**Appendix**

**A picture containing food

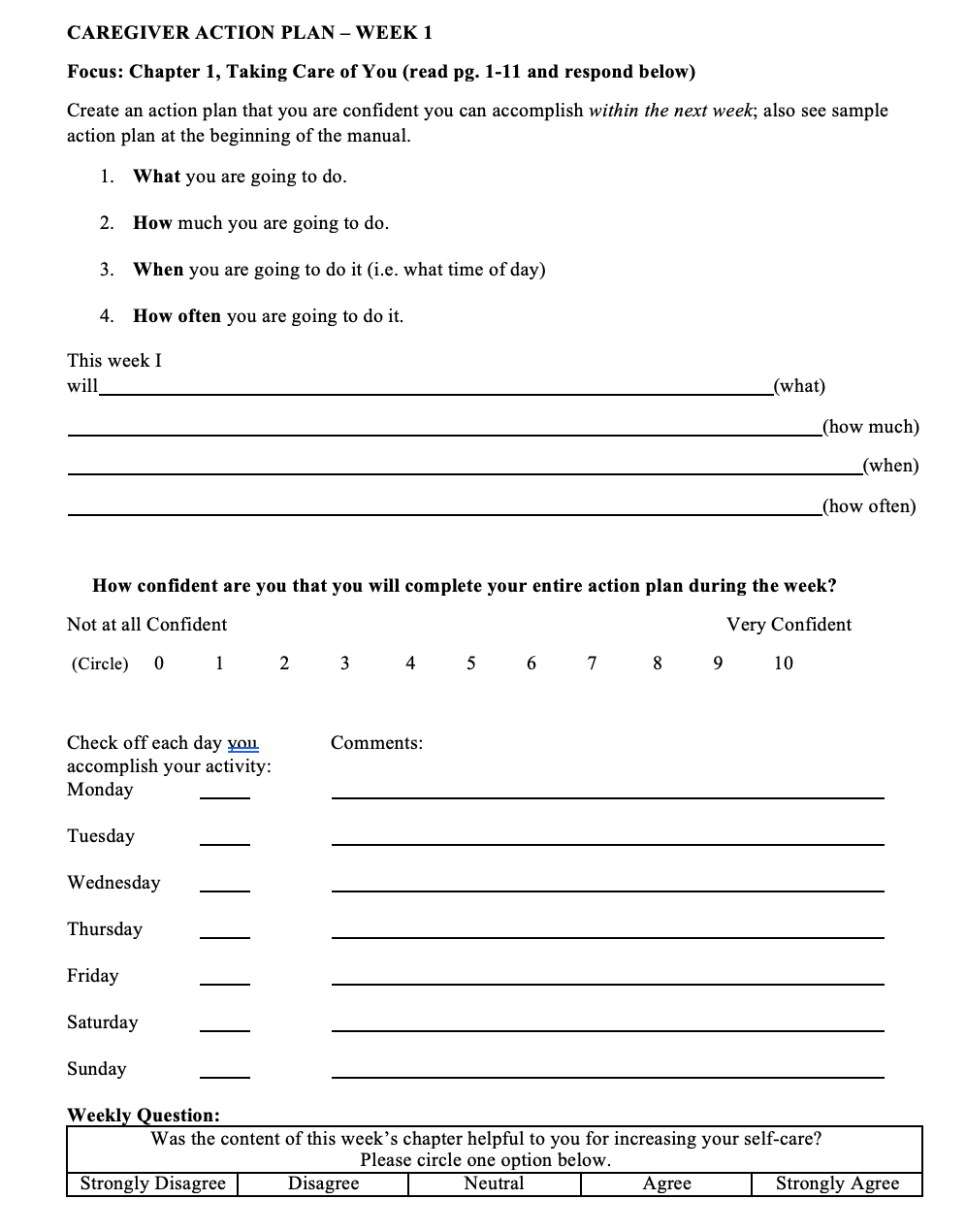
Description automatically generated**

A screenshot of a cell phone

Description automatically generated

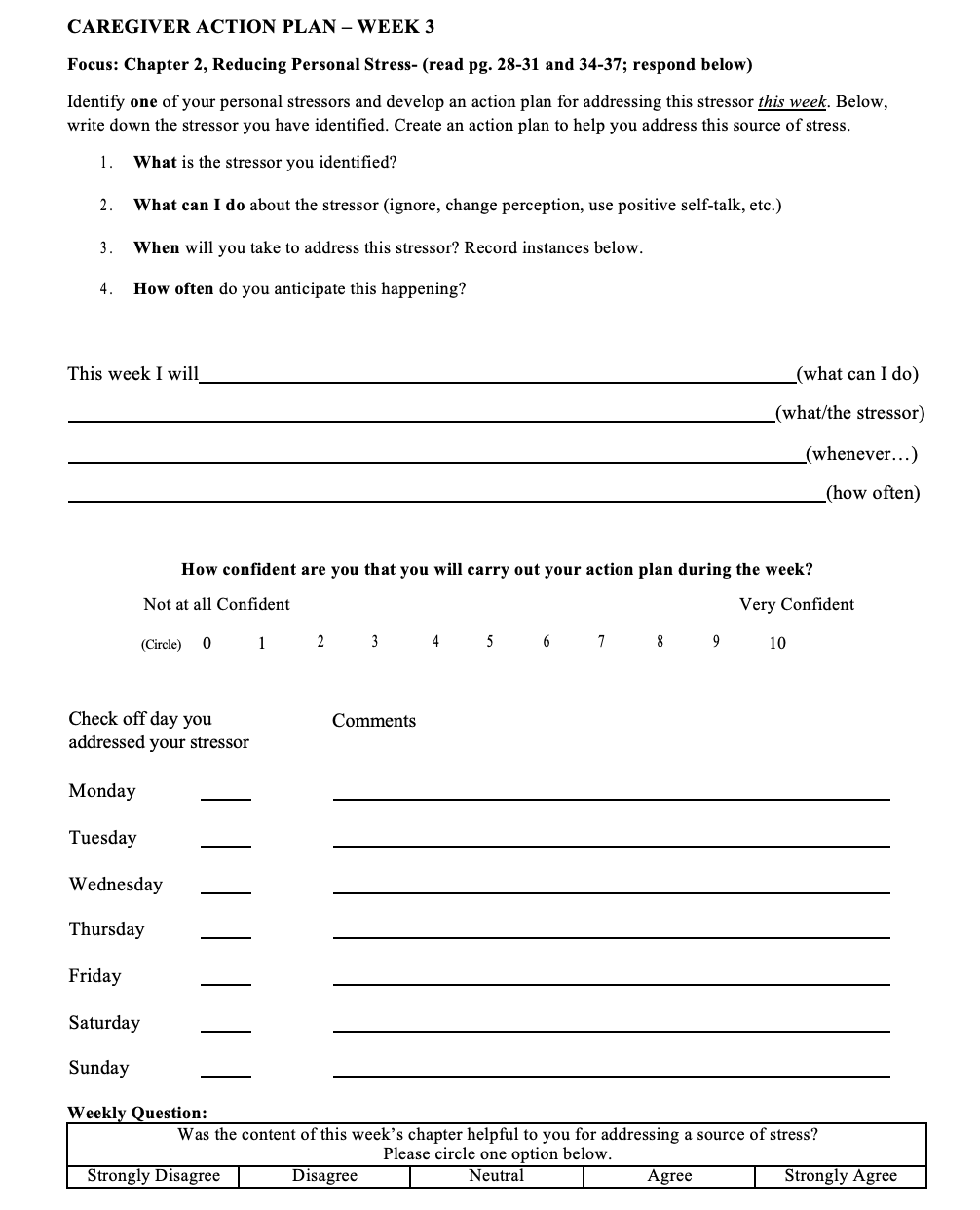
A screenshot of a cell phone

Description automatically generated



A screenshot of a cell phone

Description automatically generated

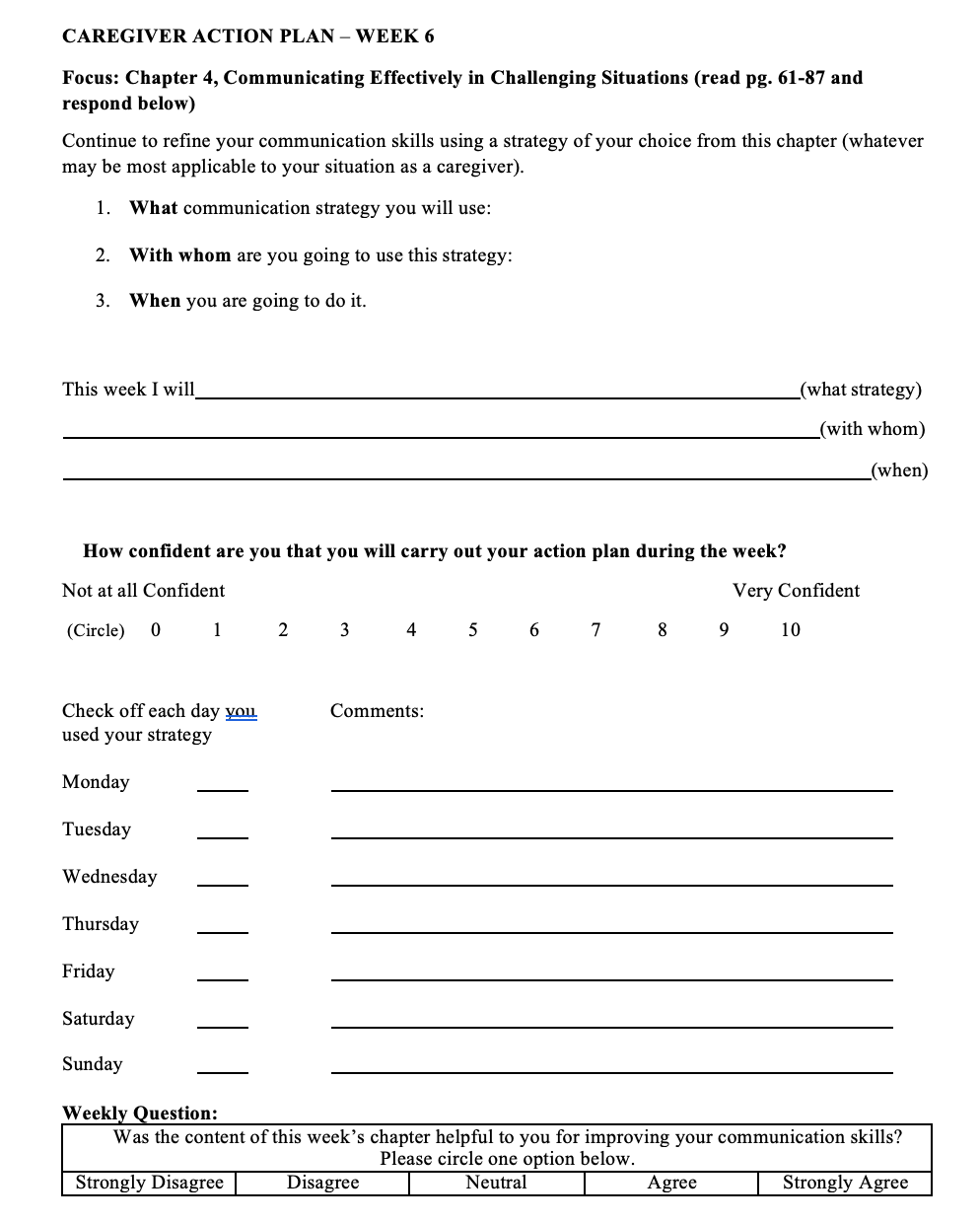


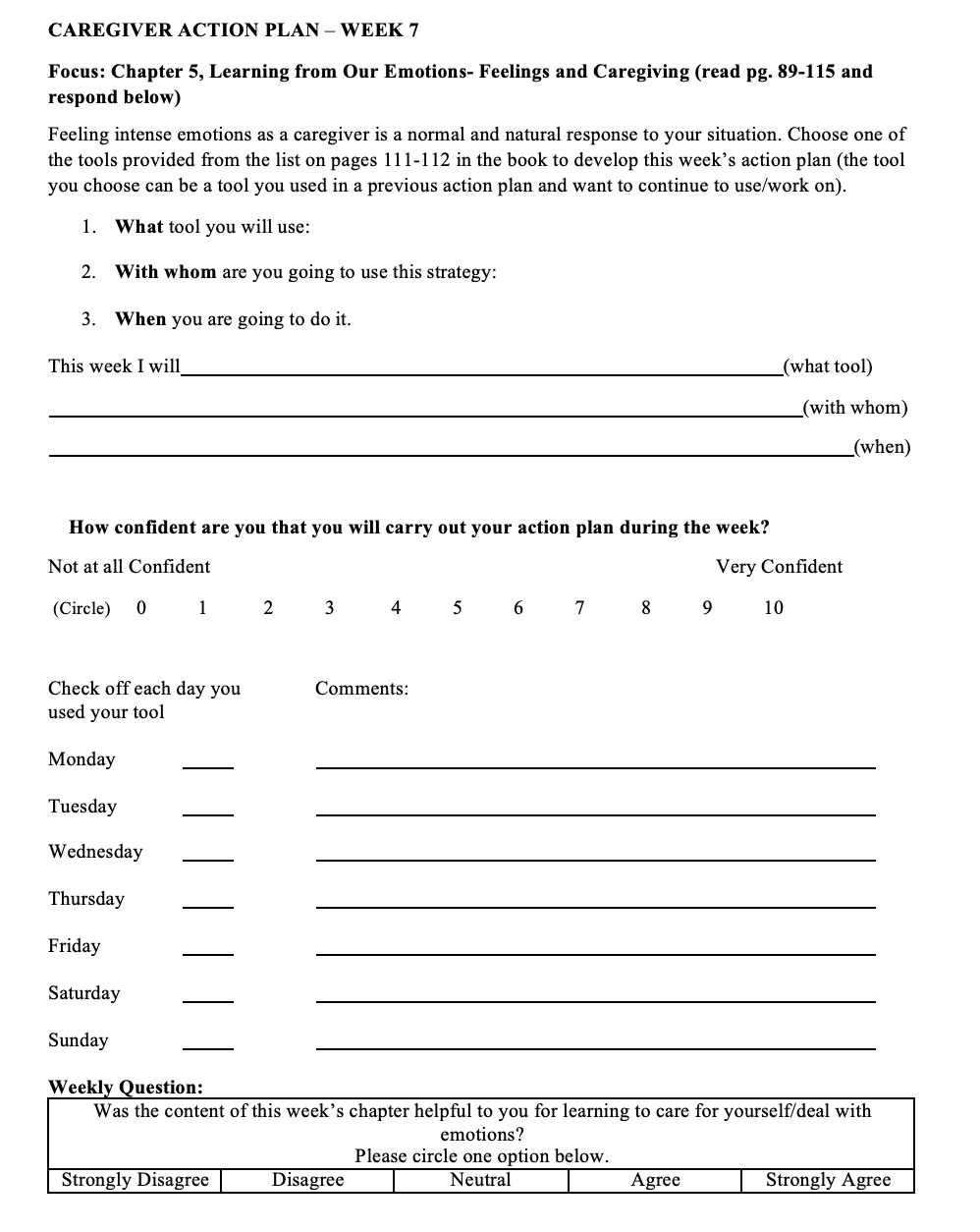
A screenshot of a cell phone

Description automatically generated

A screenshot of a cell phone

Description automatically generated



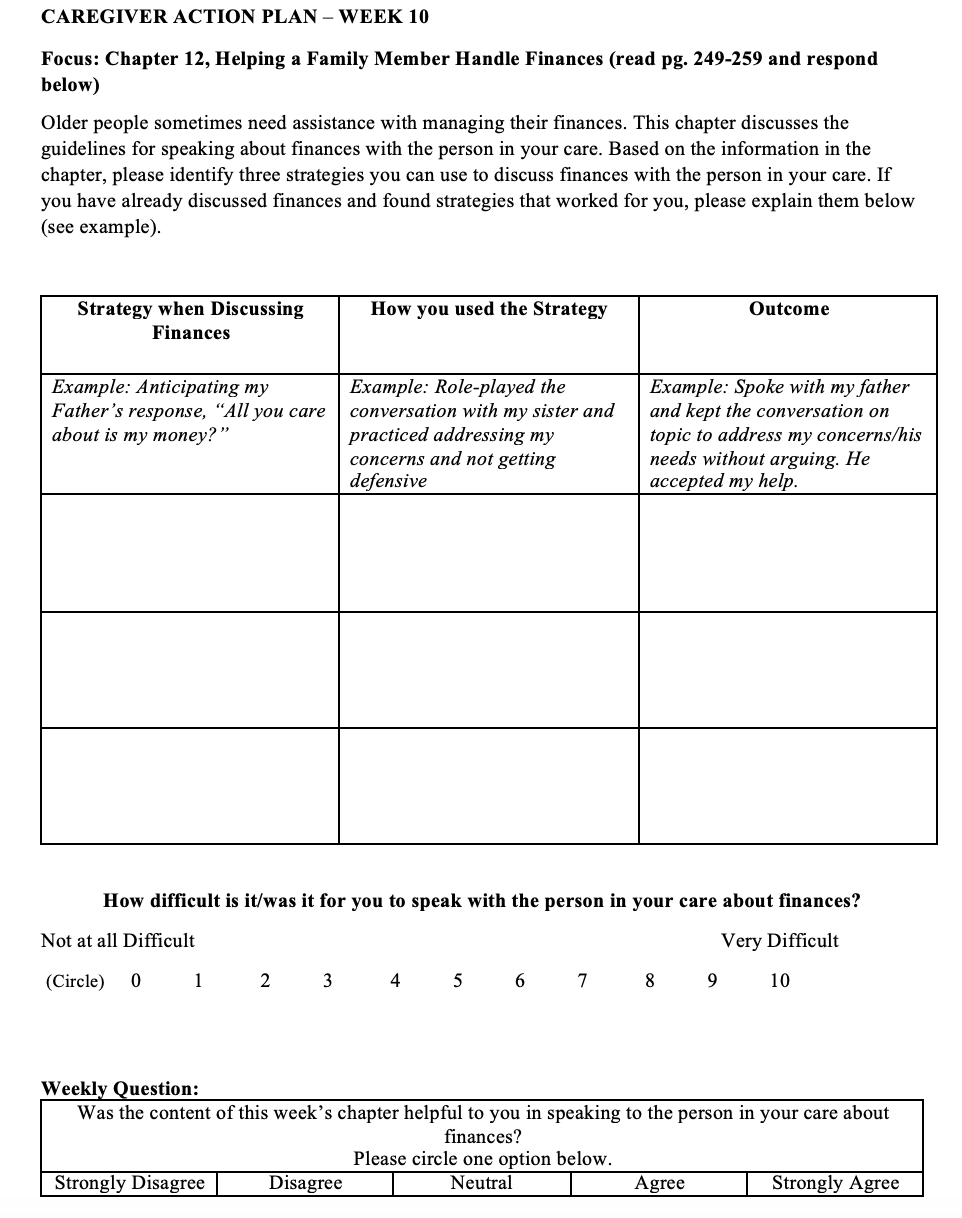


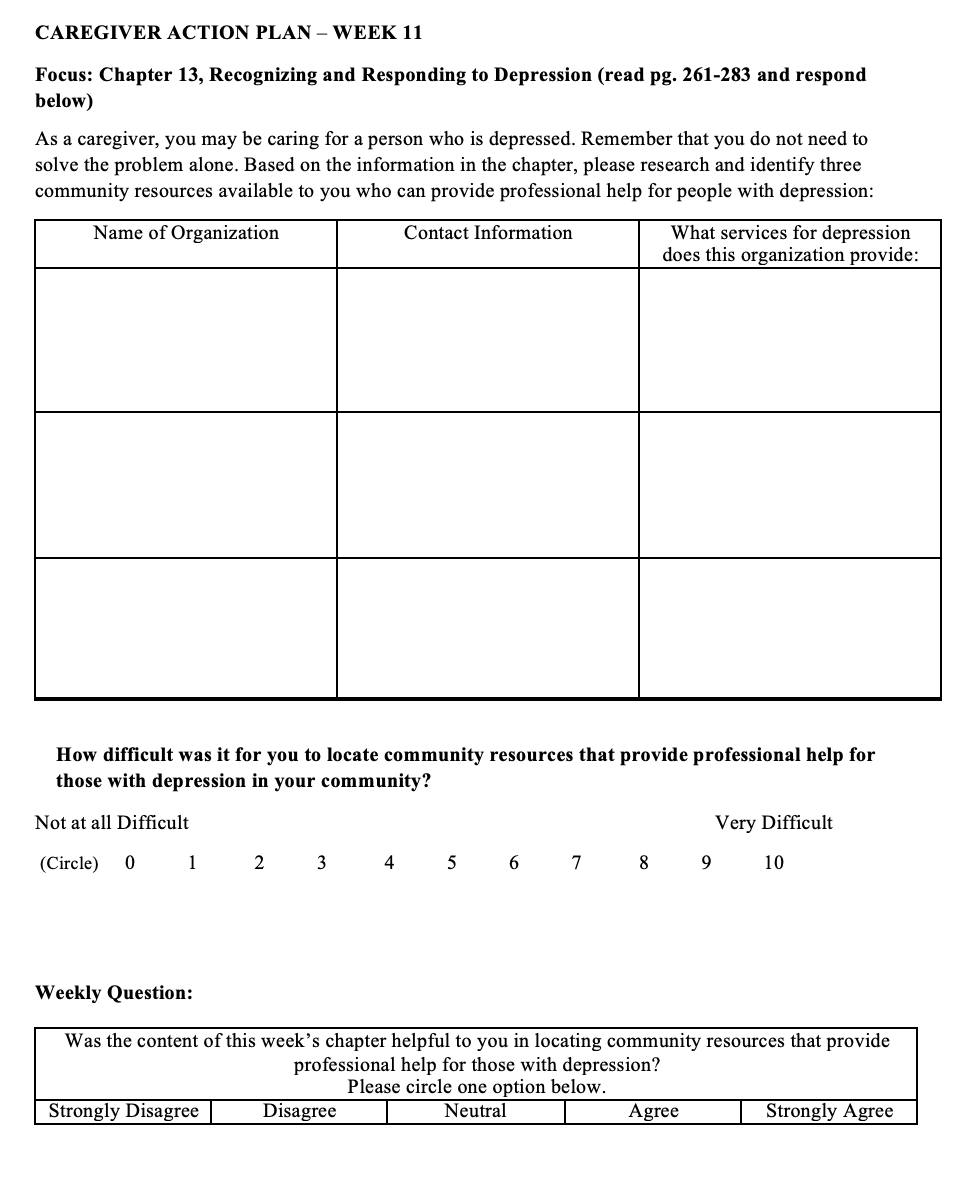
A screenshot of a cell phone

Description automatically generated

A screenshot of a cell phone

Description automatically generated





A screenshot of a cell phone

Description automatically generated