

Table 1. Themes and objectives of each web-based self-learning module

Module themes	Objectives
1 Create a concrete vision of the ideal community	Understand the viewpoints of creating a concrete vision of the ideal community
2 Bridge the daily practices of PHNs with local healthcare planning	<p data-bbox="436 293 807 334">Envision the implementation of the Plan-Do-Check-Action cycle, from the evaluation of daily PHN practices to clarifying improvements and procedures</p> <p data-bbox="436 359 807 402">Increase the motivation to bridge the daily practices of PHNs with the PDCA cycle</p>
3 Basic knowledge necessary for local healthcare planning	<p data-bbox="436 414 807 455">Sort out the policies, programs, and projects involved in the plan you are helping to develop</p> <p data-bbox="436 480 807 523">Understand the relationship between the plan involving PHNs and various other plans</p>
4 Understand the steps of the healthcare planning process	<p data-bbox="436 535 807 560">Understand the overall schedule and development process of planning</p> <p data-bbox="436 586 807 612">Understand the nature of goal setting for each program and project</p>
5 Hone coordination skills with related parties	<p data-bbox="436 633 807 659">Understand how to set up the committees/meetings necessary for planning</p> <p data-bbox="436 684 807 719">Understand how to collaborate with related persons and residents in order to utilize the plan in daily PHN practices</p>
6 Accomplish goal setting and project evaluation	<p data-bbox="436 731 807 772">Understand the list of target values related to national/prefectural governments</p> <p data-bbox="436 798 807 808">Establish project objectives that are consistent with the target values of national/prefectural governments</p>