**Group Discussion: Short questionnaire for returned employees**

Symbol:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- |
|  |  |  |
| 1. | *If you rate your best workability ever achieved with 10 points: How many points would you give for your current workability? (0 means you are currently unable to work)* | [ ] 0 [ ] 1 [ ] 2 [ ] 3 [ ] 4 [ ] 5 [ ] 6 [ ] 7 [ ] 8 [ ] 9 [ ] 10unable currently bestto work workability |
| 2. | *How do you assess your current ability to work in relation to the physical work requirements?* | [ ]  very good[ ]  rather good[ ]  average[ ]  rather bad[ ]  very bad |
| 3. | *How do you assess your current ability to work in relation to the psychological work requirements?* | [ ]  very good[ ]  rather good[ ]  average[ ]  rather bad[ ]  very bad |
| 4. | *Based on your current health status, do you think that you will be able to carry out your current job for the next two years?* | [ ]  unlikely[ ]  not sure[ ]  sure |
| 5. | *Overall, my professional situation for me is...* | [ ]  very stressful[ ]  a bit stressful[ ]  partly/partly[ ]  rather fulfilling[ ]  very fulfilling |
| 6. | *How important is your work to you on a scale from 0 to 10?* | [ ] 0 [ ] 1 [ ] 2 [ ] 3 [ ] 4 [ ] 5 [ ] 6 [ ] 7 [ ] 8 [ ] 9 [ ] 10completely very unimportant important  |
| 7. | *How do you rate the support during Gradual return to work on a scale from 0 to 10?* | [ ] 0 [ ] 1 [ ] 2 [ ] 3 [ ] 4 [ ] 5 [ ] 6 [ ] 7 [ ] 8 [ ] 9 [ ] 10 No very support intensive support |
| 8. | *If I resume my work fully tomorrow in my current health situation. I expect that...* |
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| --- | --- | --- | --- |
| totallydisagree 1 2 |  3 |  4 | totally agreeabout5 6 |

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| a. | *…I* *I will be able to cope with setbacks.* |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |
| b. | *…I won‘t be able to complete my work tasks due to my emotional state.* |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |
| c. | *…I will be able to set my personal boundaries at work.* |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |
| d. | *…I will be able to perform my tasks at work.* |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |
| e. | *…I will be able to deal with emotionally demanding situations.* |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |
| f. | *…I will have no energy left to do anything else.* |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |
| g. | *…I will be able to concentrate on my work.* |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |
| h. | *…I will be able to cope with work pressure.* |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |
| i. | *…I won‘t be able to handle potential problems at work.* |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |
| j. | *…I can motivate myself to perform my job.*  |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |
| k. | *…I can deal with the physical demands of my work.* |  [ ]  [ ]  [ ]  [ ]  [ ]  [ ]   |