Fu/PFC NPs or EGF-PLGA@5Fu/PFC NPs exhibited apoptotic features at different degrees, such as nuclei fragmentation and chromatin condensation, and cells treated with EGF-PLGA@5Fu/PFC NPs displayed the significantly obvious apoptotic features. Meanwhile, cells treated with blank NPs seemed to have little impact on cell morphology.

Further studies on antitumor capability were achieved by evaluating the total apoptosis of SW620 colon cancer cells in the presence of NPs using flow cytometry. Fig. 3d suggested that treatment with EGF-PLGA@5Fu/PFC NPs (34%) caused the highest apoptosis of cancer cells than those with free 5Fu (15.4%), PLGA@5Fu NPs (26%), PLGA@5Fu/PFC NPs (26.5%). In consistent with the cellular uptake assay, these results demonstrated that EGF in EGF-PLGA@5Fu/PFC NPs was beneficial to increase cell viability suppressive effects and cell apoptosis via anchoring 5Fu loaded NPs on SW620 colon cancer cells, thereby promoting the accumulation of 5Fu in tumor cells.

### ***In vivo* antitumor effects of PLGA nanoparticles**

To investigate the *in vivo* distribution of 5Fu loaded NPs, tumor-bearing mice were injected with Cy5-labeled NPs via tail vein, followed by collecting tumors and the major organs for *in vivo* imaging. Fig. 4a indicated that mice treated with EGF-PLGA@5Fu/PFC NPs exhibited obviously stronger fluorescence signal at tumor site than that with PLGA@5Fu/PFC NPs, which might be attributed to the effective tumor accumulation ability of EGF-targeted NPs in tumors via ligand-receptor mediated endocytosis. To be mentioned, the relatively recognizable fluorescence signals also appeared in the liver due to the cellular uptake by endothelial cells and phagocytic cells. The findings suggested that EGF-targeting NPs promoted the accumulation at tumor sites preferentially.

To assess the chemotherapeutic effects of 5Fu loaded NPs *in vivo*, the tumor-bearing mice were administrated with different formulations. From Fig. 4b, the growth rate of tumor size in mice treated with EGF-PLGA@5Fu/PFC NPs was significantly lower than that in groups treated with free 5Fu, PLGA@5Fu NPs and PLGA@5Fu/PFC NPs, although the tumor growth rate of groups treated with different formulations of 5Fu had downward trend. Mice treated with saline and blank NPs had the fastest tumor growth rate. Meanwhile, tumor volume and weight after injection for 20 days also demonstrated that EGF-PLGA@5Fu/PFC NPs had the best therapeutic effect (Fig. 4c and d). These results showed that EGF modified NPs exerted an important role in tumor targeting so that drugs were more accumulated in the tumor site, contributing to a better therapeutic effect.

### **Histological analysis**

Next, the histological analyses were performed to test the *in vivo* effects on the major organs and tumor tissue by H&E staining, TUNEL and IHC. As shown in Fig. 5a, b and c, saline treated group showed normal



tumor cells, whereas different drug formulations treated group displayed various degrees of tumor necrosis. In comparison, EGF-targeted NPs exhibited the highest tumor necrosis. Besides, higher hepatic toxicity was observed in free 5Fu group, which was due to the most common side effect of chemotherapeutic drugs caused by first-pass effect. The similar results of tumor inhibition induced by different drug formulations were also confirmed by TUNEL and IHC assays.

Motivated by the above results that PLGA@5Fu/PFC NPs showed more effective on tumor growth than PLGA@5Fu NPs, we speculated that PFC modulated tumor hypoxia to achieve the improved therapeutic outcomes. To identify the hypothesis, pimonidazole, an injectable hypoxia-specific probe, was used to trace the hypoxia state of tumor. As shown in Fig. 6, immunofluorescence imaging manifested that EGF-PLGA@5Fu/PFC NPs treatment showed significantly weaken pimonidazole green fluorescence compared with the control group, revealing the decreased tumor hypoxia, which was consistent with previous publication that PFC transported oxygen to tumor [20]. Therefore, the superior effect achieved by PFC-based NPs might be related with the case of tumor oxygenation and the specific mechanism needed to be further explored.

## Discussion

Due to some obstacles including high toxicity, repeated dosage and non-specific accumulation, monotherapy by 5Fu usually cannot reach satisfactory antitumor effects in colon cancer treatment. In this study, we developed EGF-modified PLGA NPs co-loaded with 5Fu and PFC to overcome the limitations. The data indicated that the synergetic antitumor efficacy of EGF-PLGA@5Fu/PFC NPs was better than that of other combination in suppressing cell proliferation and promoting cell apoptosis *in vitro* and attenuating tumor growth *in vivo*. Moreover, no obvious lesion in major organs was found after treatment with NPs, demonstrating the safety of NPs.

To improve the efficacy of chemotherapeutic drugs in cancer treatment, employing NPs with targeted delivery property were a promising method [21]. The activity of 5-FU is time-dependent, and the prolonged effect produced by PLGA NPs may contribute to the significant enhancement of the anti-cancer activity of 5-FU at least to a certain extent [22]. EGF was a commonly used binding agent for EGF receptor-overexpressing solid tumors including colon cancer [23]. Colon cancer cells SW620 were chosen as EGF receptor overexpressing tumor cells to investigate the target ability of EGF-PLGA@5Fu/PFC NPs. The results showed increased cellular uptake of EGF-PLGA@5Fu/PFC NPs to colon cells by binding to EGF receptors on the cell surface. Using EGF receptor-targeted PLGA NPs conjugated with curcumin, more efficient cellular uptake was observed in MCF-7 cells [24]. Similarly, EGF receptor-mediated cellular uptake of silica NPs loaded with zinc phthalocyanine was remarkably greater for pancreatic cancer cells [25]. Thus, in line with previous publications, EGF decoration promoted the cellular uptake of NPs to tumors overexpressed EGF receptors.

Co-delivery of multiple drugs by nanocarriers usually presents an outstanding strategy than monotherapeutic agents through multiple pathways. Dual-loaded PLGA NPs encapsulating doxorubicin

and curcumin had higher antitumor effects against breast cancer because curcumin protected drugs from being excluded by P-glycoprotein (P-gp) [26]. A self-assembled nanosystem co-loaded with trichosanthin (TCS) protein and albendazole (ABZ) exhibited great antitumor effect through overcoming multidrug resistance [27]. It is well established that tumor hypoxia caused chemotherapy resistance [28]. PFC, commonly applied as oxygen carrier in clinical use, has been reported to have the capability of delivering oxygen to tumor environments [29]. In our study, dual-loaded PLGA NPs encapsulating 5FU and PFC had the combinative antitumor effects on colon cancer, likely owing to that PFC in the tumor altered the diffusion status of the oxygen in tumor tissue. This was in agreement with the existing researches that PFC had great potential for enhancing intratumoral hypoxia [30, 31].

## Conclusions

In conclusion, we successfully constructed a biocompatible nanodrug delivery system that selectively accumulated in tumor via ligand-targeting interactions and overcome hypoxia-induced chemotherapy resistance via increasing the tumor local oxygen level, thereby contributing to the improved therapy effects.

## Abbreviations

PLGA: poly lactic-co-glycolic acid; NPs: nanoparticles; 5Fu: 5-fluorouracil; EGF: epidermal growth factor; PFC: perfluorocarbon; EDC: N'-ethylcarbodiimide hydrochloride; TEM: transmission electron microscopy; DMEM: Dulbecco's Modified Eagle Medium; CLSM: confocal laser scanning microscope; H&E: haematoxylin and eosin; IHC: immunohistochemical staining; TUNEL: TdT-mediated dUTP nick end labeling; TCS: trichosanthin; ABZ: albendazole; P-gp: P-glycoprotein; DLS: dynamic light scattering; FBS: fetal bovine serum; FDA: food and drug administration; I/R: ischemia/reperfusion.

## Declarations

### Acknowledgements

Not applicable.

### Funding

This project was supported by the National Natural Science Youth Foundation of China (No. 81601604), the Natural Science Youth Foundation of Jiangsu (No. BK20161070), the Fifteenth Batch High-level Talents Project of "Six Talent Peaks" in Jiangsu Province (No.WSW-049) and the talents program of Jiangsu Cancer Hospital (No. YC201809).

### Availability of data and materials

All data generated or analysed during this study are included in this published article.

## Authors' contributions

P.W., Q.A., Y.Z. and H.Z. performed the experiment and/or performed data analysis. P.W., Q.A. prepared the manuscript. J.B. contributed to the study design. All authors read and approved the final manuscript.

## Ethics approval

All procedures conducted in the present studies involving animals were approved by the Animal Ethics Committee of Nanjing Medical University following the Guidelines for Care and Use of Laboratory Animals of the University of Science and Technology of China.

## Competing interest

There are no known competing of interest associated with this publication.

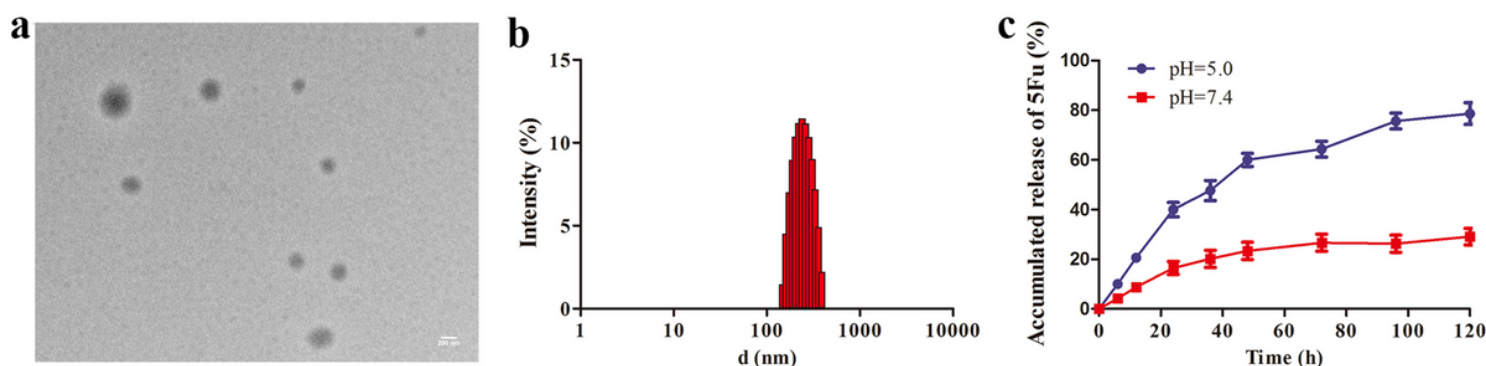
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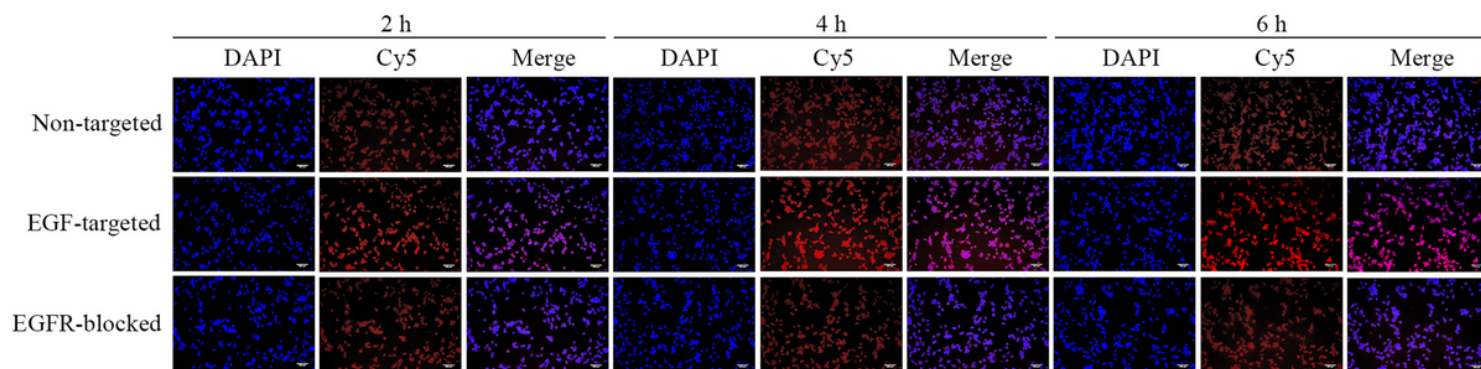
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## Figures



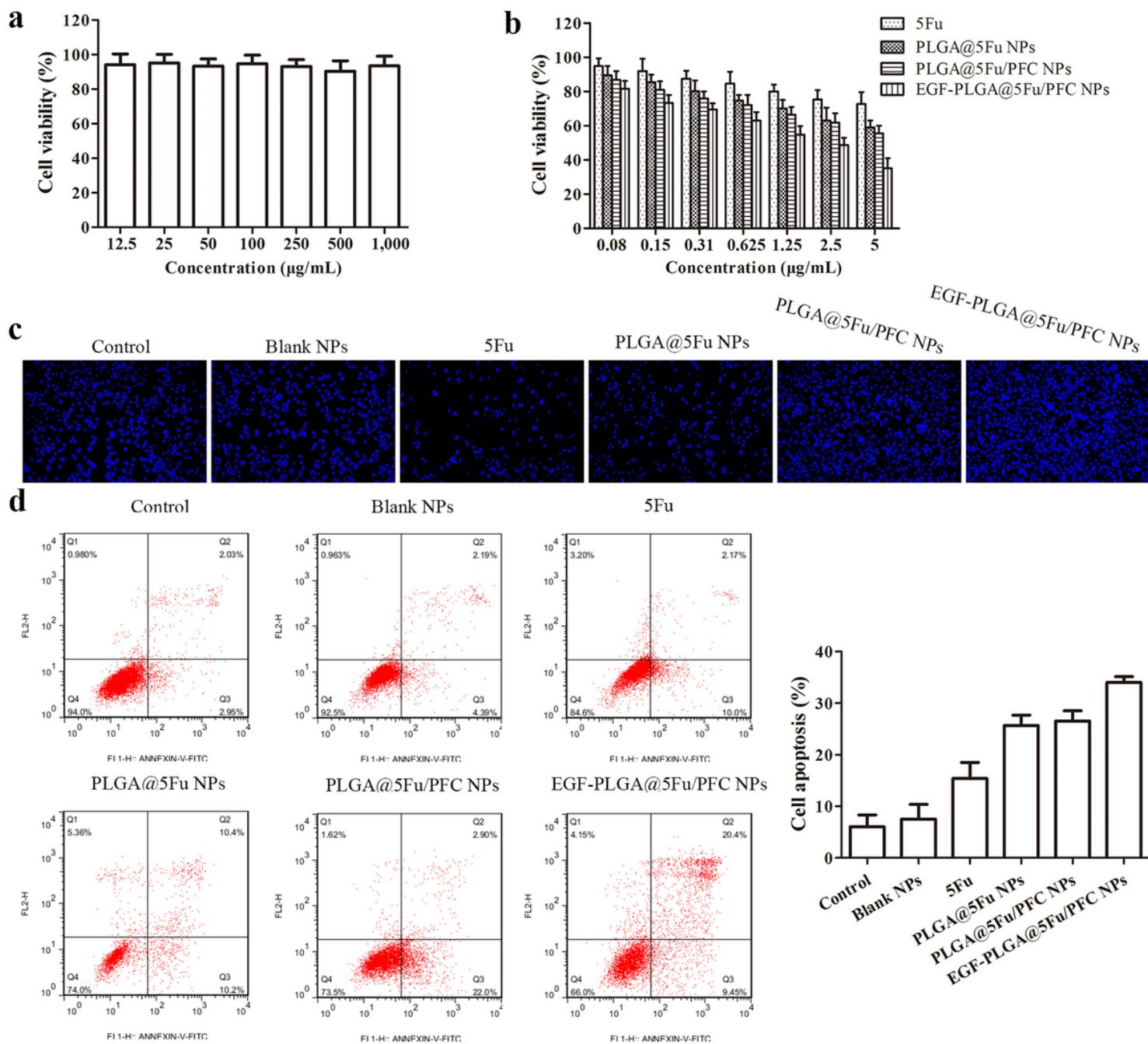
**Figure 1**

Characterization of EGF-PLGA@5Fu/PFC NPs. a The morphology of EGF-PLGA@5Fu/PFC NPs was observed by TEM. b Size distribution of EGF-PLGA@5Fu/PFC NPs was detected by DLS. c The *in vitro* release of 5FU from EGF-PLGA@5Fu/PFC NPs at different pH values was monitored by UV-Vis spectrophotometer.



**Figure 2**

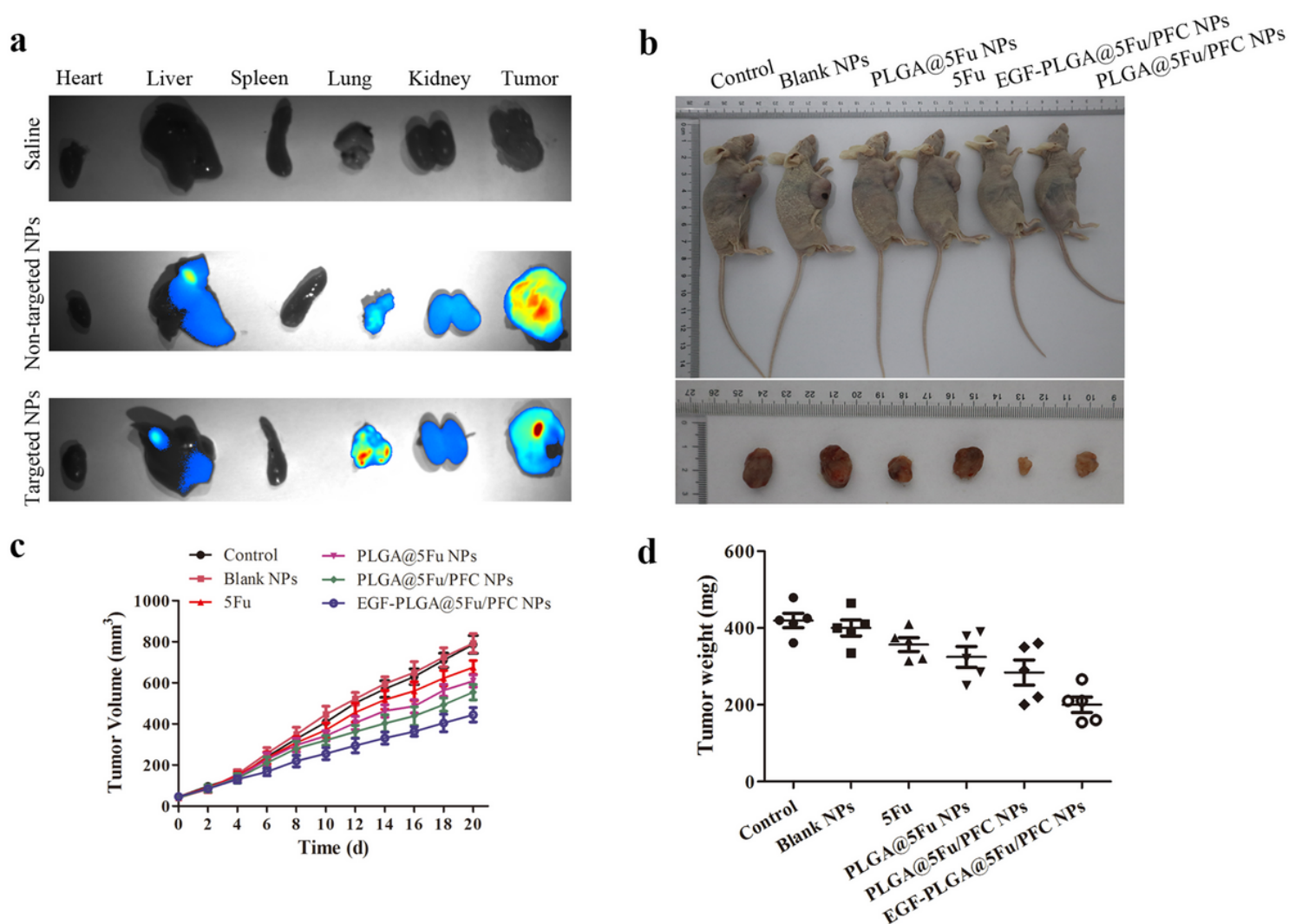
In vitro cellular uptake of EGF-PLGA@5Fu/PFC NPs to SW620 colon cancer cells was detected by confocal laser scanning microscope (magnification,  $\times 200$ ).



**Figure 3**

Effects of EGF-PLGA@5Fu/PFC NPs on the proliferation and apoptosis in SW620 colon cancer cells. a Cell viability of SW620 colon cancer cells was assessed by CCK-8. b Cell apoptosis of SW620 cells was evaluated by Hoechst33342 staining (magnification,  $\times 200$ ). c Cell apoptosis of SW620 colon cancer cells was also examined by flow cytometry.





**Figure 4**

In vivo biodistribution of EGF-PLGA@5Fu/PFC NPs and tumor growth in tumor-bearing mice. a The biodistribution of EGF-PLGA@5Fu/PFC NPs in tumor-bearing mice was analyzed by Ex vivo imaging (magnification,  $\times 200$ ). b Tumor volume and weight were monitored.



**Figure 5**

Effect of EGF-PLGA@5Fu/PFC NPs on colon cancer in tumor-bearing mice. Histological analysis of EGF-PLGA@5Fu/PFC NPs was detected by HE a, TUNEL b and IHC c assays (magnification,  $\times 200$ ).



**Figure 6**

Tumor hypoxia was observed under immunofluorescence microscope (magnification,  $\times 200$ ).

## Supplementary Files



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