

# Speciation of Two Heavy Metals in Pastures and Animals: An Assessment of Health Risk

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## Research Article

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# 1 Speciation of two heavy metals in pastures and animals: An assessment of health risk

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## 11 Abstract

12 The aim of study was access the cobalt and lead contamination in soil, forages and animals. Heavy  
13 metal pollution is a matter of prime significance in natural environment. Through food chain  
14 toxicity of heavy metals and their bioaccumulation potential are transferred into humans .Higher  
15 concentrations of metallic compounds are toxic to living organisms but these are essential to  
16 maintain body metabolism. Intake of food crops polluted with heavy metals is chief food chain  
17 channel for human exposure. Animals are exposed to heavy metal stress by the intake of richly  
18 contaminated food crops those are chief part of food chain. We collected samples of soil, plant,  
19 animal blood, hair and faeces to find contamination through wet digestion process in lab and metal  
20 analysis. Different forages were collected to study Zn amount in forages whilst soil and animals  
21 in Mianwali Pakistan. The health risk index (HRI) calculation was our major concern in this study.  
22 Our present findings also emphasized on the assessment of bio-concentration factor (BCF). We  
23 also calculated other significant indices i.e. Pollution load index (PLI), daily intake of metal  
24 (DIM), Health Risk Index (HRI) and Enrichment factor (EF). While the experimentation result  
25 showed different concentrations of metal in different seasons. When the Zn concentration in  
26 forages was (32.59-42.17mg/kg) and in soil (21.82-35.09 mg/kg). Soil samples showed higher  
27 level of (PLI) Pollution load index. Bio-concentration of zinc was (1.03-1.57mg/kg). It can be  
28 concluded as regular monitoring of the level metal is essential evaluate the contamination status.

29 **Key words:** Seasonal variation, Health risk index, Bio concentration, Pollution Load Index,  
30 Pakistan

## 31 Introduction

32 In different ecological systems and atmosphere heavy metals are harsh contaminants of  
33 environment. By anthropogenic actions alterations of land use patterns, population explosion,  
34 industrial activities and intensive farming the soil quality is worsening in whole world (Pathak et

35 al.2015). In soil the heavy metal pollution is cause of hazardous problems in agricultural ecosystem  
36 and cause potential detrimental effects (Bhatti et al. 2016; Tian et al. 2017).

37 Manipulation and the accessibility of some crucial metals in the body of living being is produced  
38 by level of Bio-concentrations of some heavy metals. In food chain heavy metal load is measured  
39 by degree of contamination at specific area. Toxicity of heavy metals is measured by assessment  
40 of biomagnifications in trophic levels from soil-forages-animal continuum and its bioaccumulation  
41 beside this by evaluation of contamination in fodder crops and water (Has-Schön et al. 2006;  
42 Saleemi et al. 2019).

43 Zinc (Zn) is necessary for six enzyme classes e.g, ligases, hydrolases, lyases, erases,  
44 oxidoreductases, transferases and it is fundamental constituent in numerous metabolical reactions  
45 in forages. Hence, suitable concentrations of Zn (Zinc) should be present in soil for survival of  
46 plants. In unpolluted environment iron zinc (Zn) constitutes 8–100 mg/kg in forages (Nagajyoti et  
47 al. 2010). Metals cause great hazards to plant survival and growth when present above the critical  
48 limits (Suresh 2005).

49 With soil pH Zinc is readily obtainable by forages and trace amount of metals are lixiviate into  
50 subsurface water table since in acidic soil pH, the action mechanism of  $Zn^{2+}$  ions intensify  
51 counter effect for zinc (Zn) exchange sites, ingestion of heavy metals by principal contamination  
52 routes of the trophic chain is by virtue of utilization of forages contaminated by metal traces is  
53 carcinogenic, are underlying of activating cell mutation in forages and nervous system  
54 disturbances in organisms. Some forage species accumulate or tolerate more heavy metals than  
55 others without clear toxicity symptoms (Singh et al. 2010).

56 Forages and animals accumulate Zn in them that are risky for human these trace metals are  
57 transported through food chain (Hongyu et al. 2005; Ahmad et al. 2018b). From one trophic level  
58 to higher trophic level biomagnifications and transport of Zinc take place by this more  
59 bioaccumulation of toxins occur in food of animals ( Monteiro et al. 1996). Due to soil and forage  
60 heavy metal bio-accumulation produce the gastrointestinal cancer in animals (Zhuang et al. 2009;  
61 Dogan and Ugulu 2013).

62 Microelement (Zn) is element that required in lesser amount for animals and plants that is present  
63 in environment and is essential for organisms for sustainability of life i.e. minerals and vitamins.

64 Macronutrients and micronutrients of all types fulfill the particular nutritious needs of animals and  
65 forages. In soil-forage-animal continuum heavy metals and other mineral nutrients perform a  
66 significant role in metabolic, catabolic, biochemical, biological, chemical and enzymatic activities  
67 of living cell in organisms (Pais and Jones 1997).

## 68 MATERIALS AND METHODS

### 69 Study Area

70 District Mianwali is located in south-western region of province Punjab. This district is consists  
71 of the plains of western area of salt range. It is situated near the Sakesar hill. Mianwali district has  
72 boundaries with Khushab, D.I Khan, Bhakkar and Bannu districts. This district is part of Sargodha  
73 Division. Temperature of this area ranges from 47°C maximum and 19°C minimum per annum.  
74 In Mianwali the maximum rain fall occur in July about 6.6mm annual mean rain fall is about 3.3  
75 mm. Soil condition of this area characterize as loamy, sandy and clay soil. Pea nut, mung, mash,  
76 mustard, Eruca, fennel, wheat, barley and oat are important crops. Forest cover area is very low  
77 because trees are used as fuel and timber. Canal irrigation system is very less developed, only a  
78 little area is irrigated with Indus river irrigation system (Ghani et al. 2016; Qureshi et al. 2007).

### 79 Sample collection from sites

80 In district Mianwali four sites were selected for sampling. The 3 samples of agricultural soil,  
81 forages and animal blood, hair and faeces were taken to examine the metal profile of soil-forage-  
82 animal continuum. The samples were taken from Wan bhachran site, Mianwali, Esakhel and  
83 Piplan. S1 (Summer), S2 (Autumn) and S3 (Winter) was selected for sampling. The samples were  
84 taken randomly from sites.

### 85 Soil sample collection

86 In the district Mianwali four sites were selected to collect the samples. 3 samples of soil were  
87 collected with equal distances in the field. Stainless steel auger was used to dig up the upper layer  
88 of soil about 12-15 cm (Siddique et al. 2019). These samples were packed into plastic bags to avoid  
89 the mixing of other chemical compounds into it. Samples were stored in laboratory and labeled  
90 then metal analysis was performed. For each sample three composite samples were made. The

91 collected samples were firstly air then oven drying at 72<sup>0</sup>C for 2 days. The samples were placed in  
92 incubators at 70 <sup>0</sup>C temperature for 5 days.

### 93 **Forage sample collection**

94 Sterilized apparatus were used to collect the forage samples. Forage and soil were collected from  
95 same field and place. Only those forages were selected for taking samples that are used as common  
96 feed of livestock. 3 samples of each forage plant were taken from the sampling area. The samples  
97 were washed with distilled water to clear impurities and dirt. These samples were dried to eliminate  
98 moisture in the freshly collected samples. The collected samples were dried for further process.

99 These are following species that were selected for sampling.

|                                 |              |                         |
|---------------------------------|--------------|-------------------------|
| <i>Calotropis procera</i>       | Apocynaceae  | Apple of Sodom          |
| <i>Dactyloctenium aegyptium</i> | Poaceae      | Egyptian crowfoot grass |
| <i>Parthenium hysterophorus</i> | Asteraceae   | carrot grass            |
| <i>Rumex dentatus</i>           | Polygonaceae | Jangali palak           |
| <i>Ziziphus jujube</i>          | Rhamnaceae   | red date, Chinese date  |

100

### 101 **Animal blood plasma, hair and faeces sample collection**

102 Blood samples of cow, buffalo and sheep of Mianwali was taken in 2020. Young animals within  
103 age of two years were selected for sampling. Blood was collected from four sites of district  
104 Mianwali. Animal blood was calculated from 10 animals (Cow, buffalo and sheep) each from each  
105 sampling site and heavy metal evaluation was done. Sterilized syringe was used to obtain the blood  
106 samples. The grazing ruminant's blood was taken from the vein. The vacuum was created in  
107 evacuated tubes while collecting blood to minimize the extent of clotting. The blood was collected  
108 in heparinized Na-citrate voiles quickly. For 15 minutes blood was centrifuged at 3000 rpm and  
109 blood plasma was separated. Polyethylene tubes were used to store the blood plasma and frozen at  
110 -20 <sup>0</sup>C. Hair and faeces samples were also collected and stored for the further digestion process.

### 111 **Sample measurement and preparation**

112 Arrangement and preparation of samples involves the digestion process. This method of digestion  
113 is called wet digestion. It has following steps.

114 1.Digestion 2.Dilution 3. Filtration 4. Analysis of samples

115 Acid and hydrogen per oxide is used for complete digestion process. Distilled water is added after  
116 digestion into prepared samples for dilution purpose. After that filtration of samples occur. In next  
117 step Atomic Absorption Spectrophotometer (AAS) is an apparatus through which metal analysis  
118 is done.

### 119 **Apparatus and chemicals for digestion**

120 Chemicals that are used for digestion process includes the 10 mL nitric acid ,70% Sulphuric acid  
121 ( $H_2SO_4$ ), 50% Hydrogen peroxide ( $H_2O_2$ ) and newly synthesized condensed water or distilled  
122 ( $H_2O$ ). The apparatus for digestion includes digestion flasks of 100 ml, measuring cylinder (50  
123 ml), beakers (50ml) and (100ml), pipette (10 ml), filter paper, stirrer, hotplate and gloves.

### 124 **Digestion of soil, forages and Animal samples**

125 Digestion of soil and forages and animal samples (blood, hair and faeces) include various steps.  
126 First of all the samples are air dried and followed by oven dried process at  $72^{\circ}C$  for 5 days until  
127 the moisture content is removed. When plants are completely dried they weighed with electrical  
128 balance. Standard procedure of digestion was applied to digest the samples (Siddique et al. 2019).  
129 1gm sample was weighed by electrical balance and placed in a beaker of 50ml. 10 ml nitric acid  
130 was added to beaker and was kept overnight. Hot plate was used for digestion of particular sample  
131 by pouring  $H_2O_2$  drop wise until solution becomes transparent. Cooling at room temperature  
132 was done. For dilution purpose 50 ml distilled water was added to solution. To filter the solution  
133 Whatman filter paper of 42  $\mu m$  was used. Then this prepared solution was kept in plastic bottles  
134 for metal profile evaluation.

135 Blood samples collected from the Mianwali district were stored and freezed at  $-20^{\circ}C$ . For digestion  
136 process the samples were from freezer and digested with same standard procedure as applied to  
137 soil and forages (Siddique et al. 2019).Hair sample was sun dried and was cut into pieces of 1.0-  
138 2.9 cm. De-ionized water was used to wash the samples and ethanol was also applied to wash.  
139 Oven drying process was carried out and for 4 hours and then desiccator cooling was performed  
140 (Hashem et al. 2017). Faeces samples were collected from cow, buffalo and sheep after air drying  
141 and oven dry the samples were submitted for digestion (Nicholson et al. 1999).

### 142 **Metal profile evaluation analysis**

143 The prepared samples were then analyzed for metal contents by Atomic Absorption  
144 Spectrophotometer (Perkin-Elmer Corp., 1980). Nutritional minerals that were evaluated in the  
145 sample was Zn. Standard solution was prepared to get the standardized curve. The metal analysis  
146 was done by running the samples through Atomic Absorption Spectrophotometer. This apparatus  
147 is equipped with a graphite furnace. The each metal is measured according to value of standard  
148 solution. The amount of each metal occurring in the sample is obtained in absolute form. While  
149 sample is run through the Atomic Absorption Spectrophotometer the little quantity of sample is  
150 sprayed at the flame. Atomic resonance absorption line by element is calculated and measured.  
151 The apparatus is convenient for analysis. Any radiation that is emitted by flame had no effect on  
152 the working of apparatus. The absorption method is independent of the excitation potential of the  
153 spectral line used.

#### 154 **Evaluation Indices:**

##### 155 **Bio concentration Factor (BCF):**

156 For assessment of metal (mg/kg) transport from agricultural soil and forages that are growing on  
157 this soil, a BCF is applied (Cui et al. 2004).

158 BCF for soil to forage

$$159 \quad (\text{BCF}) = \text{Level of metal in forage} / \text{Level of metal in soil}$$

##### 160 **Pollution load index (PLI)**

161 Liu et al. (2005) described a formula which was used to find this indices.

$$162 \quad \text{Pollution Load Index} = \frac{(\text{M})\text{IS}}{(\text{M})\text{RS}}$$

164 Where,

165 (M)IS = (mg/kg) Concentration of metal that occurs in soil to investigate

166 (M)RS= Soil reference value of metal

167 Reference values for soil in Zn was taken as 44.9 suggested by Singh et al. (2010)

##### 168 **Enrichment factor (EF)**

169 Formula for Enrichment factor is described by Buat-Menard and Chesselet (1979).

$$170 \quad \text{Enrichment factor (EF)} = \frac{(\text{Conc. of metal in plant} / \text{Conc. of metal in soil}) \text{ sample}}{(\text{Conc. of metal in plant} / \text{Conc. of metal in soil}) \text{ standard}}$$

172 According to FAO/WHO (2001) standard reference value for Zn was used 99.4 mg/kg.



173

174 **Daily intake of metals (DIM)**

175 Daily intake of metal (DIM) can be calculated by following equation

176 
$$DIM = C_{\text{factor}} \times C_{\text{metal}} \times D_{\text{food intake}} / B_{\text{average weight}}$$
 Sajjad et al. (2009).

177 where,

178  $C_{\text{metal}}$  is the concentration of metals in forages,

179  $D_{\text{food intake}}$  is the daily intake of forages,

180  $B_{\text{average weight}}$  is the average body weight.

181 For calculating this daily intake of metal the conversion factor was taken 0.085 (Jan et al. 2010).  
182 Daily intake metal for cow was calculated by using animal body weight 600 kg and daily forage  
183 intake 12 kg while for sheep body weight was taken 75 kg and daily forage intake 1.3 kg (Johnsen  
184 and Aaneby 2019). To calculate the DIM for buffalo body weight was taken 550 kg and daily  
185 forage intake (TDI) was taken 12.5 kg (Yang et al. 2020).

186 **Health Risk Index (HRI)**

187 Health risk index is the ratio of daily intake of metals in the forages to oral reference dose (RfD)  
188 and was calculated by the help formula (USEPA 2002).

189 
$$\text{Health risk index (HRI)} = DIM / R_fD$$

190 DIM = Daily intake of heavy metal

191 R<sub>f</sub>D = Oral reference dose

192 An HRI > 1.0 for any single metal indicates that the health of consumer population is at risk or it  
193 is carcinogenic (USEPA 2013). According to FAO/WHO (2013) oral reference dose for Zn was  
194 taken as 0.3 (mg/kg/day).

195

196 **Result and Discussion for Zinc metal**

197 **Table 1 Analysis of variance table for Zn concentration in soil, forages and animals**

---

| Source | Degree of freedom | Mean Square |
|--------|-------------------|-------------|
|--------|-------------------|-------------|

---

| <b>Zn in Soil</b>        |   |                      |
|--------------------------|---|----------------------|
| Season                   | 2 | 171.594***           |
| Soil                     | 4 | 5.59 <sup>ns</sup>   |
| Season x soil            | 8 | 22.24*               |
| <b>Zn in forages</b>     |   |                      |
| Season                   | 2 | 70.785***            |
| Forage                   | 4 | 19.87 <sup>ns</sup>  |
| Season x Forage          | 8 | 11.283 <sup>ns</sup> |
| <b>Zn in Animals</b>     |   |                      |
| Season                   | 2 | 19.025***            |
| Animal                   | 2 | 1.302 <sup>ns</sup>  |
| Source                   | 2 | 3.971**              |
| Season x Animal          | 4 | 0.163 <sup>ns</sup>  |
| Season x Source          | 4 | 0.704 <sup>ns</sup>  |
| Animal x Source          | 4 | 0.668 <sup>ns</sup>  |
| Season x Animal x Source | 8 | 0.587 <sup>ns</sup>  |

198

199 **Table 2: The mean concentration of Zn (mg/kg) in soil and forages**

| <b>Samples</b>                         | <b>Seasons</b> |            |            |
|--|----------------|------------|------------|
|  | <b>S 1</b>     | <b>S 2</b> | <b>S 3</b> |
| <b>Zinc in Soil of forages</b>         |                |            |            |
| <b>Soil of forage C. procera</b>       | 26.91±2.36     | 29.47±1.06 | 31.33±0.64 |
| <b>Soil of forage D. aegyptium</b>     | 25.02±1.25     | 25.48±1.42 | 32.33±1.63 |
| <b>Soil of forage P. hysterothorus</b> | 23.56±2.94     | 28.58±2.44 | 32.21±1.10 |
| <b>Soil of forage R. dentatus</b>      | 26.22±1.52     | 28.92±1.77 | 26.39±2.64 |
| <b>Soil of forage Z. jujube</b>        | 21.82±0.852    | 28.35±2.29 | 35.09±0.31 |

200

201 **Zinc in forages**

|                        |             |            |             |
|------------------------|-------------|------------|-------------|
| <i>C. procera</i>      | 36.01±2.94  | 39.25±1.51 | 41.49±0.677 |
| <i>D. aegyptium</i>    | 37.40±1.47  | 37.73±2.70 | 38.33±0.355 |
| <i>P.hysterophorus</i> | 36.10±1.54  | 37.78±0.25 | 42.17±1.64  |
| <i>R. dentatus</i>     | 32.59±0.932 | 33.93±1.14 | 39.93±1.41  |
| <i>Z. jujube</i>       | 34.17±2.391 | 38.91±1.35 | 36.05±0.399 |

202

203 **Table 3: The Mean concentration of Zn in animals blood, hair and faeces (mg/kg).**

| Source        | Animal  | S1          | S2         | S3          |
|---------------|---------|-------------|------------|-------------|
| <b>Blood</b>  | Cow     | 1.87±0.230  | 1.89±0.163 | 2.48±0.395  |
|               | Buffalo | 1.24±0.177  | 1.69±0.229 | 1.96±0.233  |
|               | Sheep   | 0.927±0.135 | 1.70±0.267 | 1.93±0.353  |
| <b>Hair</b>   | Cow     | 1.10±0.257  | 2.27±0.304 | 2.52±0.387  |
|               | Buffalo | 1.24±0.175  | 1.87±0.326 | 1.98±0.283  |
|               | Sheep   | 1.03±0.183  | 2.10±0.321 | 2.84±0.449  |
| <b>Faeces</b> | Cow     | 1.37±0.158  | 1.95±0.317 | 1.33±0.420  |
|               | Buffalo | 1.44±0.263  | 1.7±0.258  | 1.17±0.369  |
|               | Sheep   | 1.34±0.214  | 1.98±0.357 | 0.923±0.293 |

204

205 **Table 4: Pollution indexes for Zinc**

| Forages | Seasons |
|---------|---------|
|---------|---------|

|     | S 1                     | S 2   | S 3   |       |
|-----|-------------------------|-------|-------|-------|
| 206 | <b>BCF (Zn)</b>         |       |       |       |
|     | <i>C. procera</i>       | 1.34  | 1.33  | 1.32  |
|     | <i>D. aegyptium</i>     | 1.49  | 1.48  | 1.19  |
|     | <i>P. hysterothorus</i> | 1.53  | 1.32  | 1.31  |
|     | <i>R. dentatus</i>      | 1.24  | 1.17  | 1.51  |
|     | <i>Z. jujube</i>        | 1.57  | 1.37  | 1.03  |
|     | <b>PLI (Zn)</b>         |       |       |       |
|     | <i>C. procera</i>       | 0.599 | 0.656 | 0.698 |
|     | <i>D. aegyptium</i>     | 0.557 | 0.567 | 0.720 |
|     | <i>P. hysterothorus</i> | 0.525 | 0.637 | 0.717 |
|     | <i>R. dentatus</i>      | 0.584 | 0.644 | 0.588 |
|     | <i>Z. jujube</i>        | 0.486 | 0.631 | 0.782 |
| 207 | <b>EF (Co)</b>          |       |       |       |
|     | <i>C. procera</i>       | 0.595 | 0.592 | 0.589 |
|     | <i>D. aegyptium</i>     | 0.665 | 0.658 | 0.527 |
|     | <i>P. hysterothorus</i> | 0.681 | 0.588 | 0.582 |
|     | <i>R. dentatus</i>      | 0.553 | 0.522 | 0.673 |
|     | <i>Z. jujube</i>        | 0.696 | 0.610 | 0.457 |

208

209 **Table 5: Daily intake metal and Health risk index for Zinc**

| Forages | Cow                    |       |       | Buffalo |       |       | Sheep |       |       |       |
|---------|------------------------|-------|-------|---------|-------|-------|-------|-------|-------|-------|
|         | S1                     | S2    | S3    | S1      | S2    | S3    | S1    | S2    | S3    |       |
| 210     | <b>DIM (Zn)</b>        |       |       |         |       |       |       |       |       |       |
|         | <i>C. procera</i>      | 0.061 | 0.067 | 0.071   | 0.069 | 0.076 | 0.080 | 0.053 | 0.058 | 0.061 |
|         | <i>D. aegyptium</i>    | 0.064 | 0.064 | 0.06    | 0.072 | 0.073 | 0.074 | 0.055 | 0.055 | 0.056 |
|         | <i>P.hysterothorus</i> | 0.061 | 0.064 | 0.072   | 0.070 | 0.073 | 0.081 | 0.053 | 0.056 | 0.062 |

|     |                        |       |       |       |       |       |       |       |       |       |
|-----|------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 211 | <i>R. dentatus</i>     | 0.055 | 0.058 | 0.068 | 0.063 | 0.066 | 0.077 | 0.048 | 0.050 | 0.059 |
|     | <i>Z. jujube</i>       | 0.058 | 0.066 | 0.061 | 0.066 | 0.075 | 0.070 | 0.050 | 0.057 | 0.053 |
| 212 | <b>HRI (Zn)</b>        |       |       |       |       |       |       |       |       |       |
|     | <i>C. procera</i>      | 0.204 | 0.222 | 0.235 | 0.232 | 0.253 | 0.267 | 0.177 | 0.193 | 0.204 |
|     | <i>D. aegyptium</i>    | 0.212 | 0.214 | 0.217 | 0.241 | 0.243 | 0.247 | 0.184 | 0.185 | 0.188 |
|     | <i>P.hysterophorus</i> | 0.205 | 0.214 | 0.239 | 0.232 | 0.243 | 0.272 | 0.177 | 0.186 | 0.207 |
|     | <i>R. dentatus</i>     | 0.185 | 0.192 | 0.226 | 0.210 | 0.218 | 0.257 | 0.160 | 0.167 | 0.196 |
|     | <i>Z. jujube</i>       | 0.194 | 0.220 | 0.204 | 0.220 | 0.251 | 0.232 | 0.168 | 0.191 | 0.177 |

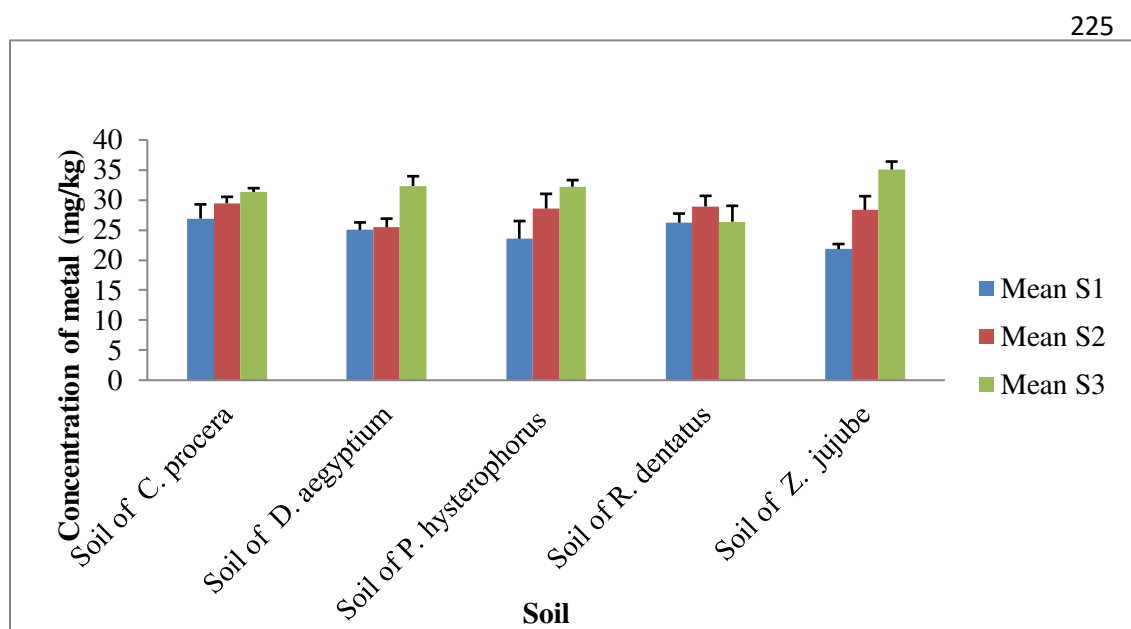
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213

## 214 **Result and Discussion**

215 The results from ANOVA of Zn for soil samples depicted significant effect ( $p < 0.05$ ) of season and  
 216 season  $\times$  soil while the reverse was true for Soil. The analysis of variance exhibited the significant  
 217 effect ( $p < 0.05$ ) of Zn season while non-significant ( $p > 0.05$ ) in forages and season  $\times$  forage. The  
 218 ANOVA of Zn in animal demonstrated significant ( $p < 0.05$ ) impact on season and source while  
 219 exhibited non-significant effect ( $p > 0.05$ ) on Season  $\times$  Animal, Season  $\times$  Source, Animal  $\times$  Source  
 220 and Season  $\times$  Animal  $\times$  Source (Table 1).

221 The level of Zn in soil samples varied within range 21.82 mg/kg minimum and 35.09 mg/kg  
 222 maximum (Table 2). The minimum Zn value was noticed in soil of *Z. jujube* in S1 and its maximum  
 223 value was observed in soil of *Z. jujube* during S3 (Fig 1). The present study had the Zn value below  
 224 the permissible limits of 300 mg/kg suggested by WHO /FAO (2001).

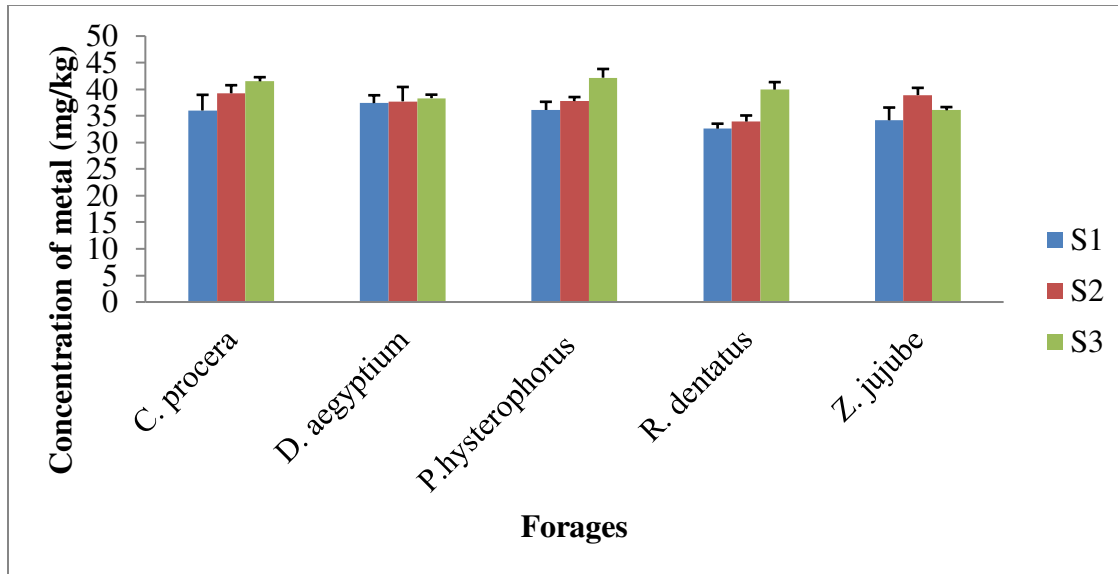


**Fig 1:**  
**Mean**

227 **concentration of Zn in soil of forages mg/kg**

228 The Zn concentration occurred in different amounts in forage samples. The minimum  
 229 concentration of Zn was recorded in *R. dentatus* during S1 while the minimum amount of Zn was  
 230 noticed 32.59 mg/kg (Table 2). The maximum amount of Zn was recorded in *P. hysterophorus*  
 231 during S3 while the maximum value of Zn was 42.17 mg/kg (Fig 2). The present value of Zn in  
 232 forages had the values within the permissible limits of 50 mg/kg suggested by WHO (1998).

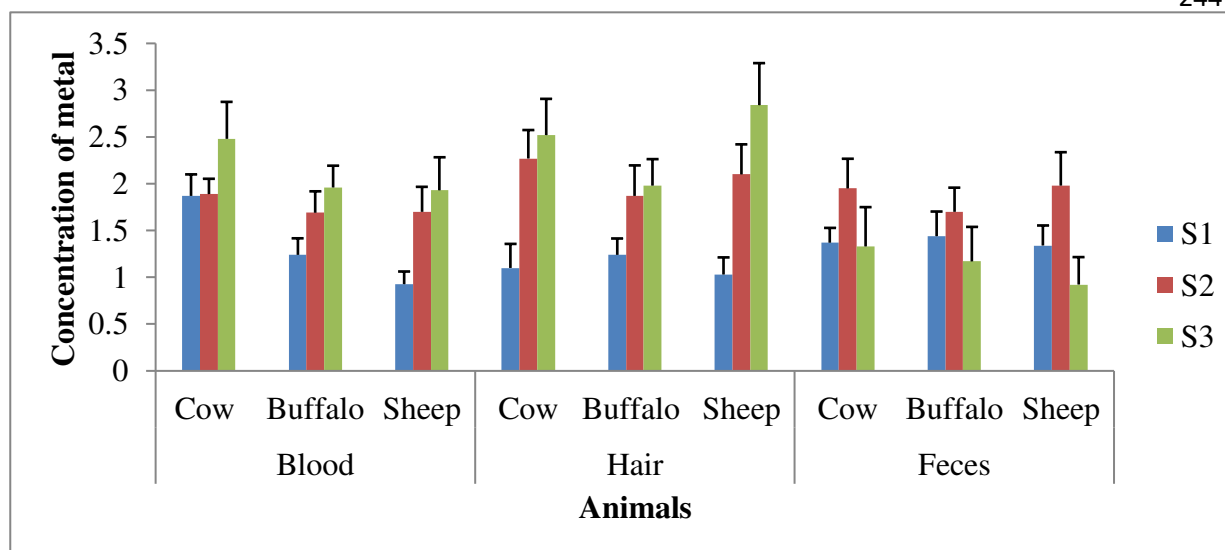
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234

235 **Fig 2: Mean concentration of Zinc in forages mg/kg**

236 The Zn metal concentration varied in all samples of blood. The mean value ranged from 0.927-  
 237 2.48 mg/kg correspondingly. The minimum level of blood was present in sheep during S1 and  
 238 maximum level was observed in cow blood of S3 (Table 3).The present investigation of Zn was  
 239 found in the range of permissible limit 1.45 mg/l as suggested by NRC (2007). The Zn level in  
 240 hair sample was ranged minimum to maximum 1.03- 2.84 mg/kg (Fig 3). In S1 season the sheep  
 241 hair had minimum values. In S3 the sheep had maximum level of Zn. In the faeces samples the Zn  
 242 concentration had minimum level 0.923 mg/kg in sheep during S3. The maximum concentration  
 243 of Zn was noticed 1.98 mg/kg during sheep of S2.



252 **Figure 3: The Zn concentration in Animals blood, hair and faeces in different seasons**

253 Bio-concentration factor for Zn from soil to forage varied in the range from 1.03-1.57 mg/kg. The  
 254 higher content of heavy metal was present in *Z. jujube* of S1 while lower amount of heavy metals  
 255 occurred in *Z. jujube* of S3. The value of pollution load index for Zn varied within the range from  
 256 (0.486-0.782 mg/kg). The lower value was noticed in *Z. jujube* of S1 while the higher amount was  
 257 observed in *Z. jujube* of S3. The values of enrichment factor for Zn ranged from minimum  
 258 concentration to maximum concentration (0.457-0.696 mg/kg). The minimum concentration was  
 259 noticed in *Z. jujube* during S3 (Table 4). The daily intake of metal for Zn ranged from 0.048-0.081  
 260 from minimum to maximum. The lowest value of daily intake of metal was depicted by sheep  
 261 during S1 while the highest DIM was noticed in buffalo during S3. The health risk index for Zn  
 262 ranged from 0.160-0.272 from lower to higher values. The health risk index (HRI) was depicted  
 263 lowest in sheep during S1 while the highest value found in the buffalo during S3 (Table 5).

264 The current concentration of Zn in soil was found lower as compared to concentration of Zn (0.83-  
 265 37.33 mg/kg) as reported by Fosu-Mensah et al. (2017). Level of Zn in this study was lower than  
 266 permissible limits of Zn 250 mg kg<sup>-1</sup> (UNEP 2013). The amount of Zn (24-179 mg/kg) reported  
 267 by Muhammad et al. (2011) was greater than the present values of Zn in soil samples. Zn was bio-  
 268 accumulated in forages that were grown in wastewater irrigated soil. The uptake of Zn trace and



269 its toxicity increased in forages due to sewage water irrigation as compare to irrigation by ground  
270 water (Rusan et al. 2007).

271 The Zn value found in forages of current investigation was found to be lower than Zn (17.4-202  
272 mg/kg) as recorded by Ogundiran et al. (2012). In our present work the value of Zn was found  
273 greater than reported Zn concentration in forages (18.67 mg/kg to 25.83 mg/kg) by Raeside et al.  
274 (2012). Our present investigation was found lower than those Zn concentration (211.7 mg·kg<sup>-1</sup> to  
275 901.7 mg·kg<sup>-1</sup>) recorded by Zhang et al. (2014). Raeside et al.(2012) stated that zinc metal played  
276 a significant role in absorption of Cu so its amount should be increased upto 100 mg Zn/kg; hence  
277 a very low level of Zn was present in that forages. The calculated value of zinc in present work  
278 was also low as compare to suggested value of Raeside et al. (2012).

279 In present findings the Zn concentration in cow blood plasma was lower than the findings of  
280 Mohajeri et al. (2014). The current study Zn was recorded greater than the Zn values reported in  
281 cow blood by Noaman et al. (2012). Zn bioaccumulation in blood plasma is directly affected by  
282 seasonal variations. Zn accumulation is decreased due to hyper-thermal stress so that's why Zn  
283 value varies in the samples of different season (Radostits et al. 2007). Environmental pollutant Zn  
284 was higher at the sampling sites due to metal containing forage consumption by the ruminants  
285 (Mohajeri et al. 2014). The observed value of Zn in buffalo blood was higher than the critical  
286 values as suggested by the Underwood and Suttle (1999). In our results were below the limits  
287 reference values as suggested by the results of Noaman et al. (2012). Our present investigations  
288 were lower for Zn concentration in sheep than those recorded by Shen et al. (2020). Our findings  
289 were higher in Zn concentration present in sheep blood plasma as compare to results of Šoch et al.  
290 (2011). This present study exhibited the lower Zn values in sheep blood than the values given by  
291 Popovic et al. (2010). These findings provided the greater value of Zn in cow hair and lower values  
292 in buffalo hairs as compare to results of the Kumar and Kewalramani (2011). Reason for the greater  
293 accumulation of Zn is due to mineral supplementation to ruminants at the farms of sampling sites.  
294 Different forage species have different chemical composition and metallic constituents; hence,  
295 minerals have interaction with Zn in animal body (Kumar and Kewalramani 2011). Our  
296 investigation about Zn in sheep wool and buffalo hair was respectively lower and higher as  
297 compare to the values found by Hashem et al. (2017). His recorded values for faeces were also  
298 greater for Zn in cow and buffalo than present study. Zn metal is excreted out in faeces so

299 comparatively less metal is accumulated in the animal body. Fluctuating amount of Zn in animal  
300 samples is present due to numerous factors such as supplementation of mineral, antagonistic  
301 affects of elements and changes in climate (Šoch et al. 2013).

302 Our present calculated values of BCF for Zn was lower than findings of Al-Rashdi and Sulaiman  
303 (2013). Current findings Zn bio-concentration factor was higher than the findings of Alborno et  
304 al. (2016). The observed values of bio-concentration factor (BCF) Zn in soil to forage was similar  
305 with the recorded values of Meng et al. (2013). The present Zn bio-concentration was lower than  
306 the given value of Zhang et al. (2014).

307 Our result for PLI was similar to the results given by Ogbeibu et al. (2014). Our present  
308 investigation for pollution load index was higher than those recorded by Barakat et al. (2012).  
309 These findings were lower than concentration of pollution load index for Zn as compare to the  
310 results of Ngole and Ekosse (2012). The pollution load index in present work was ( $PLI < 1$ ) so the  
311 sampling site was not polluted.

312 The maximum concentration was noticed in *Z. jujube in SI*. The results demonstrated in present  
313 finding for enrichment factor was lower than the range of ( $EF < 2$ ) as described by the Barakat et  
314 al. (2012). The results of enrichment factors showed the similarities with the results of Alghobar  
315 and Suresha (2015). Current findings for EF were lower than those values given by the Uduma  
316 and Awagu (2014). In this present experiment the enrichment factor was ( $EF < 2$ ) hence, there was  
317 deficient enrichment of zinc.

318 The investigated value of DIM for Zn was higher than the observed values of Chaoua et al. (2019).  
319 The found value of daily metal intake was lower than the daily intake metal of Zn by Orisakwe et  
320 al. (2017). In our work the ( $DIM < 1$ ) for Zn that can be characterized as non-toxic concentration.

321 Health risk index for Zn was found higher as compared to the HRI given by Chaoua et al. (2019).  
322 HRI for Zn was observed lower than the recorded by Orisakwe et al. (2017). Health risk index was  
323 observed ( $HRI < 1$ ) for Zn that non toxic.

## 324 **Conclusion**

325 It was concluded that seasonal changes gave different fluctuating concentrations of metals and  
326 sites also gave fluctuating metal readings in soil-forage-animal continuum. In soil and forage

327 samples collected from semi-arid environment was found safe according to FAO/WHO. In animal  
328 samples Zn was found safe according to NRC standards. Bio-concentration factor and pollution  
329 load index for Zn was noticed greater than 1. Enrichment factor was also in safe limits for all  
330 metals that was less than 1. Daily intake metal and health risk index was found less than 1.

### 331 **Ethical Statement**

332 All the study protocols were approved by Institutional Animal Ethics Committee, University of  
333 Sargodha (Approval No. 25-A18 IEC UOS). All the experiments performed complied with the  
334 rules of National Research Council and all methods were performed in accordance with relevant  
335 guidelines and regulations.

336 **Ethical Approval:** Ethical approval was taken from Department Ethical Review Committee to  
337 conduct study as animals were involved in this study So ethical approval was very essential

338 **Consent to Participate:** Informed consent was taken from formers to conduct the study and to  
339 collect the samples. They were briefed about the research plan in details.

340 **Consent to Publish:** Written consent was sought from each author to publish the manuscript.

341 **Authors Contributions:** Fu chen, Laraib Saqlain, jing Ma and Zafar Iqbal Khan conceived and  
342 designed the study and critically revised the manuscript and approved the final version study was  
343 supervised by Kafeel Ahmad and Asma Ashfaq. Razia Sultana, Fatima Ghulam Muhammad,  
344 Majida Naeem and Ayesha maqsood executed the experiment and compiled data. Muhammad  
345 Nadeem statistically analyzed the data and help in chemical analysis. Yongjun Yang interpreted  
346 the results and critically edited and revised the manuscript. Ifra Saleem Malik and Mudrasa Munir  
347 helped in sample collection and chemical analysis

348 **Competing Interests:** There is no competing interest in the publication of this manuscript.

349 **Availability of data and materials:** Data and material is available for research purpose and for  
350 reference.

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# Figures

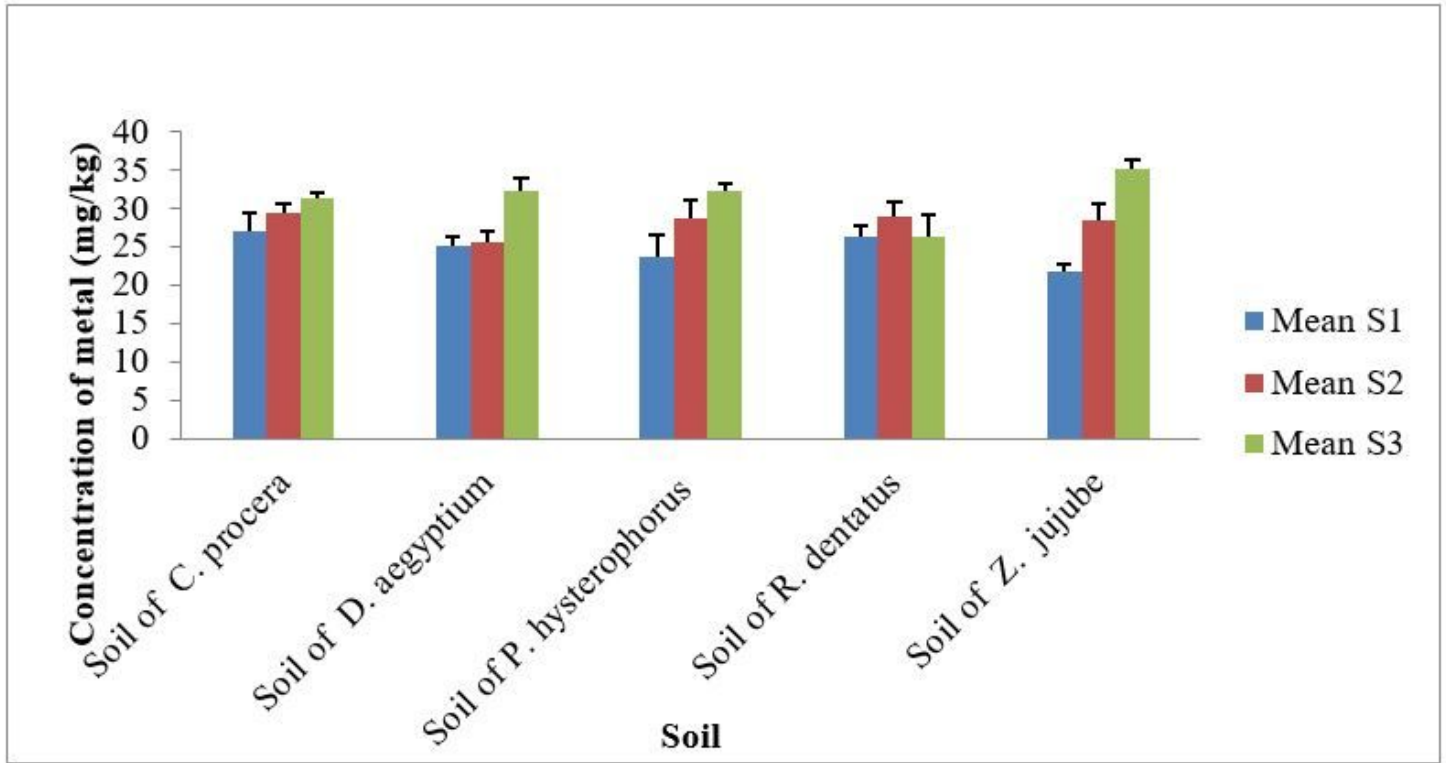
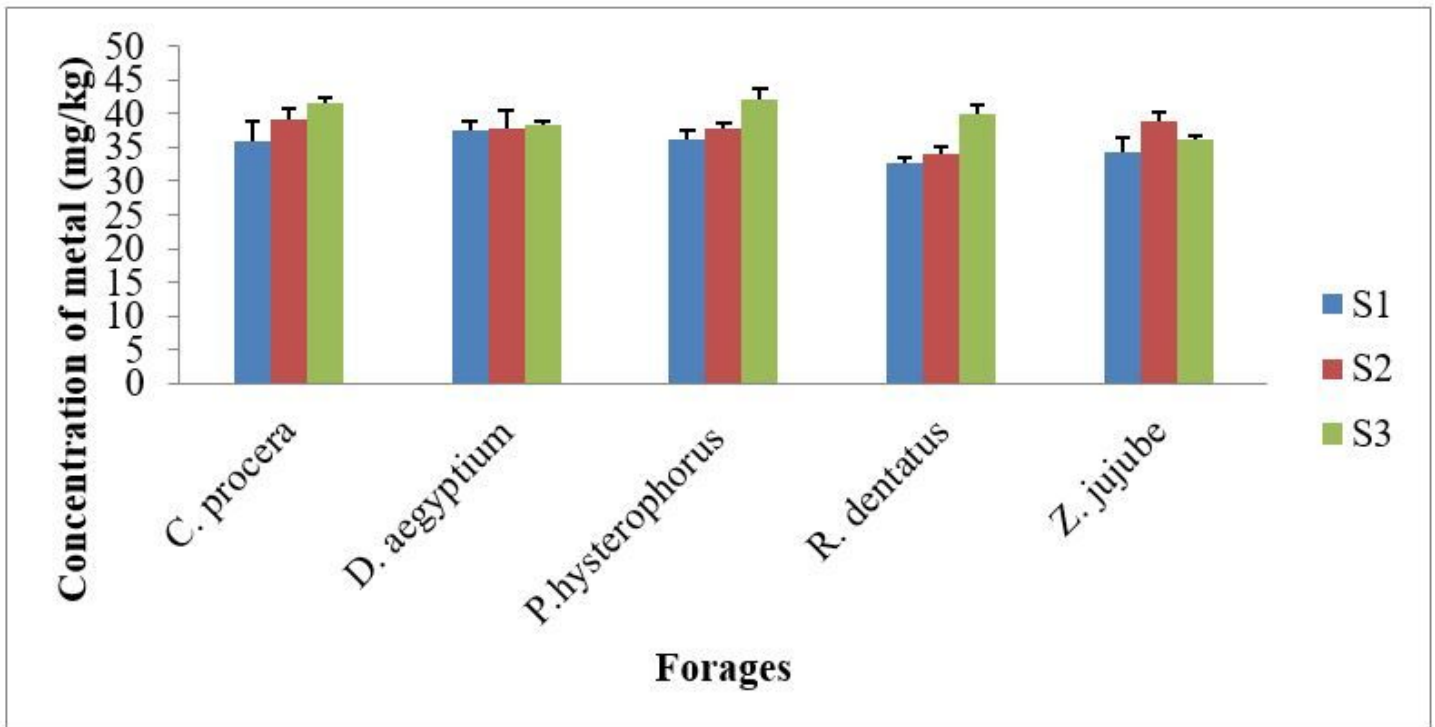


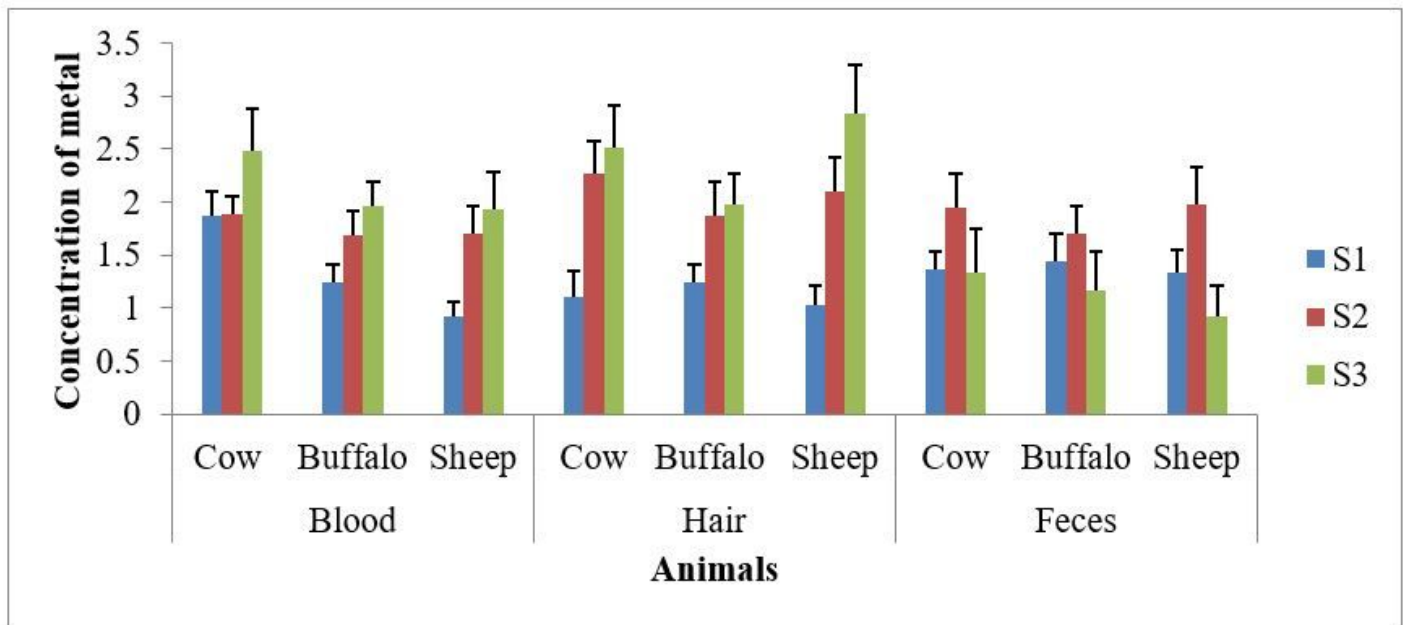
Figure 1

Mean concentration of Zn in soil of forages mg/kg



**Figure 2**

Mean concentration of Zinc in forages mg/kg



**Figure 3**

The Zn concentration in Animals blood, hair and faeces in different seasons