

## ADDITIONAL FILE 1

### **Impact of a restrictive antibiotic policy on the acquisition of extended-spectrum beta-lactamase-producing Enterobacteriaceae in an endemic region: a quasi-experimental, before-and-after, propensity-matched cohort study in a Caribbean intensive care unit**

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## II/ Restrictive antibiotic treatment protocol from 1 January 2015 to 31 December 2015

### Part 1. Initiation of antibiotic therapy

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**Stable patient** (no septic shock, no severe acute respiratory distress syndrome [ARDS], no bacterial meningitis) with suspicion of clinical sepsis:

- Collection of a complete bacteriological chart (blood cultures, urine, sputum, puncture of any other suspect liquid);
- Abstention of antibiotic treatment until microbiological evidence of infection obtained:

*Lung:  $10^5$  CFU/ml in quantitative endotracheal suction specimen or  $10^3$  CFU/ml in distal pulmonary samples.*

*Urinary tract:  $10^5$  CFU/ml in urinary samples with significant leukocyturia (white cell count  $>10^4$ /ml).*

*Abdominal: Any isolation in a sterile liquid (ascitis/peritoneal fluid).*

*Blood samples: Any isolation not considered contaminating (e.g., coagulase-negative staphylococci).*

*Any cavity/sterile space (pleura, joints, cerebrospinal fluid, etc ...): Any isolation.*

**Unstable patient** (in septic shock, severe ARDS or suspicion of bacterial meningitis):

- Collection of a complete bacteriological chart (blood cultures, urine, sputum, puncture of any suspicious liquid).
- After sampling, immediate initiation of a combination therapy with a dose of aminoglycoside (except for treatment of an abscess or anaerobic infection).

## Part 2. Choice of the molecule

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### General rules

- No empirical use of carbapenem or piperacillin/tazobactam (to be used only in the case of documentation with an antibiogram leaving no other choice).
- As narrow a spectrum as possible.
- No empirical coverage of subdiaphragmatic anaerobes (unless clearly indicated in management, e.g., colonic perforation).
- No empirical coverage of *Pseudomonas aeruginosa*, unless clearly indicated in management, e.g., acute chronic obstructive pulmonary disease colonised with *P. aeruginosa* or late ventilator-associated pneumonia (VAP).
- Monotherapy in definitive antibiotic treatment, except endocarditis.
- Use of single-dose aminoglycoside for spectrum broadening and sparing of broad-spectrum beta-lactams while waiting for microbiological data.

### *Protocolised specific empirical treatments*

- Cefuroxime (+ metronidazole if submesocolic location) for community peritonitis
- Cefuroxime for community biliary peritonitis
- Cefoxitin or temocillin +/- metronidazole for nosocomial (tertiary) peritonitis
- Cefotaxime + spyrmycin for community-acquired pneumonia
- Cefazolin for dilapidated wounds with open fractures and for facial smashing
- Cefuroxime or ciprofloxacin for urinary tract infections
- Amoxicillin for suspicion of leptospirosis
- Cefuroxime for early VAP (<5 days)
- Ceftazidime plus cloxacillin for late VAP (> 5 days)

### Part 3. Duration therapy

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**Short and fixed** duration of all antibiotic therapies, other than those defined in the long-term antibiotic therapy group (see below)

- **5 days** for community-acquired pneumonia;
- **4 days** for secondary peritonitis (from the surgical intervention)
- **24 h** for proximal digestive perforations operated within 24 hours
- **<24 h** for traumatic digestive perforations (any kind) operated within 12 hours
- **1-3 days** for dilapidated wounds with open fractures
- **24 h** for facial smears (with sinus fracture)
- **7 days** for coagulase-negative staphylococci bacteremia
- **14 days** for *Staphylococcus aureus* bacteremia
- **5 days** for leptospirosis
- **7 days** for pyelonephritis
- **7-21 days** for bacterial meningitis
  - **7 days** if *Neisseria meningitidis* or *Haemophilus influenzae*
  - **10 days** if *Streptococcus pneumoniae*
  - **14-21 days** for other aetiologies, depending on the germ
- **7 days** for VAP
- **7 days** maximum for any other infection.

**Long-term therapies (≥14 days)**, in collaboration with the infectiology team:

- Osteitis and severe skin and soft tissue infections
- Endocarditis
- Spondylodiscitis
- Empyema and pulmonary abscess
- Deep abscess undrained and/or resistant to antibiotic therapy
- Complicated infected thrombophlebitis

## II/ Additional Tables and Figures

**Table 1** Sepsis category on ICU admission and ICU-acquired during the study period.

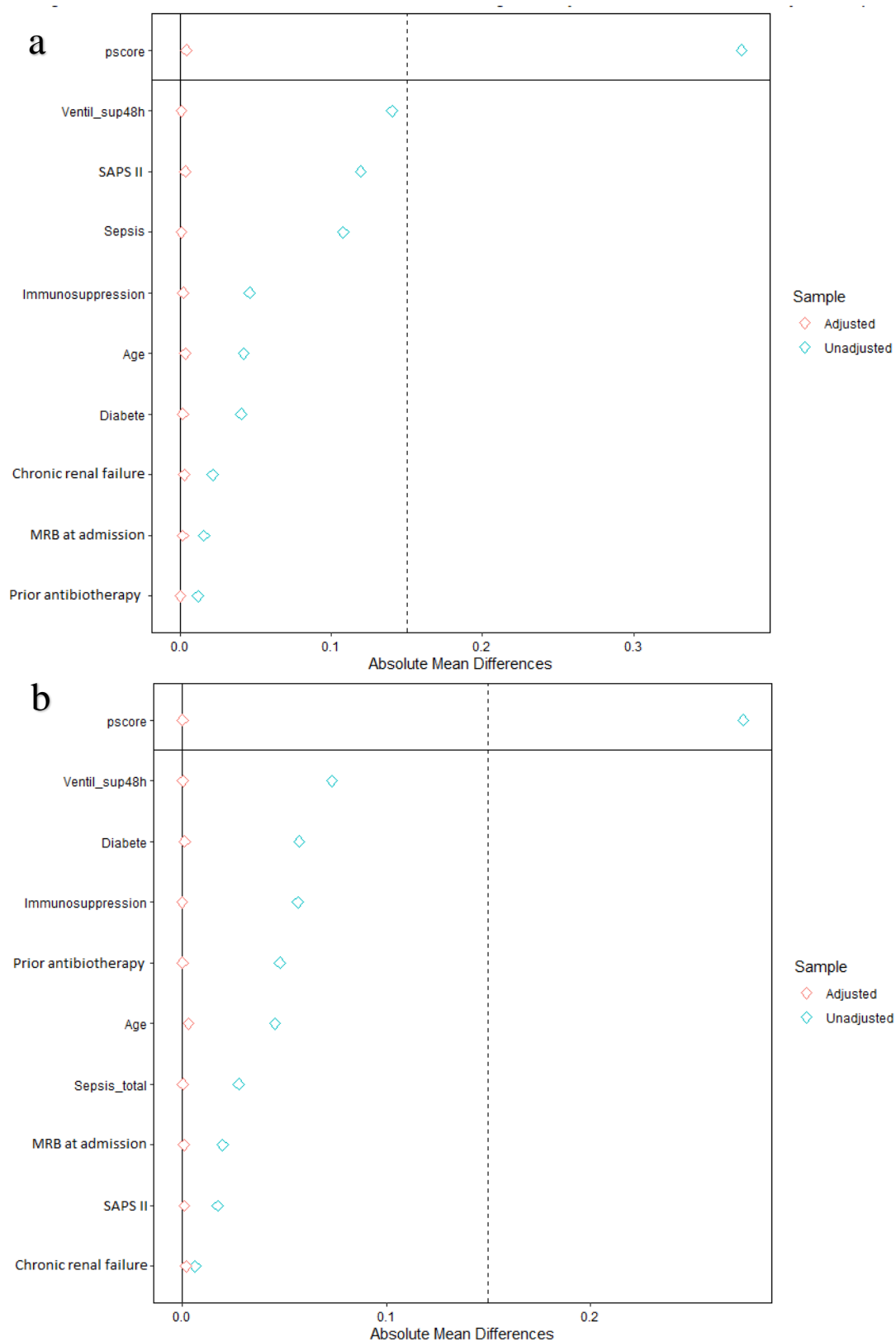
Sepsis category	Conventional strategy period	Restrictive strategy period	<i>p</i> value
	2014 n=738	2015 n=803	
<b>On ICU admission<sup>a</sup> n (%)</b>	<b>n= 237 (32.1)</b>	<b>n= 211 (26.3)</b>	<b>&lt;0.01</b>
Leptospirosis	10 (1.4)	16 (2.0)	0.33
Pulmonary infection	111 (40.8)	83 (34.9)	0.17
Urinary infection	34 (12.5)	44 (18.5)	0.06
Cutaneous infection	8 (2.9)	13 (5.5)	0.15
Catheter-related bloodstream infection	5 (1.8)	9 (3.8)	0.18
Intraabdominal infection	58 (21.3)	55 (23.1)	0.63
Endocarditis	7 (2.6)	7 (2.9)	0.80
Central nervous system infection	23 (8.5)	13 (5.5)	0.19
Bone infection	3 (1.1)	3 (1.3)	1
Ear, nose and throat infection	3 (1.1)	9 (3.8)	0.05
others	28 (10.3)	18 (7.6)	0.28
<b>Acquired during ICU length of stay<sup>a</sup> n (%)</b>	<b>n= 178 (24.4)</b>	<b>n= 135 (16.8)</b>	<b>&lt;0.01</b>
Pulmonary infection	108 (61.0)	61 (44.2)	<0.01
Urinary infection	24 (13.6)	22 (15.9)	0.55
Cutaneous infection	4 (2.3)	6 (4.3)	0.34
Catheter-related bloodstream infection	24 (13.6)	20 (14.5)	0.81
Intraabdominal infection	10 (5.6)	32 (23.2)	<0.01
Endocarditis	2 (1.1)	2 (1.4)	1
Central nervous system infection	11 (6.2)	3 (2.2)	0.08
Bone infection	0 (0)	3 (2.2)	0.08
Ears, nose and throat infection	2 (1.1)	2 (1.4)	0.80
others	28 (15.8)	16 (11.6)	0.70

<sup>a</sup> Multiple diagnoses were possible for the same patient.

# When not specified, results are n (%). In bold, *p* values <0.05

SAPS II: Simplified Acute Physiology Score II; ICU: intensive care unit; ESBL-E: extended-spectrum beta-lactamase-producing Enterobacteriaceae; SD: standard deviation

**Figure 1a.** Absolute main differences before and after weighted adjustment in the main analysis sample.  
**b.** absolute main differences before and after weighted adjustment in the subgroup receiving antibiotic therapy.





**Figure 2** ROC curve of the propensity score in the main analysis.

