

Senses of Birth Pregnant Women Survey

*The post-test survey applied immediately after the intervention*¹

1. Date

2. Full name

3. What is your age?

4. What is your address? Neighborhood / City / State

5. What is your telephone number: Landline / Cell phone / I do not want to provide

6. What is your e-mail?

7. Marital Status: Single / Married or civil union / Widow / Separated or divorced

8. Family Income²

(Refer to the sum of income of all the people who live in your household)

- a) Up to 1 minimum wage (<788.00)
- b) From 1 to 2 minimum wages (2788.00 to 1576.00)
- c) From 2 to 3 minimum wages (1576.00 to 2364.00)
- d) From 3 to 5 minimum wages (2364.00 to 3,940.00)
- e) From 5 to 10 minimum wages (3,940.00 to 7,880.00)
- f) From 10 to 20 minimum wages (7,880.00 to 15,760.00)
- g) More than 20 minimum wages (> 15,760.00)
- h) I do not know / I do not want to inform

¹ Questions presented here were translated into English by the corresponding author, the original questionnaire was developed by the SOB research team and used in Portuguese

² Income was measured using the monthly family earning measure by the country minimum wage (< 2 minimum wages (MW), 2 to < 5 MW, and 5 to < 10 MW, and \geq 10 MW). One minimum wage at the time of the intervention was approximate U\$224.14, and the federal government annually defines the value.

9. Your work situation - check one option only

- a) Work with a formal contract
- b) Works without a formal contract
- c) Public servant (municipal, state, federal or military)
- d) Employee – owns the business
- e) Autonomous (includes MEI)
- f) Cooperative
- g) I have no work that earns money
- h) Other (specify)

10. What is your occupation? Check all options that apply

- a) Physician
- b) Nurse
- c) Other health professionals (please specify)
- d) Teacher
- e) Middle School Student
- f) High School Student
- g) Undergraduate Student
- h) Graduate student
- i) Housewife
- j) Retired
- k) Other (please specify)

11. What is your schooling?

- a) Incomplete middle school
- b) Complete middle school
- c) Incomplete high school
- d) Complete high school
- e) Incomplete undergrad education
- f) Completed undergraduate education and more
- g) I do not want to inform

12. The color of your skin is (read option)

- a) White
- b) Black
- c) Pardo/Mulato
- d) Asian/Eastern
- e) Indigenous

13. Do you have private health insurance? Yes / No

14. How many times have you been pregnant before, excluding this pregnancy and counting termination (voluntary or natural)? You have had If answer = 0 move to question 17 -
(Insert Number)

15. How many births were normal (including birth using forceps and vacuum)? (Insert Number)

16. Moreover, how many were cesarean? (Insert Number)

17. How many weeks/months of gestation are you?

Insert number for Weeks / Insert number for Months

18. Is your pregnancy considered high risk?

Yes / No

If yes, please describe why _____

19. Your prenatal appointments (current pregnancy) are covered by (check all that apply)

- a) Private Health Insurance
- b) SUS (National Universal Public Health System)
- c) Private (direct payment to professional – out of pocket payments)
- d) I never had prenatal care
- e) Other (please specify)

20. Do you prefer NORMAL BIRTH?

No way / a little / Maybe / Probably / Absolutely

21. Do you prefer CESARIAN?

No way / a little / Maybe / Probably / Absolutely

22. Your knowledge about NORMAL BIRTH BEFORE the exhibition was:

None / Poor / Fair / Good / Very good

23. Your knowledge about a CESAREAN BEFORE the exhibition was:

None / Poor / Fair / Good / Very good

24. Your knowledge about NORMAL BIRTH AFTER the exhibition was:

None / Poor / Fair / Good / Very good

25. Your knowledge about a CESAREAN AFTER the exhibition was:

None / Poor / Fair / Good / Very good

26. BEFORE the exhibition, would you say your knowledge about DOULAS was:

None / Poor / Fair / Good / Very good

27. BEFORE the exhibition, would you say your knowledge about MIDWIVES/OBSTETRIC NURSES was:

None / Poor / Fair / Good / Very good

28. BEFORE the exhibition, would you say your knowledge about the Pregnant Woman's Right to have companionship, from her choice, during the labor and childbirth was:

None / Poor / Fair / Good / Very good

29. BEFORE the exhibition, would you say your knowledge about non-pharmacological birth pain relief methods was:

None / Poor / Fair / Good / Very good

30. Before the exhibition, would you say your knowledge about humanized and evidence-based care during labor and childbirth was:

None / Poor / Fair / Good / Very good

31. Before the exhibition, would you say your knowledge about organizations (NGOs, social networks, professionals, others) that defend the humanized and evidence-based care during labor and childbirth was:

None / Poor / Fair / Good / Very good

32. Before the exhibition, would you say your knowledge about the cesarean rates in Brazil was:

None / Poor / Fair / Good / Very good

33. Before the exhibition, would you say your knowledge about the Ministry of Health / World Health Organization guidelines for labor and childbirth care were:

None / Poor / Fair / Good / Very good

34. Before the exhibition, would you say your knowledge about Obstetric violence was:

None / Poor / Fair / Good / Very good

35. Before the exhibition, would you say your knowledge about Birth Plan was:

None / Poor / Fair / Good / Very good

36. Have you ever had experience with normal birth?

- a) Never had normal birth
- b) Positive experience
- c) Negative experience

Describe _____

37. After the exhibition, would you say your knowledge about DOULAS is:

None / Poor / Fair / Good / Very good

38. After the exhibition, would you say your knowledge about MIDWIVES/OBSTETRIC NURSES is:

None / Poor / Fair / Good / Very good

39. After the exhibition, would you say your knowledge of the Pregnant Woman's Right to have companionship, from her choice, during the labor and childbirth is:

None / Poor / Fair / Good / Very good

40. After the exhibition, would you say your knowledge about non-pharmacological birth pain relief methods is:

None / Poor / Fair / Good / Very good

41. After the exhibition, would you say your knowledge about humanized and evidence-based care during labor and childbirth is:

None / Poor / Fair / Good / Very good

42. After the exhibition, would you say your knowledge about organizations (NGOs, social networks, professionals, others) that defend the humanized and evidence-based care during labor and childbirth is:

None / Poor / Fair / Good / Very good

43. After the exhibition, would you say your knowledge about the cesarean rates in Brazil is:

None / Poor / Fair / Good / Very good

44. After the exhibition, would you say your knowledge about the Ministry of Health / World Health Organization guidelines for labor and childbirth care are:

None / Poor / Fair / Good / Very good

45. After the exhibition, would you say your knowledge about Obstetric violence is:

None / Poor / Fair / Good / Very good

46. After the exhibition, would you say your knowledge about Birth Plan is:

None / Poor / Fair / Good / Very good

47. Your knowledge about the risks of NORMAL BIRTH BEFORE the exhibition was:

None / Poor / Fair / Good / Very good

48. Your knowledge about the risks of CESAREAN BEFORE the exhibition was:

None / Poor / Fair / Good / Very good

49. Your knowledge about the risks of NORMAL BIRTH AFTER the exhibition is:

None / Poor / Fair / Good / Very good

50. Your knowledge about the risks of CESAREAN AFTER the exhibition is:

None / Poor / Fair / Good / Very good

51. Did your preference for the type of birth (NORMAL BIRTH) change AFTER the exhibition?

No way / a little / Maybe / Probably / Absolutely

52. Did your preference for the type of birth (CESAREAN) change AFTER the exhibition?

No way / a little / Maybe / Probably / Absolutely

53. Do you think you can have a NORMAL childbirth?

No way / a little / Maybe / Probably / Absolutely

54. How will your labor and childbirth be paid? - Consider the various financing possibilities of the hospital and the professional who will attend the delivery (check all options that apply)

- a) Private Health Insurance
- b) SUS (National Universal Public Health System)
- c) Private (direct payment to professional – out of pocket payments)
- d) Private Health Insurance + out of pocket only for the obstetrician
- e) Other (please specify)

55. If you had a previous cesarean section, identify the reason (s) - spontaneous response, check all options that apply.

- a) I did not have a previous cesarean
- b) I wanted to connect the tubes
- c) I wanted to have a cesarean
- d) I had one cesarean before
- e) I had two or more cesareans before.
- f) I did not want to feel the pain of normal childbirth
- g) I fear the of lack of beds for hospitalization
- h) I fear the city violence
- i) My baby was wrapped in the cord
- j) My baby was crossed
- k) My baby was sitting
- l) My baby was too big / I had no passage / I had no dilatation (failure to progress)/ my baby did not settle into my pelvis
- m) I passed my due date
- n) My baby was growing too slow or stopped growing
- o) My placenta was old
- p) My baby was suffering
- q) I did not have enough amniotic liquid
- r) I had a low-lying placenta
- s) I had high blood pressure
- t) I had diabetes
- u) I had problems with HIV / AIDS
- v) I had a genital ulcer/condyloma or issue in the preventive uterus cervix exam
- w) I had a positive result exam for *Streptococcus* in the vagina and/or anus
- x) I had a premature placental abruption
- y) I had a bleeding
- z) My water broke
- aa) My labor never started
- bb) I was pregnant with twins
- cc) I had a fetal death
- dd) My pregnancy induce failed
- ee) I had a previous gynecologic surgery

Other (describe) _____

56. Did you have information about the benefits of normal birth during your prenatal care appointments?

Yes / No / I did not have prenatal appointment

Specify _____

57. Do you participate in movement/e-mail lists/group discussions of pregnant women from humanized care to childbirth?

Yes. Specify which _____

No

Other (specify) _____

58. AFTER the exhibition, have you changed your perception about the NORMAL BIRTH?

No way / a little / Maybe / Probably / Absolutely

59. After the exhibition, have you changed your perception of CESAREAN?

No way / a little / Maybe / Probably / Absolutely

60. BEFORE the exhibition you used to associate normal birth with JOY?

Never / Rarely / Occasionally / Frequently / Always

61. BEFORE the exhibition you used to associate normal birth with FEAR?

Never / Rarely / Occasionally / Frequently / Always

62. BEFORE the exhibition you used to associate normal birth with PAIN?

Never / Rarely / Occasionally / Frequently / Always

63. BEFORE the exhibition you used to associate normal birth with LOVE?

Never / Rarely / Occasionally / Frequently / Always

64. BEFORE the exhibition you used to associate normal birth with SUFFERING?

Never / Rarely / Occasionally / Frequently / Always

65. BEFORE the exhibition you used to associate normal birth with ANXIETY?

Never / Rarely / Occasionally / Frequently / Always

66. BEFORE the exhibition you used to associate normal birth with SAFETY?

Never / Rarely / Occasionally / Frequently / Always

67. BEFORE the exhibition you used to associate normal birth with CHALLENGE?

Never / Rarely / Occasionally / Frequently / Always

68. BEFORE the exhibition you used to associate normal birth with COURAGE?

Never / Rarely / Occasionally / Frequently / Always

69. BEFORE the exhibition you used to associate normal birth with RISK?

Never / Rarely / Occasionally / Frequently / Always

70. BEFORE the exhibition you used to associate normal birth with CONFIDENCE?

Never / Rarely / Occasionally / Frequently / Always

71. BEFORE the exhibition you used to associate normal birth with ACHIEVEMENT?

Never / Rarely / Occasionally / Frequently / Always

72. BEFORE the exhibition you used to associate normal birth with STRENGTH?

Never / Rarely / Occasionally / Frequently / Always

73. After the exhibition, you associate normal birth with JOY?

Never / Rarely / Occasionally / Frequently / Always

74. After the exhibition, you associate normal birth with FEAR?

Never / Rarely / Occasionally / Frequently / Always

75. After the exhibition, you associate normal birth with PAIN?

Never / Rarely / Occasionally / Frequently / Always

76. After the exhibition, you associate a normal birth with LOVE?

Never / Rarely / Occasionally / Frequently / Always

77. After the exhibition, you associate normal birth with SUFFERING?

Never / Rarely / Occasionally / Frequently / Always

78. After the exhibition, you associate normal birth with ANXIETY?

Never / Rarely / Occasionally / Frequently / Always

79. After the exhibition, you associate normal birth with SAFETY?

Never / Rarely / Occasionally / Frequently / Always

80. After the exhibition, you associate normal birth with CHALLENGE?

Never / Rarely / Occasionally / Frequently / Always

81. After the exhibition, you associate normal birth with COURAGE?

Never / Rarely / Occasionally / Frequently / Always

82. After the exhibition, you associate normal birth with RISK?

Never / Rarely / Occasionally / Frequently / Always

83. After the exhibition, you associate normal birth with CONFIDENCE?

Never / Rarely / Occasionally / Frequently / Always

84. After the exhibition, you associate normal birth with ACHIEVEMENT?

Never / Rarely / Occasionally / Frequently / Always

85. After the exhibition, you associate normal birth with STRENGTH?

Never / Rarely / Occasionally / Frequently / Always

86. What do you think influences your preference for the type of birth? Spontaneous response - Check all that apply

- | | |
|-----------------------------------------------------|-------------------------------------------------------|
| a) Birth stories of your family and/or your friends | k) Previous negative experience with normal birth |
| b) Your husband's preference for the type of birth | l) Positive previous experience with cesarean section |
| c) Fear of normal birth pain | m) Previous negative experience with cesarean section |
| d) Fear of normal birth change your vagina | n) Online information |
| e) I wanted to bind the tubes | o) Information in newspaper and magazine |
| f) Fear of cesarean section | p) Information on television |
| g) Fear of anesthesia | q) Information on pregnant women groups |
| h) To schedule the due date | r) Normal childbirth is better than cesarean section |
| i) Have a known professional at delivery | s) Better recovery in normal birth |
| j) Positive previous experience with normal birth | |

Other (please specify) _____

87. How did you hear about the exhibit?

- | | |
|-----------------------------------------------------|------------------------------|
| a) Social networks (Facebook / Instagram / Twitter) | c) Site |
| b) Newspaper / radio / television | d) Friend/family |
| e) Posters / Brochures | Other (please specify) _____ |

88. What brought you to the exhibition

- | | |
|----------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| a) I was hanging around /
waiting for someone/passing
by | e) My _____ institution
(school/work/health
center/others) has scheduled
my visit |
| b) I came because it is free | |
| c) I am interested in the subject | |
| d) They recommended me | Other (please specify) _____ |

89. Do you usually visit exhibitions and museums?

Never / Rarely / On occasion / Frequently / Always

90. In your opinion, the exhibition was:

Bad / Regular / Good / Very good / Great

91. What did you like best about the exhibition?

- a) Gestation (baby in the belly)
- b) Surgical Maternity convenience store (product shelf)
- c) Controversies (videos with dialogues / opinions)
- d) Birth (birth tunnel)
- e) Conversations (area of texts, photos, videos)
- f) None of the option

92. Do you intend to recommend this exhibition to others?

No way / I think not / Perhaps / Most likely / Certainly.