Data extraction instrument

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| **Study Details and Characteristics** |  |
| Study design |  |
| Study citation details (e.g. author/s, date) |  |
| Country |  |
| Context/setting |  |
| Participants and demographics (details e.g age/sex and number) |  |
| Study population and sample size (if applicable) |  |
| Aims/purpose |  |
| Methodology/methods |  |
| Intervention type, comparator and details of these (e.g. duration of the intervention) (if applicable) |  |
| Duration of the intervention (if applicable) |  |
| **Details/Results extracted from study** (in relation to the concept of the scoping review) | |
| Outcomes and details of these (e.g. how measures) (if applicable) |  |
| Key findings/themes that relate to the scoping review question/s. |  |