

# Nicotinamide mononucleotide treatment increases NAD<sup>+</sup> levels in an iPSC Model of Parkinson's Disease but does not impact sirtuin activity

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## Research note

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28 Abstract:

29 Objectives: Parkinson's disease (PD) is a common neurodegenerative disorder caused by the loss of  
30 dopaminergic neurons in the substantia nigra. Although the underlying mechanisms of dopaminergic  
31 neuron loss is not fully understood, evidence suggests mitochondrial malfunction as a key contributor to  
32 disease pathogenesis. We previously found that human PD patient stem cell-derived dopaminergic  
33 neurons exhibit reduced nicotinamide adenine dinucleotide (NAD<sup>+</sup>) levels and reduce activity of sirtuins,  
34 a group of NAD<sup>+</sup>-dependent deacetylase enzymes that participate in the regulation of mitochondrial  
35 function, energy production, and cell survival. Thus, here we tested whether treatment of PD stem cell-  
36 derived dopaminergic neurons with nicotinamide mononucleotide (NMN), an NAD<sup>+</sup> precursor, could  
37 increase NAD<sup>+</sup> levels and improve sirtuin activity.

38 Results: We treated PD iPSC-derived dopaminergic neurons with NMN and found that NAD<sup>+</sup> levels did  
39 increase. The deacetylase activity of sirtuin (SIRT) 2 was improved with NMN treatment, but NMN had  
40 no impact on deacetylase activity of SIRT 1 or 3. These results suggest that NMN can restore NAD<sup>+</sup> levels  
41 and SIRT 2 activity, but that additional mechanisms are involved SIRT 1 and 3 dysregulation in PD  
42 dopaminergic neurons.

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44 Key words:

45 Dopaminergic neurons

46 LRRK2 G2019S

47 Sirtuin

48 Mitochondria

49

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51 Introduction:

52            Parkinson's disease (PD) is a devastating, progressive neurological disorder characterized by the  
53 loss of dopaminergic neurons in the substantia nigra and other brain stem nuclei, resulting in decreased  
54 dopamine release in the striatum and dysregulated motor output. Although it is known that death of  
55 dopaminergic neurons is the underlying cause of motor symptoms in PD, the exact biochemical  
56 processes driving this cell death remain elusive. Mounting evidence from human, animal and cell-based  
57 model systems have implicated mitochondrial dysfunction and increased oxidative stress as major  
58 drivers in the disease process [1-4]. Previous studies within our lab utilizing induced pluripotent stem  
59 cells (iPSCs) harboring the familial PD mutation G2019S in the leucine rich repeat kinase (LRRK) 2 gene  
60 have found pronounced mitochondrial and sirtuin dysfunction in differentiated dopaminergic neurons  
61 [4]. Sirtuins (SIRT) are a class of nicotinamide adenine dinucleotide (NAD<sup>+</sup>)-dependent protein and  
62 histone deacetylases with important regulatory roles in cellular senescence, mitochondrial  
63 bioenergetics, DNA repair, and reactive oxygen species production and removal [5]. We previously  
64 found that dopaminergic neurons generated from LRRK2 G2019S iPSCs have elevated SIRT protein  
65 levels, but decreased SIRT activity compared to healthy dopaminergic neurons [4]. Interestingly, we  
66 found that these deficits were more pronounced in LRRK2 G2019S iPSC-derived dopaminergic neurons  
67 than in cortical neurons derived from the same LRRK2 G2019S iPSCs [4], suggesting a selective  
68 vulnerability of dopaminergic neurons. Moreover, we found that LRRK2 G2019S iPSC-derived  
69 dopaminergic neurons had reduced NAD levels compared to control dopaminergic neurons [4], which  
70 likely impedes SIRT function in dopaminergic neurons and may be contributing to downstream  
71 mitochondrial deficits. Previous studies have found that pharmacologically targeting the NAD<sup>+</sup> pathway

72 improved mitochondrial and SIRT function in both in vitro and in vivo models of PD [3, 6]. Therefore,  
73 here we tested if addition of the NAD precursor nicotinamide mononucleotide (NMN) could increase  
74 NAD<sup>+</sup> levels and improve SIRT deacetylase function in LRRK2 G2019S iPSC-derived dopaminergic  
75 neurons.

76 Main Text:

77 Methods:

78 iPSCs and dopaminergic neuron differentiation and treatment

79 iPSCs were received from Coriell Cell Repository that retains the privacy of the original donors.  
80 All iPSC work was approved by the Institutional Biosafety Committee (IBC20120742) and the  
81 Institutional Review Board (PRO00025822) at the Medical College of Wisconsin. Human iPSCs were  
82 obtained from a commercially available cell repository (Coriell Institute), maintained as undifferentiated  
83 colonies on Matrigel in E8 growth medium. The method for dopaminergic neuron differentiation was  
84 adapted from previously published protocols [7, 8]. Briefly, embryoid bodies were cultured in  
85 dopaminergic neuron base medium (2% B27, 1% N2, 0.1%  $\beta$ -mercaptoethanol, 50 $\mu$ g/ml laminin,  
86 200ng/ml ascorbic acid, 10mM Y27632, and 1% antibiotic/antimycotic in 25% DMEM, 25% F12, and 50%  
87 neurobasal medium) over 14 days. From day 0-3, base medium was supplemented with 8.0 $\mu$ M CHIR-  
88 99021, 0.2 $\mu$ M LDN193189, and 40 $\mu$ M SB431542. From days 2-10, the medium was supplemented with  
89 300ng/ml sonic hedgehog, 100ng/ml FGF8, and 2 $\mu$ M purmorphamine. From days 9-14, 1 $\mu$ M DAPT was  
90 added to the medium. From days 11-14, 10 $\mu$ g/ml BDNF, 10 $\mu$ g/ml GDNF, and 1 $\mu$ M db-cAMP were added  
91 to the medium. On day 14, EBs were dissociated with TrypLE and plated onto Matrigel-coated 6-well  
92 plates (200,000 cells/well) and coverslips (30,000 cells/coverslip in 24-well plates) in maturation medium  
93 (base medium plus 10mM DAPT, 10g/ml BDNF, 10 $\mu$ g/ml GDNF, and 1mM db-cAMP). Medium was

94 replaced every other day until the end of the experiment. At 42 days of differentiation, control and  
95 LRRK2 neurons were treated with 1mM NMN or maturation medium alone for 24hrs.

#### 96 Immunocytochemistry

97 Cells were fixed in 4% PFA in PBS. Following blocking of nonspecific labeling and  
98 permeabilization in 5% donkey serum and 0.2% TX-100 in PBS, cells were incubated in appropriate  
99 primary antibody and then the corresponding secondary antibody. Hoechst dye was used to label nuclei.  
100 Primary antibodies used were rabbit anti-tyrosine hydroxylase (Pel-Freez, P40101, 1:1000) and mouse  
101 anti-beta III tubulin (Sigma, T8660, 1:2000).

#### 102 Western Blot

103 Whole cell lysates were isolated from PD and healthy dopaminergic neurons using 1x Chaps  
104 buffer with protease inhibitors. Bradford assay was used to assess protein samples and 20ug of protein  
105 per sample was run on 12% precast polyacrylamide gels. Gels were electrophoresed at 105 volts for 90  
106 minutes and transferred to PVDF membrane. Protein content of samples was assessed using REVERT  
107 total protein stain (Li-COR, 926-11011) and then probed following standard western blot methods.  
108 Primary antibodies used were as follows: rabbit anti-SIRT 1 (Cell Signaling, 9475, 1:1000), rabbit anti-  
109 SIRT 2 (Cell Signaling, 12672, 1:1000), rabbit anti-SIRT 3 (Abgent, AP6242a, 1:1000), goat anti-PGC1  
110 alpha (Abcam, ab106814, 1:1000), mouse anti-acetylated tubulin (Sigma, T7451, 1:1000), and rabbit  
111 anti-SOD2 (Abcam, ab137037, 1:1000). Appropriate species corresponding red and green tagged  
112 secondary antibodies were used. Fluorescence was measured using an Odyssey CLx imager and signal  
113 intensity quantified using Image Studio software.

#### 114 NAD Assay

115 Quantification of NAD content in samples was carried out using a colorimetric assay kit (Sigma  
116 Aldrich). Samples from a single well (200,000 cells) of each experimental group were treated with  
117 NADH/NAD extraction buffer and deproteinized using a 10kDa cut-off spin filter to prevent enzymatic  
118 degradation of NADH. A standard curve was generated using serial dilutions of 1mM NADH. Samples  
119 were then treated with an NAD cycling enzyme mix in duplicate and incubated for 3 hours. Absorbance  
120 was measured at 450nm. Following correction for background, NAD content was calculated using the  
121 standard curve.

## 122 Statistical Analysis

123 A total of five independent dopaminergic differentiations were carried out for data analysis  
124 using one control and one homozygous LRRK2 G2019S iPSC line. Data were analyzed using ANOVA with  
125 Bonferroni multiple correction using GraphPad Prism software. Results were considered statistically  
126 significant at  $p < 0.05$ .

## 127 Results:

128 iPSCs from a healthy individual and an unrelated individual with confirmed LRRK2 G2019S PD  
129 were differentiated into dopaminergic neurons in vitro using protocols adapted from previously  
130 established methods [7, 8]. We have previously found that three independent LRRK2 G2019S iPSC lines  
131 all showed consistent dopaminergic neuron differentiation efficiency and a similar reduction in  
132 mitochondrial function and SIRT deacetylase activity compared to multiple independent control iPSC  
133 lines [4]. Therefore, for this pilot study, we chose to test only a single PD iPSC line and a single control  
134 iPSC line. To assess successful differentiation into ventral mesencephalon dopaminergic neurons, we  
135 used immunocytochemistry to label cells for Tuj1, a beta-III tubulin specific to neurons, and tyrosine  
136 hydroxylase (TH), a dopaminergic neuron specific enzyme responsible for dopamine production.

137 Consistent with our and others' previous work [4, 7], we observed robust Tuj1 expression with a  
138 proportion of the neurons also expressing TH immunofluorescence (Fig. 1).

139 Next, we tested whether NMN treatment could effectively increase NAD<sup>+</sup> levels in G2019S  
140 dopaminergic neurons. We first found that untreated G2019S PD neurons had approximately half of the  
141 NAD<sup>+</sup> concentration compared to control neurons (Fig 2A). Although this reduction did not reach  
142 significance, the trend is consistent with our previous data [4]. NMN treatment increased total NAD<sup>+</sup> in  
143 G2019S PD neurons compared with untreated G2019S PD neurons to a level comparable to untreated  
144 healthy control neurons (Fig. 2A). Considering that NAD<sup>+</sup> is required for SIRT function, we next examined  
145 the effect of NMN treatment on SIRT deacetylase activity. Similar to our previous data [4], western blot  
146 analysis showed LRRK2 G2019S dopaminergic neurons exhibited increased expression of SIRT 1, 2, and 3  
147 (Fig. 2B-D). However, NMN treatment did not dramatically alter overall expression levels of any sirtuin  
148 tested (Fig 2B-D). We next assessed levels of acetylated targets of SIRT 1, 2, and 3 to determine if NMN  
149 treatment also impacted SIRT function. We found no change in expression of acetylated targets PGC1 $\alpha$   
150 and SOD2 (data not shown) suggesting that the NMN treatment was insufficient to alter SIRT 1 and 3  
151 activity, respectively. However, treatment with NMN induced a significant 2.5-fold reduction in  
152 expression of acetylated  $\alpha$ -tubulin in NMN-treated G2019S dopaminergic neurons compared to  
153 untreated G2019S neurons (Fig. 2E) indicating a partial restoration of SIRT 2 activity despite no overt  
154 change in SIRT 2 levels. Together, these data indicate that NMN treatment may preferentially target and  
155 restore SIRT 2 function in LRRK2 G2019S dopaminergic neurons. However, these data also indicate that  
156 an increase in NAD<sup>+</sup> level is not sufficient to impact overall sirtuin function suggesting that other  
157 mechanisms are likely contributing to sirtuin malfunction in G2019S iPSC-derived PD dopaminergic  
158 neurons.

159 Discussion:



160 Sirtuins are integral in protecting the cell during times of oxidative stress or increased metabolic  
161 demand due to their role in the regulation of antioxidant defense, mitochondrial function, and  
162 mitochondrial trafficking [5]. As dopaminergic neurons are highly active and selectively damaged in PD,  
163 chronic alterations in SIRT function may result in accumulating cellular damage and ultimately cell death  
164 with aging in PD patients. In the present study, NMN treatment increased NAD levels, which had the  
165 most robust effect on SIRT 2 function in human LRRK2 G2019S iPSC-derived dopaminergic neurons. SIRT  
166 2 is involved in mitochondrial trafficking via deacetylation of  $\alpha$ -tubulin. Mitochondrial trafficking from  
167 the cell body to dendrites and axons is a critical function that neurons undergo constantly for energy  
168 maintenance and survival [9], and dysfunction of this process has been found in a number of  
169 neurodegenerative diseases, including PD. In this regard, decreased SIRT 2 activity in G2019S DA neurons  
170 may be playing a role in the mitochondrial trafficking defects observed in these cells [4]. However,  
171 whether NMN treatment improves mitochondrial trafficking in G2019S DA neurons has yet to be tested.

172 A single administration of 1mM NMN was used based on preliminary data and previous studies  
173 showing an effect in iPSC derived neurons from PD patients with mutations in beta-glucocerebrosidase  
174 (GBA) [3], but this study did not evaluate the effect on SIRT levels or function. Another study  
175 demonstrated that increasing levels of NAMPT, the rate limiting enzyme in the NAD<sup>+</sup> salvage pathway,  
176 increased SIRT1 activity in 6-hydroxydopamine (6-OHDA) treated PC-12 cells [6]. Although we observed  
177 an increase in SIRT2 activity in LRRK2 G2019S iPSC-derived dopaminergic neurons (Fig 2), we did not  
178 observe an effect on SIRT1 or SIRT3 expression or function. The discrepancy in results are not entirely  
179 clear, but they could be due to differences in model system used (PC-12 cells vs human iPSC-derived  
180 dopaminergic neurons), PD stressor (6-OHDA toxicity vs endogenous LRRK2 mutation), or  
181 pharmacological treatment (NAMPT vs NMN). Although additional research is needed, the present study  
182 shows that NAD<sup>+</sup> precursor treatment can improve overall NAD<sup>+</sup> levels in dopaminergic neurons, but  
183 the overall impact on SIRT deacetylase activity was modest suggesting that additional modulators may

184 be needed to provide a more robust and therapeutically beneficial effect. As NAD<sup>+</sup> supplements are  
185 readily available to the general public, it will be important to further evaluate the effect of NAD<sup>+</sup>  
186 precursor treatment on neuron health and disease to better understand the potential therapeutic  
187 benefits and drawbacks to their use.

188 Limitations:

189           Limitations of the current study include the small number of iPSC lines used; the mix of  
190 differentiated cells in the cultures; the lack of complex interactions between neuronal, glial, immune,  
191 and vascular cell types in a 2D environment; and that a single concentration of NMN was tested. We  
192 used one PD and one control iPSC line, so it is possible that additional patient lines would show  
193 differences in sirtuin function upon NMN treatment. However, our previous studies have shown  
194 consistent phenotypes across the PD lines in our hands [4, 10] , so we do not expect that a larger effect  
195 would be seen in additional lines. The treatment paradigm for NMN was based on previous studies [3],  
196 but future studies should evaluate the efficacy of different NMN dosage on the sirtuin activity and  
197 overall mitochondrial energetics and movement to gain a better insight into its potential effects in  
198 human dopaminergic neurons. Although TH<sup>+</sup> dopaminergic neurons are only a smaller fraction of the  
199 differentiated culture, the cells in the culture are patterned toward ventral mesencephalon, so results  
200 from these cultures are still relevant for PD. Nevertheless, iPSCs remain a powerful disease modeling  
201 method as they allow for in vitro studies of human cells with a known disease genotype, giving a  
202 translational advantage over induced disease models or animal studies.

203 Abbreviations:

204 PD, Parkinson's disease; LRRK2, leucine-rich repeat kinase 2; NAD<sup>+</sup>, nicotinamide adenine dinucleotide;  
205 iPSC, induced pluripotent stem cells; 6-OHDA, 6-hydroxydopamine; SIRT, sirtuin; NMN, nicotinamide  
206 mononucleotide

207 Declarations:

208 Ethical Approval and Consent to Participate: iPSCs were received from Coriell Cell Repository that retains  
209 the privacy of the original donors. All iPSC work was approved by the Institutional Biosafety Committee  
210 (IBC20120742) and the Institutional Review Board (PRO00025822) at the Medical College of Wisconsin.

211 Consent for Publication: Not applicable

212 Availability of Supporting Data: Data sharing is not applicable to this article as no datasets were  
213 generated or analyzed during the current study.

214 Competing Interests: The authors declare that they have no competing interests.

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218 Author contributions: Conception of design: SLS, ADE; Collection of data: BFK, SLS; Analysis of data: BFK,  
219 ADE; Supply of resources: ADE; Drafting and editing of manuscript: BFK, SLS, ADE. All authors read and  
220 approved the final manuscript.

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222 Authors' information: Not applicable.

223 Material availability: The iPSC lines used in this study are publicly available from Coriell Cell Repository.

224

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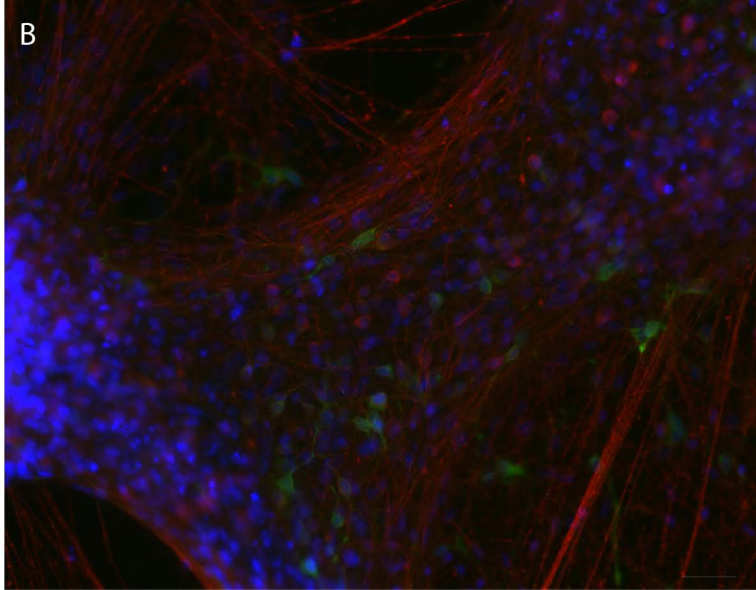
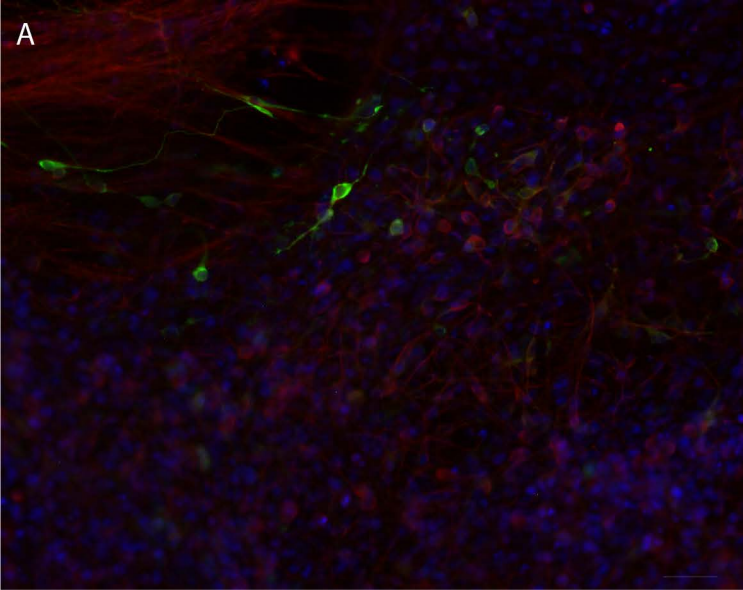
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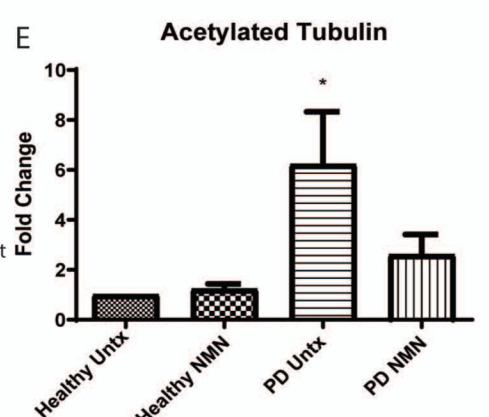
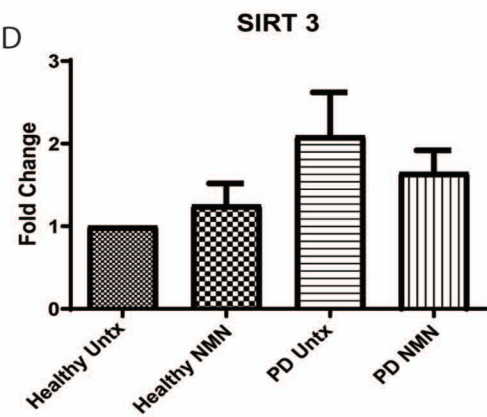
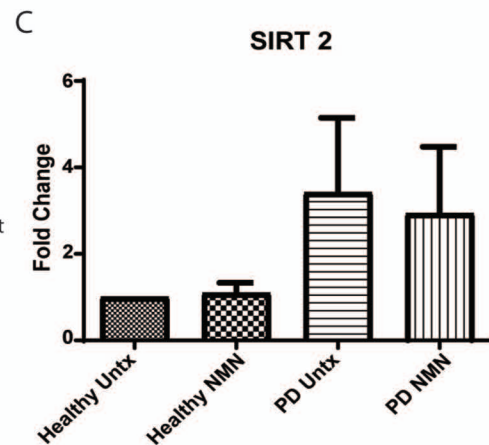
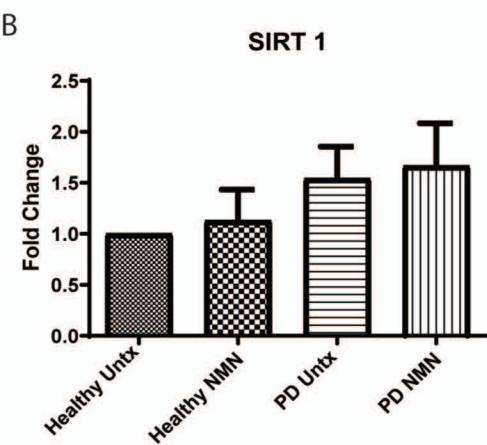
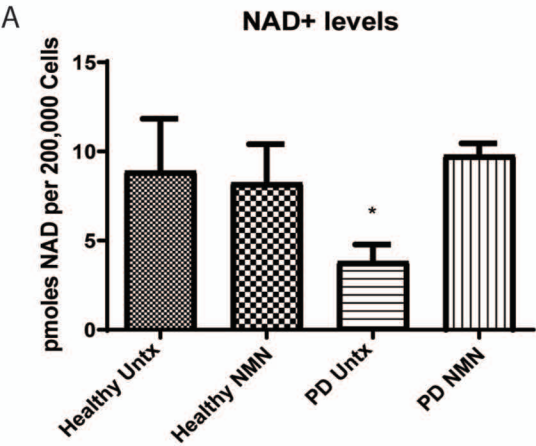
251 Figure 1: Representative images of dopaminergic neurons generated from healthy (A) and LRRK2  
252 G2019S (B) iPSCs as demonstrated by immunocytochemistry for tyrosine hydroxylase (green) and  $\beta$ III  
253 tubulin (red). Nuclei are labeled with Hoechst nuclear dye (blue). Scale bar = 100 $\mu$ m

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255 Figure 2: NMN treatment increased NAD<sup>+</sup> levels in LRRK2 G2019S iPSC-derived dopaminergic cultures,  
256 but it had little impact on SIRT expression or deacetylase activity. (A) NAD<sup>+</sup> levels were significantly  
257 increased in NMN treated PD iPSC dopaminergic neurons compared to untreated (untx) PD iPSC  
258 dopaminergic neurons. NMN treatment had no significant effect on NAD<sup>+</sup> levels in healthy  
259 dopaminergic neurons. (B-D) Western blot analysis showed no impact of NMN treatment on SIRT 1 (B),  
260 SIRT 2 (C), or SIRT 3 (D) protein expression levels in either healthy or PD dopaminergic neurons  
261 compared to untreated (untx) dopaminergic neurons. (E) Acetylated  $\alpha$ -tubulin (a-tub) was significantly  
262 increased in untreated PD dopaminergic neurons, and NMN treatment induced a 2.5-fold reduction in  
263 expression of acetylated  $\alpha$ -tubulin in PD dopaminergic neurons (E). Protein was normalized to revert  
264 total protein stain. \* $p < 0.05$  by ANOVA with Bonferroni correction.  $n = 5$  independent differentiations.  
265 SIRT 1 and SIRT2 were performed on the same membrane, so the revert protein stain is the same in B  
266 and C. Uncropped blots included in supplemental data.

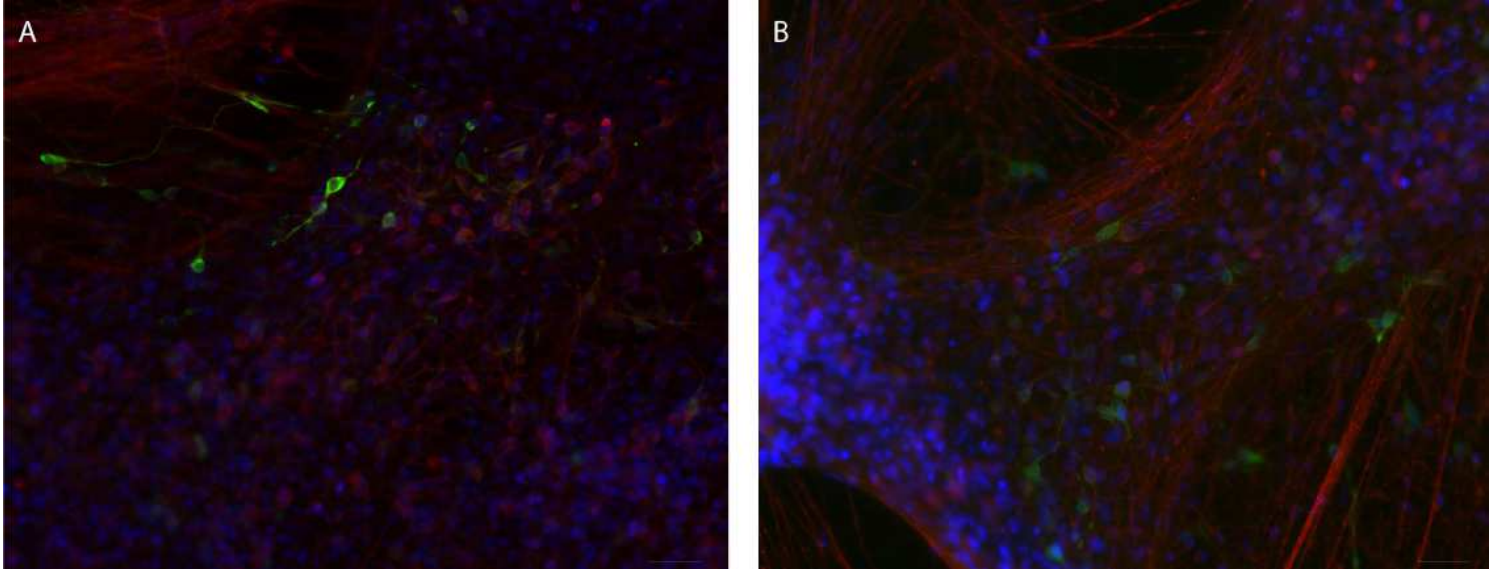
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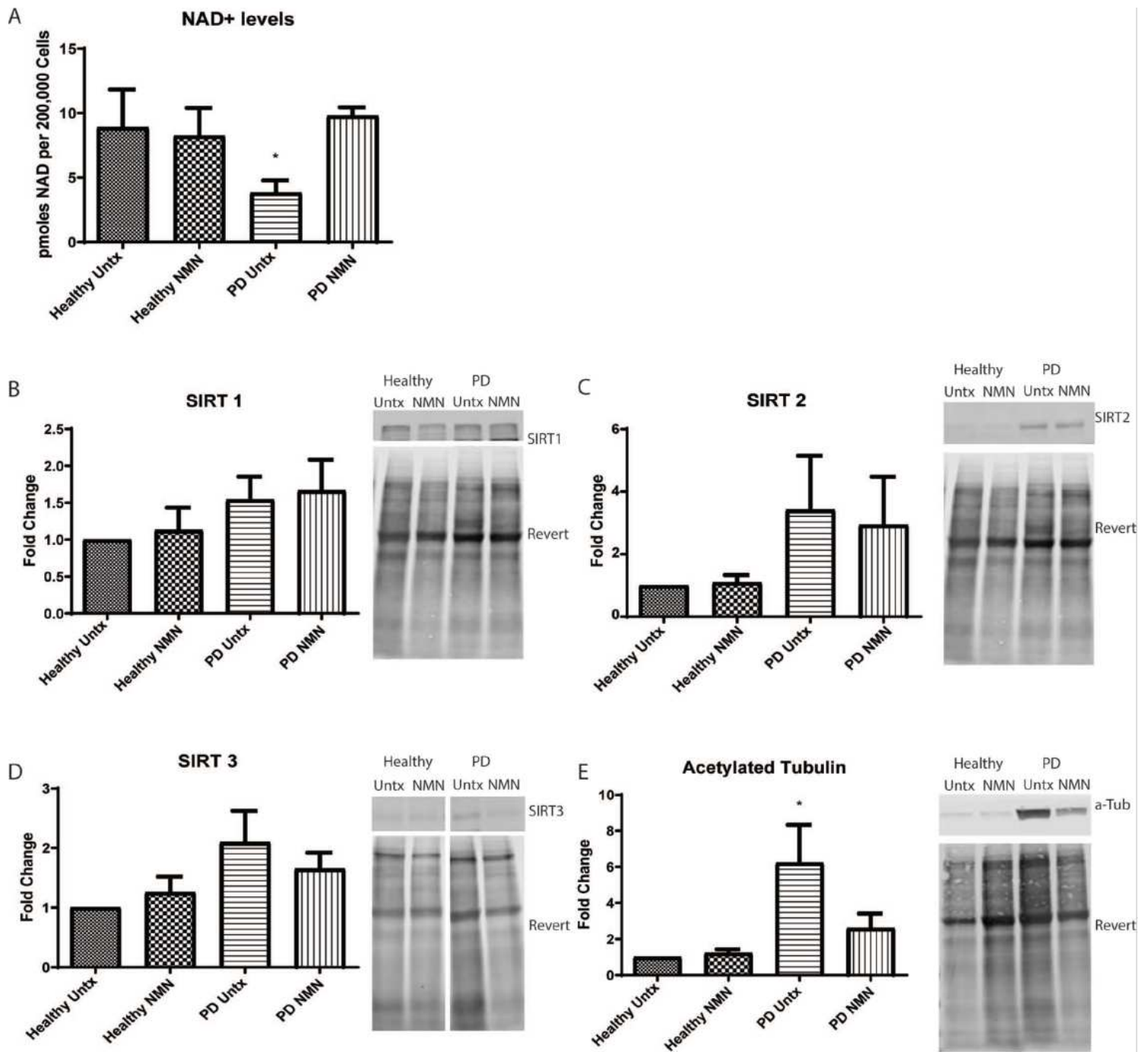


# Figures



**Figure 1**

Representative images of dopaminergic neurons generated from healthy (A) and LRRK2 G2019S (B) iPSCs as demonstrated by immunocytochemistry for tyrosine hydroxylase (green) and  $\beta$ III tubulin (red). Nuclei are labeled with Hoechst nuclear dye (blue). Scale bar = 100 $\mu$ m



**Figure 2**

NMN treatment increased NAD<sup>+</sup> levels in LRRK2 G2019S iPSC-derived dopaminergic cultures, but it had little impact on SIRT expression or deacetylase activity. (A) NAD<sup>+</sup> levels were significantly increased in NMN treated PD iPSC dopaminergic neurons compared to untreated (untx) PD iPSC dopaminergic neurons. NMN treatment had no significant effect on NAD<sup>+</sup> levels in healthy dopaminergic neurons. (B-D) Western blot analysis showed no impact of NMN treatment on SIRT 1 (B), SIRT 2 (C), or SIRT 3 (D) protein expression levels in either healthy or PD dopaminergic neurons compared to untreated (untx) dopaminergic neurons. (E) Acetylated  $\alpha$ -tubulin (a-tub) was significantly increased in untreated PD dopaminergic neurons, and NMN treatment induced a 2.5-fold reduction in expression of acetylated  $\alpha$ -

tubulin in PD dopaminergic neurons (E). Protein was normalized to revert total protein stain. \* $p < 0.05$  by ANOVA with Bonferroni correction.  $n = 5$  independent differentiations. SIRT 1 and SIRT2 were performed on the same membrane, so the revert protein stain is the same in B and C. Uncropped blots included in supplemental data.

## Supplementary Files

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- [FulleyloveKrauseetal2020supplementalinfo.pdf](#)