Discrepancy Between The Demand and Supply of Intensive Care Unit Beds in South Korea From 2011 To 2019: A Cross-Sectional Analysis

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Abstract

Background

Intensive care unit (ICU) bed availability is key to critical patient care. Considering the rapidly increasing aging population in South Korea, it is important to establish whether the demand for ICU care is met by the currently available ICU beds. However, there have been no reports regarding the relationship between the increase in the number of ICU beds and the increase in the utilization of ICU facilities. In this study, we aimed to investigate the trends in ICU bed supply and ICU bed-days in the adult population.

Methods

We evaluated the 9-year trend in ICU bed rates and bed-days in South Korea between 2011 and 2019 in a population-based cross-sectional analysis, using data from the Health Insurance Review & Assessment Service database. We described changes in ICU bed rates in adult (≥ 20 years) and older adult (≥ 65 years) populations. ICU bed-days were categorized similarly and used to predict future ICU bed demands.

Results

The ICU bed rate was higher in 2011 than in 2019 (23.3 and 20.2 per 100,000 adults and 161.2 and 107.5 per 100,000 older adults, respectively). The number of ICU bed-days was lower in 2011 than in 2019 (100.5 and 137.8 per 1,000 adults and 59.0 and 86.1 per 1,000 older adults, respectively). In 2019, the regional differences in the ICU bed rate and ICU bed-days nearly doubled and tripled, respectively. The ICU bed occupancy rate in South Korea is expected to rise to 97.7% in 2030.

Conclusion

A significant discrepancy was found between the supply and demand of ICU beds in South Korea. This discrepancy requires urgent action. Our findings may inform government organizations about the necessity of planning and preparing for future ICU demands and the shortage in their supply.

Background

Access to critical care is a crucial element of contemporary healthcare systems.\(^1\) The demand for critical care capacity is increasing worldwide owing to the significant aging of populations, with the accompanying increase in associated comorbidities, development of life-sustaining treatment modalities, and changes in perception regarding the role of intensive care units (ICUs).\(^2,3\) In many countries, the median age of the entire population admitted to the ICU is currently > 65 years.\(^4\) Recent studies have revealed that increased ICU admission is attributable to older patients (> 80 years).\(^5,6\) As these patients account for a significant proportion of hospitalizations and ICU treatment days, this increase may profoundly affect the utilization of ICU resources.\(^6,7\)

The growing demand for ICU resources can only be met by increasing the total capacity of ICUs.\(^8,9\) ICU bed shortage is associated with a greater risk of early readmission and higher patient refusal rates.\(^10,11\) As the aging population is expected to consistently create more demand for critical care,\(^12\) an accurate prediction of future demand levels is...
necessary to avoid insufficient supply. In Australia, Corke et al.\textsuperscript{13} predicted that the expected proportion of patients aged >80 years admitted to ICUs would increase to 26.3\% by 2030.

South Korea is one of the world’s fastest-aging countries.\textsuperscript{14} Park et al.\textsuperscript{15} investigated the ICU admission rate, total cost, and utilization of management procedures, such as mechanical ventilation, renal replacement therapy, and extracorporeal membrane oxygenation in South Korea. They showed that these values increased from 2009 to 2014. However, there have been no reports regarding the relationship between the increase in the number of ICU beds and the increase in the utilization of ICU facilities. Therefore, in this study, we investigated the trends in ICU bed supply and ICU bed-days from 2011 to 2019 in the adult population as follows: (1) classification of the population into adults and older adults, (2) evaluation of changes in the number of ICU beds and duration of ICU stay (ICU bed-days) each year, (3) evaluation of geographical differences in the number of ICU beds and ICU bed-days, and (4) prediction of future ICU demands.

Methods

Data source

We performed a cross-sectional study regarding the trends of ICU bed supply and ICU bed-days from 2011 to 2019 in South Korea. We obtained data on ICU admission from the Health Insurance Review and Assessment Service (HIRA) database. This database encompasses South Korea’s entire population and includes data on the number of admissions, age of patients, and duration of ICU stay (bed-days). Data on populations, number of hospitals, hospital beds, and ICU beds were obtained from Statistics Korea. Because the records did not contain any identifying information, this study was exempted from ethical review by the Gachon University Gil Medical Center’s ethics review board.

Definitions and variables

We defined hospitals as hospitals with ICUs. Clinics were excluded, and hospital beds were defined as licensed hospital beds. ICU beds included an aggregation of all ICU beds, excluding neonatal ICU beds (Fig. 1). In South Korea, pediatric ICUs are extremely limited, and most pediatric patients who need intensive care are admitted to general ICUs. Occupancy rates were defined as the number of ICU bed-days divided by the number of available ICU bed-days. The number of available bed-days was calculated as the total number of beds multiplied by 365 days, assuming that every bed was available for daily use.\textsuperscript{16}

The changes in the number of ICU beds were described at the national level and in a 16-administrative-district level with two population groups: adults (aged \(\geq 20\) years) and older adults (aged \(\geq 65\) years). South Korea comprises 17 administrative districts; however, owing to the relocation of central administrative agencies in 2012, the Sejong-si region did not contain an ICU hospital. Its data were merged with that of the adjacent administrative district, Chungcheongnam-do. Annual ICU bed rates were calculated as population-based rates by applying weighting methods to raw values to national and administrative district populations for each year in the study. Annual changes in the number of ICU bed-days at the national level and in administrative districts were described for both adults and older adults. Since the number of admissions does not represent the utilization of ICU resources, we evaluated occupied ICU bed-days.

Statistical analysis

Data were analyzed using R (version 3.6.0, Vienna, Austria). We examined temporal trends in ICU bed number growth at the national and regional levels. At the national level, we summarized the annual number of hospitals, hospital beds,
ICU beds, adult and older adult population sizes, ICU beds per adult population, ICU beds per older adult population, ICU bed-days for the whole population, ICU bed-days per adult population, ICU bed-days per older adult population, and occupancy rates. At the regional level, we calculated the number of ICU beds, ICU beds per adult population, ICU beds per older adult population, ICU bed-days per adult population, and ICU bed-days per older adult population. We reported the temporal trends in the national and administrative district averages for each variable using joinpoint regression analysis (version 4.8.0.1; National Cancer Institute; https://surveillance.cancer.gov/joinpoint/). Trends spanning from 2011 to 2019 were computed as the mean annual percentage change. This annual percentage change and mean annual percentage change for each variable were expressed as the percentage change with a 95% confidence interval (CI). All hypothesis testing was two-tailed, with a $P$ value < 0.05 indicating statistical significance.

The geographic inequality in the number of ICU beds and ICU bed-days was quantified at the administrative district level by comparing the 10th and 90th percentiles for each variable among all administrative districts. The difference between these two percentiles was used to indicate the degree of absolute geographic inequality, representing the absolute magnitude of the gap between high- and low-prescribing administrative districts for each variable. The ratio between the 90th and 10th percentiles was used to assess the relative degree of geographic inequality between administrative districts for each variable.

We predicted the ICU bed-days in 2020, 2030, and 2040 based on the national and regional ICU bed-days between 2011 and 2019, using a time-series statistical procedure, the AutoRegressive Integrated Moving Average (ARIMA) model. The 95% CIs of all population parameters were also derived. We used the R package 'forecast' for this analysis.

**Results**

**National temporal trends**

Temporal trends in the increase in ICU bed number and ICU bed-days are shown in Table 1. From 2011 to 2019, there was an increase in the number of hospitals in South Korea (from 1,694 to 1,845; 8.9% growth) and a decrease in the total number of hospital beds (from 328,647 to 315,524; 4.0%). Moreover, there was a decrease in ICU beds (from 9,188 to 8,626; 6.1%). In 2011, the adult population in South Korea was 39,377,310, resulting in an overall rate of 23.3 ICU beds per 100,000 persons. By 2019, the adult population had increased to 42,723,937, which resulted in an overall rate of 20.2 ICU beds per 100,000 adults. The older adult population was 5,700,972 in 2011, resulting in an overall rate of 161.2 ICU beds per 100,000 older adults. In 2019, the older adult population increased to 8,026,915, resulting in a substantial decrease to 53.7 per 100,000 population. In 2011, the ICU bed-days for the adult population were 1,588,606, which increased to 2,181,958 in 2019. The ICU bed-days for the older adult population were 967,086 in 2011, which increased to 1,431,344 in 2019. There was an increase in occupancy rate by 45.2%, from 49.3% in 2011 to 71.6% in 2019.
### Table 1
Hospitals, hospital beds, intensive care unit beds, population, and occupancy rate between 2011 and 2019

<table>
<thead>
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<td>Hospitals</td>
<td>1,694</td>
<td>1,743</td>
<td>1,775</td>
<td>1,804</td>
<td>1,833</td>
<td>1,855</td>
<td>1,810</td>
<td>1,818</td>
<td>1,845</td>
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<td>Hospital beds</td>
<td>328,647</td>
<td>333,584</td>
<td>334,215</td>
<td>338,862</td>
<td>338,349</td>
<td>340,491</td>
<td>319,581</td>
<td>317,406</td>
<td>315,524</td>
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<tr>
<td>ICU beds</td>
<td>9,188</td>
<td>8,905</td>
<td>8,861</td>
<td>8,511</td>
<td>8,086</td>
<td>8,308</td>
<td>8,318</td>
<td>8,417</td>
<td>8,626</td>
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<tr>
<td>ICU bed proportion</td>
<td>0.028</td>
<td>0.027</td>
<td>0.027</td>
<td>0.025</td>
<td>0.024</td>
<td>0.024</td>
<td>0.026</td>
<td>0.027</td>
<td>0.027</td>
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<tr>
<td>Population ≥ 20 years (100K)</td>
<td>393.8</td>
<td>398.3</td>
<td>402.9</td>
<td>407.5</td>
<td>412.1</td>
<td>416.5</td>
<td>420.4</td>
<td>423.9</td>
<td>427.2</td>
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<tr>
<td>Population ≥ 65 years (100K)</td>
<td>57.0</td>
<td>59.8</td>
<td>62.5</td>
<td>65.2</td>
<td>67.8</td>
<td>70.0</td>
<td>73.6</td>
<td>76.5</td>
<td>80.3</td>
</tr>
<tr>
<td>Hospital beds per 100K</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Population ≥ 20 years</td>
<td>834.6</td>
<td>837.5</td>
<td>829.6</td>
<td>831.6</td>
<td>821.0</td>
<td>817.5</td>
<td>760.2</td>
<td>748.7</td>
<td>738.5</td>
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<tr>
<td>Population ≥ 65 years</td>
<td>5,764.8</td>
<td>5,578.3</td>
<td>5,346.6</td>
<td>5,196.8</td>
<td>4,994.0</td>
<td>4,867.2</td>
<td>4,344.4</td>
<td>4,148.9</td>
<td>3,930.8</td>
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<tr>
<td>ICU beds per 100K</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Population ≥ 20 years</td>
<td>23.3</td>
<td>22.4</td>
<td>22.0</td>
<td>20.9</td>
<td>19.6</td>
<td>19.9</td>
<td>19.8</td>
<td>19.9</td>
<td>20.2</td>
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<tr>
<td>Population ≥ 65 years</td>
<td>161.2</td>
<td>148.9</td>
<td>141.8</td>
<td>130.5</td>
<td>119.3</td>
<td>118.8</td>
<td>113.1</td>
<td>110.0</td>
<td>107.5</td>
</tr>
<tr>
<td>ICU bed days (K)</td>
<td>1,655.0</td>
<td>1,725.4</td>
<td>1,765.8</td>
<td>1,831.3</td>
<td>1,973.0</td>
<td>2,088.2</td>
<td>2,156.3</td>
<td>2,241.7</td>
<td>2,252.9</td>
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<tr>
<td>Population ≥ 20 years (K)</td>
<td>1,588.6</td>
<td>1,660.1</td>
<td>1,699.2</td>
<td>1,764.0</td>
<td>1,903.4</td>
<td>2,016.9</td>
<td>2,086.6</td>
<td>2,173.9</td>
<td>2,182.0</td>
</tr>
<tr>
<td>Population ≥ 65 years (K)</td>
<td>967.1</td>
<td>1,034.4</td>
<td>1,062.3</td>
<td>1,106.2</td>
<td>1,207.0</td>
<td>1,285.2</td>
<td>1,352.3</td>
<td>1,427.4</td>
<td>1,431.3</td>
</tr>
<tr>
<td>Occupancy rate (%)</td>
<td>49.3</td>
<td>53.1</td>
<td>54.6</td>
<td>59.0</td>
<td>66.8</td>
<td>68.9</td>
<td>71.0</td>
<td>73.0</td>
<td>71.6</td>
</tr>
</tbody>
</table>

ICU, intensive care unit; K, thousand

### Regional differences in ICU bed-numbers

Over 9 years, the ICU bed rate per 100,000 adult population decreased by a mean (standard deviation [SD]) of 13.5% (12.1%) among administrative districts, while absolute geographic inequality decreased from 15.3 in 2011 to 13.2 in
2019, respectively. However, the relative geographic inequality was not different (1.9) (Table 2). Regarding the 16 administrative districts, the joinpoint analysis indicated that the ICU bed rate per 100,000 adult population increased in only one administrative district (Incheon) (6.2%), while the rate decreased in eight administrative districts (50.0%). No significant difference was observed in seven administrative districts (43.8%). The most significant decrease in the annual average percentage change in the ICU bed rate per 100,000 adult population was 5.3%, in Gyeongsangnam-do (95% CI, -5.5 to -0.8) (Fig. 2A and Additional file 1). Furthermore, the highest ICU bed rates per 100,000 adult population were found in Gangwon-do (34.7 and 30.4 in 2011 and 2019, respectively). The lowest ICU bed rates per 100,000 adult population were found in Ulsan: 17.5 and 17.1 in 2011 and 2019, respectively (Fig. 2A and Additional file 1).

Table 2. Trends in intensive care unit beds and bed-days for administrative districts in South Korea, 2011–2019*
<table>
<thead>
<tr>
<th>Characteristics by year</th>
<th>Mean (SD) [median]</th>
<th>Percentile</th>
<th>Geographical inequality</th>
<th>Administrative districts with a statistically significant change</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10&lt;sup&gt;th&lt;/sup&gt;</td>
<td>90&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Absolute&lt;sup&gt;‡&lt;/sup&gt;</td>
<td>Relative&lt;sup&gt;§&lt;/sup&gt;</td>
</tr>
<tr>
<td>ICU bed rate per 100,000 of population ≥ 20 years</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2011</td>
<td>24.8 (5.7) [24.8]</td>
<td>17.6</td>
<td>32.9</td>
<td>15.3</td>
</tr>
<tr>
<td>2019</td>
<td>21.3 (5.0) [21.1]</td>
<td>15.0</td>
<td>28.2</td>
<td>13.2</td>
</tr>
<tr>
<td>Trend (2011-2019), no. (%)</td>
<td>8 (50.0)</td>
<td>7 (43.8)</td>
<td>1 (6.2)</td>
<td></td>
</tr>
<tr>
<td>ICU bed rate per 100,000 of population ≥ 65 years</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2011</td>
<td>166.7 (44.5) [163.6]</td>
<td>122.0</td>
<td>220.3</td>
<td>98.4</td>
</tr>
<tr>
<td>2019</td>
<td>110.2 (28.7) [101.9]</td>
<td>81.3</td>
<td>140.8</td>
<td>59.5</td>
</tr>
<tr>
<td>Change (2011–2019), %</td>
<td>-33.0 (9.6) [-32.9]</td>
<td>-45.5</td>
<td>-22.7</td>
<td></td>
</tr>
<tr>
<td>Trend (2011–2019), no. (%)</td>
<td></td>
<td>14 (87.5)</td>
<td>2 (12.5)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>ICU bed-days of population ≥ 20 years (1,000)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2011</td>
<td>100.5 (111.1) [61.3]</td>
<td>34.5</td>
<td>111.8</td>
<td>77.3</td>
</tr>
<tr>
<td>2019</td>
<td>137.8 (133.1) [98.6]</td>
<td>50.1</td>
<td>150.6</td>
<td>100.6</td>
</tr>
<tr>
<td>Change (2011–2019), %</td>
<td>47.7 (38.9) [31.5]</td>
<td>11.8</td>
<td>89.2</td>
<td></td>
</tr>
<tr>
<td>Trend (2011–2019), no. (%)</td>
<td></td>
<td>0 (0)</td>
<td>2 (12.5)</td>
<td>14 (87.5)</td>
</tr>
<tr>
<td>Year</td>
<td>ICU Bed Rates per 100,000 Older Adults</td>
<td>Change (2011‒2019), %</td>
<td>Trend (2011‒2019), no. (%)</td>
<td></td>
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<tr>
<td>-------</td>
<td>------------------------------------------</td>
<td>------------------------</td>
<td>-----------------------------</td>
<td></td>
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<tr>
<td>2011</td>
<td>59.0 (62.7) [41.1]</td>
<td>20.8</td>
<td>0 (0)</td>
<td></td>
</tr>
<tr>
<td>2019</td>
<td>86.1 (85.0) [63.4]</td>
<td>21.2</td>
<td>2 (12.5)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>53.9 (36.9) [40.4]</td>
<td>14 (87.5)</td>
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<td></td>
<td></td>
<td>14.5</td>
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<tr>
<td></td>
<td></td>
<td>94.9</td>
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</tbody>
</table>

ICU, intensive care unit

* Total of 16 administrative districts were involved. Sejong-si was merged with Chungcheongnam-do.

† Means were calculated from the values from 16 administrative districts. This mean does not reflect the value at the national level.

‡ Absolute geographic inequality was calculated by subtracting the 10th percentile from the 90th percentile.

§ Relative geographic inequality was calculated as the ratio of the 90th percentile to the 10th percentile.

∥ Indicates that a trend was significantly different from zero at the α = 0.05 level (P < 0.05) and that the mean annual percentage change had a negative value according to Joinpoint regression analysis.

¶ Indicates that a trend was not significantly different from zero at the α = 0.05 level (P ≥ 0.05) according to Joinpoint regression analysis.

** Indicates that a trend was significantly different from zero at the α = 0.05 level (P < 0.05) and that the mean annual percentage change had a positive value according to Joinpoint regression analysis.

There was a decrease in the ICU bed rates per 100,000 older adults by a mean (SD) of 33.0% (9.6%) among administrative districts. The absolute geographic inequality decreased from 98.4 to 59.5 from 2011 to 2019, and the relative geographic inequality decreased from 1.8 to 1.7 (Table 2). Joinpoint analysis indicated that the ICU bed rate per 100,000 older adults decreased in 14 administrative districts (87.5%). The most significant decrease in the annual average percentage change in the ICU bed rate per 100,000 adult population was observed in Gyeongsangnam-do: 8.1% (95% CI, -9.2 to -6.9) (Additional file 2). The highest ICU bed rates per 100,000 older adult population were found in Gwangju: 263.2 and 178.0 in 2011 and 2019, respectively. The lowest ICU bed rates per 100,000 older adult population were found in Chungcheongnam-do: 91.1 and 70.9 in 2011 and 2019, respectively (Fig. 2B and Additional file 2).

**Regional differences in ICU bed-days**

The number of ICU bed-days in the adult population increased by a mean (SD) of 47.7% (38.9%) among administrative districts, while absolute geographic inequality increased from 77.3 in 2011 to 100.6 in 2019. However, the relative geographic inequality decreased from 3.2 to 3.0 (Table 2). Joinpoint analysis indicated that the number of ICU bed-days in the adult population increased in 14 administrative districts (87.5%), and no significant difference was seen in the two administrative districts (12.5%). The most significant increase in the annual average percentage change in ICU
bed-days in the adult population was 13.0% in Gwangju (95% CI, 7.9 to 18.3) (Additional file 3). The highest number of ICU bed-days in the adult population was observed in Seoul: 425,600 and 510,100 in 2011 and 2019, respectively. In contrast, the lowest number of ICU bed-days in the adult population was 33,000 in Ulsan in 2011 and 34,500 in Jeju-do in 2019 (Fig. 2C and Additional file 3).

The number of ICU bed-days in the older adult population increased by a mean (SD) of 53.9% (36.9%) among administrative districts from 2011 to 2019. The absolute geographic inequality increased from 49.1 in 2011 to 77.2 in 2019, while the relative geographic inequality increased from 3.4 to 4.6 during this period (Table 2). Joinpoint analysis indicated that the number of ICU bed-days in the older adult population increased in 14 administrative districts (87.5%), while no significant difference was observed in two administrative districts (12.5%). The most significant increase in the annual average percentage change in the number of ICU bed-days in the older adult population was observed in Gwangju: 12.8% (95% CI, 8.2 to 17.5) (Additional file 4). The highest numbers of ICU bed-days in the older adult population were 231,400 and 315,700 in 2011 and 2019, respectively; both these values were observed in Seoul. The smallest numbers of ICU bed-days in the older adult population were 2,800 and 5,400 in 2011 and 2019, respectively, both in Chungcheongnam-do (Fig. 2D and Additional file 4).

South Korea’s future ICU demands

We analyzed and predicted the number of ICU bed-days in 2020, 2030, and 2040 based on the number of ICU bed-days from 2011 to 2019 using the ARIMA model. At a national level, the predicted number of ICU bed-days of the population aged under 45 years was stable over the prediction period. However, the number of ICU bed-days of the population aged ≥ 45 years was predicted to increase. Specifically, the population aged ≥ 80 years was expected to account for the largest share of ICU bed-days in 2030 (Fig. 3A). Summing the total number of ICU bed-days for each age group provided the total number of expected ICU bed-days (Fig. 3B). In 2030, the number of ICU bed-days was expected to increase from 2,252,900 in 2019 (by 36.5%) to 3,075,100 days (Additional file 5). Assuming no change in the number of ICU beds in 2030, the occupancy rate was calculated as 97.7%. A higher occupancy rate, particularly an occupancy rate over 80%, has been reported to be directly correlated with ICU and hospital mortality and ICU readmission within 7 days of discharge. Therefore, we calculated the predicted ICU beds in 2030, assuming an occupancy rate of 80%, which was 10,531.1, representing a 22.1% increase from 2019. There were eight administrative districts (50%) at the regional level, predicting an occupancy rate of over 80% in 2030 (Additional file 5). The administrative districts with expected occupancy rates over 100% in 2030 included Daegu (116.1%), Chungcheongnam-do (142.6%), and Gyeongsangnam-do (105.3%).

Discussion

This study demonstrated the changes in the number of ICU beds and ICU bed-days at the national and administrative district levels over a period of 9 years. The number of ICU beds available serve as a cornerstone for providing life-saving support for critically ill patients. We investigated whether there was a discrepancy between the demand for critical care and ICU bed supply based on this concept. We showed that the number of hospitals and hospital beds increased nationally. However, the number of ICU beds, the ICU bed rate per 100,000 adult population, and the ICU bed rate per 100,000 older adult population decreased nationally over the 9 years of investigation. The number of ICU bed-days in the adult and older adult populations increased during the same period. A significant discrepancy was found between the supply and demand of ICU beds in South Korea.

In the US, the number of acute care hospitals decreased, while the number of ICU beds substantially increased from 2000 to 2009 (15.1%). The ICU bed rate for individuals aged ≥ 20 years remained constant, while that for individuals aged ≥ 65 years decreased by 2.0% over this period in the US. In South Korea, the number of ICU beds, ICU bed rate per
adult population, and ICU bed rate per older adult population decreased from 2011 to 2019 by 6.1%, 13.3%, and 33%. The reason for this decline is the decrease in the number of ICU beds. However, the aging of the population seems to be another major factor. The population of South Korea is aging rapidly, and the population aged 65 years or older is expected to comprise 20% of the total population in 2025. In the US, the increase in the percentage of older adult patients affected utilization, including that of ICU beds and specialists. In the Netherlands, the percentage of hospital admissions of older adults rose between 2005 and 2014; however, the percentage of ICU bed-days remained stable. In our study, the older adult population size and their number of ICU bed-days increased by 40.9% and 48.0%, respectively, from 2011 to 2019.

Our data also revealed regional disparities in the number of ICU beds and ICU bed-days among the adult and older adult populations. The 90th percentile values of the ICU bed rate per adult population and per older adult population were almost the value of the 10th percentile in 2019. Regarding the number of ICU bed-days in the adult population, the regional difference was 3.0 times the difference of the 10th percentile in 2019. Notably, disparities in the number of ICU bed-days for the older adult population between administrative districts widened in 2019 (4.6 times of the 90th percentile to the 10th percentile) compared with that in 2011 (3.4 times of the 90th percentile to the 10th percentile). We expressed the intensity of ICU bed rates and ICU bed-days visually using a map of South Korea (Fig. 2) and observe that areas with high-intensity ICU bed rates were different from those with high-intensity ICU bed-days. In 2019, the sum of the number of ICU bed-days of two regions, Seoul and Gyeonggi-do, constituted 42.7% of the total number of ICU bed-days of the adult population (Additional file 3) and 40.9% of the total number of ICU bed-days of the older adult population (Additional file 4). As the ICU beds of Seoul and Gyeonggi-do constitute 41.7% of the total number of ICU beds in South Korea, these regional disparities may reflect the centralization of the healthcare system.

We projected future ICU demands using the ARIMA model, based on the number of ICU bed-days in the nine years recorded in the HIRA database. This model has been adopted in previous studies to forecast the number of bed-days by retrospectively analyzing data from the Medicare Health Maintenance Organization and the Australian and New Zealand Intensive Care Society Core Database, which are structurally similar to the HIRA database. We predicted that ICU bed demands would outpace ICU bed supply in 2030, not only in Seoul and Gyeonggi-do, where healthcare resources are concentrated, but also in Daegu, Chungcheongnam-do, and Gyeongsangnam-do. Among them, Chungcheongnam-do (70.9) and Gyeongsangnam-do (78.6) showed the lowest ICU bed rates per 100,000 older adult population (Additional file 5). Without proper critical healthcare policies, these regions may experience problems in terms of ICU bed availability.

Studies on ICU bed availability have been conducted extensively, revealing considerable variability worldwide even within individual countries. In Europe, there were 11.5 critical care beds per 100,000 population, with significant differences between countries (Germany: 29.2 and Portugal: 4.2). There were 3.6 critical care beds per 100,000 population in Asia, with marked differences according to the World Bank income classification, i.e., a median of 2.3 and 12.3 critical care beds per 100,000 low- and high-income populations, respectively. Among the high-income countries, in 2017, South Korea was ranked third-lowest, after Japan (7.3) in terms of the number of ICU beds per population. Ohbe et al. reported that the 4-year mean ICU bed occupancy rate did not change from 2015 to 2018 in Japan. In contrast, our results revealed that the occupancy rate increased annually in South Korea.

The proportion of the older adult population is fast approaching 20% of the population of South Korea. However, the proportion of the population aged 65 years and older in Japan was already 23.1% in 2010. There were attempts to reform the national healthcare system to accommodate the country's increasing aging population. South Korea's national health insurance, which covers its whole population, utilizes fee-for-service payment with a contract-based
healthcare reimbursement system. The reimbursement rate is generally low, particularly for the cost for ICU resources, and hospital administrators are reluctant to invest in ICU resources, including beds. Our study revealed that occupancy rate may become ca. 100% in 2030 if there is no increase in the number of ICU beds.

This study had several limitations. Occupancy rates were calculated by dividing the number of ICU bed-days by the number of bed-days available. The term "bed-days available" indicated "potential" bed-days and was not derived from individual-level data. Additionally, day-based occupancy calculations can cause a misinterpretation of the hospital's capacity. Additionally, our prediction of future ICU demands was based on a study over a relatively short period.

Conclusions

In conclusion, our study findings may inform government organizations about the necessity of planning and preparing for future ICU demands and the shortage in their supply. Without implementing proper healthcare policies in the near future, the healthcare system in South Korea may collapse owing to ICU bed shortage. This may be worse in some administrative districts than in others. This will be inevitable if another pandemic situation, similar to the coronavirus disease, occurs. Therefore, reports at the individual level from individual hospitals and each administrative district should be published to help government organizations reform healthcare policies in South Korea.

List Of Abbreviations

ARIMA AutoRegressive Integrated Moving Average

CI Confidence interval

HIRA Health Insurance Review and Assessment

SD Standard deviation

Declarations

Ethics approval and consent to participate

Because the records did not contain any identifying information, this study was exempted from ethical review by the Gachon University Gil Medical Center's ethics review board.

Consent for publication

Not applicable

Availability of data and materials

The datasets used and analysed during the current study are available from the corresponding author on reasonable request.

Competing interests

The authors declare that they have no competing interests

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Authors’ contributions

DSK and STC contributed substantially to the study concept and design. WSJ and HPY acquired data and aided in interpreting the results. DSK and NRC analyzed data and drafted the manuscript. JMK and STC revised it critically for important intellectual content. All authors read and approved the final manuscript.

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Not applicable

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**Figures**

Flow chart of study design HIRA, Health Insurance Review and Assessment; ICU, intensive care unit
Figure 2

Changes in the ICU bed rate and ICU bed-days from 2011 to 2019 (A) ICU bed rate per 100,000 adult population (B) ICU bed rate per 100,000 older adult population (C) ICU bed-days of the adult population (× 1,000) (D) ICU bed-days of the older adult population (× 1,000) ICU, intensive care unit

Figure 3

Number of ICU bed-days from 2011 to 2019 and projections for 2020, 2030, and 2040 (A) Each age group over time (B) Sum of ICU bed-days from each age group ICU, intensive care unit
Supplementary Files

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