

Table S1. Methodological quality assessment of the included trials

Author	Representativeness	Comparability	Ascertainment of outcome	Score
Bozic, 2014	3	2	2	7
Burn, 2018	3	2	2	7
Chee, 2010	4	0	1	5
Choong, 2007	3	0	2	5
Cordero-Ampuero, 2010	3	0	2	5
Dale, 2011	3	2	2	7
Davis, 2011	4	2	2	8
de Boer, 2001	3	2	1	6
Dowsey, 2008	3	0	2	5
Gittings, 2017	3	2	1	6
Gonzalez, 2018	3	2	2	7
Huotari, 2007	3	0	2	5
Jamsen, 2012	3	2	2	7
Jung, 2017	3	1	2	6
Kildow, 2017	3	1	2	6
Kurtz, 2018	3	2	2	7
Lenguerrand, 2018	4	2	2	8
Lubbeke, 2007	4	2	1	7
Maoz, 2015	3	2	1	6
Marjo, 2007	4	2	1	7
McIntosh, 2006	3	2	1	6
Meermans, 2012	3	0	2	5
Muilwijk, 2006	3	2	2	7
Namba, 2012	3	2	2	7
Ong, 2009	4	2	1	7
Peel, 2011	3	0	2	5
Rondon, 2018	3	1	2	6
Smith, 2018	3	2	2	7
Song, 2012	3	2	2	7
Surin, 1983	3	0	2	5
Tai, 2014	4	0	1	5
Triantafyllopoulos, 2018	3	2	2	7
Vannini, 1984	3	0	2	5
Yong, 2001	3	2	1	6

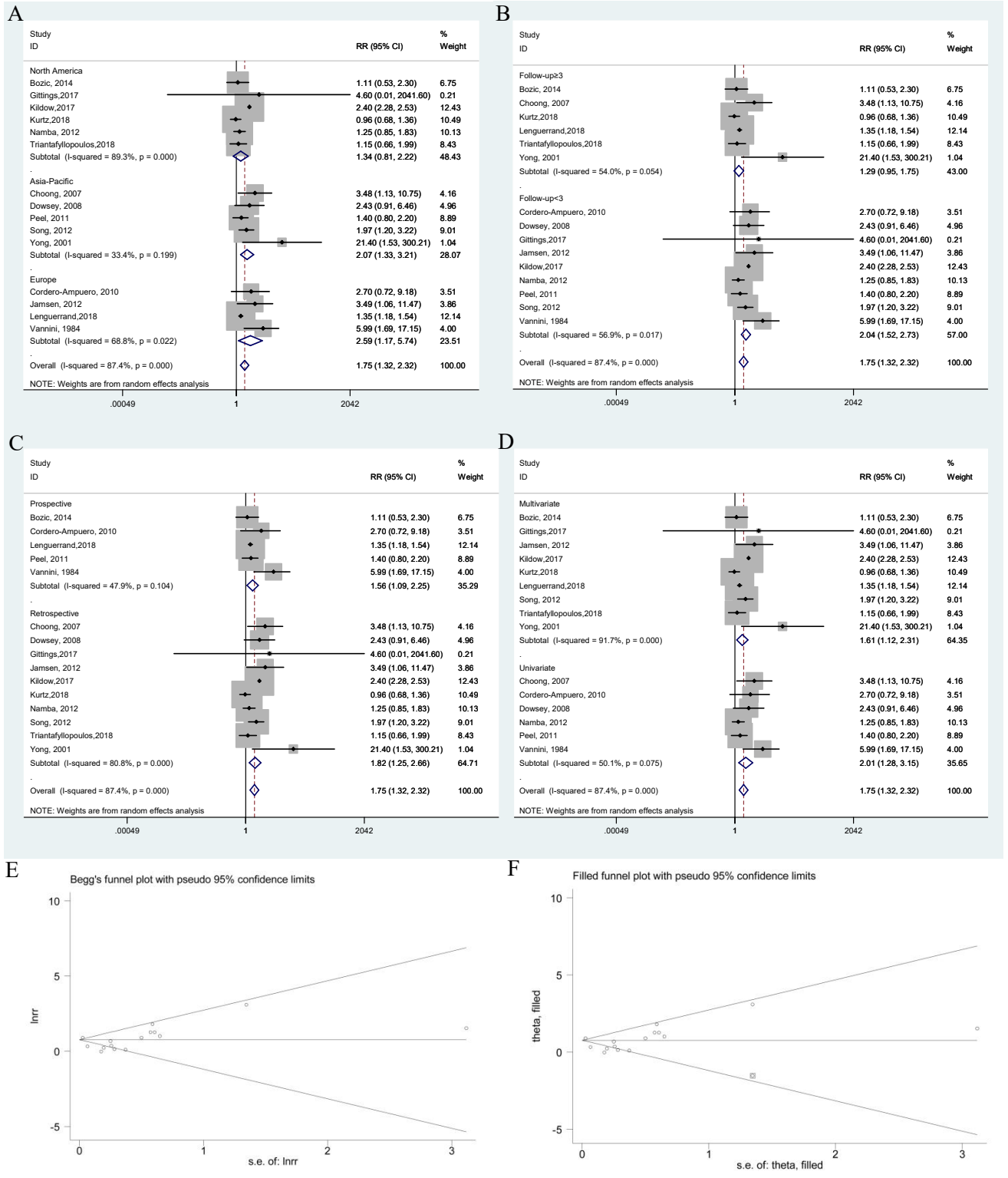


Fig. S1

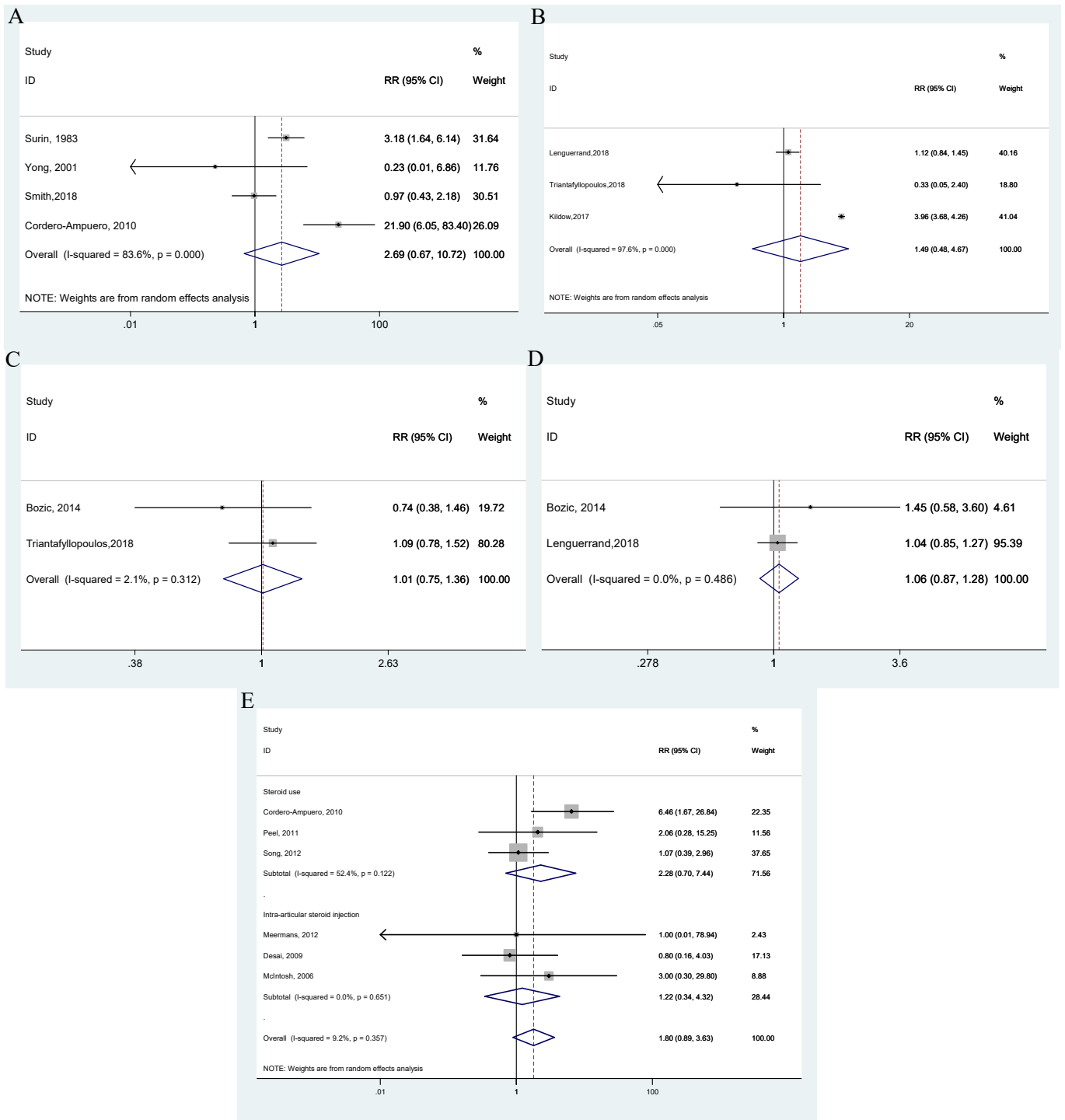


Fig. S2