$β=\frac{\left(V at day56 - V at day 42)\right)}{(E at day56 -E at day 42)}=\left(\frac{∆V}{∆E}\right), (L) $ in case of liquid

 $β=\frac{\left(M at day 56 - M atday 42)\right)}{(E at day56 -E at day 42)}=\left(\frac{∆M}{∆E}\right), (g) $ in case of acid