**Table1: Participants socio-demographic characteristics**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Variables | Caregivers |  |  | Patients |  |
|  | N: 85  | Percent  |  | N: 85  | Percent |
| Age (years) **Mean ± SD** |  42,3 ± 14,34 |  |  | 59,02 ± 13,08 |
| Sex |  |  |  |  |  |
| Female | 58  | 68,2 |  | 45 | 52.9 |
| Male | 27  | 31,8 |  | 40 | 47.3 |
| Sex ratio 2.1:1 (F/M) |
| Marital status |  |  |  |  |  |
| Married | 49  | 57,6 |  | 51 | 60 |
| Others | 36 | 42,4 |  | 34 | 40 |
| Educational level attained |  |  |  |  |  |
| Illiterate  | 4  | 4,7 |  | 27  | 31.8 |
| Primary  | 14  | 16,5 |  | 10  | 11.8 |
| Secondary | 32  | 7,6 |  | 16 | 18.8 |
| University  | 35  | 41,2 |  | 32  | 37.6 |
| Occupation |  |  |  |  |  |
| Unemployed  | 31  | 36,5 |  | 54  | 63.5 |
| Employed | 54  | 63,5 |  | 31  | 36.5 |
| Relationship with the patient |  |  |  | - |  |
| Husband/wife | 32  | 37,6 |  | - |  |
| Relative of first generation | 35  | 41,2 |  | - |  |
| Sister/brother/cousin | 9  | 10,6 |  | - |  |
| Uncle | 3  | 3,5 |  | - |  |
| Others  | 6  | 7,1 |  | - |  |
| Prior history of participants |  |  |  | - |  |
| No | 56  | 65,9 |  | - |  |
| Yes | 29  | 34,1 |  | - |  |
| Participant’s information |  |  |  |  |  |
| NO | 72  | 84,7 |  | - |  |
| Yes | 13  | 15,3 |  | - |  |
| Training of participants |  |  |  | - |  |
| Yes  | 7  | 8,2 |  | - |  |
| No | 78  | 91,8 |  | - |  |
| Motivation |  |  |  | - |  |
| Family support | 78 | 91,8 |  | - |  |
| Other | 7  | 8,2 |  | - |  |
| Support given by the participant |  |  |  | - |  |
| No | 81 | 95,3 |  | - |  |
| Yes | 4  | 4,7 |  | - |  |
| Duration of taking care (years) | 1,69  | 1,34 |  | - |  |
| Functional autonomy |  |  |  |  |  |
| mRS |  |  |  | 2,59 ± 1,2 |  |
| Yes |  |  |  | 43 (50,6) |  |
| No |  |  |  | 1. (49,4)
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