**Supplement**

**Appendix: Questionnaire wording and format**

|  |
| --- |
| **PHQ score:** |
| 1. **20514**
2. **20510**
3. **20534**
4. **20519**
5. **20511**
6. **20507**
7. **20508**
8. **20518**
9. **20513**
 | Over the last 2 weeks, how often have you been bothered by any of the following problems? a. Little interest or pleasure in doing things b. Feeling down, depressed, or hopelessc. Trouble falling or staying asleep, or sleeping too muchd. Feeling tired or having little energye. Poor appetite or overeatingf. Feeling bad about yourself or that you are a failure or have let yourself or yourfamily downg. Trouble concentrating on things, such as reading the newspaper or watching televisionh. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usuali. Thoughts that you would be better off dead or of hurting yourself in some way | [Select one from the following for each of the statements] - 01 Not at all- 02 Several days- 03 More than half the days- 04 Nearly every day- DA Prefer not to answer |

|  |
| --- |
| **GAD-7** |
| 1. **20506**
2. **20509**
3. **20520**
4. **20515**
5. **20516**
6. **20505**
7. **20512**
 | Over the last 2 weeks, how often have you been bothered by any of the following problems?a) Feeling nervous, anxious or on edge b) Not being able to stop or control worrying c) Worrying too much about different things d) Trouble relaxing e) Being so restless that it is hard to sit still f) Becoming easily annoyed or irritableg) Feeling afraid as if something awful might happen[7 questions on one screen in grid] | [Select one from the following for each of the statements] - 01 Not at all- 02 Several days- 03 More than half the days- 04 Nearly every day- DA Prefer not to answer |