**Table S1**. Admission criteria

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| **Inclusion criteria** |
| a. Eighteen years of age or older, but not older than thirty-five years of age |
| b. Absence of periodontal disease |
| c. Gestation week ≤ 14 w (pregnant group); had a regular menstrual cycle (non-pregnant group) |
| d. No smoking or drinking habits |
| e. No systemic disease; e.g. diabetes, HIV |
| **Exclusion criteria** |
| a. Untreated cavitated carious lesions or oral abscesses |
| b. Clinically meaningful halitosis by organoleptic assessment |
| c. Previous diagnosis of Sjögren’s syndrome or any disease characterized by xerostomia |
| d. Receiving antibiotics or steroid hormones during therapy or within 3 months before the study |
| e. Periodontal pockets ≥ 4 mm |