

1 Detailed methodology

2 *Cell lines*

3 Human embryonic kidney (HEK-293) cells and the human breast cancer cell lines MDA-MB-
4 231, MDA-MB-468, and SKBR3 were obtained from the American Type Culture Collection
5 (ATCC), and maintained at 37°C with 5% CO_{2(g)} in Dulbecco's Modified Eagle Medium
6 (DMEM) (Fisher Scientific), supplemented with 10% v/v fetal bovine serum (FBS) (Sigma-
7 Aldrich) and 1% v/v antibiotic/antimycotic (A/A) (Sigma-Aldrich). MCF-7 and T47D human
8 breast cancer cell lines (ATCC) were maintained at 37°C with 5% CO_{2(g)} in Roswell Park
9 Memorial Institute (RPMI)-1640 medium (Fisher Scientific), supplemented with 10% v/v FBS
10 and 1% v/v A/A. MCF-10a non-tumorigenic human breast cells (ATCC) were maintained at
11 37°C with 5% CO_{2(g)} in DMEM/F-12 medium (Fisher Scientific), supplemented with 5% v/v
12 horse serum (Fisher Scientific), 20 ng/mL epidermal growth factor (EGF) (Fisher Scientific), 10
13 µg/mL insulin (Fisher Scientific), 0.5 µg hydrocortisone (Fisher Scientific), and 1% v/v A/A. All
14 cell lines were confirmed to be mycoplasma free using the MycoAlert™ PLUS Mycoplasma
15 Detection Kit (Lonza).

16 *LPL expression*

17 LPL was expressed in HEK-293 cells and released from cell surfaces using heparin, as
18 previously described [1,2]. Briefly, at 70-80% confluency in 10 cm dishes, cells were transfected
19 with either 5.85 µg of a pcDNA3 vector containing human LPL cDNA [Gen-Bank:
20 NM_000237], or no plasmid (mock), using Lipofectamine™ (Fisher Scientific) per the
21 manufacturer's protocol. Our laboratory has previously reported no difference in lipase activity
22 between control cells transfected with an empty pcDNA3 vector and cells transfected with no
23 vector [3]. Following 24 h of incubation, the media were removed and replaced with 5 ml of
24 DMEM medium containing 1% v/v A/A and 10 U/ml heparin (Organon). After 23.5 h of
25 incubation, 1 ml of DMEM containing 100 U/ml heparin and 1% v/v A/A was added. After 30
26 min, media were collected and centrifuged at 1,000 ×g for 10 min to remove cell debris.
27 Supernatants were aliquoted into microfuge tubes and stored at -80°C until needed. The presence
28 of LPL was validated by immunoblot analysis with a polyclonal anti-human LPL antibody (#sc-
29 32885, Santa Cruz Biotechnology) as previously described [1], except at a 1:2,000 dilution, and
30 the examination of catalytic activity toward 1,2-*O*-dilauryl-*rac*-3-glutaric-resorufin ester (Sigma-
31 Aldrich) was used to measure the enzymatic activity of LPL as previously described [4]. A single
32 band of 58 kDa was observed in the heparinized media from cells expressing LPL, but not in the
33 heparinized media from mock transfected cells (data not shown). The activity of the heparinized
34 media from cells expressing LPL was 2.97 ± 0.63 µmol/ml/min, versus 0.20 ± 0.02 µmol/ml/min
35 for heparinized media from mock transfected cells.
36

37 *Lipoprotein hydrolysis products*

38 Plasma from three anonymous normolipidemic donors fasted overnight were collected and
39 pooled to isolate total lipoproteins (ρ<1.21 g/mL). Lipoproteins were isolated using a KBr
40

41 density gradient coupled with ultracentrifugation [5]. The phospholipid content of the total
42 lipoproteins was quantified using the Wako Phospholipid C assay kit (Wako Diagnostics),
43 according to manufacturer's instructions. To generate lipoprotein hydrolysis products,
44 lipoproteins were diluted to a phospholipid concentration of 3.5 mM, then were incubated in a
45 1:1 ratio of total lipoproteins with either heparinized medium containing LPL, or heparinized
46 medium containing no LPL (mock), at 37°C for 4 h. After incubation, the FFA generated were
47 quantified using the Wako NEFA-HR(2) assay kit (Wako Diagnostics), according to
48 manufacturer's instructions. The FFA generated using the heparinized media from cells
49 expressing LPL was 1.30 ± 0.01 nmol/ μ l/4h, versus 0.07 ± 0.01 nmol/ μ l/4h for heparinized
50 media from mock transfected cells.

51

52 ***Treatment of cells with lipoprotein hydrolysis products***

53 For the assessment of metabolic activity in response to lipoprotein hydrolysis products using the
54 3-(4, 5-dimethylthiazolyl-2)-2,5-diphenyltetrazolium bromide (MTT) assay, breast cancer and
55 MCF-10a cell lines were plated at 2.3×10^4 cells/well within 96-well plates. For the assessment
56 of media cytokines, breast cancer and MCF-10a cell lines were plated at 9.7×10^5 cells/well
57 within 6-well plates. At 24 h after plating, cells were pre-treated for 1 h with a fatty acid-free
58 medium solution consisting of 0.2% w/v fatty acid-free bovine serum albumin (FAF-BSA)
59 (Sigma-Aldrich), 25 μ g/ml tetrahydrolipostatin (THL) (Sigma-Aldrich), and 1% v/v A/A within
60 DMEM (for MDA-MB-231, MDA-MB-468, and SKBR3 cells), RPMI-1640 (for MCF-7 and
61 T47D cells), or DMEM/F-12 (for MCF-10a cells). For 96-well plates, 150 μ l/well of media were
62 used; for 6-well plates, 1 ml of media were used. After 1 h, media were replaced with the FAF-
63 BSA-containing media with either 0.68 mM lipoprotein hydrolysis products (by FFA content), or
64 with heparinized media from mock-transfected cells, comparably diluted (by volume). After 24 h
65 of incubation in the absence or presence of lipoprotein hydrolysis products, cells were examined
66 for metabolic activity or for cytokine expression.

67

68 ***MTT assay***

69 MTT (Fisher Scientific) was dissolved in phosphate-buffered saline (pH 7.4) to make a 5 mg/mL
70 solution. Following hydrolysis product (or mock) treatments of cells within 96-well plates, 50 μ l
71 of conditioned media were removed (for future analyses), and 10 μ l of MTT added to each well,
72 followed by a 4 h incubation at 37°C. After 4 h, formazan crystals that formed were dissolved by
73 adding 100 μ l of 0.1 N HCl in isopropanol (Fisher Scientific) to each well with thorough mixing.
74 The absorbance of each well was read at 570 nm and 630 nm; the 630 nm values were subtracted
75 from the 570 nm data to account for background noise. The final values are proportional to the
76 metabolic activity of the cell.

77

78 ***Cytokine arrays and cytokine enzyme-linked immunoassays***

79 The presence and relative levels of various cytokines in the conditioned media of MDA-MB-231
80 and MCF-7 cells, treated with lipoprotein hydrolysis products or mock control media, were

81 assessed using the Proteome Profiler™ Human Cytokine Array kit (R&D Systems), according to
82 the manufacturer's instructions. One ml of medium was mixed with 0.5 ml Array Buffer 4 (from
83 the kit), and 15 µl of a human cytokine array detection antibody cocktail (from the kit); each
84 supernatant mixture was applied to its own multiplexed array. Chemiluminescence from the
85 arrays was captured digitally using an ImageQuant LAS detection system. ImageJ software [6]
86 was used to obtain pixel density values of each spot of the array. Duplicate spots for each
87 cytokine were averaged, and pixel density data were normalized to the reference spots on the
88 array. All array data were presented as a percent of mock control treatment data.

89 The concentrations of tumor necrosis factor (TNF)-α, interleukin (IL)-4, and IL-6 of
90 breast cancer and MCF-10a cells incubated in the absence or presence of lipoprotein hydrolysis
91 products were examined by enzyme-linked immunoassay (ELISA), using the Human TNF-α,
92 Human IL-4, or Human IL-6 DuoSet® ELISA development systems, respectively (R&D
93 Systems), per manufacturer's instructions but with the following minor changes. Recombinant
94 TNF-α (at 15.6, 31.3, 62.5, 125, 250, 500, or 1,000 pg/ml), IL-4 (at 31.3, 62.5, 125, 250, 500,
95 1000, 2,000 pg/ml), and IL-6 (at 9.38, 18.8, 37.5, 75, 150, 300, 600 pg/ml) were used to obtain
96 standard curves. Conditioned media were diluted 1:10, 1:100, and 1:1,000. Following blocking
97 of each well, 200 µl of diluted conditioned medium was used for each well. Ultra TMB-ELISA
98 substrate solution (100 µl/well, Fisher Scientific) was used for detection. Color development was
99 stopped by the addition of 50 µl of 2 M H₂SO₄. The absorbance was immediately read at 450 nm
100 and 540 nm; the data obtained at 540 nm were subtracted from the 450 nm data, to correct for
101 background noise.

102

103 ***Real-time qPCR***

104 The FFA component of total lipoprotein hydrolysis products generated by LPL was previously
105 reported [1], and reconstituted using purified FFA (Nu-chek Prep) in DMSO as previously
106 described [3]. The FFA mixture, or DMSO vehicle control, were incubated with MDA-MB-468
107 cells within 6-well plates, as previously described [3]. After 18 h, RNA was extracted from cells
108 and examined for the expression of *TNFA* and normalized against the expression data for *ACTB*.
109 Primer information and qPCR conditions were previously reported [3].

110

111 ***Statistical analyses***

112 Statistical analyses were performed within GraphPad Prism 9.0 using either an unpaired
113 Student's t-test for two groups or one-way ANOVA followed by Tukey's post-hoc test for more
114 than two groups. All experiments were carried out as biological triplicates, with at least duplicate
115 measures within each experiment. All data are shown as mean ± SD, with significance assigned
116 to differences with a p<0.05.

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118 **References**

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