**Table S1.** Description of food variables number available in each survey questionnaire according year and country. DHS, 1990 to 2017.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **DHS-Year** | **Liquids\*** | **Milk\*\*** | **Semisolids/****solids** | **Total** |
| **Bolivia** |
| DHS III-1994 | 5 | 3 | 5 | 13 |
| DHS III-1998 | 5 | 3 | 5 | 13 |
| DHS IV-2003 | 3 | 2 | 10 | 15 |
| DHS V-2008 | 6 | 2 | 16 | 24 |
| **Colombia** |
| DHS III-1995 | 5 | 3 | 5 | 13 |
| DHS IV-2000 | 3 | 2 | 9 | 14 |
| DHS V-2005 | 4 | 2 | 15 | 21 |
| DHS VI-2010 | 3 | 2 | 23 | 28 |
| **Guatemala** |
| DHS III-1995 | 5 | 3 | 5 | 13 |
| DHS IV-1998/1999 | 5 | 3 | 5 | 13 |
| DHS VII-2014/2015 | 3 | 2 | 23 | 27 |
| **Haiti** |
| DHS III-1994/1995 | 6 | 3 | 3 | 12 |
| DHS IV-2000 | 3 | 2 | 10 | 15 |
| DHS V-2005/2006 | 5 | 2 | 17 | 24 |
| DHS VI-2012 | 3 | 2 | 17 | 22 |
| DHS VII-2016/2017 | 3 | 2 | 16 | 21 |
| **Peru** |
| DHS III-1996 | 5 | 4 | 5 | 14 |
| DHS IV-2000 | 3 | 2 | 11 | 16 |
| DHS V-2007/2008 | 4 | 2 | 16 | 22 |
| DHS VI-2012 | 4 | 3 | 16 | 23 |
| **Dominican Republic** |
| DHS III-1996 | 6 | 3 | 6 | 15 |
| DHS IV-1999 | 3 | 2 | 7 | 12 |
| DHS IV-2002 | 3 | 2 | 10 | 15 |
| DHS VI-2013 | 3 | 2 | 16 | 21 |

\*Liquids: water, sugar water, juice, fruit juice, herbal tea, other liquids, liquid, carbonated, soda, coffee, tea, other country-specific liquids, rice water, water with sugar or tea or coffee or soda or soup.

\*\*Milk: infant formula, fresh milk, powdered milk, evaporated milk.