**Additional file 6: Methods of Follow-up**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Methods of Follow-up** | | | | | |  |
|  | **Post** | | | **Phone** | | | **Total** |
| **Time point** | **SOLAS**  **Intervention** | **Usual**  **PT** | Subtotal | **SOLAS Intervention** | **Usual PT** | Subtotal |  |
| **6 weeks**  **(14 pages)** | 3  (3.1%) | 10 (10.3%) | 13 (13.4%) | 45  (46.4%) | 39 (40.2%) | 84 (86.6%) | **97** (100.0%) |
| **2 months** |  |  |  |  |  |  |  |
| Full questionnaire  (19 pages) | 9  (9.4%) | 14 (14.6%) | 23 (24.0%) | 38  (39.5%) | 35 (36.5%) | 73 (76.0%) | 96 (100.0%) |
| Brief questionnaire | 1  (20.0%) | 2  (40.0%) | 3  (60.0%) | 2  (20.0) | 0 (0.0%) | 2 (40.0%) | 5 (100.0%) |
| Total  responses |  |  |  |  |  |  | **101** |
| **6 months** |  |  |  |  |  |  |  |
| Full questionnaire  (27 pages) | 8  (9.8%) | 13 (15.8%) | 21 (25.6%) | 31  (37.8%) | 30 (36.6%) | 61 (74.4%) | 82 (100.0%) |
| Brief questionnaire  (17 pages) | 0  (0.0%) | 4 (100.0%) | 4 (100.0%) | 0  (0.0%) | 0 (0.0%) | 0  (0.0%) | 4 (100.0%) |
| Total responses |  |  |  |  |  |  | **86** |
| **Total** | 21 | 43 | 64 (22.5%) | 116 | 104 | 220 (77.5%) | 284 (100.0%) |