Additional Table 3: Means of the measures parameters scores, body mass index (BMI), and BMI percentiles by locations

|  |  |  |  |
| --- | --- | --- | --- |
| Sections | Asema  governorate | Al-Jahra  governorate | Hawally governorate |
| Food frequency consumption | 45.2 ± 7.9a  [26-62] | 46.6 ± 7.2a  [32-68] | 45.9 ± 8.7a  [23-67] |
| Dietary habits | 10.5 ± 2.4a  [5-15] | 9.6 ± 2.4b  [5-15] | 10.9 ± 2.4a  [6-16] |
| Physical activity | 9.0 ± 2.2a  [5-15] | 8.0 ± 2.4b  [3-15] | 10.1 ± 3.1c  [3-17] |
| Dietary beliefs | 9.4 ± 2.1a  [3-12] | 8.9 ± 2.0a  [4-12] | 10.3 ± 1.6b  [3-12] |
| Self-efficacy | 15.7 ± 4.0a  [4-21] | 17.4 ± 2.8b  [10-21] | 17.9 ± 2.5b  [11-21] |
| Nutrition knowledge | 3.3 ± 0.9a  [2-6] | 3.0 ± 1.0b  [0-5] | 4.0 ± 1.2c  [1-7] |
| BMI | 25.86±5.85a  [17.2-42.1] | 24.50±5.07a  [13.5-43.9] | 25.61±5.99a  [16.8-44.7] |
| BMI Percentile | 73.15±25.91a  [3.1-99.2] | 69.39± 26.34a  [3.2-99.4] | 75.90±23.89a  [4.8-99.4] |

Mean ± standard deviation (SD), [range]

a,b Means differences were considered significant at the 0.05 level across columns