

Can 68Ga-prostate specific membrane antigen positron emission tomography / computerized tomography provide an accurate lymph node staging for patients with medium / high risk prostate cancer? A Diagnostic Meta-Analysis

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Abstract

Objective: This article aims to evaluate the diagnostic value of ^{68}Ga -PSMA positron emission tomography/computerized tomography (^{68}Ga -PSMA PET/CT) for lymph node (LN) staging in patients with prostate cancer (PCa) by a meta-analysis of diagnostic tests.

Methods: We systematically retrieved articles from PubMed, Embase, Web of Science with a limited period from January 1, 2016, to December 1, 2019, and Stata 15 was used for calculation and statistical analyses.

Results: Sensitivity, specificity, positive and negative likelihood ratio (PLR, NLR), diagnostic odds ratio (DOR) and 95% confidence intervals (CI) be used to evaluate the diagnostic value. A total of 10 studies were included in our meta-analysis, which included 701 individuals. The results of each consolidated summary are as follows: sensitivity of 0.84 (95% CI: 0.55-0.95), specificity of 0.95 (95% CI: 0.87-0.98), PLR and NLR was 17.19 (95% CI: 6.27, 47.17) and 0.17 (95% CI: 0.05-0.56), respectively. DOR of 4.6 (95% CI: 2.91-6.30), AUC of 0.97 (95% CI: 0.95-0.98).

Conclusion: Our study demonstrates that ^{68}Ga -PSMA PET/CT has a high overall diagnostic value for LN staging in patients with moderate and high-risk PCa. But our conclusions still require a larger sample size, multi-center prospective randomized controlled trial to verify.

Introduction

Prostate cancer (PCa) is the second most common cancer and the fifth leading cause of cancer death in developed countries [1]. Although the clinical symptoms of early PCa are not obvious, pelvic lymph node (LN) and bone metastasis are also prone to occur [2]. About 15% of patients with medium and high-risk prostate cancer were found to have harbor lymph node invasion when performing pelvic lymph node dissection (PLND) during radical prostatectomy (RP) [3]. PLND is undoubtedly the most reliable way to determine whether there is LN in PCa, but this method is both invasive and expensive [4]. And complications such as lymphocele, lymphedema are also headaches [5]. According to the EAU guidelines, patients with moderate to high risk PCa who have an LN-positive estimated risk of more than 5% should undergo extend pelvic lymph node dissection (ePLND) [6]. Therefore, accurate assessment of LN staging before surgery is important for the operation and patient's prognosis.

Presurgical computerized tomography (CT) scan or magnetic resonance imaging (MRI) is helpful for LN staging, but with limited accuracy [7]. Prostate-specific membrane antigen (PSMA) is a surface protein that is expressed in almost normal prostate tissues, and its expression level is higher in PCa tissues [8]. In recent years, PSMA has been introduced into positron emission tomography (PET) imaging [9], ^{68}Ga -PSMA positron emission tomography/computerized tomography (^{68}Ga -PSMA PET/CT) has been proven to be better than ordinary imaging tests in detecting metastatic PCa [10]. Related studies have also shown that ^{68}Ga -PSMA PET/CT is more sensitive for recurrent PCa with a low prostate-specific antigen (PSA) [11, 12].

Till now, some scholars have done some research on the accuracy of ^{68}Ga -PSMA PET/CT to determine the lymph node staging of PCa preoperative, but it's still unclear how its diagnostic value is. The diagnostic accuracy of ^{68}Ga -PSMA PET/CT to determine lymph node staging of PCa preoperative remains unclear based on the current literature. The current study aims to establish the status of ^{68}Ga -PSMA PET/CT in PCa's LN staging.

Methods

Literature search and eligibility criteria

A systematic search of the published literature using Web of Science, EMBASE, Cochrane Database, MEDLINE was performed. We have selected relevant literature from the creation of the database to June 2019. And used prostate cancer, Gallium, lymph node, positron emission tomography/computerized tomography, prostate-specific membrane antigen as the search terms and the search language was limited to English. We also searched for the relevant bibliography to avoid omissions.

The studies that were included in our research should meet the demands as follows: patients diagnosed with LN metastatic PC causing the gold standard pathological biopsy, studies with the diagnostic value of ^{68}Ga -PSMA PET/CT reflected in the studies, and studies with sufficient data on true positive (TP), false positive (FP), false negative (FN), and true negative (TN). For duplicate articles, low-quality research, letters, reviews, case reports, we analyze and exclude respectively. This process was assessed by two authors (PL and LJZ), independently.

Data extraction

We incorporate the following data from each article into the meta-analysis: author, publication year, study design, sample size, age, Lymph node dissection, recruiting time and four datasets: TP, FP, FN, TN. Data extraction was performed by two authors (PL and LJZ) with any discrepancies resolved by a third author (WTQ).

Quality evaluation

The Quality Assessment of Diagnostic Accuracy Studies 2 (QUADAS-2) tool was used to evaluate the quality of included studies [13]. Key domains are assessed to determine the risk of bias and applicability. Signalling questions are included to facilitate judgements, with the risk being low if all signalling answers for a domain is 'yes', and if the answer to any question is 'no' suggesting potential bias exists. Concerns about applicability are determined as 'low', 'high', or 'unclear'.

Statistical analysis

We used Stata 15 (StataCorp LP, University City, Texas, USA) for statistical analysis. Q test and chi-square tests were used to verify the heterogeneity between the included works of literature. If $I^2 > 50\%$, the differences between the literature were considered significant [13]. We used a bivariate model to calculate the pooled sensitivity, specificity, positive and negative likelihood ratios (PLRs and NLRs), diagnostic odds ratio (DOR) and the 95% confidence interval (CI) [14]. We calculated the area under the receiver operator characteristic curve (SROC, AUC). AUC varied from 0.5 to 1. If the area was equal to 1, then a diagnostic test was extremely valuable. If the area was 0.5, then the diagnostic ability was considered as poor [15]. Deeks's funnel plot was used to assess the publication bias, and Fagan plots showed the relationship between the prior probability, the likelihood ratio, and the posterior test probability [16]. $P < 0.05$ was considered to be statistically significant.

Results

Study selection and study characteristics

The literature search selection steps retrieval in Fig. 1. Initially, we retrieved a total of 324 articles in the selected database and manually retrieved 22 articles by referring to relevant literature citations. In these studies, we excluded 134 duplicate records. By analyzing titles, abstracts, and topics, 142 articles were also excluded. Through full-text analysis and assessment of eligibility, 42 articles that were not related to diagnostic value, 12 articles that were not related to LN staging, and 6 studies that had no access data. Finally, we included 10 studies in our meta-analysis [2, 9, 10, 17–23].

In Table 1, we presented the basic data of the articles included in the meta-analysis of ^{68}Ga -PSMA PET/CT for LN staging of PCa preoperative. These articles were published between 2016 and 2019. A total of 701 sample individuals were included in our analysis. Most of them are single-center retrospective studies in regions including Asia (China, India, and Turkey), Europe (Germany) and Australia. At the same time, we also display the age, PSA and other information of patients included in each study.

Quality assessment

Based on the evaluation results of the QUADAS-2 scale, we reflected the quality evaluation results of each article in Table 1. The final score of each article was 11 or better, and 7 of them received quite high scores.

Pooled diagnostic values

After statistical tests, the value of I^2 is greater than 50%, it can be considered that the included documents have high heterogeneity. Therefore, a random effect model is used to combine sensitivity and specificity, thereby obtaining more conservative results. The diagnostic value is shown in Table 2. The pooled sensitivity and specificity were recorded as 0.84 (95% CI: 0.55–0.95) and 0.95 (95% CI: 0.87–0.98, Fig. 2), respectively. The Youden index was 0.79. The pooled PLR and NLR was 17.19 (95% CI: 6.27–47.17) and 0.17 (95% CI: 0.05–0.56), and DOR was 4.60 (95% CI: 2.91–6.03). The overall SORC curve is presented in Fig. 3, with an AUC of 0.97 (95% CI: 0.95–0.98). Figure 4 is shown in the Fagan plot. The prior probability was 20%, and the post-test probability was 81% for LR-positive and 4% for LR-negative. The diagnostic accuracy for detecting ^{68}Ga -PSMA PET/CT for LN staging in PCa was found to be generally better.

Publication bias

The publication bias ($P = 0.02$, Fig. 5) was shown in Deek's funnel plot.

Heterogeneity and sensitivity analysis

According to the results of the forest plot, the heterogeneity of ^{68}Ga -PSMA PET/CT was high in both sensitivity ($I^2 = 97.25\%$) and specificity ($I^2 = 95.12\%$). Due to the small number of studies we included ($n = 10$) that prevented meta-regression from being implemented, a random-effects model was used to pool the data of ^{68}Ga -PSMA PET/CT.

Discussion

To our knowledge, this is the first meta-analysis of the diagnostic efficacy for ^{68}Ga -PSMA PET/CT in a prostate cancer patient with pelvic LN metastasis risk. We found that the indicators and results of ^{68}Ga -PSMA PET/CT show a satisfactory diagnostic efficacy.

In previous treatments, LN staging of prostate cancer patients can only be determined by performing PLND according to the situation during the operation. However, this method is not always feasible [24]. Clinically, the use of PLND is not always feasible, being restricted for the following reasons: not every patient will receive PLND, limited anatomical locations performed, and consideration regarding complications [25–27], resulting in suboptimal lymph node staging. ^{68}Ga -PSMA PET/CT is a more accurate method to determine the LN stage of PCa patients before surgery [28], which can be incorporated into clinical practice.

Our meta-analysis included 10 studies from different countries and regions, involving a total of 701 patients. The pooled specificity of 0.95 (95% CI: 0.87–0.98) for ^{68}Ga -PSMA PET/CT. But pooled sensitivity was recorded as 0.84 (95% CI: 0.55–0.95), which is not enough to convince us to give up the remaining 20% of the patient. The Youden index

was 0.79. AUC was 0.97 (95% CI: 0.95–0.98), which was in line with our initial predictions. Through these comprehensive indicators, we can think that ^{68}Ga -PSMA PET/CT has better diagnostic efficacy in preoperative LN staging in patients with prostate cancer. In the past few decades, CT and MRI have been used to determine the LN staging before radical prostatectomy, but their accuracy rate is still low compared to the gold standard [6]. Hovels et al. Performed a meta-analysis of 24 studies to assess CT/MRI for preoperative evaluation of LN staging. In his research, for CT, pooled sensitivity and specificity was 0.42 (95% CI: 0.26–0.56) and 0.82 (95% CI: 0.8–0.83) respectively. For MRI, pooled sensitivity and specificity was 0.39 (95% CI: 0.22–0.56) and 0.82 (95% CI: 0.79–0.83) [29]. From this point of view, the performance of CT and MRI in judging LN staging is not satisfactory. If clinicians rely on CT or MRI, they will easily make the wrong decision on the patient's condition. In our analysis, we could see that two studies have lower sensitivity, 0.38 (95% CI: 0.28–0.48) and 0.33 (95% CI: 0.24–0.43) respectively [10, 22]. The reason for this analysis was that, due to the technical level of the test, the sample size, and bias between the samples, it might have led to different final results. The specificity value provided in one study is significantly lower [17]. We thought that the main reason is that the patients included in Herlemann's [17] study received different PLNDs. Among them, 20 received primary PLND and 14 received secondary PLND, which may be the main reason for the lower specificity. Multi-parametric magnetic resonance (mpMR) also plays a large role in the preoperative evaluation of prostate cancer, especially in judging extraprostatic extension (EPE) of the tumor, invasion of the seminal vesicle (SVI) [20]. In a retrospective study by Van Leeuwen et al. They also compared the diagnostic accuracy of mpMR and ^{68}Ga -PSMA PET/CT for LN metastasis in a patient with intermediate high-risk PCa. The sensitivity was 14% and 53%, respectively, and the specificity was 99% and 88%, respectively [2]. All of these indicated that ^{68}Ga -PSMA PET / CT has better diagnostic efficacy and was expected to be popularized and used in clinical.

The higher the value of DOR, the better the diagnostic value of this diagnostic method. In our study, The DOR value was 4.60 (95% CI: 2.91–6.30), indicating that the overall accuracy was high. Pooled PLR and NLR value was 17.19 (95% CI: 6.27–47.17) and 0.17 (95% CI: 0.05–0.56), respectively. This can be understood as the probability of ^{68}Ga -PSMA PET/CT correctly judging LN metastasis is 17 times that of misjudging, and the probability of correctly judging LN non-metastasis is 0.17 times that of misjudging. At the same time, we also noticed that the publication bias shown by Deek's funnel plot (Fig. 5) has a P-value of 0.02. It is understandable that most of the articles we included were retrospective trials and were not included in related studies before 2016, which led to the results. From the data results, it is worth trying to use ^{68}Ga -PSMA PET / CT to diagnose LN staging in patients with PCa.

We perform this meta-analysis strictly according to PRISMA guidelines [30]. However, there are still some limitations in our meta-analysis. First, most of the studies we included were single-center retrospective studies, and the existence of selection bias may affect our judgment. Second, the sample populations included in these articles are only Asia, Europe, and Australia, so population bias is unavoidable. Third, the sample size is too small. Due to the clinical application of ^{68}Ga -PSMA PET/CT in the future, there is not a sufficiently large sample size to be included in our meta-analysis. Compared with PLND, although ^{68}Ga -PSMA PET/CT has only moderate sensitivity and better specificity, it can perform relatively accurate LN staging of detected PCa patients. At this point, ^{68}Ga -PSMA PET/CT is due to any other imaging examinations, but due to many limitations, our conclusions still require a larger sample size, multi-center prospective randomized controlled trial to verify.

Conclusion

In summary, ^{68}Ga -PSMA PET / CT was potentially a effective and appropriate imaging modality to predict the LN metastasis prior to a surgery strategy. Further studies in ^{68}Ga -PSMA PET / CT are needed, and efforts are warranted to improve understanding and intervention of these diagnostic deviations and effectiveness.

Declarations

Compliance with Ethics Standards

Not applicable.

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Conflict of Interest

The authors declare that they have no competing interests.

Research involving human participants and/or animals

This article does not contain any studies with human participants or animals performed by any of the authors.

Informed consent

There are no details on individuals reported within this manuscript, and no consent for publication was collected.

Availability of data and materials

All data generated and analysed during this study are included in this published article.

Authors' contributions

Conceived and designed the experiments: Yunxiang Li. Analysed the data: Lei Peng, Jinze Li, Chunyang Meng. Contributed reagents/materials/analysis: Jinming Li, Chengyu You, Dandan Tang, Tangqiang Wei and Wei xiong. Wrote the manuscript: Lei Peng, and Jinze Li. All authors have read and approved the final manuscript.

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Tables

Table 1: Characteristics of the included studies in the meta-analysis

Author(year)	Country	StudyDesign	StudyPopulation	RecruitingTime	Uptake Time(min)	Lymphade- nectomy	Age Median(Range) Median(IQR) [§]	PSA [¶] median(Range) Median(IQR)	Quality of eachstudies
Budaus 2016	Germany	Retrospective	Single center	June. 2014 to Mar. 2015	NA	ePLND [‡]	63 (44-75) -	8.8 (1.4-376) -	11
Gupta 2017	India	Retrospective	Single center	Dec. 2014 to Dec. 2015	Nearly 60	ePLND	NA	NA	10
Herlemann 2016	Germany	Retrospective	Single center	Jan. 2014 to Aug. 2015	60	PLND [‡]	70.5(59-80) [¶]	70.5(59-80) [¶]	12
Maurer 2016	Germany	Retrospective	Single center	Dec. 2012 to Nov. 2014	59.8±17.8 [§]	PLND	66 (45-84) -	66 (46-84) -	11
Obek 2017	Turkey	Retrospective	Single center	July. 2014 to Oct. 2015	45-60	ePLND	64±6.0 [§]	26.5±21.4 [¶]	10
Yaxley 2019	Australia	Retrospective	Single center	July. 2014 to Sep. 2017	45-60	PLND	68 (44-80) -	7.6 (1.5-51) -	11
VanLeeuwen 2017	Australia	Prospective	Single center	Apr. to Oct. 2015	60	ePLND	- 65 (60-71)	- 65 (55-82)	11
VanLeeuwen 2018	Australia	Retrospective	Single center	Feb. 2015 to Oct. 2017	60	ePLND	NA	9.4 -	10
Yilmaz 2019	Turkey	Retrospective	Single center	May. 2016 to Apr. 2018	Approximately 60	rLND [‡]	62.8(49-73) [¶]	12 (2.4-32) [¶]	10
Zhang 2017	China	Retrospective	Single center	Mar. to July. 2017	60	PLND	69 (55-82) -	37.25 (7.2-348) -	11

[§]Mean±SD; [¶]Mean (Range); [‡]rLND, regional lymph node dissection; [¶]PSA: prostate specific antigen; [¶]IQR: interquartile range; [‡]ePLND: extend pelvic lymph node dissection; [¶]PLND: pelvic lymph node dissection.

Table 2: Summary estimated of diagnostic performance of the ⁶⁸Ga-PSMAPET/CT^a for lymph node staging in patient with Prostate Cancer

Author(year)	Sample size	TP ^b	FP ^c	FN ^d	TN ^e
Budaus2016	30	33	0	67	100
Gupta2017	12	100	20	0	80
Herlemann2016	34	91	33	9	67
Maurer2016	130	66	1	34	99
Obek2017	51	53	14	47	86
Yaxley2019	208	38	6	62	94
Van Leeuwen2017	30	64	5	62	94
Van Leeuwen2018	140	60	12	40	88
Yilmaz2019	24	38	6	62	94
Zhang2017	42	93	4	7	96
Pooled analysis	Inconsistency (I^2) (95%CI)	99% (98-99)			
	Sample Size	701			
	SEN ^f (95%CI)	0.84 (0.55, 0.95)			
	SPE ^g (95%CI)	0.95 (0.87, 0.98)			
	PLR ^h (95%CI)	17.2 (6.3, 47.2)			
	NLR ⁱ (95%CI)	0.17 (0.05, 0.56)			
	DOR ^j (95%CI)	100 (18, 545)			
	Youden Index	0.79			

^a⁶⁸Ga-PSMAPET/CT, ⁶⁸Gallium-PSMA positron emission tomography/computerized tomography; ^bTP, true positive, ^cFP, false positive, ^dFN, false negative, ^eTN, true positive, ^fSEN, Sensitivity; ^gSPE, Specificity; ^hPLR, Positive Likelihood Ratio; ⁱNLR, Negative Likelihood Ratio, ^jDOR, Diagnostic Odds Ratio

Figures

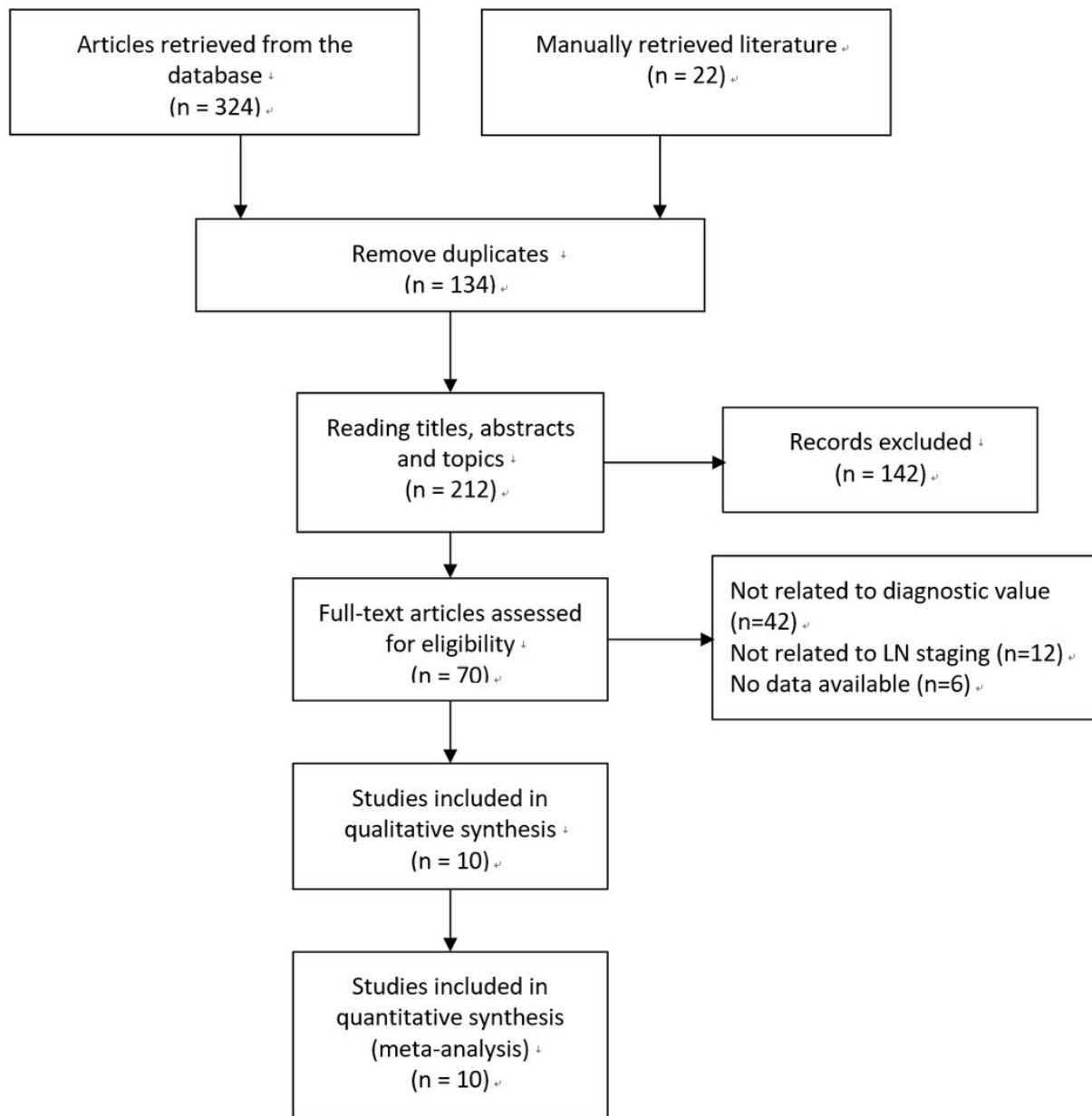


Figure. 1 Flow diagram of studies selection process.

Figure 1

Flow diagram of studies selection process.

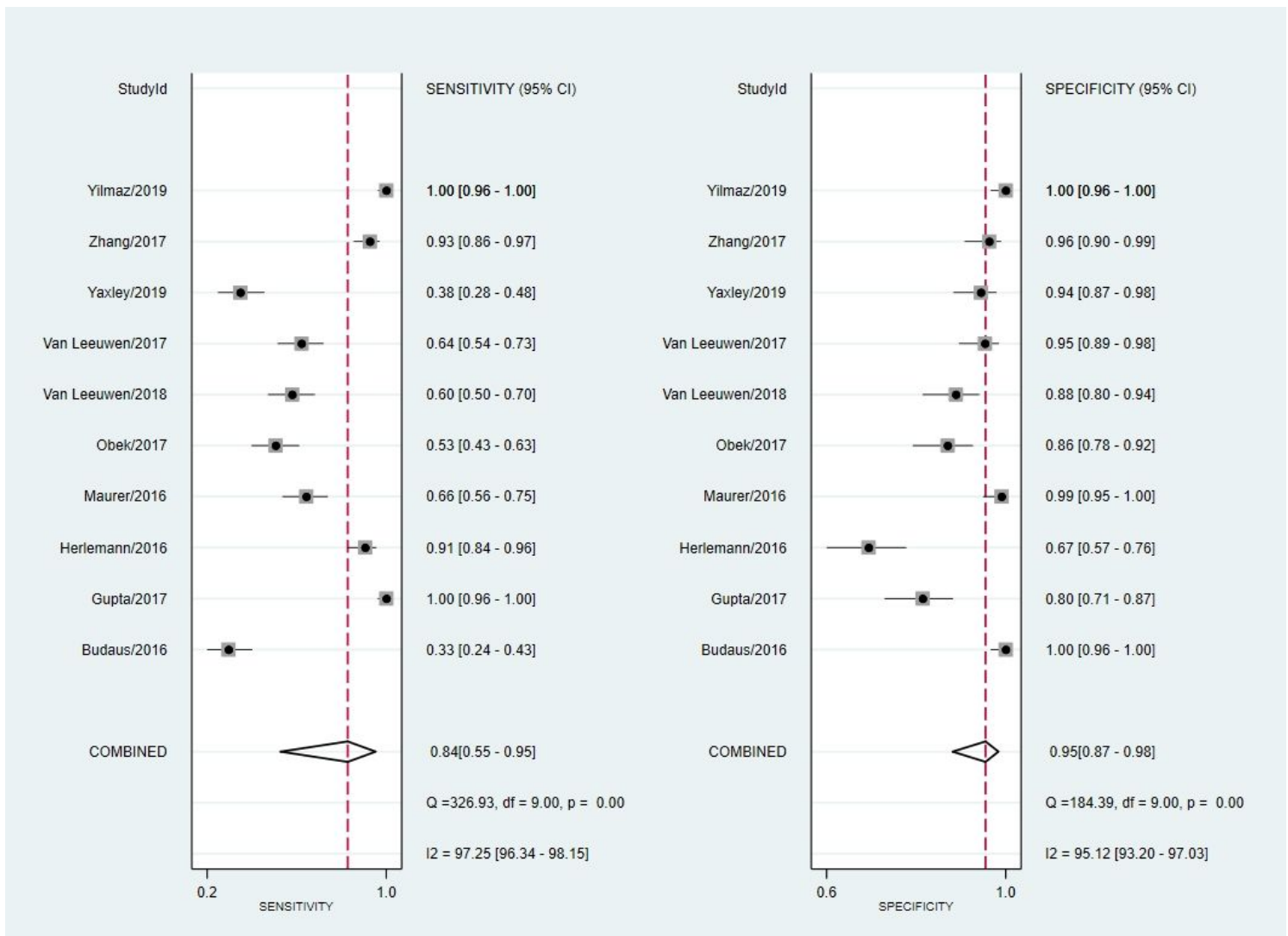


Figure 2

Forest plot of pooled sensitivity and specificity of 68Ga-PSMA PET/CT for lymph node staging in patient with prostate cancer

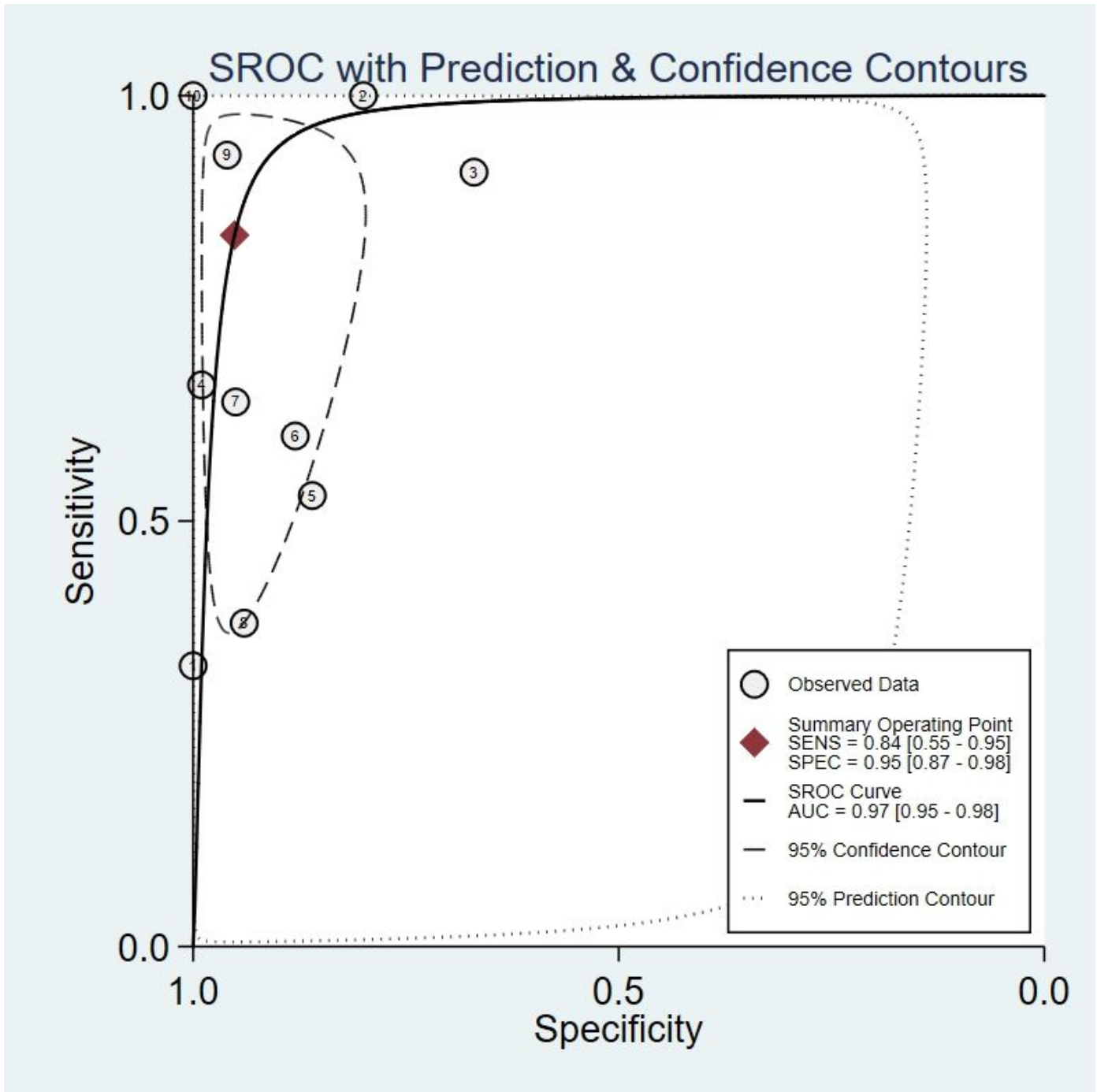


Figure 3

The SORC curve of 68Ga-PSMA PET/CT for lymph node staging in patient with prostate cancer

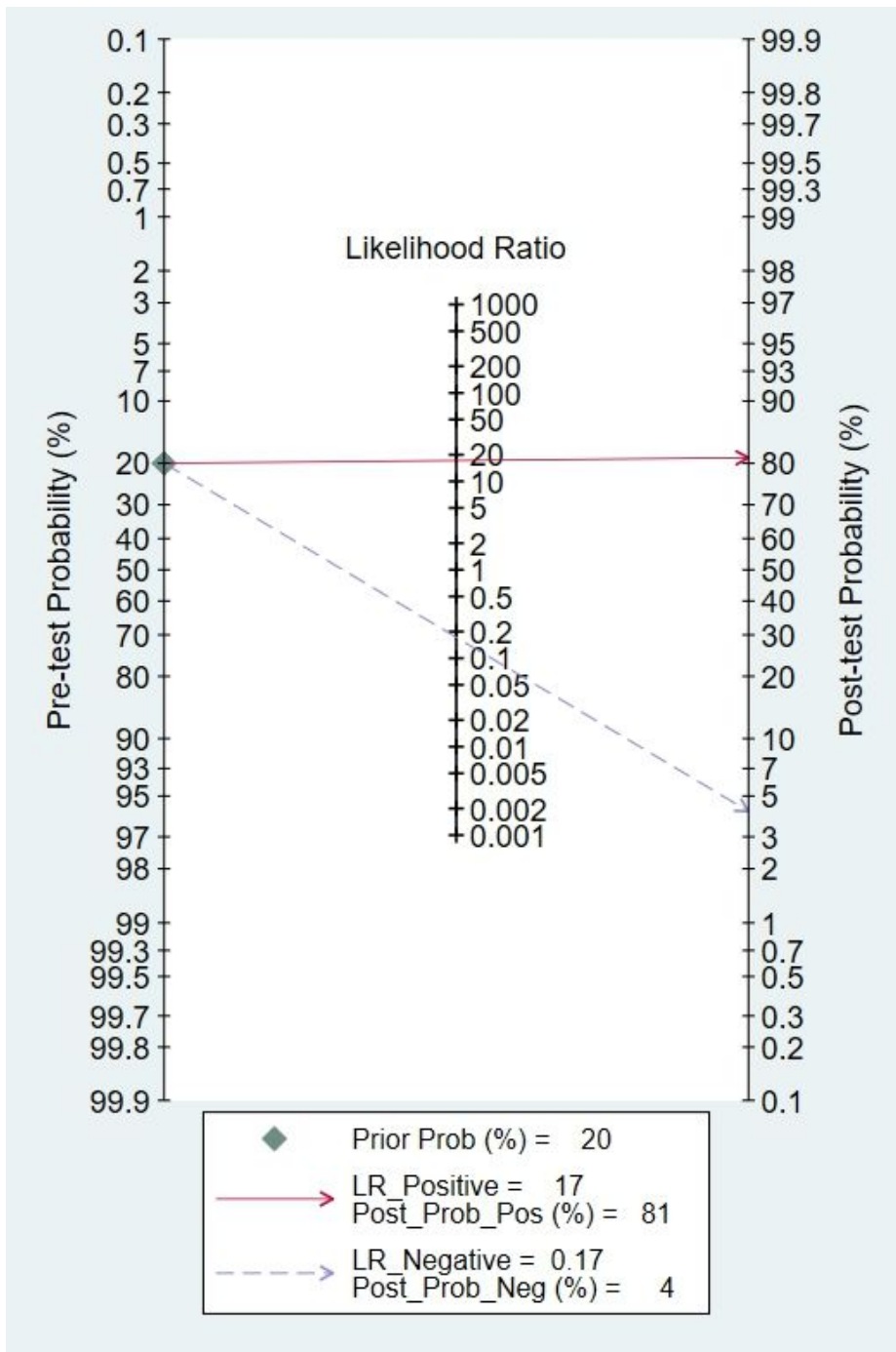


Figure 4

Fagan diagram evaluating the overall diagnostic value of 68Ga-PSMA PET/CT for lymph node staging in patient with prostate cancer

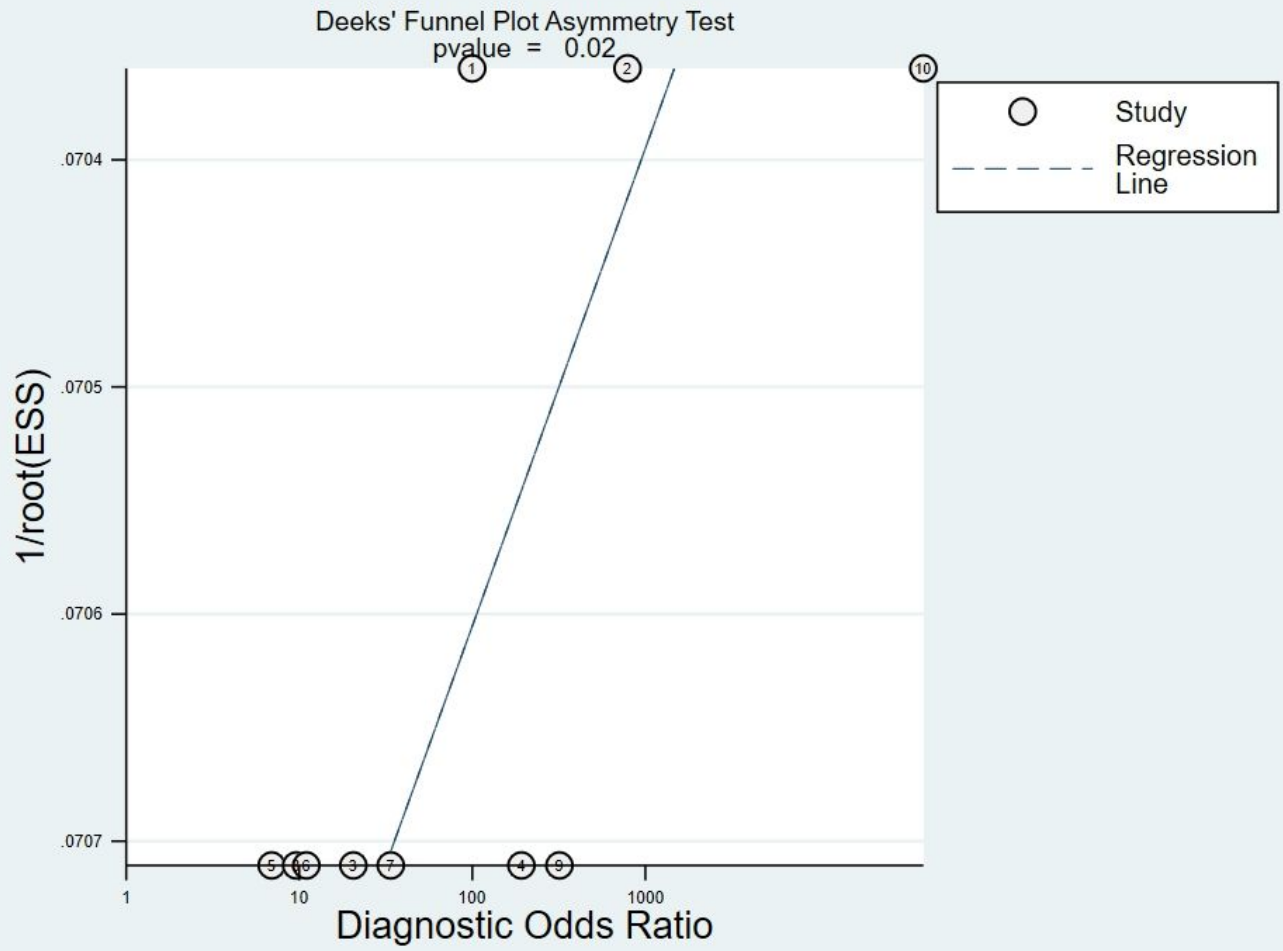


Figure 5

Deek's funnel plot to evaluate the publication bias.