

Melatonin alleviates hyperglycemic-induced cardiomyocyte apoptosis via regulation of long non-coding RNA H19/miR-29c/MAPK axis in diabetic cardiomyopathy

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Abstract

Background

Recent studies revealed that non-coding RNAs (ncRNAs) play a crucial role in pathophysiological processes involving diabetic cardiomyopathy that contributes to heart failure. The present study was designed to further investigate the anti-apoptotic effect of melatonin on cardiomyocyte in diabetic condition and to elucidate the potential mechanisms associated with ncRNAs.

Methods

In vivo, langendorff-perfusion system and histology staining were used to assess the effect of melatonin on cardiac function. Reverse transcription-quantitative polymerase chain reaction (RT-qPCR) was used to measure the expression of ncRNAs. Protein expression levels were assessed by western bolt analysis. In vitro, hoechst 33258 staining and western bolt analysis were used to evaluate the effect of melatonin on apoptosis. We preformed luciferase assay and RNA immunoprecipitation to determine the targets of ncRNAs. RT-qPCR was used to observe the expression of ncRNAs in cardiomyocyte with high glucose treatment.

Results

In animal models, our results indicated that melatonin notably alleviated cardiac dysfunction and mitigated cardiomyocyte apoptosis in diabetic rats. Interestingly, lncRNA H19 level was increased along with concomitant decrease of miR-29c level in diabetic rats. However, we demonstrated that melatonin significantly downregulated H19 level and upregulated miR-29c level in vivo. In vitro experiments, it has been verified that positive modulation of miR-29c and inhibition of lncRNA H19 as well as mitogen-activated protein kinase (MAPK) pathways distinctly attenuated apoptosis in high glucose-treated H9c2 cells. Luciferase activity assay was conducted to evaluate the potential target sites of miR-29c on lncRNA H19 and MAPK13. lncRNA H19 silencing significantly downregulated the expression of the miR-29c target gene MAPK13 via inducing miR-29c expression. Furthermore, MAPK signal pathways were also affected through regulation of H19 and miR-29c. Most importantly, our results showed that melatonin alleviated hyperglycemic-induced cardiomyocyte apoptosis via inhibiting lncRNA H19/MAPK and increasing miR-29c level in vitro.

Conclusions

These results elucidate a novel protective mechanism of melatonin on diabetic cardiomyocyte apoptosis, which associated with the effect of melatonin on lncRNA H19/miR-29c expression and its downstream MAPK signal pathways, providing a promising strategy for preventing DCM in diabetic patients.

Background

Diabetes has become one of the most prevalent metabolic disorders in recent years. Cardiovascular complications are the leading cause of mortality and morbidity in diabetes. Diabetic cardiomyopathy (DCM), which develops in the absence of overt myocardial ischemia or hypertension, can trigger heart failure in patients and seriously endangers the lives of patients [1-3]. It has been reported that DCM can cause cardiac systolic and diastolic dysfunction and various metabolic disorders, which lead to the stress response of cardiomyocytes and death ultimately [4, 5]. Actually, the precise pathogenesis of DCM is still unclear, while cardiomyocyte apoptosis is considered to be one of the major mechanisms. There are strong evidences showing that alleviation of cardiomyocyte apoptosis is effective for the prevention and treatment of DCM [6-10].

It has been proven that more than 90% of the genome is transcribed into non-coding RNAs by sequencing experiments. Long non-coding RNAs (lncRNAs) and micro RNAs(miRNAs) are two different kinds of non-coding RNAs. Interestingly, lncRNAs can act as sponges binding to miRNAs and affect the function of target miRNAs, which bind to the 3'-UTR of target genes to regulate their expressions at the post-transcriptional level. Non-coding RNAs(ncRNAs) are involved in the control of multiple cellular activities such as proliferation, differentiation and apoptosis [11-13]. Numerous studies have suggested that ncRNAs play a key role in regulating pathophysiological processes involved in DCM and aberrant expression of lncRNAs/miRNAs may have repercussions in cardiomyocyte activities [14, 15]. For the past few years, it was extensively noticed that lncRNA H19 and miRNA-29c played a vital role in the development and progression of cardiovascular diseases. LncRNA H19 was up-regulated in the progression of atherosclerosis by regulating MAPK and NF- κ B signaling pathway [16, 17]. Meanwhile, miRNA-29c decreased myocardial ischemia-reperfusion injury through inhibition of immoderate autophagy [18]. MicroRNA-29c also inhibited migration and angiogenesis of human endothelial cells by depressing insulin like growth factor 1 [19]. However, the related mechanisms of lncRNA H19/miR-29c involved in DCM are yet to be further investigated.

Melatonin (MLT, N-acetyl-5-methoxytryptamine), a pleiotropic molecule, is primarily secreted by the pineal gland, which is known as its anti-oxidant, anti-inflammatory and anti-apoptotic effects [8, 20-22]. Because of the function of scavenging free radicals directly, melatonin plays a critical role in alleviating many chronic diseases [23, 24]. Evidences have been presented for the role of melatonin in the pathological process of cardiovascular diseases. Yu et al. found that melatonin attenuated DCM and reduced myocardial ischemia-reperfusion injury by improving mitochondrial quality control via SIRT6 [25]. Ding et al. elucidated that melatonin participated in preventing Drp1-mediated mitochondrial fission by regulating SIRT1-PGC1 α pathway [26]. In our previous research, melatonin not only prevented diabetic cardiomyocyte apoptosis via inhibiting endoplasmic reticulum stress, but also ameliorated diabetic arterial endothelial permeability by regulating MAPK signaling pathway activation [27, 28]. Intriguingly, previous studies have demonstrated the intimate relationship between cardiomyocyte apoptosis and MAPK signal pathways. Coincidentally, it was reported that inhibiting MAPK signaling could reduce cardiomyocyte apoptosis induced by high glucose in literatures. For example, it was certified that angiotensin-(1-7) protected cardiomyocytes against high glucose-induced injury and apoptosis through inhibiting ROS-activated leptin-p38 MAPK and ERK1/2 pathways [29]. Zhao et al. found that exogenous

hydrogen sulfide ameliorated hyperglycemic-induced myocardial injury, inflammation and apoptosis via the C1RP-MAPK signaling pathway [30]. On the basis of above evidences, we hypothesized that melatonin could exert an ameliorative effect on cardiomyocyte apoptosis in DCM via blocking MAPK signal pathways.

Since ncRNAs open up a potential as biomarkers in DCM, the interaction between ncRNAs and MAPK signal pathways in cardiomyocyte remains an open question. Moreover, it has not been fully explored yet whether the beneficial effect of melatonin on cardiomyocyte apoptosis in DCM is mediated by regulation of ncRNAs networks. Thus, based on above hypothesis and questions, we developed DCM model in vivo and in vitro to broaden our understanding of the role of lncRNA H19/miRNA-29c/MAPK in the function of melatonin on cardiomyocyte apoptosis.

Materials And Methods

Animals

All animal experiments were conducted following the Guide for the Use and Care of Laboratory Animals. All experimental protocols were reviewed and approved by the Ethics Committee of Anhui Medical University (Hefei, China). Male Sprague Dawley (SD) rats (220-250 g, 8 weeks) were purchased from Beijing Vital River Laboratory Animal Technology Co., Ltd. (Beijing, China). The rats were acclimatized to the standard laboratory conditions for one week with normal water and chow available ad libitum after arrived. Afterwards, rats were randomized to normal, DM, DM + insulin and DM + MLT groups (12 rats in per group), and they were received a single injection of streptozotocin (STZ, 55 mg/kg, Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) except normal group. Animals were considered to be diabetic if the blood glucose levels tested higher than 11.1 mmol/l after 1 week. Diabetic rats were administered via injecting insulin (1u/kg/d within 10 weeks and 2u/kg/d after 10 weeks, Wanbang Biopharmaceuticals, China) and melatonin gavage (10 mg/kg/d, Nanjing Duly Biotech Co., Ltd., China) separately in DM + insulin and DM + MLT groups. During the experiment, all of them could consume the normative water and chow at liberty. At the end of week 16, the rats were anesthetized with a 10% chloral hydrate solution (300 mg/kg). With the heart fetched, cardiac function was immediately evaluated by the way of the Langendorff-perfusion system and then collected the myocardial tissues.

Langendorff-perfusion system

The Langendorff-perfusion system was used to record cardiac function in rats. Briefly, the heart was rapidly excised by thoracotomy under anesthesia, and the aorta was cannulated. The isolated heart was mounted on the Langendorff-perfusion system (Chengdu Techman Software Co., Ltd., China) and perfused with modified Krebs-Henseleit buffer aerated with 95% O₂ and 5% CO₂, yielding a final pH 7.4 in 37 °C circulating water bath. When stable, the parameters, which is related to cardiac function such as heart rate, were recorded via BL-420S biological function experiment system (Chengdu Techman Software Co., Ltd., China).

Histology

The paraffin-embedded myocardial tissues were cut into 5- μ m thick sections and stained with H&E (hematoxylin and eosin staining kit, Beyotime, China) or Masson's trichrome staining kit (Nanjing Jiancheng Technology Co., Ltd., China). The discrepant areas were captured by a DMI4000B fluorescence microscope (Leica, USA).

Cell culture

The cell line H9c2 obtained from the Cell Bank of Shanghai Institutes for Biological Sciences, Chinese Academy of Sciences were cultured in low-glucose Dulbecco's Modified Eagles Media (DMEM) (hyclone, USA) supplemented with 10% fetal bovine serum (FBS) (gbico, Australia) and 100 IU/ml penicillin/streptomycin (Beyotime, China) in 5% CO₂ at the temperature of 37 °C. The treatment of insulin (1 μ M) and melatonin (10 μ M) was treated 48 h in high glucose concentration.

Cell transfection

H19-shRNA (GenePharm Co., Ltd., Shanghai, China) was used to silence H19 expression. Simultaneously, miR-29c mimics and inhibitors (GenePharm) were used to regulate miR-29c expression. H9c2 cells were transfected with H19-shRNA, or miR-29c mimics, inhibitors, or controls (GenePharm) with Lipofectamine 2000 (Invitrogen; Thermo Fisher Scientific, Inc., Waltham, MA, USA) according to the manufacturer's protocol. A scrambled oligonucleotide (GenePharm) served as a control. Changes in RNA expression were determined by qRT-PCR 24h after transfection, and differences in protein expression were measured via western blotting 48h after transfection.

Western blot analysis

The proteins were separated by SDS–PAGE and transferred onto polyvinylidene difluoride (PVDF) membranes (Millipore, Massachusetts, USA) via electroblotting. The membranes were blocked in 5% skim milk for 2 h and incubated overnight at 4 °C with primary antibodies against p- JNK (Santa Cruz Biotechnology, USA, Cat# sc-6254), JNK (Santa, Cat# sc-7345), p-ERK (Santa, Cat# sc-7383), ERK (Santa, Cat# sc-135900), p-p38 (Santa, Cat# sc-7975-R), p38 (Santa, Cat# sc-7149), BAX (Santa, Cat# sc-20067), Bcl-2 (Santa, Cat# sc-7382), caspase-3 (Proteintech, Wuhan, China, Cat# 11648-2-AP), caspase-9 (Cell Signaling Technology, USA, Cat# 9508S) and GAPDH (Santa, Cat# sc-32233). The proteins were detected with corresponding horseradish peroxidase-conjugated secondary antibodies coupled with ECL chemiluminescence detection kit (FDbio Science Biotech Co., Ltd., Hangzhou, China).

Hoechst 33258 staining

Cells were seeded in 24-well plates, cultured and treated, and the medium was thrown away. After washing with PBS 3 times, cells were fixed in fixative solution for 10 min. The samples were incubated with Hoechst 33258 (Beyotime, China) staining solution for 5 min in darkness. Then, the plates were kept out light, observed and imaged using a fluorescence microscope.

Luciferase assay

The 3'-UTR regions of lncRNA H19 and MAPK13, including potential miR-29c binding sites, were predicted with TargetScan version 7.11 and amplified by PCR. Subsequently, mutants were constructed by introducing point mutations into the seed binding site for miR-29c. The wild type and mutant fragments were subcloned into the firefly luciferase-expressing vector. H9c2 cells were seeded in 24-well plates and co-transfected with wild-type or mutated luciferase respectively. The Dual Luciferase Reporter Assay System (Promega) was used 48 h after transfection following the manufacturer's protocol. The relative luciferase activity was calculated according to the ratio of firefly luciferase activity to renilla luciferase activity.

RNA immunoprecipitation (RIP)

We investigated the direct interaction between miR-29c and lncRNA H19 by Argonaute 2 (Ago2)-RNA immunoprecipitation (Ago2-RIP). Anti-Ago2 (Sigma-Aldrich, USA), or control anti-IgG and Dynabeads Protein G (Invitrogen, USA) were pretreated at 4 °C with rotation 24 h in advance. Complete RIP lysis buffer, which contained protease inhibitor, phosphatase inhibitor and RNase inhibitor, was used to lyse cells. RNA in Ago2-RIP materials was washed several times with PEB buffer and treated with DNase I and Proteinase K. RNA was extracted with TRIzol (Invitrogen) and precipitated with absolute ethanol overnight at -20 °C. After the removal of proteins and beads, RT-qPCR analysis of the purified RNA and lncRNA H19 enrichment in Ago2-RIP were put into effect.

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR)

RNA from myocardial tissues and H9c2 cells was isolated using TRIzol reagent and converted to complementary DNA (cDNA) using a First-Strand cDNA Synthesis Kit (Toyobo, Osaka, Japan). Then, the cDNA samples, added with Power SYBR green master mix (Applied Biosystems, Foster City, CA, USA), were subjected to qRT-PCR using a StepOne Real Time PCR system. The H19, miR-29c and mRNA level were respectively standardized by U6 and GAPDH. The amplification results were calculated on the basis of $2^{-\Delta\Delta Ct}$ method. The specific primers used were: H19 forward 5'-ATCGGTGCCTCAGCGTTCGG-3' and reverse 5'-CTGTCCTCGCCGTCACACCG-3'; MAPK13 forward 5'-GAGAAGGTGGCCATCAAGAA-3' and reverse 5'-GTCCTCATTCACAGCCAGGT-3'; GAPDH forward 5'-GGTGGTCTCCTCTGACTTCAA-3' and reverse 5'-GTTGCTGTAGCCAAATTCGTTGT-3'; miR-29c, 5'-UAGCACCAUUUGAAAUCAUGUUU-3'; U6, 5'-CGCTTCGGCAGCACATATACTAAAATTGGAAC-3'.

Caspase-3 activity assay

Caspase-3 activity was detected using a caspase-3 activity assay kit (Biomol Research Laboratories, Plymouth Meeting, PA) according to the manufacturer's protocol. After the cells lysed, total proteins were extracted and quantified using a protein assay kit. Subsequently, the proteins were incubated overnight at 37°C with acetyl-Asp-Glu-Val-Asp p-nitroanilide (Ac-DEVD-pNA) for the caspase-3 assay. The absorbance of pNA was detected by a microplate reader at 405 nm.

DNA fragment assay

DNA fragments were measured using a Cellular DNA Fragmentation ELISA kit (Roche Applied Science, Greenfield, IN, USA). Cells were seeded in 96-well plates. The medium was changed to serum-free medium after 24 h, and continued to culture cells for an additional 24 h. To label the DNA, the medium was replaced with 10% FBS-DMEM supplemented with 5-bromo-2'-deoxyuridine. Following 24 h incubated, cells were treated with calcitriol for 4 h and MIS for 96 h. Cells were lysed and then soluble DNA fragments were quantified by the Cellular DNA fragmentation ELISA kit according to the manufacturer's instructions.

Statistical analysis

Statistical analysis was performed using SPSS 20.0. The data were subjected to one-way ANOVA and parametric *t*-test and presented as means \pm standard deviation. All experiments were performed at least in triplicate. The results were considered to denote statistical significance if $P < 0.05$.

Results

Diabetes influenced body weight and blood glucose of rats.

During the experiments, we measured the body weight and blood glucose once a week. The body weights of diabetic rats increased much slower than normal group (Fig. 1a), and blood glucose were at high levels all the time (Fig. 1b). Insulin treatment facilitated body weight gain and decreased blood glucose in diabetic rats. However, melatonin administration did not have these effects (Fig. 1a, b).

Melatonin improved myocardial fiber disorder and collagen accumulation caused by diabetes.

H&E and Masson's trichrome staining showed that long-term diabetes impaired myocardial fiber (Fig. 2a) and aggravated collagen accumulation (Fig. 2b) significantly. Interestingly, the treatment of insulin and melatonin cured the diabetes-induced pathological injury (Fig. 2a, b).

Melatonin improved myocardial dysfunction in diabetes.

As is shown in the figures, heart rate, LVDP, coronary flow, +dp/dt max and -dp/dt max were distinctly decreased in DM group compared with normal group (Fig. 3a-e). These results indicated that long-term hyperglycemia contributed to myocardial dysfunction. Nevertheless, melatonin treatment improved cardiac function remarkably (Fig. 3a-e).

Melatonin alleviated cardiomyocyte apoptosis caused by hyperglycemia.

Western blot was applied to detect some proteins about apoptosis in diabetic rats and H9c2 in high glucose concentration. In vivo, the results showed that the expressions of cleaved-caspase3, cleaved-caspase9 and BAX/bcl-2 were obviously up-regulated in DM group compared with normal group, which indicated that hyperglycemia induced severe apoptosis. Surprisingly, the expressions of several proteins

were normalizing with melatonin treatment (Fig. 4a-d). In vitro, the expressions of cleaved-caspase3, cleaved-caspase9 and BAX/Bcl-2 were also increased remarkably in H9c2 cells in high glucose concentration. Consistent with the results in vivo, the changes of apoptotic proteins expression were reversed via melatonin treatment (Fig. 4e-h). We also demonstrated that melatonin alleviated hyperglycemic-induced apoptosis in H9c2 by hoechst 33258 staining (Fig. 4i).

Melatonin suppressed phosphorylation of JNK/ERK/p38 in diabetic cardiomyocytes.

In the DM group, the phosphorylation levels of JNK/ERK/p38 were significantly increased in myocardium compared with normal group. Whereas after insulin and melatonin treatment, the phosphorylation levels of JNK/ERK/p38 were inhibited strikingly (Fig. 5a-d). In H9c2 cells, the expressions of p-JNK, p-ERK and p-p38 were remarkably upregulated with stimulus of high glucose. While phosphorylation levels of above proteins fell down dramatically given the administrations of insulin and melatonin (Fig. 5e-h).

Melatonin regulated the complex network of lncRNA H19, miRNA-29c and MAPK13 in cardiomyocytes.

In diabetic rats, the expression of lncRNA H19 in myocardium was significantly downregulated after treatment with melatonin (Fig. 6a). Conversely, the expression of miRNA-29c in diabetic myocardium was dramatically upregulated by melatonin (Fig. 6b). In vitro, the expression of lncRNA H19 in H9c2 was significantly inhibited with H19-shRNA treatment, and lncRNA H19 expression was ulteriorly inhibited with both H19-shRNA and melatonin (Fig. 6c), indicating that melatonin further inhibited lncRNA H19 expression. On the contrary, the expression of miR-29c was obviously upregulated with both H19-shRNA and melatonin treatments (Fig. 6d). Intriguingly, MAPK13 protein expression was also significantly decreased after lncRNA H19 downregulation and melatonin further suppressed MAPK13 expression in H9c2 (Fig. 6e). With the miR-29c inhibitor treatment, the expression of miR-29c was distinctly suppressed, whereas it rose back with melatonin treatment simultaneously (Fig. 6f), indicating that melatonin promoted miR-29c expression. In contrast with H19-shRNA, miR-29c inhibitor increased MAPK13 protein expression in H9c2, however, melatonin reversed the effect of miR-29c inhibitor (Fig. 6g). As expected, MAPK13 expression was affected in post-transcriptional level (Fig. 6h). Above results implied potential relationships among lncRNA H19/miR-29c, MAPK signal pathways and melatonin.

lncRNA H19 binds miR-29c directly and MAPK13 is a target of miR-29c

Luciferase assay result indicated that miR-29c mimic induced the decreases in wild type H19 luciferase activity. However, this effect was disappeared when a certain H19 site mutated, and there was no significant change between the miR-29c mimic group and control (Fig. 7a). Treatment with melatonin induced an analogous result like miR-29c mimic in H19 luciferase activity (Fig. 7b). RNA immunoprecipitation (RIP) experiment was performed to investigate whether H19 and miR-29c were components of the RNA-induced silencing complex. An Ago2 antibody was used to precipitate Ago2 protein from cultured cells (Fig. 7c). The mRNA expressions of both H19 and miR-29c were significantly gathered in the immunoprecipitates (Fig. 7d, e), suggesting that lncRNA H19 binds miR-29c directly. Meanwhile, another luciferase assay result showed that miRNA29c mimic caused inhibition in wild type

MPAK13 luciferase activity. This effect was reduced after mutation at certain MAPK13 site (Fig. 7f). Similarly, the melatonin treatment decreased wild type MAPK13 rather than mutational MAPK13 luciferase activity (Fig. 7g).

H19-shRNA, miRNA-29c mimic and melatonin treatments ameliorated hyperglycemic-induced apoptosis in H9c2 cells

Caspase-3 activity and DNA fragment assay were performed to determine the effects of H19-shRNA, miRNA-29c mimic and melatonin on cell apoptosis. High glucose could cause increased caspase-3 activity and DNA fragment in H9c2 cells (Fig. 8a, b). With transfection of H19-shRNA, caspase-3 activity was significantly downregulated in H9c2 cells in high glucose condition (Fig. 8a). Similar with caspase-3 activity, the DNA fragment was also memorably downregulated in high glucose-treated cells with H19-shRNA transfection (Fig. 8b). Interestingly, we got consistent results with melatonin and miRNA-29c mimic treatments, which showed significant decreases in caspase-3 activity and DNA fragment (Fig. 8c-f).

Melatonin and H19-shRNA reversed the pro-apoptotic effect of miRNA-29c inhibitor in high glucose treated H9c2 cells.

Compared with normal glucose group, we detected significant increases of caspase-3 activity and DNA fragment in the high glucose group with miR-29c inhibitor transfection alone (Fig. 9a, b). We also observed remarkable inhibition of caspase-3 activity and DNA fragment with melatonin and H19-shRNA treatments respectively in high glucose groups (Fig. 9c-f). In brief, the pro-apoptotic effect of miR-29c inhibitor treatment was reversed by melatonin and H19-shRNA treatments in hyperglycemic condition.

The underlying mechanism of melatonin is illustrated in schematic diagram.

Schematic diagram illustrated that melatonin maintains ncRNAs homeostasis and reduces cardiomyocyte apoptosis in hyperglycemia condition via lncRNA H19/miR-29c/MAPK axis (Fig. 10).

Discussion

Currently, it lacks more effective medical therapies to halt the relentless progression of DCM. Thus, there is a necessary medical need to detect new therapeutic targets for treating DCM. In the present study, we verified that melatonin has an alleviative effect on hyperglycemic-induced cardiomyocyte apoptosis in vivo and vitro models. Our data for the first time unraveled that lncRNA H19/miR-29c/MAPK axis played a pivotal role in anti-apoptotic effect of melatonin in diabetic cardiomyopathy. These novel discoveries imply the possible therapeutic targets and propose potential clinical application of melatonin for DCM treatment.

The high risks of cardiovascular diseases have attracted much attention in diabetic patients [31, 32]. Long-term hyperglycemia is supposed to induce damage and cause subsequent apoptosis in cardiomyocytes [33, 34]. It has been reported that cardiomyocyte apoptosis exacerbated the development

of DCM [35-37]. Our previous research found that persistent hyperglycemia aggravated endoplasmic reticulum stress response of cardiomyocytes, which in turn led to cell apoptosis [27]. It was reported that hyperglycemic-induced activation of JNK and p38 MAPK signaling pathways stimulated the expression of apoptosis-related proteins such as caspase 3, which in turn activated the apoptotic pathway and caused apoptosis of cardiomyocytes. However, when the activity of phosphorylation of JNK and p38 MAPK were suppressed, the cell apoptosis was also attenuated in diabetic cardiomyopathy models [38-40]. In this study, we confirmed that MAPK signal pathways in cardiomyocytes were activated under hyperglycemic condition, which may elevate caspase-3 and 9 dependent apoptosis-related proteins expression and promote progression of apoptosis in diabetic myocardium.

Melatonin has been supposed as a potential therapeutic agent for DCM on account of its multiple physiological functions. Melatonin could take an antioxidative stress action via decreasing mTOR signaling pathway activation and rescue the impaired mitophagy activity through suppressing Mst1 in animals with DCM [41, 42]. It also published that melatonin could protect the rat heart against diabetes-induced apoptosis through ameliorating metabolic risk factors and modulating apoptotic proteins [43]. Our former research also revealed that melatonin played a positive role against the apoptosis via regulating endoplasmic reticulum stress and MAPK pathways [27, 28]. In this study, our data showed that melatonin could not directly decrease blood glucose level in diabetic rats, but it could distinctly ameliorate diabetic cardiac dysfunction independent of regulation of blood glucose level, perhaps partly through reducing myocardial apoptosis via modulation of MAPK signal pathways and apoptosis-related proteins. We found that melatonin could improve cardiac dysfunction caused by hyperglycemia using Langendorff-perfusion System. Consistent with parameters of cardiac function, the results of morphologic staining further confirmed diabetes-induced myocardial tissue damage was cured with melatonin treatment. However, the underlying molecular mechanisms of melatonin in hyperglycemic-induced cardiomyocyte apoptosis are yet to be elucidated.

The competing endogenous RNAs (ceRNAs) networks, including lncRNAs and miRNAs interactions, were reportedly involved in the regulation of protein-coding genes implicated in the pathological process of DCM [14, 44-47]. lncRNA H19, one of the lncRNAs enriched in cardiovascular system, was reported to act as a ceRNA on different miRNAs to exert effects on cardiovascular complications [48, 49]. Our previous study showed that lncRNA H19 suppression protected the endothelium against hyperglycemic-induced inflammation and oxidative stress via upregulating miR-29b expression and downregulating VEGFA expression, which caused activation of AKT/eNOS pathway in endothelial cells [11]. In this study, our results displayed that lncRNA H19 expression was negatively associated with miR-29c expression in myocardium of diabetic rats. Although it has been widely reported that melatonin alleviated diabetic cardiomyopathy at the protein level, the effects of melatonin on ceRNAs are rarely covered. Importantly, our study confirmed that melatonin partly inversed the increased lncRNA H19 and decreased miR-29c levels in diabetic cardiomyocytes. Moreover, our vitro experiments indicated that lncRNA H19 bound to miR-29c as a sponge and they interacted directly. Silence of lncRNA H19 further increased miR-29c expression in cardiomyocyte. We also observed that silence of lncRNA H19 suppressed the expression of MAPK13 protein in cardiomyocyte, which was testified in several studies. For example, lncRNA H19 can

target at some RNAs to regulate MAPK signal pathways and promote the development of atherosclerosis and arterial calcification [16, 50]. On the contrary, our data also showed that inhibition of miR-29c expression stimulated MAPK13 expression in cardiomyocyte and luciferase assay demonstrated that MAPK13 gene was the direct target of miR-29c. Thus, above results reveal that lncRNA H19 may in part regulate MAPK13 expression by competing with miR-29c. It is noteworthy that melatonin inhibits MAPK13 expression in cardiomyocyte via modulation of lncRNA19/miR-29c levels in our study. To investigate the role of lncRNA H19/miR-29c/MAPK13 signal in the regulation of cardiomyocyte apoptosis, H19 shRNA and miR-29c mimic were used to transfected with cardiomyocytes under hyperglycemia condition, which led to alleviation of apoptosis subsequently. In light of the role of MAPK signal pathways in apoptosis, we proved the potential involvement of lncRNA H19/miR-29c/MAPK13 signal pathway in the process of cardiomyocyte apoptosis in diabetes. Most importantly, our data showed that melatonin ameliorated cardiomyocyte apoptosis through modulation of lncRNA H19 mediated ceRNA network, which was confirmed for the first time.

Conclusions

In summary, we uncovered that melatonin treatment effectively ameliorated cardiac dysfunction and cardiomyocyte apoptosis in DCM, and the protection appeared to be largely dependent on the modulation of lncRNA H19/miR-29c/MAPK axis. These findings provide new insights that melatonin may be an attractive agent for alleviating the progression of DCM.

Declarations

Ethics approval and consent to participate

Animal experimental protocols were reviewed and approved by the Ethics Committee of Anhui Medical University.

Consent for publication

Not applicable.

Availability of data and materials

All data generated or analyzed during this study are included in this article.

Competing interests

The authors declare that they have no competing interests.

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Authors' contributions

HTT, STT, HLZ, WQL, and TFH contributed to conduct the experiments and draft the manuscript. YW, ZZL, and YXC completed the data statistics of the experiments. ZYD and DQW completed the preliminary preparation of the experiments. QZ and YW critically revised the manuscript. HQZ, STT, LQW and HXL designed and supervised the research. All authors read and approved the final manuscript.

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Abbreviations

ncRNAs: non-coding RNAs; RT-qPCR: Reverse Transcription-Quantitative Polymerase Chain Reaction; MAPK: mitogen-activated protein kinase; DCM: Diabetic cardiomyopathy; lncRNAs: long non-coding RNAs; miRNAs: microRNAs; MLT: melatonin; SD: Sprague Dawley; PVDF: polyvinylidene difluoride; cDNA: complementary DNA; RIP: RNA Immunoprecipitation; ceRNAs: competing endogenous RNAs.

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Figures

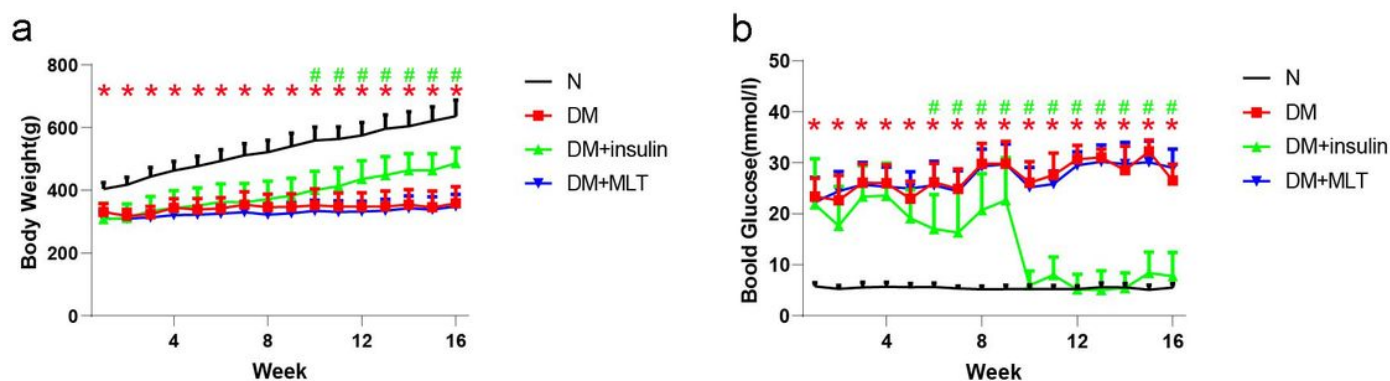


Figure 1

The body weight (a) and blood glucose (b) parameters of rats in different experimental groups (n = 12 per group). The parameters were measured by electronic scale and glucometer once a week. The data are presented as means \pm standard deviation. *P < 0.05, DM group vs. normal group; #P < 0.05, DM + insulin group vs. DM group.

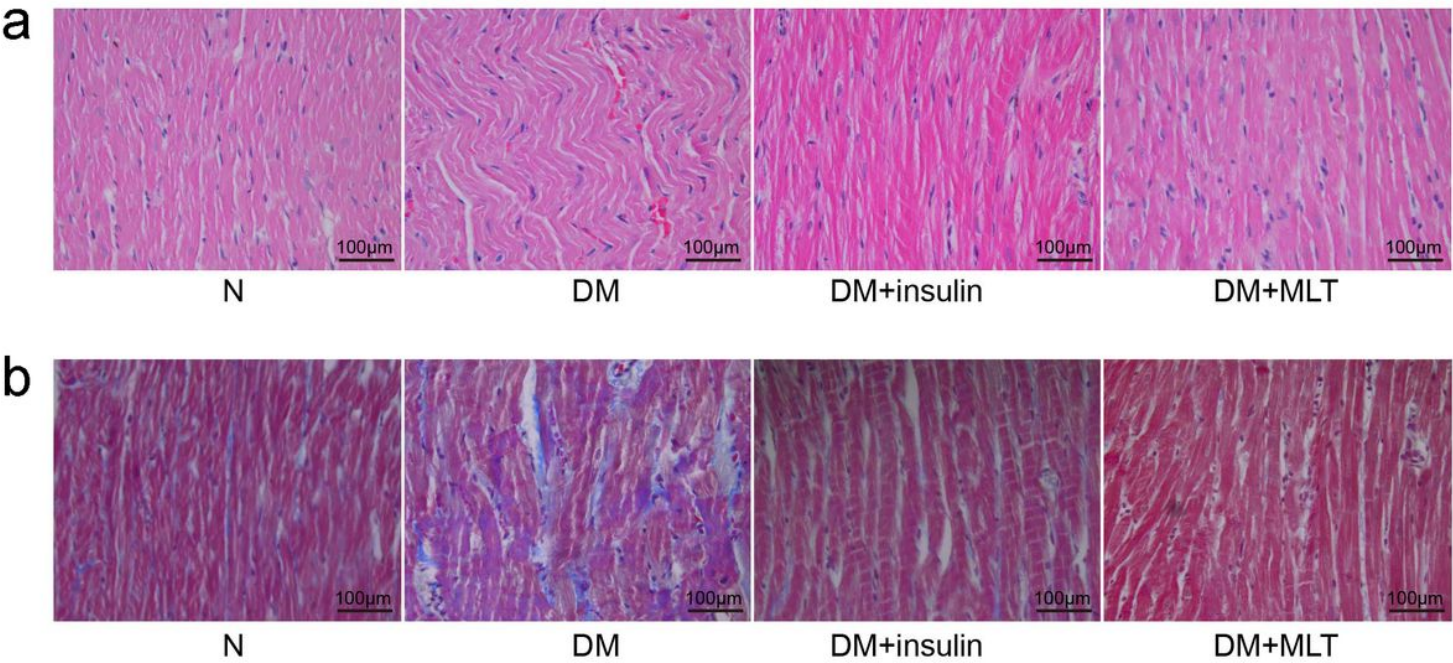


Figure 2

Therapeutic effects of melatonin on histomorphology and fibrosis in myocardial tissues of diabetic rats. (a)H&E staining showed that melatonin improved the cardiac fiber disorder in diabetes. (b)Masson's trichrome staining showed that melatonin alleviated cardiac collagen accumulation caused by diabetes. All experiments were performed at least in triplicate.

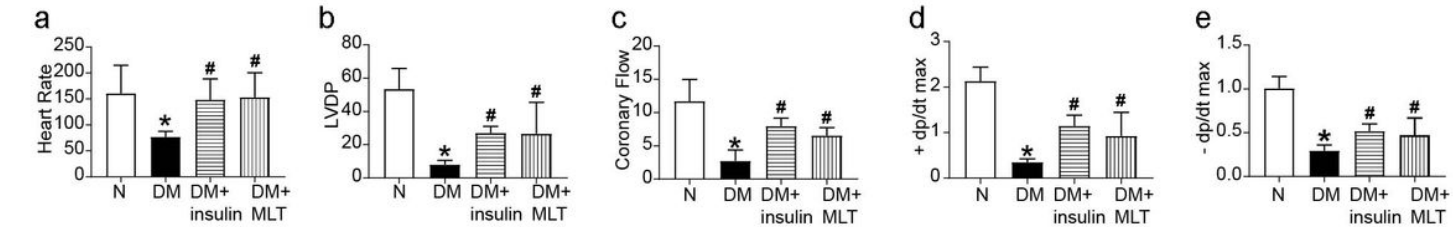


Figure 3

Melatonin relieved myocardial dysfunction in diabetic rats. The Langendorff-perfusion system was used to record myocardial dysfunction in rats (n = 6 per group). (a) heart rate; (b) left ventricular development pressure, LVDP; (c) coronary flow; (d) +dp/dt max; (e) -dp/dt max. The data are presented as means \pm standard deviation. *P < 0.05 vs. normal group; #P < 0.05 vs. DM group.

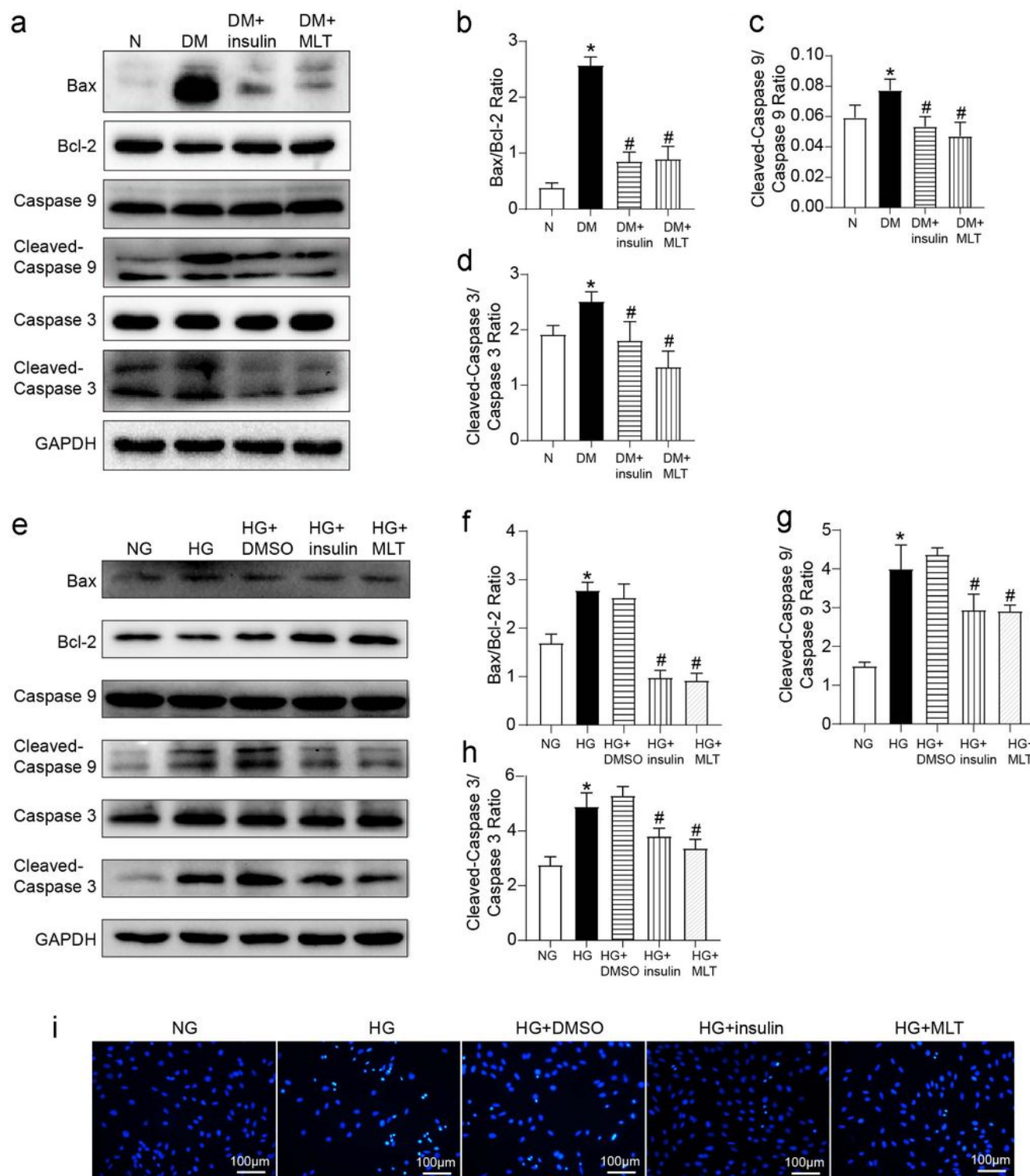


Figure 4

Melatonin alleviated apoptosis of cardiomyocyte in vitro and in vivo. (a-d) Western blotting was used to detect the expression levels of cleaved-caspase3, cleaved-caspase9 and BAX/Bcl-2 in myocardium of different groups in vivo. (e-h) Western blot analysis of the expression levels of cleaved-caspase3, cleaved-caspase9 and BAX/Bcl-2 in vitro experiment. (i) Hoechst 33258 staining showed that apoptosis of cardiomyocyte was relieved by melatonin treatment. The data are presented as means \pm standard

deviation. All experiments were performed at least in triplicate. *P < 0.05 vs. normal or normal glucose (NG: 5.5 mM) group; #P < 0.05 vs. DM or HG (HG: 33 mM) group.

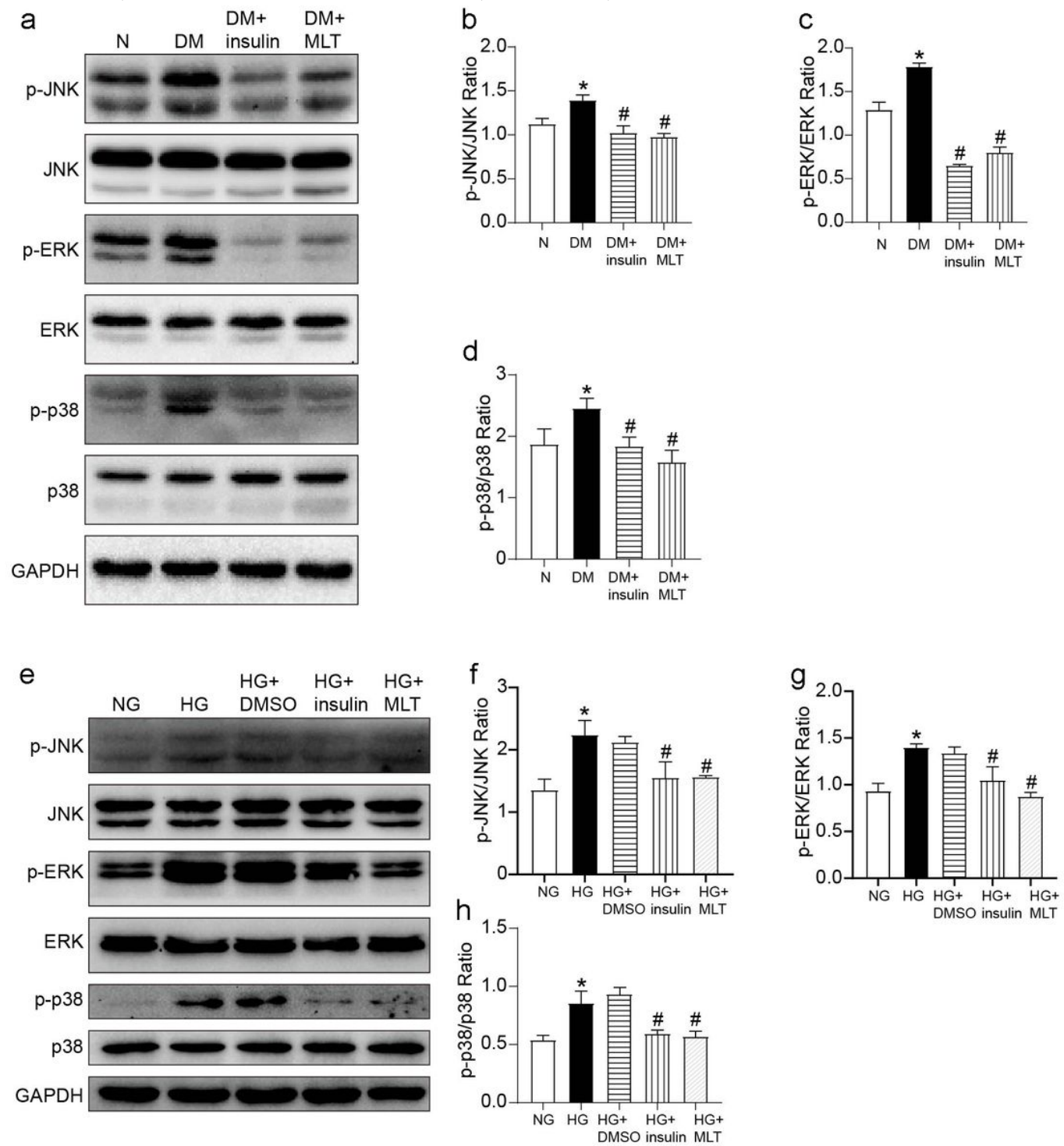


Figure 5

Melatonin reduced phosphorylated levels of JNK/ERK/p38 in diabetic myocardium and H9c2 cells. (a-d) The phosphorylated levels of JNK/ERK/p38 in myocardium were showed in different groups in vivo. (e-h) The phosphorylated levels of JNK/ERK/p38 in cardiomyocytes were showed in different groups in vitro.

The data are presented as means \pm standard deviation. All experiments were performed at least in triplicate. * $P < 0.05$ vs. normal or NG (NG: 5.5 mM) group; # $P < 0.05$ vs. DM or HG (HG: 33 mM) group.

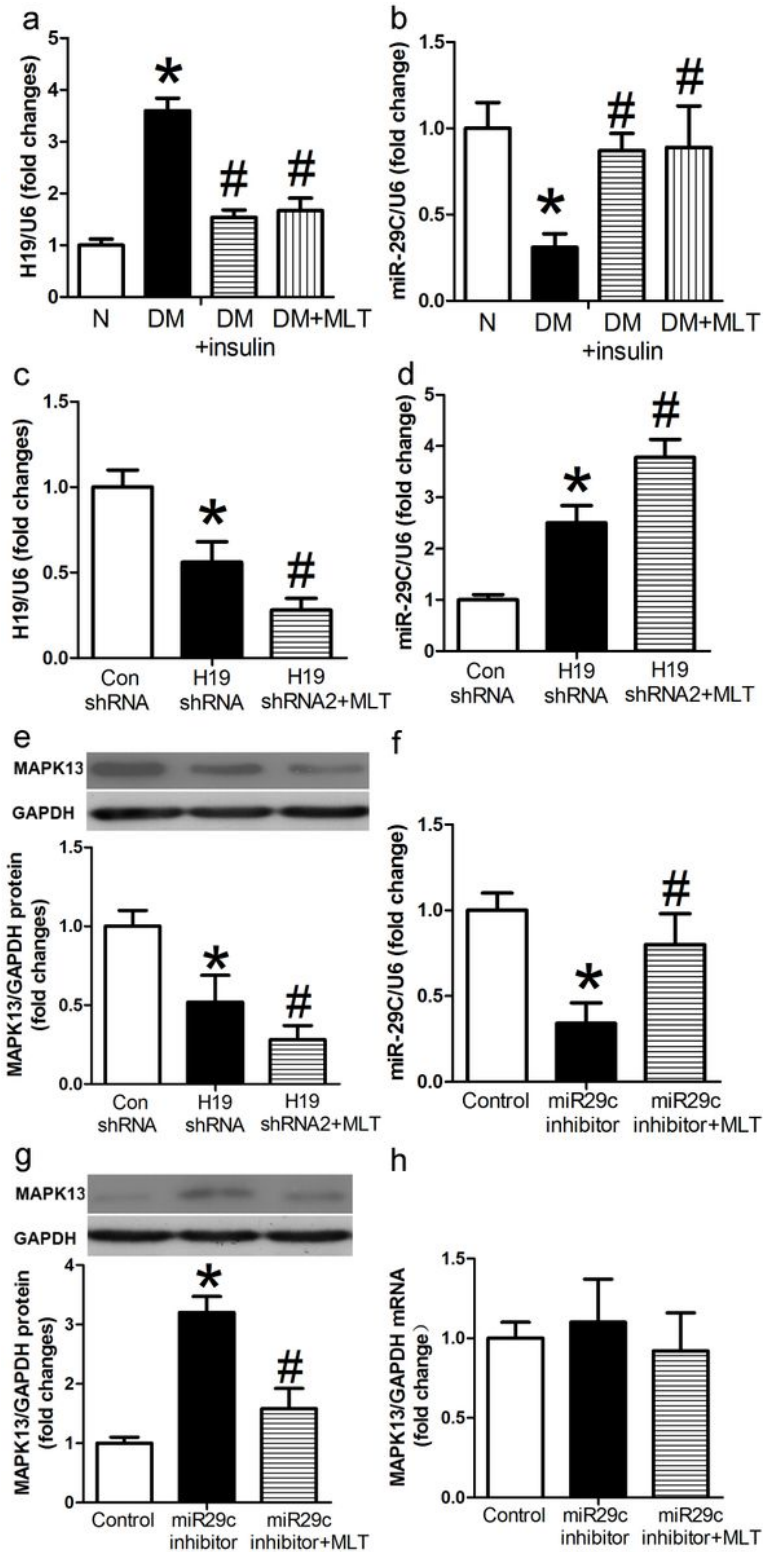


Figure 6

Melatonin affected the expressions of H19 and miR-29c in diabetic myocardium and regulated the networks of H19, miR-29c and MAPK13 in H9c2 cells. The higher expression of H19 (a) and lower expression of miR-29c (b) was abolished by melatonin treatment. The H19 (c), miR-29c (d) and MAPK13

protein (e) changed significantly with H19-shRNA and melatonin treatments. Obvious expression changes of miR-29c (f) and MAPK13 protein (g) appeared in H9c2 cells with miR-29c inhibitor and melatonin treatments, but no change of MAPK13 mRNA(h). The data are presented as means \pm standard deviation. All experiments were performed at least in triplicate. *P < 0.05 vs. control group; #P < 0.05 vs. DM, H19-shRNA or miRNA-29c inhibitor group.

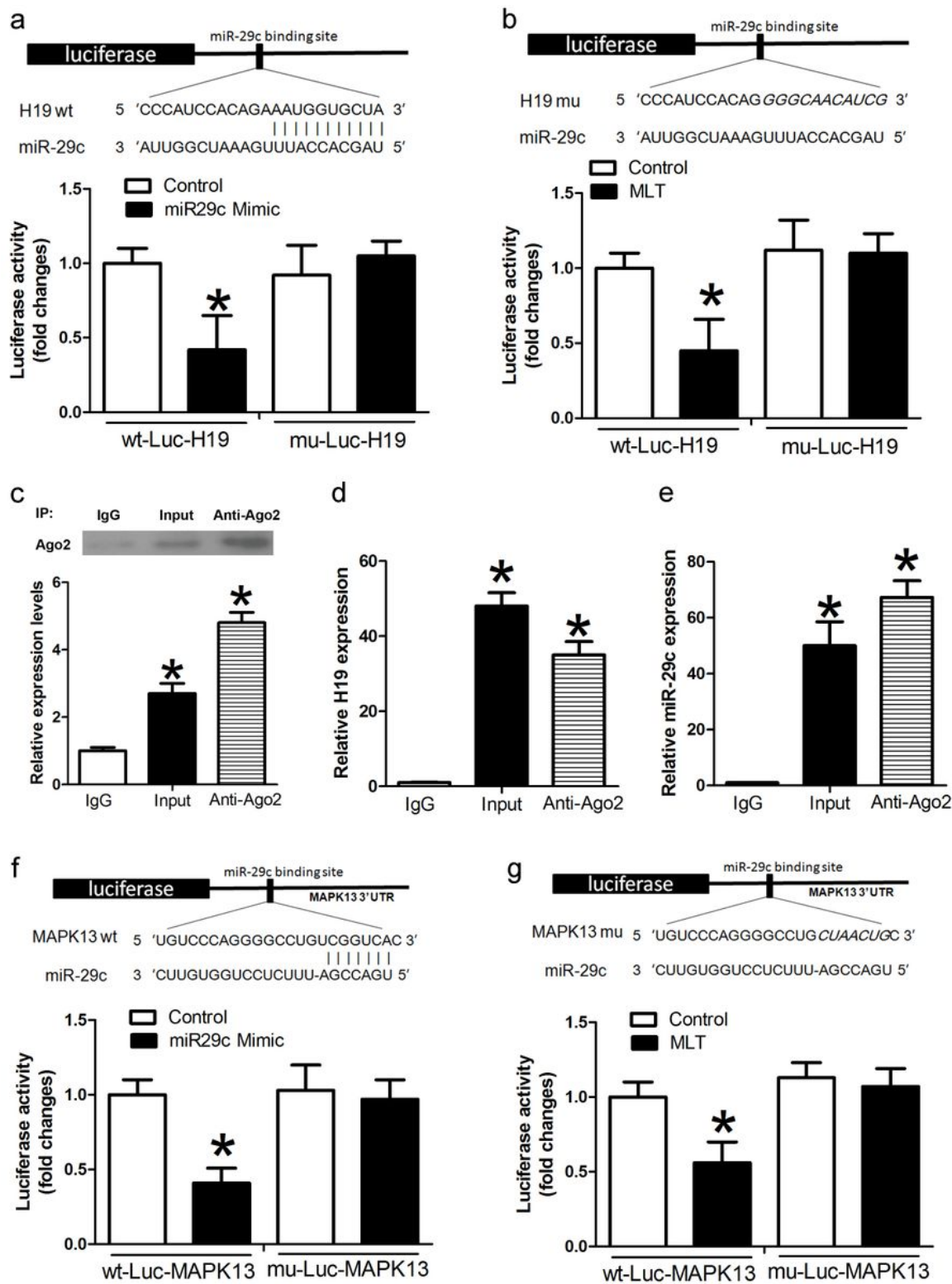


Figure 7

The potential miR-29c binding sites in lncRNA H19 and MAPK13. (a) Wild type H19 3'-UTR binds with miR-29c. MiR-29c mimic and luciferase constructs were co-transfected into H9c2 cells. Mutated H19 3'-UTR could not target with miR-29c mimic. (b) Melatonin combined with luciferase constructs were added to H9c2 cells. Cellular lysate from H9c2 was used for RNA immunoprecipitation with Ago2 antibody. Ago2 protein levels were measured by western blotting (c), and the expressions of H19 (d) and miR-29c (e) in the immunoprecipitate were measured by RT-PCR. The miR-29c 3'-UTR binding sites in wild type and mutated MAPK13 were shown (f, g). MiR-29c mimic and melatonin were separately added to H9c2 cells with luciferase constructs. The data are presented as means \pm standard deviation. All experiments were performed at least in triplicate. *P < 0.05 vs. control group.

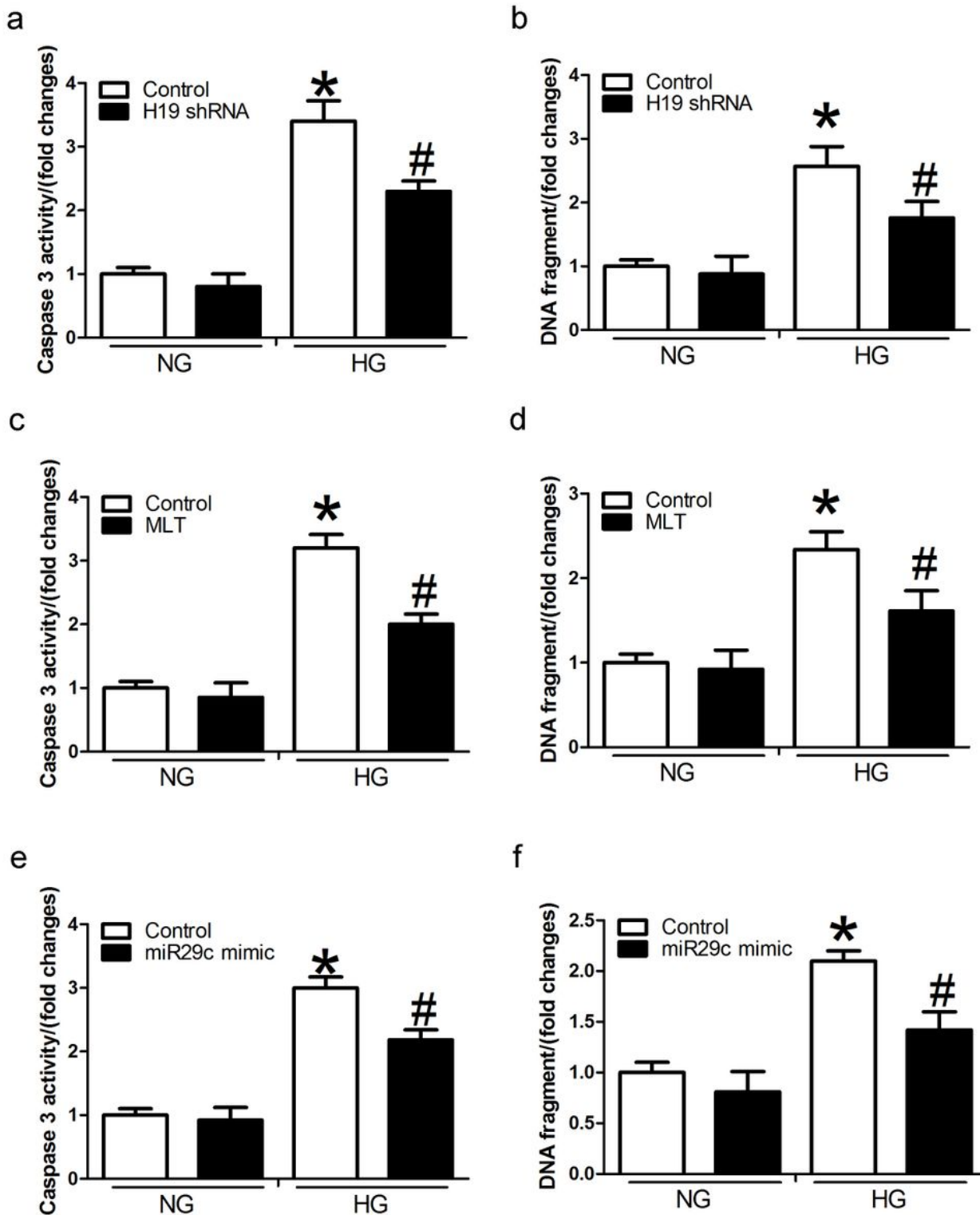


Figure 8

The effects of lncRNA H19 shRNA, melatonin and miR-29c mimic on apoptosis in H9c2 cells cultured in NG (NG: 5.5 mM) or HG (HG: 33 mM) medium. The decrease of caspase-3 activity (a, c, e) and DNA fragment (b, d, f) indicated protective effects of above treatments on cells apoptosis in hyperglycemic condition. The data are presented as means \pm standard deviation. All experiments were performed at least in triplicate. * $P < 0.05$ vs. control group in NG. # $P < 0.05$ vs. control group in HG.

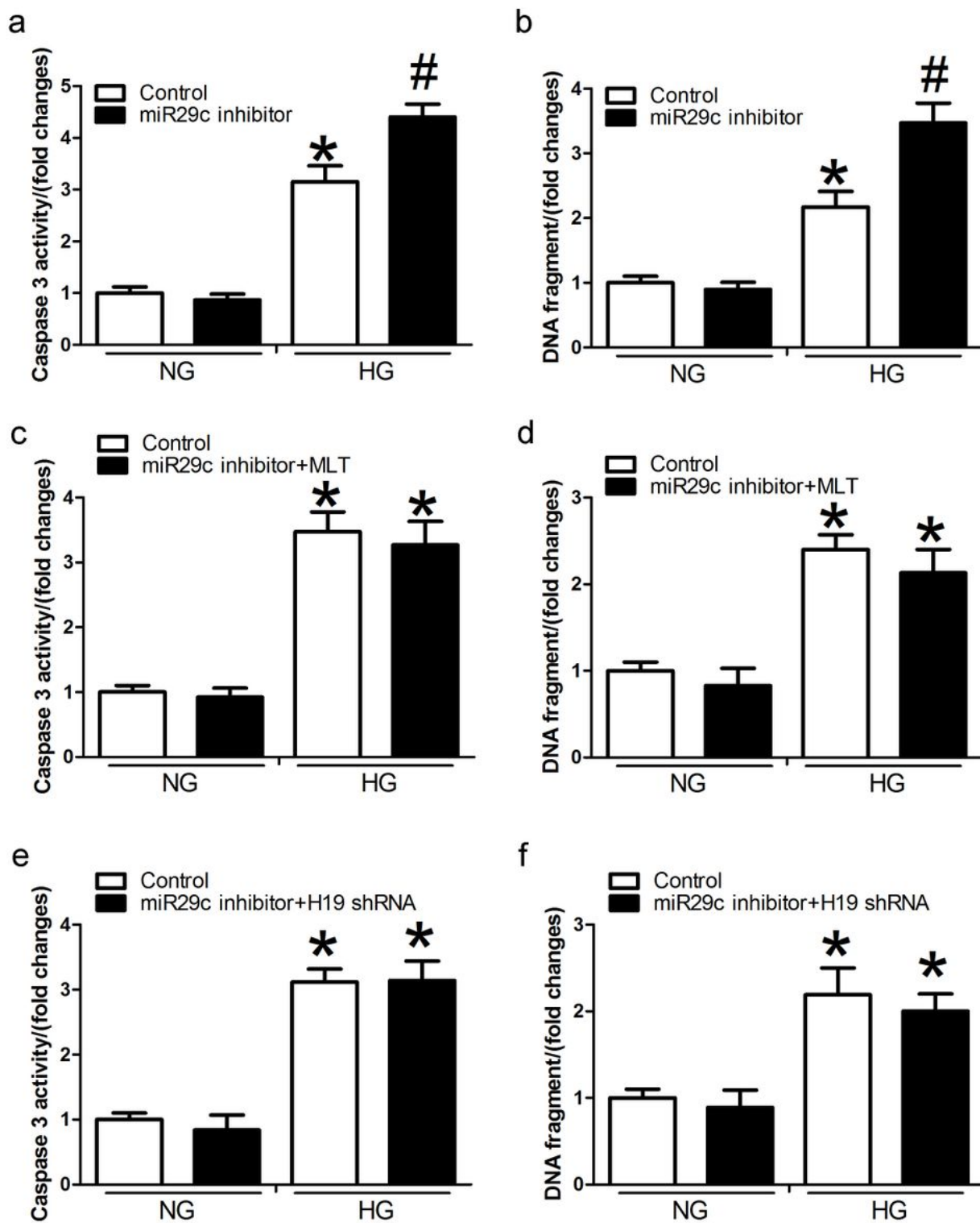


Figure 9

The effects of miR-29c inhibitor alone and in combination with H19-shRNA or melatonin on apoptosis of H9c2 cells in hyperglycemic condition. (a, b) Data showed the pro-apoptotic effect of miR-29c inhibitor on H9c2 cells in hyperglycemic condition. (c-f) Melatonin and H19-shRNA reversed the pro-apoptotic effect of miR-29c inhibitor on H9c2 cells in hyperglycemic condition. The data are presented as means \pm

standard deviation. All experiments were performed at least in triplicate. *P < 0.05 vs. NG groups; #P < 0.05 vs. control group in HG.

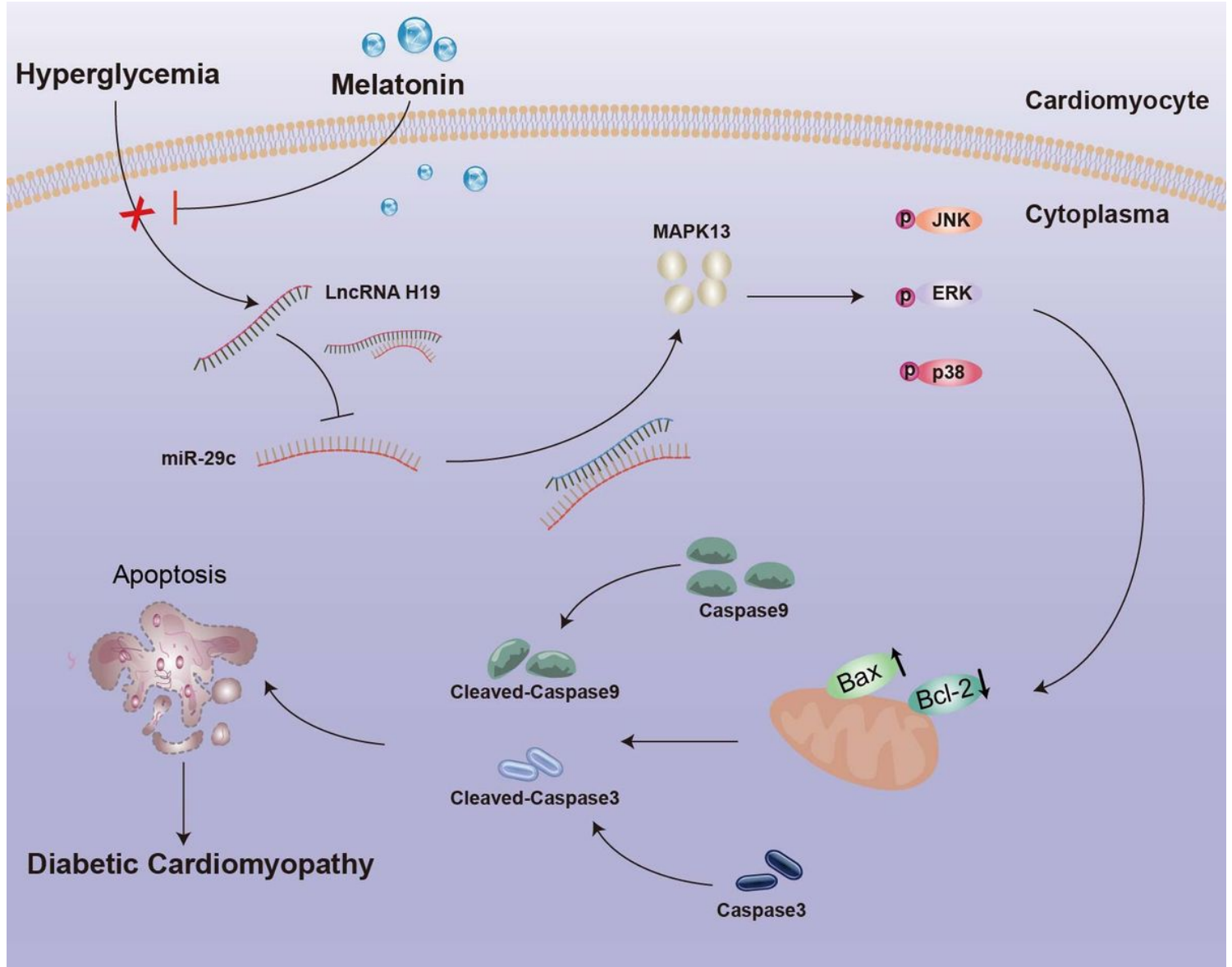


Figure 10

Schematic diagram illustrated that melatonin maintains ncRNAs homeostasis and reduces cardiomyocyte apoptosis in hyperglycemia condition via LncRNA H19/miR-29c/MAPK axis.