

**Additional file 1.1: Mean (M) and Standard Deviation (SD) of items for Single Teen Mother Social Support (n=160)**

Items	M	SD
<b>Social support</b>		
...I can depend on to help me if I really need it	2.59	1.08
...do not have close personal relationships with other people	2.64	0.92
...no one I can turn to for guidance in times of stress	2.53	0.98
...are people who depend on me for help	2.54	0.83
...are people who enjoy the same social activities I do	2.63	0.88
...people do not view me as competent	2.61	0.76
...feel responsible for the well-being of another person	2.73	0.85
...group of people who share my attitudes and beliefs	2.61	0.81
...other people respect my skills and abilities	2.72	0.83
...went wrong, no one would come to my assistance	2.63	0.89
...provide me with a sense of emotional security and well-being	2.54	0.91
...There is someone, I could talk to about important decisions in my life	2.74	1.03
...my competence and skills are recognized	2.32	0.87
...no one who shares my interests and concerns	2.58	0.92
...no one who really relies on me for their well-being	2.57	0.95
...could turn to for advice if I were having problems	2.81	0.99
...to have a strong emotional bond with at least one other person	2.96	0.84
...no one I can depend on for aid if I really need it	2.58	0.97
...no one I feel comfortable talking about problems with	2.65	1.00
...people who admire my	2.53	0.89

<b>talents and abilities</b>			
<b>...lack a feeling of intimacy with other people</b>	2.39		0.91
<b>...no one who likes to do the things I do</b>	2.47		0.91
<b>...people I can count on in an emergency</b>	2.74		1.01
<b>...no one needs me to care for them</b>	2.38		1.03

Responses were on a Likert scale of 1= Strongly disagree, 2 = Somewhat disagree, 3 = Disagree, 4 = Agree., 5 = Somewhat agree, 6 =

Strongly Agree. A high score indicates a greater degree of parental efficacy.

#### **Additional file 1.2: Total Mean (M) and Standard Deviation (SD) scores for the Social Provision Subscales (N=160)**

Variable	Min	Max	Mean	SD
<b>Attachment</b>	1.00	4.00	2.61	0.64
<b>Social Integration</b>	1.00	4.00	2.55	0.72
<b>Reassurance of Worth</b>	1.00	4.00	2.37	0.68
<b>Reliable Alliance</b>	1.00	4.00	2.53	0.81
<b>Guidance</b>	1.00	4.00	2.59	0.79
<b>Opportunity for Nurturance</b>	1.00	4.00	2.57	0.76

#### **Additional file 1.3: Mean (M) and Standard Deviation (SD) of items for Single Teen Mother Parental Efficacy (n=160)**

Item	M	SD
<b>Parental Efficacy</b>		
<b>...taking care of a child are easy to...</b>	2.86	1.69
<b>...could be rewarding. I am frustrated now while my child is at his/her present age</b>	4.47	1.47
<b>...wake up in the morning, feeling I have not accomplished a whole lot</b>	2.75	1.40
<b>...sometimes when I am supposed to be in control, I feel more like the one being manipulated</b>	4.44	1.50
<b>My mother was better prepared to be a good mother than I am</b>	5.17	1.15

<b>...model for a new mother to follow in order to learn what she would need to know in order to be a good parent</b>	4.49	1.34
<b>...parent is manageable, and my problems are easily solved</b>	2.35	1.59
<b>...not knowing whether you doing a good job or a bad one</b>	4.94	1.29
<b>Sometimes I feel like I am not getting anything done</b>	4.65	1.46
<b>...personal expectations for expertise in caring for my child in caring for my child</b>	3.68	1.19
<b>...find the answer to what is troubling my child, I am the one</b>	4.09	1.14
<b>...interests are in other areas, not being a parent</b>	4.07	1.43
<b>...I've been a mother, I feel thoroughly familiar with this role</b>	3.59	1.26
<b>...were only more interesting, I would be motivated to do a better job as a parent</b>	4.43	1.43
<b>...all the skills necessary to be a good mother to my child</b>	3.64	1.29

Responses were on a Likert scale of 1= Strongly disagree, 2 = Somewhat disagree, 3 = Disagree, 4 = Agree., 5 = Somewhat agree, 6 = Strongly Agree. A high score indicates a greater degree of parental efficacy.