**Compliance with ethical standards**

**Conflict of interest** The other authors declare that they have no conflicts of interest.

**Ethical approval** This article does not contain any studies with animals performed by any of the authors. All procedures performed in studies involving human participants were in accordance with the ethical stand-ards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

**Informed consent** Informed consent was obtained from all individual participants included in the study. The study was approved by he Ethics Committee of the Hunan Provincial Maternal and Children Health Care Hospital. (No. 2019-15).

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