**Appendix:** **Screening instrument for borderline personality disorder (SI-Bord)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| How much of the following emotions and characteristics match the characteristics of a person, please mark √ in the box on the right. | Not at all | A little | somewhat | To a great extent |
| 1. When people with ties to me leave me, I can barely live.
 |  |  |  |  |
| 1. The relationship between me and those I am bound to fluctuate between when good is very good and when bad is very bad.
 |  |  |  |  |
| 1. My feelings suddenly change, such as "I don't know who I am," "I don't know where I am going" or "I feel lonely”, “I have no goals".
 |  |  |  |  |
| 1. I threaten to hurt myself or attempt to hurt myself or have attempted suicide.
 |  |  |  |  |
| 1. My mood changes suddenly, for example, from normal to irritability, depression, or anxiety.
 |  |  |  |  |