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**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Line/Page**

**Title 1** The words “case report” should be in the title along with the area of focus1- 4/1

**Key Words 2** Four to seven key words—include “case report” as one of the key words 50-51/4

**Abstract 3a** Background: What does this case report add to the medical literature? 24-28/2

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes 29-44/2

**3c** Conclusion: What is the main “take-away” lesson from this case? 45-48/3

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) 68-79/4

**Timeline 5** Information from this case report organized into a timeline (table or figure) \_ N/A \_ **Patient Information 6a** De-identified demographic and other patient or client specific information 83-85-104; 109-111/5-6

**6b** Chief complaint—what prompted this visit? 83/4;109-5

**6c** Relevant history including past interventions and outcomes 90-91/5

**Physical Exam 7** Relevant physical examination findings 86-88/4;111-113/6

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. 86-92, 95-105/4-5; 112-118, 120-131/5-6

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges 115-118/6

**8c** Consider tables or figures linking assessment, diagnoses and interventions \_ N/A \_

**8d** Prognostic characteristics where applicable \_ N/A \_

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery 91-95/5; 118-119/6

**9b** Intervention administration such as dosage, frequency and duration 91-95/5; 118-119/6

**9c** Note changes in intervention with explanation \_ N/A \_

**9d** Other concurrent interventions \_ N/A \_

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) 95-106/5; 119-131/6

**Outcomes 10b** Important follow-up diagnostic evaluations 95-106/5;119-131/6

**10c** Assessment of intervention adherence and tolerability, including adverse events 99-100/5; 125-126/6

**Discussion 11a** Strengths and limitations in your approach to this case 153-157/7-8

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) \_ N/A \_

**11c** How does this case report suggest a testable hypothesis? 134-152/8

**11d** Conclusions and rationale 158-162/8

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care  \_ N/A \_

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals 174-176/8

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required 180-188/9