We are submitting our manuscript to the Pilot and Feasibility Studies journal because we believe it is the best fit for our paper. Our randomized controlled pilot trial targets patient-caregiver dyads, which provides distinct benefits and obstacles in trial design. Our trial also targets patients living with Alzheimer’s and related dementias, which provides difficulties in both informed consent and in subject enrollment and retention. Lastly, our trial makes use of both intermittent and continuous assessment.

There are no known issues relating to journal policies.

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