**Additional file 6: Methods of Follow-up**

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|  | **Methods of Follow-up** |  |
|  | **Post** | **Phone** | **Total**  |
| **Time point** | **SOLAS****Intervention** | **Usual****PT** | Subtotal  | **SOLAS Intervention** | **Usual PT** | Subtotal  |  |
| **6 weeks** **(14 pages)** | 3 (3.1%) | 10 (10.3%) | 13 (13.4%) | 45 (46.4%) | 39 (40.2%) | 84 (86.6%) | **97** (100.0%) |
| **2 months** |  |  |  |  |  |  |  |
| Full questionnaire(19 pages) | 9 (9.4%) | 14 (14.6%) | 23 (24.0%) | 38 (39.5%) | 35 (36.5%) | 73 (76.0%) | 96 (100.0%) |
| Brief questionnaire | 1 (20.0%) | 2 (40.0%) | 3 (60.0%) | 2 (20.0) | 0 (0.0%) | 2 (40.0%) | 5 (100.0%) |
| Totalresponses |  |  |  |  |  |  | **101** |
| **6 months** |  |  |  |  |  |  |  |
| Full questionnaire(27 pages) | 8 (9.8%) | 13 (15.8%) | 21 (25.6%) | 31 (37.8%) | 30 (36.6%) | 61 (74.4%) | 82 (100.0%) |
| Brief questionnaire(17 pages) | 0 (0.0%) | 4 (100.0%) | 4 (100.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 4 (100.0%) |
| Total responses |  |  |  |  |  |  | **86** |
| **Total**  | 21 | 43 | 64 (22.5%) | 116 | 104 | 220 (77.5%) | 284 (100.0%) |