

Profiling of Koumiss Microbiota and Organic Acids and their Effects on Koumiss Taste

Hai Tang

Inner Mongolia Agricultural University

Huimin Ma

Inner Mongolia Agricultural University

Qiangchuan Hou

Inner Mongolia Agricultural University

Weicheng Li

Inner Mongolia Agricultural University

Haiyan Xu

Inner Mongolia Agricultural University

Wenjun Liu

Inner Mongolia Agricultural University

Zhihong Sun

Inner Mongolia Agricultural University

halatu Haobisi

inner mongolia international mongolian hospital

Bilige Menghe (✉ mhblg@163.com)

Inner Mongolia Agricultural University

Research article

Keywords: Bacterial diversity, Yeast diversity, Organic acids, Taste, Koumiss

Posted Date: November 15th, 2019

DOI: <https://doi.org/10.21203/rs.2.17323/v1>

License: © ⓘ This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

Version of Record: A version of this preprint was published at BMC Microbiology on April 10th, 2020. See the published version at <https://doi.org/10.1186/s12866-020-01773-z>.

Abstract

Koumiss, a naturally fermented mare's milk with a distinctive flavor, has been consumed for thousands of years by Mongolian people. To clarify the contribution of microbiota to the taste of koumiss, bacterial and yeast diversity in koumiss were investigated by single-molecule real-time sequencing; the organic acid content was quantified by HPLC, and the taste was analyzed using the SA402B taste-sensing system. The dominant bacterial species in koumiss were *Lactobacillus helveticus*, *Lactobacillus kefiranofaciens*, *Lactococcus lactis*, *Lactococcus raffinolactis*, and *Citrobacter freundii*. The main yeast species were *Dekkera anomala*, *Kazachstania unispora*, *Meyerozyma caribbica*, *Pichia* sp.BZ159, *Kluyveromyces marxianus*, and uncultured *Guehomyces*. The most dominant organic acids were lactic, acetic, tartaric, and malic acids. Organic acid accumulation in koumiss was mainly correlated with bacterial, but not yeast, species abundance. Redundancy analysis suggested that both bacteria and yeast respond to koumiss flavor. To prevent excessive sourness, astringency, and bitter taste during koumiss production, the abundance of *Lactobacillus helveticus* and *Dekkera anomala* can be controlled; alternatively, *Lactococcus lactis* and *Kazachstania unispora* could be increased in the artificial starter culture.

1. Introduction

Koumiss is a naturally fermented mare's milk with a long history of consumption in the Mongolian steppes. Its name is derived from the Kumanese, who survived as a Kumane River tribe on the central Asian steppes until 1235. When fully renneted, the proteins in horse milk form no visible curd [1], and it is ivory or slightly yellow in color with a sharp acidic and alcoholic favor [2]. The flavor characteristics of koumiss were recorded in the Mongolian medical book as follows: "milk taste sour, slight sweet, a bit acerbit". Koumiss has been used in the treatment of some diseases in Mongolian traditional medicine [3]. Koumiss is a typical yeast-lactic fermented product that is made with specific strains of lactic acid bacteria (LAB) and yeast [4]. The *Lactobacillus* strains isolated from koumiss show good performance as probiotics [5]. Over recent decades, numerous studies using culture-dependent and -independent methods have revealed the diversity of LAB in koumiss [6–8]. However, there is limited information available regarding its yeast profile [9, 10] or sensory characteristics.

The flavor of dairy products is directly and indirectly derived from factors such as the raw milk quality, production process, and activities of diverse microbial populations [11]. In particular, the rich bacterial and yeast microbiota of yeast-lactic fermented milk are responsible for the unique flavor properties [12]. During milk fermentation, the concentrations of some organic acids (lactic and acetic acid) increase, while those of other organic acids (citric acid, etc.) decrease [13]. Short-chain carboxylic acids are one of the most important differential contributors to the flavor of milk products. These acids are derived from lipolysis, carbohydrate metabolism, or amino acid metabolism [14, 15].

Generally, koumiss produced by herdsman is particularly sour; this type of koumiss was thought to have the most medicinal value, but its taste is unacceptable to some consumers. We assessed the organic acid

content of koumiss. Chemical composition analysis provides quantitative data that are not instructive in terms of analysis of taste; therefore, we employed a taste-sensing system with advanced taste sensors that were developed based on correlations with human sensory scores, and are applied in assessments of milk and beverage products [16–19]. Traditional fermented foods may be significantly improved by using starter cultures selected based on multiple considerations [20]. The present study assessed the correlations among organic acid content, taste, and koumiss microbiota to provide data to guide the development of a koumiss starter culture, with improved and controlled fermentation, for commercial use.

2. Materials And Methods

2.1 DNA extraction and PCR amplification

Fourteen fresh naturally fermented koumiss samples were collected from the Xilingol region of Inner Mongolia and stored at -80°C until analysis. The samples were classified into two groups according to the collection site. “Xilinhaote-urban” samples were collected around Xilinhaote city, where koumiss is produced at the ranch scale (including SMN1, SMN2, SMN4, SMN11, SMN12, SMN13, SM3 alternative to SM1, SM5 alternative to SM4), whereas “Xilingol-rural” samples were collected from herdsman located 100–150 km from Xilinhaote city (including SMN5, SMN6, SMN7, SMN8, and SMN9).

Genomic DNA was extracted using an Omega DNA Soil Kit (Omega Bio-Tek, Inc., Norcross, GA, USA) following the manufacturer’s instructions. The quality of the extracted DNA was verified using 1.0% agarose gel electrophoresis and a NanoDrop ND–1000 spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA). All extracted DNA samples were stored at -20°C until analysis.

The full-length sequences of 16S rRNA from genomic DNA were amplified using barcoded universal primers 27F and 1492R. Despite the wide use of ITS rRNA as a fungal DNA barcode, its ability to resolve relationships at higher taxonomic levels is inferior to that of many protein-coding genes. Therefore, we combined ITS with the large rRNA subunit (28S rRNA) to differentiate target organisms from close phylogenetic neighbors [21, 22]. The 28S rRNA and ITS genes of yeast were amplified using ITS/28S barcoded primers (forward, 5'-TCCGTAGGTGAACCTGCGG-3'; reverse 5'-TCCTGAGGGAACTTCG-3'). The PCR program was as follows: 95°C for 2 min, 98°C for 20 s, 60°C for 15 s, 72°C for 45 s, and a final extension of 72°C for 90 s. The PCR was performed over 28 cycles for bacteria and 30 cycles for yeast. HiFi HotStart ReadyMix PCR Kit (Kapa Biosystems, Wilmington, MA, USA) was used and reactions were supplemented with 5% DMSO to improve the amplification of yeast DNA [23, 24]. The amplification library was built and used for single-molecule real-time (SMRT) sequencing (Pac Bio, Menlo Park, CA, USA).

2.2 Identification of organic acids by HPLC

The organic acid compounds in koumiss were quantified using a high performance liquid chromatography (HPLC) system (Agilent 1100; Agilent, Santa Clara, CA, USA) with a C_{18} SB-Aq

chromatographic column (5 µm, 4.6 mm × 250 mm), solution volume ratio (PBS at a concentration of 10 mmol/L, pH 2.0) of 3:97, and UV detection wavelength of 210 nm [25].

2.3 Taste analysis by a taste-sensing system

The koumiss samples were diluted 1:1 with double-distilled water and centrifuged at $1,700 \times g$ at 4°C for 10 min. The supernatants were analyzed using the SA402B taste-sensing system (Intelligent Sensor Technology, Inc., Kanagawa, Japan). A random sample placed in the first position was used as the control.

2.4 Statistical analysis

The data are presented as means ± standard error (SE). Statistical analyses were performed using R software (version 3.4.4; R Development Core Team, Vienna, Austria). Statistical differences between two groups were assessed using the Wilcoxon rank sum test. Differences were judged to be statistically significant when $p < 0.05$. Spearman's rank correlation was used to determine the relationships among species, flavor, and organic acids. Graphs were generated using the 'ggplot2' R package (Hadley Wickham, V2.2.1) and GraphPad Prism software (version 7.0; GraphPad Software, Inc., San Diego, CA, USA).

3. Results

3.1 Koumiss bacteria and yeast: composition and diversity

Sequencing of the full-length 16S rRNA gene using the SMRT technology revealed high taxonomical resolution of the Xilinhaote-urban and Xilingol-rural groups at the species level (Figure 1). The bacterial Shannon diversity index of the Xilinhaote-urban group was slightly higher than that of the Xilingol-rural group ($p = 0.068$), whereas the yeast Shannon diversity index was higher in Xilinhaote-urban than Xilingol-rural samples ($p = 0.001$) (Figure 2). The most diverse bacterial species was *Lactobacillus lactis* (*L. lactis*); it had a lower abundance in Xilingol-rural samples than Xilinhaote-urban samples ($p = 0.012$). There were no significant differences in composition among other bacterial and yeast samples.

A total of 119 bacterial and 36 yeast species were identified among the 14 koumiss samples. The bacterial and yeast species with a relative abundance of $> 1\%$ are summarized in Tables 1 and 2 and presented in Figures 3 and 4. The homotypic synonym of *Kazachstania unispora* (*K. unispora*) is *Saccharomyces unisporus*. Yeast species with fluctuations in abundance of $< 5\%$ include *Meyerozyma caribbica* (*M. caribbica*), *Pichia sp.BZ159* (*P. BZ159*), and *uncultured Guehomyces*.

Table 1 Average Relative Abundance of Bacteria in Different Taxa

Phylum	average abundance (%)±SE	Genus	average abundance (%)±SE	Species	average abundance (%) ±SE
Firmicutes	86.4 ± 10.8	Lactobacillus	69.5 ± 24.6	Lactobacillus helveticus	53.3 ± 27.5
				Lactobacillus kefiranofaciens	13.4 ± 14.6
				Lactobacillus kefiri	0.8 ± 1.9
		Lactococcus	15.6 ± 19.2	Lactococcus lactis	12.8 ± 15.1
				Lactococcus raffinolactis	2.3 ± 7.9
Proteobacteria	13.6 ± 10.7	Pseudomonas	2.3 ± 5.2	-	-
		Acetobacter	1.5 ± 2.12	-	-
		Enterobacter	1.4 ± 1.2	-	-
		Citrobacter	2.5 ± 6.4	Citrobacter freundii	1.1 ± 3
unclassified	0	unclassified	3.6 ± 3.6	unclassified	11.5 ± 7.3

Table 2 Average Relative Abundance of Yeast in Different Taxa

Phylum	average abundance (%)±SE	Genus	average abundance (%)±SE	Species	average abundance (%) ±SE
Ascomycota	97.5 ± 1.3	Dekkera	64.2 ± 19.8	Dekkera anomala	64.2 ± 19.8
		Kazachstania	14.2 ± 18.7	Kazachstania unispora	14.1 ± 18.6
		Meyerozyma	3 ± 4.8	Meyerozyma caribbica	3 ± 3.9
		Pichia	3.7 ± 1.8	Pichia sp.BZ159	3 ± 1.8
		Kluyveromyces	3.3 ± 4.2	Kluyveromyces marxianus	2.8 ± 4.9
Basidiomycota	2.4 ± 1.3	unclassified		unculturedGuehomyces	2 ± 1.3
unclassified	0.1 ± 0.1	unclassified	10.9 ± 2.1	unclassified	9.3 ± 1.3

Note: The tables didn't show the species relative abundance data was lower than 1%.

3.2 Organic acids in koumiss

The organic acids detected in koumiss included oxalic, tartaric, malic, lactic, acetic, citric, and succinic acid, with an average content of 6.54 g/L. The most dominant acids across all samples were lactic (1.42 g/L, 21.7%), acetic (1.78 g/L, 27.3%), tartaric (1.26 g/L, 19.2%), and malic (1.39 g/L, 21.2%) acids (Figure 5a). The mean concentration of citric acid was higher in Xilinhaote-urban samples (0.39 g/L) than Xilingol-rural samples (0.06 g/L, $p < 0.05$).

All major organic acids were analyzed by principal component analysis. The first two components explained 69.90% of the variance. PC1 accounted for 51.32% of the variance and well-explained the separation of the Xilinhaote-urban and Xilingol-rural samples. Xilinhaote-urban samples formed a tighter cluster than the Xilingol-rural samples, which were more diffuse along PC1 (Figure 5b).

3.3 The potential symbiotic relationship between yeasts and LAB

In addition to the associations of bacterial and yeast species compositions, a correlation between the abundance of yeast species and LAB was also observed (Figure 6). The abundance of the predominant bacterial species *Lactobacillus helveticus* (*L. helveticus*) was positively correlated with that of *Dekkera anomala* (*D. anomala*) and *P. BZ159* ($p < 0.01$), and negatively correlated to that of *K. unispora* ($p < 0.05$). The abundance of the second most dominant species, *L. lactis*, was positively correlated with that of *K. unispora* ($p < 0.01$) and negatively correlated with that of *D. anomala* and *uncultured Guehomyces* (both $p < 0.05$).

3.4 Correlations among koumiss microbiota, organic acids, and taste

A complex correlation between koumiss microbiota and organic acid accumulation was observed (Figure 6). Lactic acid accumulation was positively correlated with the abundance of *Lactococcus raffinolactis* (*L. raffinolactis*), *L. lactis*, and *K. unispora*, and negatively correlated with that of *Lactobacillus kefiranofaciens* (*L. kefiranofaciens*), *D. anomala*, and *uncultured Guehomyces*. Interestingly, the abundance of *L. raffinolactis* and *L. lactis* was positively correlated with acetic acid accumulation. The abundance of *L. kefiranofaciens* and *M. caribbica* was positively correlated with citric acid accumulation, and negatively correlated with tartaric and malic acid accumulation. The abundance of *L. kefiranofaciens* and *uncultured Guehomyces* was positively correlated with that of succinic acid, whereas *L. lactis* abundance had a negative correlation.

In the grouping study, Xilingol-rural samples exhibited stronger sourness ($p = 0.06$) and aftertaste-A (astringent aftertaste, $p = 0.04$) than Xilinhaote-urban samples, but there were no differences in any other taste parameter.

Sourness, astringency and aftertaste-A, bitterness and aftertaste-B, and richness clustered together. Moreover, microbes making a positive contribution to sourness-related tastes, including *L. helveticus*, *L. kefiranofaciens*, *D. anomala*, *P. BZ159*, *uncultured Guehomyces*, were negatively correlated with sweetness, umami and saltiness.

Saltiness, umami, and sweetness were clustered together, and were positively correlated with *L. lactis*, *L. raffinolactis*, and *K. unispora*; these species were negatively correlated with sourness-related tastes (Figure 7). Only *Kluyveromyces marxianus* (*K. marxianus*) was positively correlated with sweetness ($p < 0.01$).

Redundancy analysis (RDA) was performed to identify the species in koumiss associated with the various types of tastes and organic acids (Figure 8). *L. helveticus* and *D. anomala* were strongly associated with sourness, astringency, bitterness, and aftertaste. *L. lactis* and *K. unispora* were strongly associated with umami and lactic and acetic acids. *K. marxianus* was associated with malic, tartaric, and oxalic acids. *L. kefiranofaciens* was associated with citric acid.

4. Discussion

4.1 Bacterial and yeast diversity

Koumiss taste can be classified into three types according to the lactic acid content: strong (0.91–1.08%), moderate (0.73–0.90%), and weak (0.54–0.72%) [26]. According to this classification, the koumiss in the present study was classified as a weak form from fermented mare's milk.

Many studies on koumiss bacterial or yeast diversity used culture- or molecular biology-based methods; however, results varied significantly due to differences in the analysis techniques applied, research approaches, and geographic regions [27–30]. In the current study, we applied long-read SMRT sequencing technology (Pac Bio) with high-resolution phylogenetic microbial community profiling [31] to identify a novel dominant bacterial species, *Citrobacter freundii* that had not been reported previously; the dominant yeast species were *M. caribbica* and *uncultured Guehomyces*. One observation in our study that was inconsistent with previous research was that the abundance of *Enterobacter* genus was < 1 ; this may be because the samples were freshly fermented koumiss, whereas *Enterobacter* was found to be enriched during later fermentation and is related to flavor ripening [32]. In our study, the abundance of *Acetobacter* genus was lower ($1.5 \pm 2.13\%$), and mainly consisted of *Acetobacter malorum*, *Acetobacter pasteurianus*, and *Acetobacter orientalis*. The heterofermentative species included a small amount of *Lactobacillus kefir* ($0.82 \pm 1.86\%$) and *Leuconostoc mesenteroides* ($0.53 \pm 1.45\%$).

Regarding bacterial microbiota, the mesophilic bacteria *L. lactis* was absent from rural koumiss samples, which may be because *L. helveticus* utilizes galactose moieties and glucose, whereas *L. lactis* only utilizes the latter [33]. Regarding interactions among bacterial species, in a previous study, mixed cultures of *Lactococcus lactis* ssp. *lactis* and *L. raffinolactis* stimulated more acid production during skim milk fermentation [34]. One possible reason for this is that *L. raffinolactis* strains are able to ferment α -galactosides[35], which are not utilized by *L. lactis* strains. However, in the current study, although *L. lactis* and *L. raffinolactis* showed a trend toward a positive correlation in their abundances, it was not statistically significant. In contrast, the abundances of *L. kefiranofaciens* and *L. raffinolactis* were positively correlated. *L. kefiranofaciens* is rarely isolated from koumiss [36] but is a key LAB species in kefir grain ecosystems [37]. *Citrobacter freundii* (*C. freundii*) is a common component of the gut microbiome of healthy humans, and of soil, and is a widely distributed opportunistic pathogen[38]. *C. freundii* was found in one sample at an abundance of 11.37% but was present in very small amounts in other samples; thus, the high-abundance sample may have been due to contamination.

Yeasts producing koumiss (alcoholic) can ferment lactose or galactose. In the current study, the lactose-fermenting yeasts were *D. anomala* and *K. marxianus*, while the galactose-fermenting yeasts included *K. unispora* and *M. caribbica*.

The yeast Shannon diversity index of Xilinhaote-urban samples was significantly higher than that of Xilingol-rural samples, mainly because of the absence of *K. marxianus* in most of the Xilingol-rural samples. *K. marxianus* utilizes lactose to excrete some glucose and galactose into milk and weakly

metabolizes citrate and succinic acids to produce ethanol, glycerol, acetic acid, and propionic acid [39]. *K. marxianus* is also emerging as a new platform for the production of flavor and fragrance compounds [40]; it is used for the production of phenylethyl alcohol, responsible for the aroma of roses in cheese whey [41].

The predominant yeast species, *D. anomala*, belongs to the genera *Dekkera* (Brettanomyces), which is known for its ability to spoil alcoholic beverages by producing acetic acid and unpleasant flavors and odors [42, 43]. *D. anomala* is the teleomorph of *Brettanomyces anomalus*; it differs morphologically and physiologically from the other species in the genus *Dekkera* in terms of the formation of blastose and the ability to ferment lactose [44]. *D. anomala* IGC 5153 exhibited limited ability to use weak acids as its only source of carbon and energy. The acetate carrier was not only inducible, but also subject to glucose repression, similar to the carriers identified in acetic acid-grown cells of yeasts such as *S. cerevisiae*. *D. anomala* grew in acetic acid-containing medium with a relatively high total acid content, and over a broad pH range including pH 3.5. *D. anomala* isolates were obtained from Inner Mongolia Koumiss samples and shown by polymerase chain reaction denaturing gradient gel electrophoresis (PCR-DGGE) to be present in an amount of 7.29% [9]; this differs from our sequencing results, which showed amounts of 13–83%. In other milk products, *D. anomala* was isolated from kefir, koumiss, and Shubat [29, 36, 45]. Feta cheese made from pasteurized ewe's milk contains *D. anomala*. Because wood is an ecological niche for this strongly fermented species, its presence is likely attributable to the wooden tables used for dry salting the cheese blocks [46]. In the current study, the two samples with the lowest abundance of *D. anomala* were fermented in crock using a traditional method. This suggests that non-wood containers and stirrers could be used to restrain the overgrowth of this species. In our koumiss samples, *D. anomala* may have partially contributed to the production of acetic acid, but its correlation with the acetic acid content was negative and nonsignificant (Figure 6). This may be because it can transport acetic acid into cells as a carbon source to produce CO₂; this is known as the Crabtree effect and underlies the “make-accumulate-consume” life strategy of organisms such as *S. cerevisiae* [47, 48]. It is a strongly fermented species that may bloom at the beginning stage of fermentation.

The second most common yeast species was *K. unisporus*. A previous study found that its dominance increased at higher altitudes [49], but in koumiss samples from the Xilingol prairie, where latitude does not vary greatly, the abundance varied widely from 0.03 to 60%. *K. unisporus* has been found in various dairy products. It is a galactose-fermenting yeast species and the principal microorganism responsible for alcoholic fermentation, but is a slow producer of ethanol and performs a clean fermentation in milk and whey (Montanari and Grazia, 1997). Thiamine is the only vitamin required exogenously for the growth of *K. unisporus*; therefore, thiamine may be a key factor determining its prevalence [38]. These samples are weakly fermented koumiss, there is a limited amount of galactose in the system, which may also be another factor.

M. caribbica, *P. BZ159*, and *uncultured Guehomyces* were detected in the koumiss samples, and their presence may be attributable to the non-starter yeast species. The species within the genus *Pichia* are methylotrophic yeasts [50]. *P. BZ 159* has two alcohol oxidase genes, *aox A* and *aox B*, which can oxidize

alcohols to aldehydes with concomitant production of hydrogen peroxide. Glucose strongly suppresses the expression of both genes [51].

4.2 Koumiss organic acid profiling

For the first time, we systematically identified the organic acids responsible for the sour taste of koumiss. The organic acid composition did not directly reflect the grouping of samples; in fact, it better-reflected the fermentation process. Most organic acids produced by microbes can be divided into two main groups depending on their metabolic origin and the main metabolite sequence of the aerobic organism: those associated with the tricarboxylic acid cycle (TCA) and glycolysis arising from the oxidation of glucose; and those using glucose to produce organic acids. Citric, lactic, and malic acids fall into the first group, whereas acetic acid should be considered a biotransformation of ethanol. Succinic acid is mostly produced using chemical methods. *K. unisporus* ferments certain monosaccharides to produce succinic acid and acetic acid during ethanol fermentation [52], where the lactic and acetic acid content is the main indicator of the fermentation dynamic. In the present study, the average acetic acid content was higher than the lactic acid content, which may be the result of weak fermentation; as the fermentation proceeds, lactic acid may become dominant over acetic acid. In the bacterial community, most bacteria are homofermentative species and the less-abundant heterofermentative species, including *L. kefir* and *Leuconostoc mesenteroides*, produce acetic acid in koumiss. The trace amounts of acetic acid may be generated from ethanol by acetic acid bacteria [53]. More importantly, few LAB species are able to co-metabolize citrate with fermentable sugars to produce acetic acid. Specifically, variants of *L. lactis* (i.e., *L. lactis* subsp. *lactis* biovar *diacetylactis*) are capable of citrate utilization because they possess a plasmid-encoded citrate transporter gene [54]. Our samples may have contained variants of *L. lactis*. In the yeast community, acetic acid-producing species include *D. anomala* and *K. unisporus*.

Citric acid is a common constituent of milk; its abundance in mare's milk is < 2.3 g/kg. Moreover, it is a substrate for certain LAB, which use it to form aromatic substances such as acetoin and diacetyl [55, 56]. During fermentation, the citric acid content did not remain steady. First, microbes use glucose to produce citric acid via the TCA cycle, and then to form aromatic precursors. In addition, citric, malic, and succinic acids are components of the TCA, which together contribute to sourness and bitterness. There are subtle differences in taste: malic acid has a tart, smooth, and long-lasting flavor [57], whereas citric acid has a sour and bitter aftertaste that lasts only for a short time. Succinic acid has an acidic and salty/bitter taste and is savory in cheese [58].

Succinic acid is a good indicator of yeast inoculation status. It is the main organic acid produced by yeast and is formed in the glyoxylate cycle via oxidation of isocitrate, as well as in the reductive citric acid cycle [59]. In the current study, succinic acid accumulation correlated with the abundance of *uncultured Guehomyces* and *L. kefir* *no* *faciens*.

4.3 Koumiss microbiota: associations with taste

In the past, more attention was paid to bacterial as opposed to yeast species, even though both bacteria and yeast contribute to unique koumiss fermentation. The presence of yeast in dairy products contributes to flavor formation via the synthesis of a variety of chemical compounds [60]. The research about koumiss starter culture only containing a few strains microbe in starter [[61], that may loss many benefits of koumiss consumption. In tradition, a small aliquot of koumiss from end product is retained for use as starters for the next batch, this method was out of accurate control of fermentation. Redundancy and correlation analysis suggest that those species are associated with tastes and organic acids in koumiss. To control excessive sourness, astringency, and bitterness during koumiss production, our data suggest that the amounts of the post-acidifying strains *L. helveticus* and *D. anomala* should be reduced, or those of *L. lactis* and *K. unispora* increased, in the koumiss starter culture.

Studies of the interaction between bacteria and yeast in fermented foods yield inconsistent results due to differences in strains, substrates and food matrices [30, 60, 62, 63]. During the fermentation of food products, five types of interactions occur between, and may play a role in the consortia of, microbes [64]. However, the putative correlations identified could not be distinguished in terms of whether they were direct or indirect, nor could directionality be established [65]. A study of the interaction between *L. lactis* and yeast found that *L. lactis* produced acetic acid when co-cultured with some yeasts; moreover, the growth of *L. lactis* was enhanced in most co-cultures in UHT milk [66]. The present study observed a potential symbiotic relationship between bacteria and yeast; however, the mechanism underlying this putative relationship is unclear so further research is necessary.

5. Conclusions

The dominant microbes in the weak form of koumiss derived from fermented mare's milk (in the Xilingol region) analyzed in this study includes *L. helveticus*, *L. kefiranofaciens*, *L. lactis*, *L. raffinolactis*, *D. anomala*, *K. unispora*, *M. caribbica*, *P. BZ159*, *K. marxianus* and uncultured *Guehomyces*. The abundance of *L. lactis* was significantly lower in Xilingol-rural samples than Xilinhaote-urban samples. Lactic, acetic, tartaric, and malic acids were the main organic acids that accumulated during koumiss fermentation. LAB species were mostly responsible for the accumulation of those organic acids, although *K. unispora*, *D. anomala*, and *M. caribbica* may also have contributed. The RDA showed that *L. helveticus* and *D. anomala* are associated with sourness, astringency, bitterness, and aftertaste, whereas *L. lactis* and *K. unispora* are associated with umami. The interaction between bacteria and yeast could be demonstrated more convincingly in an orthogonal single-strain fermentation experiment combined with a meta-transcriptome study. Our study provides reference values to improve understanding of the interaction between bacteria and yeast in koumiss. These results could inform the selection of multiple-strain cultures for use as bacteria and yeast mixed starter cultures.

Declarations

Nucleotide sequence accession numbers

The sequence data reported in this study have been deposited in the MG-RAST database (accession No.mgp91551).

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

Conceived and designed the experiments: WJL ZHS HBSHLT BLGMH. Performed the experiments: HT HMM. Analyzed the data: QCH WCL HBSHLT. Contributed reagents/materials/primer design/analysis tools: HT HMM WCL QCH HYX. Wrote the paper: HT

All authors read and approved the final manuscript.

Acknowledgment

This research was supported by Science and Technology Project of Inner Mongolia Autonomous Region, China (No. 201802097).

References

- 1.Akuzawa R, Surono IS: Asian fermented milks. In: Encyclopedia of Dairy Science. Edited by R A, T M, IS S, vol. 2: San Diego: Academic Press; 2011: 507–511.
- 2.Zhang WZaH: Fermentation and Koumiss. In: Handbook of Animal-Based Fermented Food and Beverage Technology. 165–172.
- 3.BILIGE M, Ri-na W, Zhi-hong S, ZHANG H: Isolation and identification of Lactobacillus from koumiss collected in Inner Mongolia and People's Republic of Mongolia. China Dairy Industry 2004, 32(11):6–11.
- 4.Wszolek M, Kupiec-Teahan B: Production of Kefir, Koumiss and Other Related Products; 2006.
- 5.Wu R, Wang W, Yu D, Zhang W, Li Y, Sun Z, Wu J, Meng H, Zhang H: Proteomics Analysis of Lactobacillus casei Zhang, a New Probiotic Bacterium Isolated from Traditional Home-made Koumiss in Inner Mongolia of China. Molecular & Cellular Proteomics 2009, 8(10):2321–2338.
- 6.Ringø E, Andersen R, Sperstad S, Zhou Z, Ren P, Breines EM, Hareide E, Yttergård GJ, Opsal K, Johansen HM et al: Bacterial Community of Koumiss from Mongolia Investigated by Culture and Culture-Independent Methods. Food Biotechnology 2014, 28(4):333–353.
- 7.DANOVA. S, KALOYAN PETROV, PLAMEN PAVLOV, PETROVA P: Isolation and characterization of Lactobacillus strains involved in koumiss fermentation. International Journal of Dairy Technology 2005, 58:100–105.

8. Zhong Z, Hou Q, Kwok L, Yu Z, Zheng Y, Sun Z, Menghe B, Zhang H: Bacterial microbiota compositions of naturally fermented milk are shaped by both geographic origin and sample type. *J Dairy Sci* 2016, 99(10):7832–7841.
9. Mu Z, Yang X, Yuan H: Detection and identification of wild yeast in Koumiss. *Food Microbiology* 2012, 31(2):301–308.
10. Roostita R, Fleet GH: Growth of yeasts in milk and associated changes to milk composition. *International Journal of Food Microbiology* 1996, 31:205–219.
11. Picon A, Lopez-Perez O, Torres E, Garde S, Nunez M: Contribution of autochthonous lactic acid bacteria to the typical flavour of raw goat milk cheeses. *Int J Food Microbiol* 2019, 299:8–22.
12. Dertli E, Çon AH: Microbial diversity of traditional kefir grains and their role on kefir aroma. *LWT - Food Science and Technology* 2017, 85:151–157.
13. Urbienė S, Leskauskaitė D: Formation of some organic acids during fermentation of milk. *POLISH JOURNAL OF FOOD AND NUTRITION SCIENCES* 2006, 15/56, No 3:277–281.
14. Kilcawley KN, Faulkner H, Clarke HJ, O'Sullivan MG, Kerry JP: Factors Influencing the Flavour of Bovine Milk and Cheese from Grass Based versus Non-Grass Based Milk Production Systems. *Foods* 2018, 7(3).
15. Bovolenta S, Romanzin A, Corazzin M, Spanghero M, Aprea E, Gasperi F, Piasentier E: Volatile compounds and sensory properties of Montasio cheese made from the milk of Simmental cows grazing on alpine pastures. *J Dairy Sci* 2014, 97(12):7373–7385.
16. Kobayashi Y, Habara M, Ikezaki H, Chen R, Naito Y, Toko K: Advanced taste sensors based on artificial lipids with global selectivity to basic taste qualities and high correlation to sensory scores. *Sensors (Basel)* 2010, 10(4):3411–3443.
17. Tian H, Shen Y, Yu H, He Y, Chen C: Effects of 4 Probiotic Strains in Coculture with Traditional Starters on the Flavor Profile of Yogurt. *J Food Sci* 2017, 82(7):1693–1701.
18. Yasumichi MizoTA, MATSUI H, IKEDA M, ICHIHASHI N, IWATSUKI K, Toko K: Flavor evaluation using taste sensor for UHT processed milk stored in cartons having different light permeabilities. *Milchwissenschaft* 2009, 64(2):143–146.
19. Cai W, Tang F, Zhao X, Guo Z, Zhang Z, Dong Y, Shan C: Different lactic acid bacteria strains affecting the flavor profile of fermented jujube juice. *Journal of Food Processing and Preservation* 2019, 43(9).
20. Muyanja CMBK, Narvhus JA, Langsrud T: Organic Acids and Volatile Organic Compounds Produced During Traditional and Starter Culture Fermentation of Bushera, a Ugandan Fermented Cereal Beverage. *Food Biotechnology* 2012, 26:1–28.

21. Millar BC, Xu J, Earle JAP, Evans J, Moore JE: Comparison of four rDNA primer sets (18S, 28S, ITS1, ITS2) for the molecular identification of yeasts and filamentous fungi of medical importance. *British Journal of Biomedical Science* 2016, 64(2):84–89.
22. Stielow JB, Lévesque CA, Seifert KA, Meyer W, Irinyi L, Smits D, Renfurm R, Verkley GJM, Groenewald M, Chaduli D et al: One fungus, which genes? Development and assessment of universal primers for potential secondary fungal DNA barcodes. *Persoonia - Molecular Phylogeny and Evolution of Fungi* 2015, 35(1):242–263.
23. Shen W-H, Hohn B: DMSO improves PCR amplification of DNA with complex secondary structure. *Trends in Genetics* 1992, 8(7):228.
24. Razafimandimbison SG, Kellogg EA, Bremer B: Recent origin and phylogenetic utility of divergent ITS putative pseudogenes: a case study from Naucleaeae (Rubiaceae). *Syst Biol* 2004, 53(2):177–192.
25. fu CY-, cheng WJ-, yu YZ-, ping ZH-: Study on organic acids in traditionally fermented milk by HPLC. *China Dairy Industry* 2007, 35(1):54–58.
26. ROBINSON RK, TAMIME AY, WSZOLEK M: Microbiology of fermented milks. In: *Dairy Microbiology Handbook: The Microbiology of Milk and Milk Product*. Edited by Robinson RK, 3rd edn: John Wiley and Sons, Inc.; 2002: 367–430.
27. Sun Z, Liu W, Zhang J, Yu J, Zhang W, Cai C, Menghe B, Sun T, Zhang H: Identification and characterization of the dominant lactobacilli isolated from koumiss in China. *J Gen Appl Microbiol* 2010, 56:257–265
28. Hao Y, Zhao L, Zhang H, Zhai Z, Huang Y, Liu X, Zhang L: Identification of the bacterial biodiversity in koumiss by denaturing gradient gel electrophoresis and species-specific polymerase chain reaction. *J Dairy Sci* 2010, 93(5):1926–1933.
29. Baubekova A, Akhmetsadykova S, Konuspayeva G, Akhmetsadykov N, Faye B, Loiseau G: Biodiversity study of the yeast in fresh and fermented camel and mare's milk by denaturing gradient gel electrophoresis. *Journal of Camel Practice and Research* 2015, 22(1):91–95.
30. Hounghbedji M, Johansen P, Padonou SW, Akissoe N, Arneborg N, Nielsen DS, Hounhouigan DJ, Jespersen L: Occurrence of lactic acid bacteria and yeasts at species and strain level during spontaneous fermentation of mawe, a cereal dough produced in West Africa. *Food Microbiol* 2018, 76:267–278.
31. Singer E, Bushnell B, Coleman-Derr D, Bowman B, Bowers RM, Levy A, Gies EA, Cheng JF, Copeland A, Klenk HP et al: High-resolution phylogenetic microbial community profiling. *ISME J* 2016, 10(8):2020–2032.
32. Gesudu Q, Zheng Y, Xi X, Hou QC, Xu H, Huang W, Zhang H, Menghe B, Liu W: Investigating bacterial population structure and dynamics in traditional koumiss from Inner Mongolia using single molecule real-

time sequencing. J Dairy Sci 2016, 99(10):7852–7863.

33.HICKEY MW, HILLIER AJ, JAGO2 GR: Transport and Metabolism of Lactose, Glucose, and Galactose in Homofermentative Lactobacilli. APPLIED AND ENVIRONMENTAL MICROBIOLOGY 1985.

34.Kimoto-Nira H, Aoki R, Mizumachi K, Sasaki K, Naito H, Sawada T, Suzuki C: Interaction between *Lactococcus lactis* and *Lactococcus raffinolactis* during growth in milk: development of a new starter culture. J Dairy Sci 2012, 95(4):2176–2185.

35.Boucher I, Vadeboncoeur C, Moineau S: Characterization of Genes Involved in the Metabolism of - Galactosides by *Lactococcus raffinolactis*. Applied and Environmental Microbiology 2003, 69(7):4049–4056.

36.Watanabe K, Fujimoto J, Sasamoto M, Dugersuren J, Tumursuh T, Demberel S: Diversity of lactic acid bacteria and yeasts in Airag and Tarag, traditional fermented milk products of Mongolia. World Journal of Microbiology and Biotechnology 2007, 24(8):1313–1325.

37.Garofalo C, Osimani A, Milanovic V, Aquilanti L, De Filippis F, Stellato G, Di Mauro S, Turchetti B, Buzzini P, Ercolini D et al: Bacteria and yeast microbiota in milk kefir grains from different Italian regions. Food Microbiol 2015, 49:123–133.

38.Bhattacharya I, Yan S, Yadav JSS, Tyagi RD, Surampalli RY: *Saccharomyces unisporus*: Biotechnological Potential and Present Status Comprehensive Reviews in Food Science & Food Safety 2013, 12(4):353–363.

39.Roostita R, Fleet GH: Growth of yeasts in milk and associated changes to milk composition. International Journal of Food Microbiology 1996, 31:205–219.

40.Morrissey JP, Etschmann MM, Schrader J, de Billerbeck GM: Cell factory applications of the yeast *Kluyveromyces marxianus* for the biotechnological production of natural flavour and fragrance molecules. Yeast 2015, 32(1):3–16.

41.Conde-Ba´ez L, Castro-Rosas J, Go´mez-Aldapa C: Evaluation of Waste of the Cheese Industry for the Production of Aroma of Roses (Phenylethyl Alcohol). Waste Biomass Valor 2017, 8:1343–1350.

42.Wedra D, Shewfelt R, Frank J: The challenge of *Brettanomyces* in wine. LWT - Food Science and Technology 2010, 43(10):1474–1479.

43.Gray SR, Rawsthorne H, Dirks B, Phister TG: Detection and enumeration of *Dekkera anomala* in beer, cola, and cider using real-time PCR. Lett Appl Microbiol 2011, 52(4):352–359.

44.SMITH MT, GRINSVEN AMV: *Dekkera anomala* sp. nov., the teleomorph of *Brettanomyces anomalus*, recovered from spoiled soft drinks Antonie van Leeuwenhoek 1984, 50:143–148.

- 45.Marsh AJ, O'Sullivan O, Hill C, Ross RP, Cotter PD: Sequencing-based analysis of the bacterial and fungal composition of kefir grains and milks from multiple sources. *PLoS One* 2013, 8(7):e69371.
- 46.Fadda ME, Cosentino S, Deplano M, Palmas F: Yeast populations in Sardinian feta cheese *International Journal of Food Microbiology* 2001, 69:153–156
- 47.Marsit S, Dequin S: Diversity and adaptive evolution of *Saccharomyces* wine yeast: a review. *FEMS Yeast Res* 2015, 15(7).
- 48.Rozpedowska E, Hellborg L, Ishchuk OP, Orhan F, Galafassi S, Merico A, Woolfit M, Compagno C, Piskur J: Parallel evolution of the make-accumulate-consume strategy in *Saccharomyces* and *Dekkera* yeasts. *Nat Commun* 2011, 2:302.
- 49.MONTANARI G, ZAMBONELLI C, GRAZIA L, KAMESHEVA GK, SHIGAEVA MK: *Saccharomyces unisporus* as the principal alcoholic fermentation microorganism of traditional koumiss. *Journal of Dairy Research* 1996, 63:327–331.
- 50.WOODWARD JR: *Biochemistry and Applications of Alcohol Oxidase from Methylophilic Yeasts* *Biotechnology In: Autotrophic Microbiology and One-Carbon Metabolism*, Edited by al. GACe: Kluwer Academic Publishers; 1990: 193–225.
- 51.Szamecz B, Urban G, Rubiera R, Kucsera J, Dorgai L: Identification of four alcohol oxidases from methylotrophic yeasts. *Yeast* 2005, 22(8):669–676.
- 52.A.Sahasrabudhe N, Sankpal NV: *Production of organic acids and metabolites of fungi for food industry vol. Agriculture and Food Production: Elsevier Science B.V; 2001.*
- 53.Quitmann H, Fan R, Czermak P: Acidic organic compounds in beverage, food, and feed production. *Adv Biochem Eng Biotechnol* 2014, 143:91–141.
- 54.Smid EJ, Kleerebezem M: Production of Aroma Compounds in Lactic Fermentations. *The Annual Review of Food Science and Technology* 2014, 5:313–326.
- 55.Markiewicz-Keszycka M, Czyzak-Runowska G, Wojtowski J, Jozwik A, Pankiewicz R, Leska B, Krzyzewski J, Strzalkowska N, Marchewka J, Bagnicka E: Influence of stage of lactation and year season on composition of mares' colostrum and milk and method and time of storage on vitamin C content in mares' milk. *J Sci Food Agric* 2015, 95(11):2279–2286.
- 56.Comasio A, Harth H, Weckx S, De Vuyst L: The addition of citrate stimulates the production of acetoin and diacetyl by a citrate-positive *Lactobacillus crustorum* strain during wheat sourdough fermentation. *Int J Food Microbiol* 2019, 289:88–105.

- 57.Sahasrabudhe NA, Sankpal NV: Production of organic acids and metabolites of fungi for food industry Applied Mycology and Biotechnology 2001, 1:387–425.
- 58.Dudley EG, Steele JL: Succinate production and citrate catabolism by Cheddar cheese nonstarter lactobacilli. J Appl Microbiol 2005, 98(1):14–23.
- 59.Jayaram VB, Cuyvers S, Verstrepen KJ, Delcour JA, M. C: Succinic acid in levels produced by yeast (*Saccharomyces cerevisiae*) during fermentation strongly impacts wheat bread dough properties. Food Chemistry 2014, 151 421–428.
- 60.Gadaga TH, Mutukumira AN, Narvhus JA: The growth and interaction of yeasts and lactic acid bacteria isolated from Zimbabwean naturally fermented milk in UHT milk International Journal of Food Microbiology 2001, 68:21–32
- 61.Kozhakhmetova Z, Kasenova G: Selection of lactic acid bacteria and yeast for koumiss starter and its impact on quality of koumiss. Applied Technologies and Innovations 2014, 9(4):138–142.
- 62.Narvhusa JA, Gadaga TH: The role of interaction between yeasts and lactic acid bacteria in African fermented milks: a review. International Journal of Food Microbiology 2003, 86:51–60.
- 63.Viljoen BC: The interaction between yeasts and bacteria in dairy environments. International Journal of Food Microbiology 2001, 69:37–44.
- 64.Smid EJ, Lacroix C: Microbe-microbe interactions in mixed culture food fermentations. Curr Opin Biotechnol 2013, 24(2):148–154.
- 65.Carr A, Diener C, Baliga NS, Gibbons SM: Use and abuse of correlation analyses in microbial ecology. ISME J 2019.
- 66.Álvarez-Martín P, Flórez AB, Hernández-Barranco A, Mayo B: Interaction between dairy yeasts and lactic acid bacteria strains during milk fermentation. Food Control 2008, 19(1):62–70.

Figures

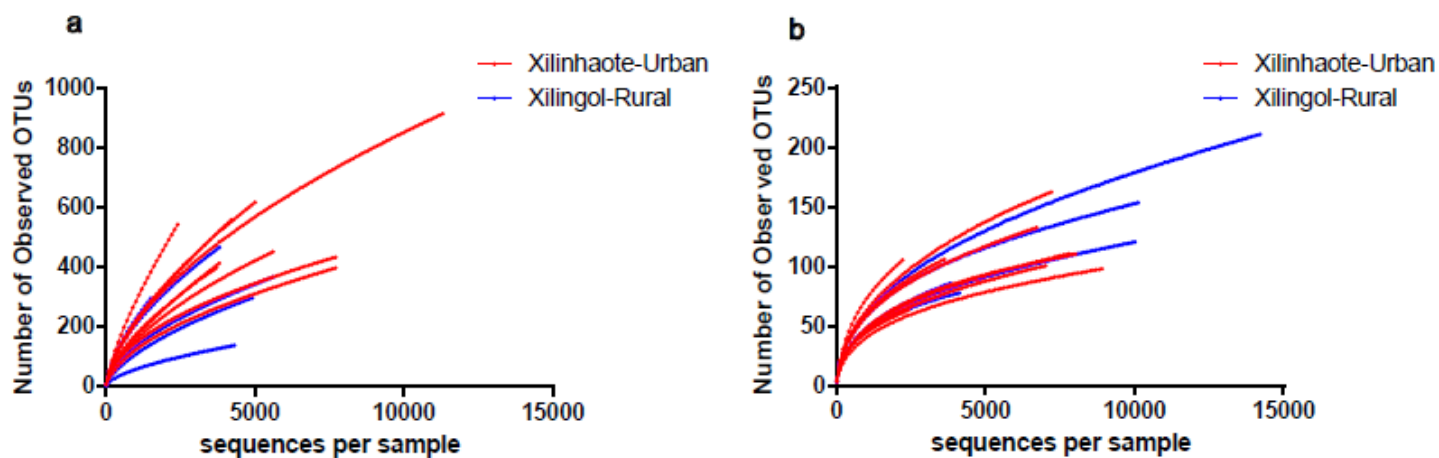


Figure 1

Rarefaction curve of the bacterial (a) and yeast (b) diversity

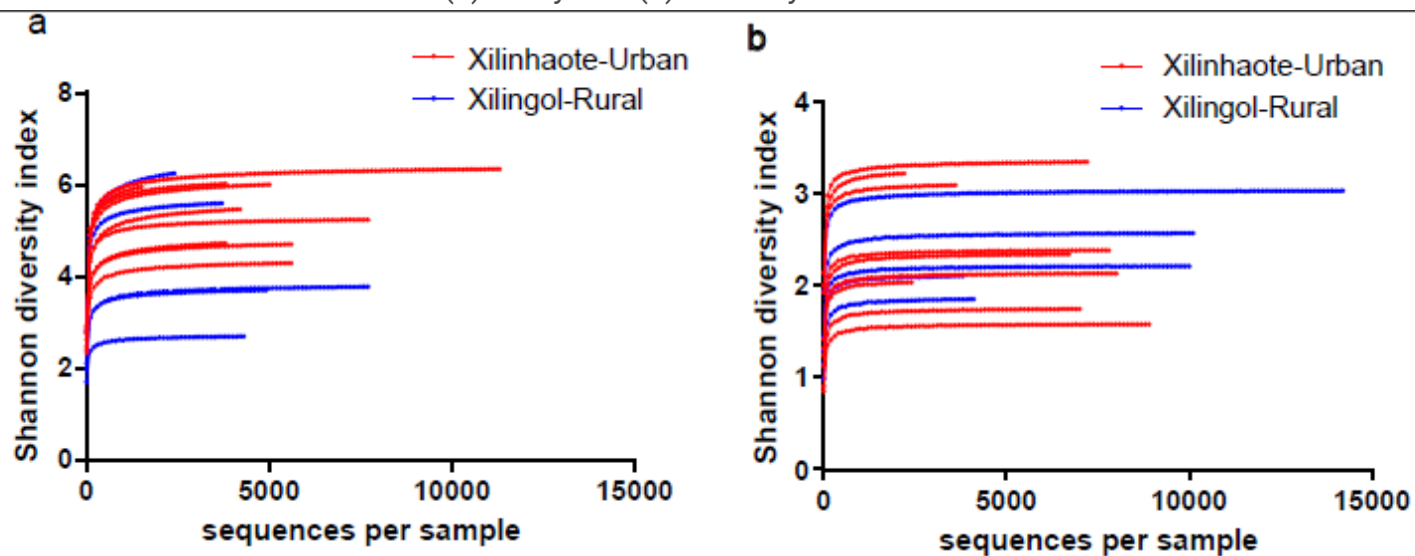


Figure 2

Shannon diversity index of bacterial (a) and yeast (b) composition

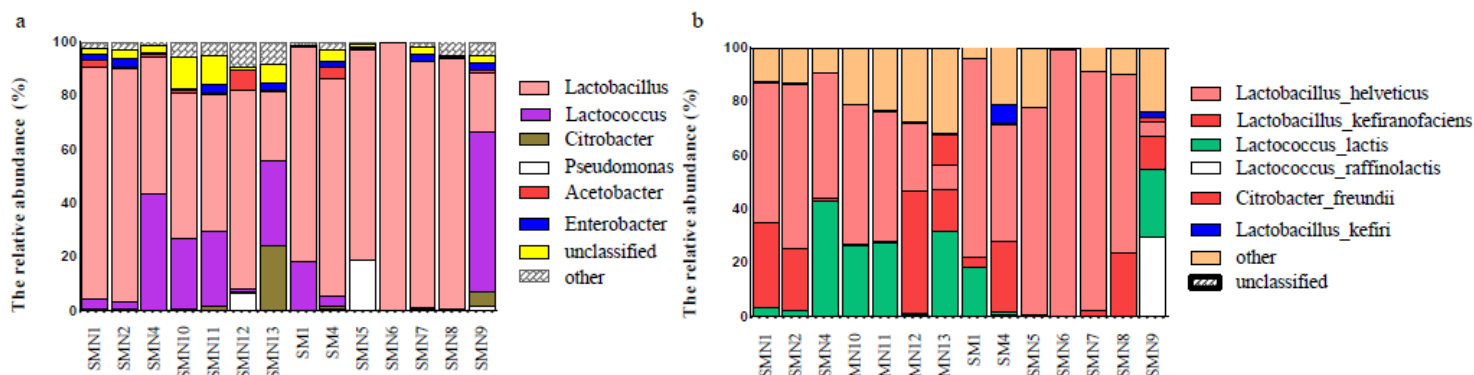


Figure 3

The relative abundance of bacterial genus (a) and species (b)

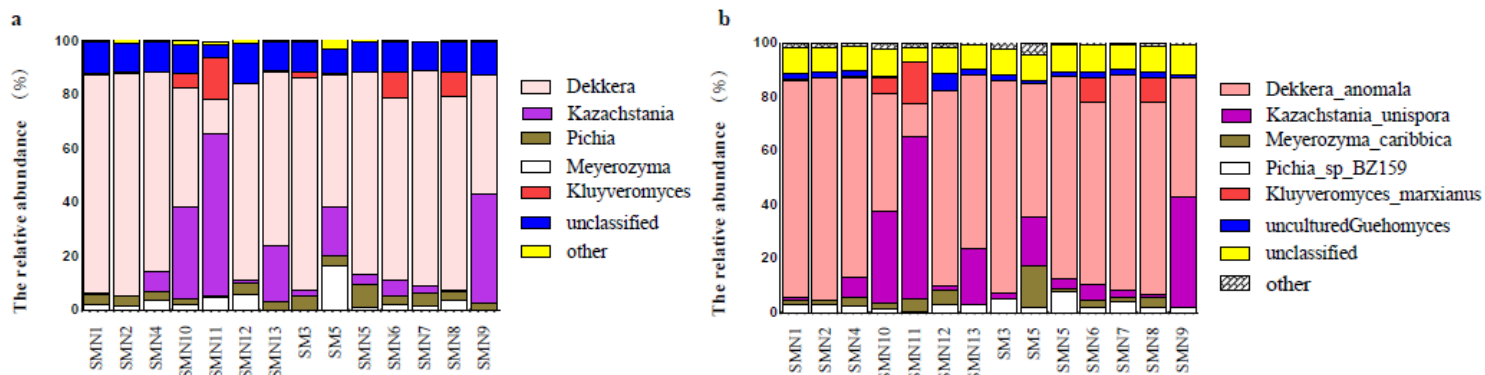


Figure 4

The relative abundance of fungal genus (a) and species (b)

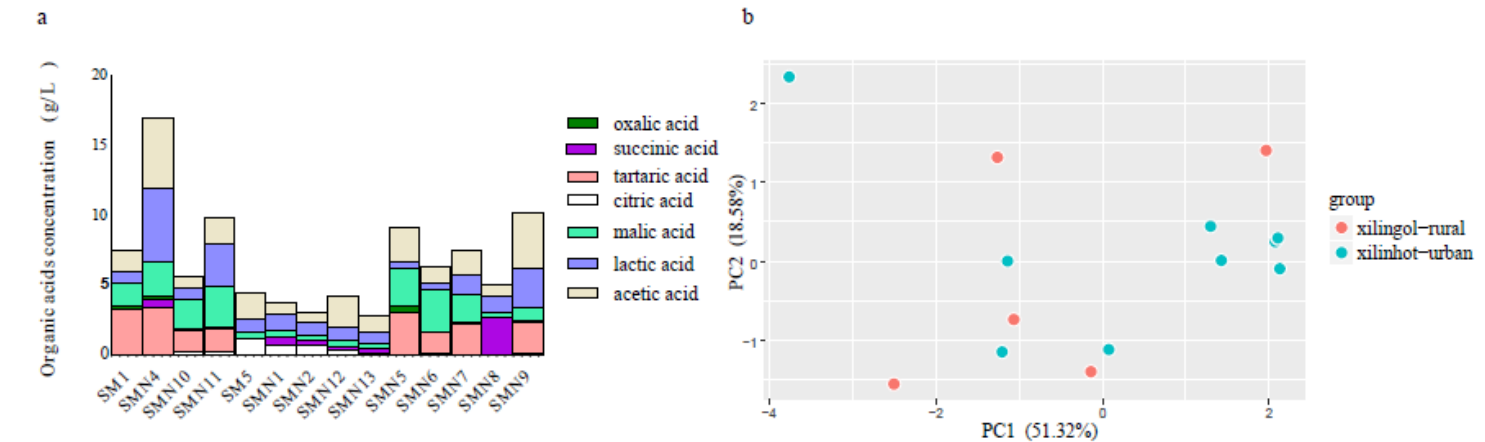
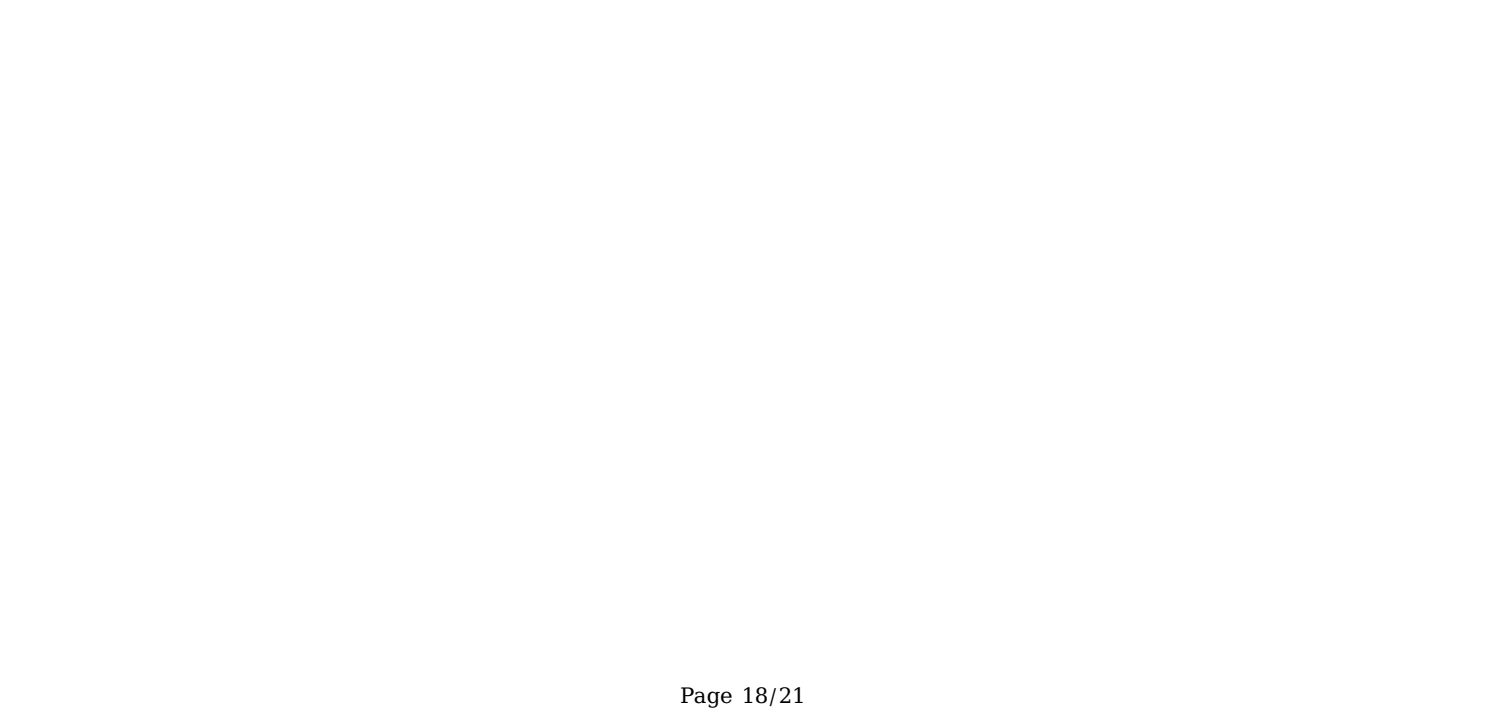


Figure 5

Koumiss organic acids profiling and PCA analysis



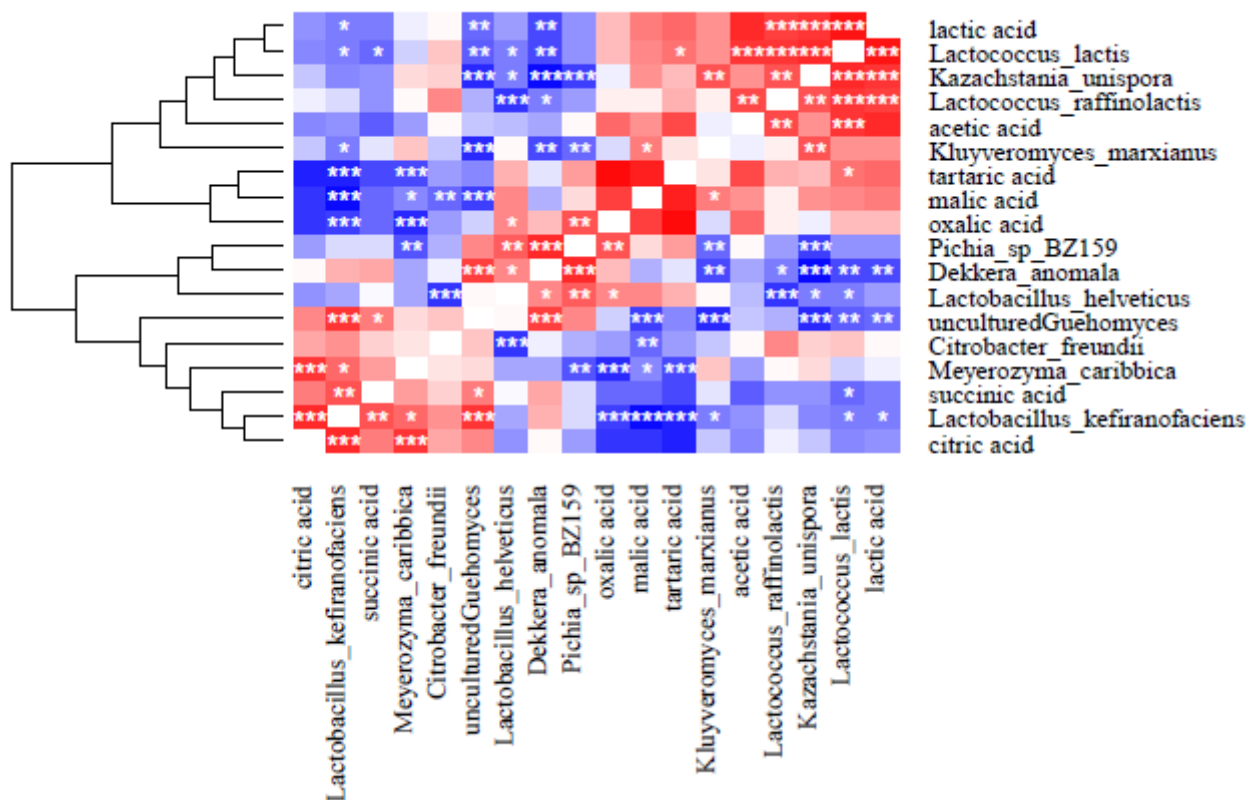


Figure 6

The Correlation of Koumiss Microbiota and Organic Acids There are no shown the relationship between the organic acids. In the figure “*” represents $p < 0.05$, “**” represents $p < 0.01$, “***” represents $p < 0.001$.

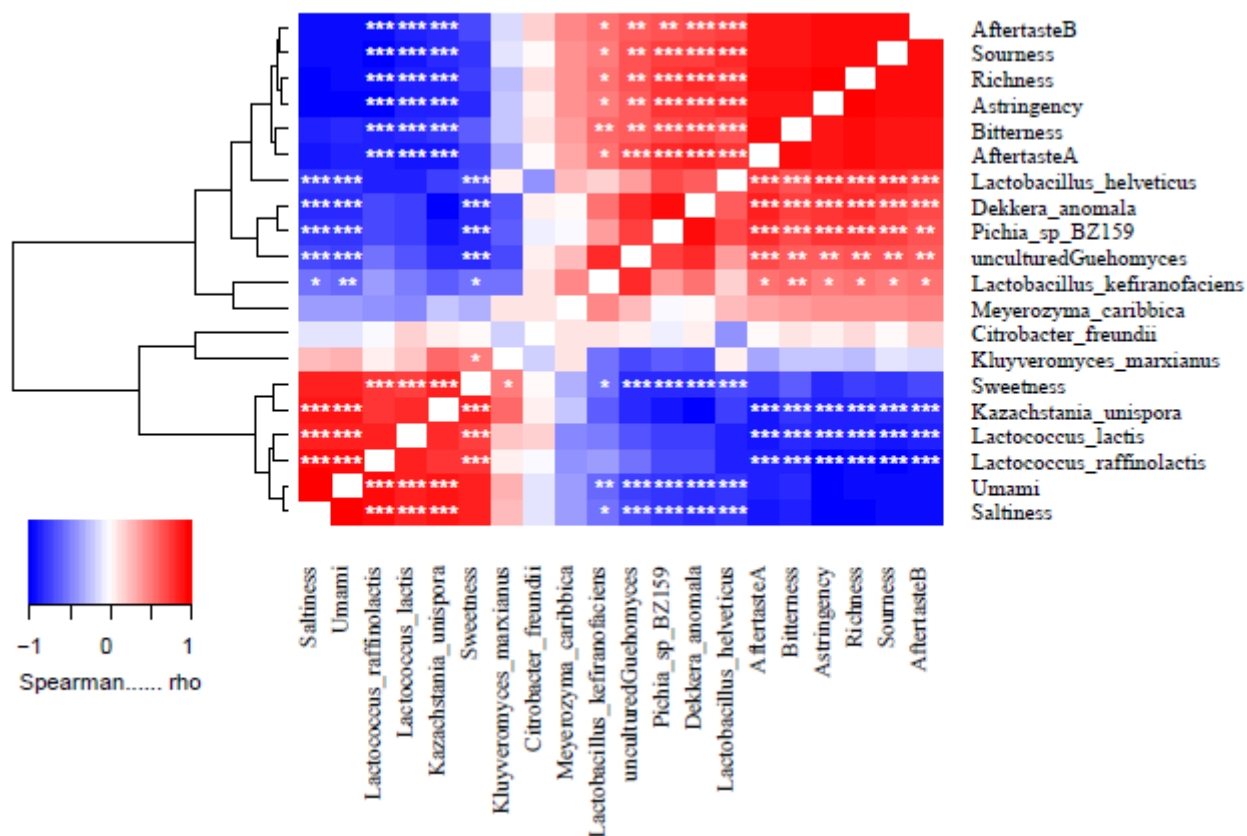


Figure 7

The correlation of koumiss microbiota and the taste There are no shown the relationships between the species each other and taste in the figure. In the figure “*”represents p<0.05, “**” represents p<0.01,“***” represents p<0.001.

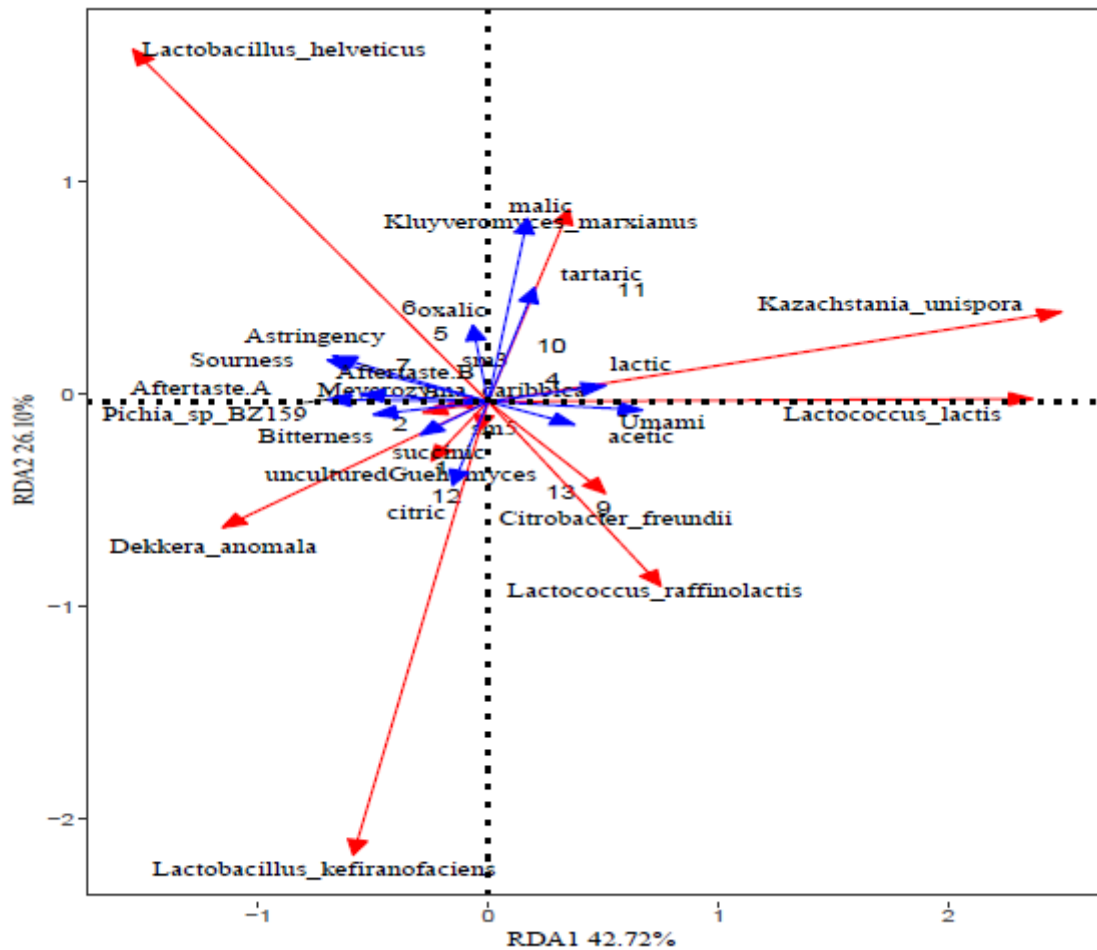


Figure 8

Redundancy Analysis of Koumiss Microbiota on Organic Acids and Taste The numbers stands for samples, exception sample 'sm3' and 'sm5'. The blue arrows represent the response variables(organic acids and taste), and the red arrows represent the species variables.