**Additional file 7: Methods of Follow-up**

|  |  |  |
| --- | --- | --- |
|  | **Methods of Follow-up** |  |
|  | **Post** | **Phone** | **Total**  |
| **Time point** | **SOLAS****Intervention** | **Usual****PT** | Subtotal  | **SOLAS Intervention** | **Usual PT** | Subtotal  |  |
| **6 weeks** **(14 pages)** | 3 (3%) | 10 (10%) | 13 (13%) | 45 (46%) | 39 (40%) | 84 (87%) | **97** (100%) |
| **2 months** |  |  |  |  |  |  |  |
| Full questionnaire(19 pages) | 9 (9%) | 14 (15%) | 23 (24%) | 38 (40%) | 35 (37%) | 73 (76%) | 96 (100%) |
| Brief questionnaire | 1 (20%) | 2 (40%) | 3 (60%) | 2 (20%) | 0 (0%) | 2 (40%) | 5 (100%) |
| Totalresponses |  |  |  |  |  |  | **101** |
| **6 months** |  |  |  |  |  |  |  |
| Full questionnaire(27 pages) | 8 (10%) | 13 (16%) | 21 (26%) | 31 (38%) | 30 (37%) | 61 (74%) | 82 (100%) |
| Brief questionnaire(17 pages) | 0 (0%) | 4 (100%) | 4 (100%) | 0 (0%) | 0 (0%) | 0 (0%) | 4 (100%) |
| Total responses |  |  |  |  |  |  | **86** |
| **Total**  | 21 | 43 | 64 (23%) | 116 | 104 | 220 (78%) | 284 (100%) |