Therapeutic Responses to Chemotherapy or Immunotherapy by Molecular Subtype in Bladder Cancer Patients: A Meta-Analysis and Systematic Review

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Research Article

Keywords: Bladder cancer, Molecular subtype, Therapeutic response, Chemotherapy, Immunotherapy.

DOI: https://doi.org/10.21203/rs.3.rs-290062/v1

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Abstract

Background  Bladder cancer (BC) is a heterogeneous disease characterized by high recurrence and a poor prognosis. Molecular subtypes of BC portend personalized and precision medicine. However, whether there is a difference in therapeutic response to chemotherapy or immunotherapy between different molecular subtypes of BC has not been systematically evaluated.

Methods  A comprehensive literature search was performed up to October 2020. Consensus clusters 1 (CC1), CC2 and CC3 molecular subtypes were defined according to the heterogeneity and similarity of BC molecular subtypes from published studies to perform meta-analysis. Pooled odds ratios (ORs) with 95% confidence intervals (CIs) were used to assess the therapeutic response, and a fixed- or random-effects model was used according to the existence of heterogeneity.

Results  Eight studies involving 1463 patients were included in this research. For immunotherapy, CC3 showed the highest response rate (CC3 vs CC1: OR 0.52, CI [0.34–0.78], P = 0.002. CC3 vs CC2: OR 0.42, CI [0.28–0.62], P < 0.0001), which was mainly reflected in the highest response rate to atezolizumab (CC3 vs CC1: OR 0.47, CI [0.29–0.75], P = 0.002. CC3 vs CC2: OR 0.38, CI [0.24–0.59], P = 0.0001), and the response rates to nivolumab showed no advantage over CC1 and CC2. No difference in response to the two immunotherapies between CC1 and CC2. For chemotherapy, CC3 had the lowest response rate to the overall chemotherapy (CC3 vs CC1: OR 2.28, CI [1.39–3.74], P = 0.001. CC3 vs CC2: OR = 2.25, 95% CI 1.34–3.76, P = 0.002). Compared with CC2, CC3 responded poorly to both neo-adjuvant chemotherapy (NAC) (OR 1.93, CI [1.09–3.41], P = 0.02) and chemoradiation therapy (CRT) (OR 4.53, CI [1.26–16.27], P = 0.02). Compared with CC1, CC3 only showed a poorer response to CRT (OR 6.07, CI [1.87–19.71], P = 0.003), and no difference in NAC. No difference between CC1 and CC2 subtypes in the response rates to NAC and CRT.

Conclusions  Our study suggested that molecular classifications are important predictors of cancer treatment outcomes of BC patients and could identify subgroup patients who are most likely to benefit from specific cancer treatments.

1. Introduction

Bladder cancer (BC) is a heterogeneous disease characterized by high recurrence and poor prognosis, and the responses to standard treatments are quite different in patients with BC[12], such as radical cystectomy and chemotherapy based on cisplatinum. The advent of immune checkpoint inhibitors has completely transformed the treatment landscape of BC enabling to expand the treatment strategies[3]. The management decisions of BC depend on its pathologic features: tumor stage and grade, surgical margin status, histology and lymph node status[4]. However, probably due to BC molecular heterogeneity, BC patients with the same tumor stage or grade may have varied prognoses or responses to the same therapeutic strategy[5].

Benefiting from the rapid development of genomics, the National Cancer Institute proposed the concept of the molecular subtyping of cancers in 1999, which aimed to transform the morphological classification of BC into molecular classification through gene analysis technology to provide more accurate guidance for precise treatment.

To date, several molecular classifications have been defined[6-11], including Baylor, University of North Carolina, MD Anderson Cancer Center, The Cancer Genome Atlas, Cartes d’Identité des Tumeurs -Curie and Lund. Every single classification system is different from the others. However, the heterogeneity among these classification methods has somehow impeded the application value of BC molecular classification. Therefore, we conducted this meta-analysis and systematic review to elaborate the response of different molecular subtypes of BC to chemotherapy or immunotherapy.

2. Methods

2.1 Search strategy

A comprehensive literature search was performed in the PubMed, Cochrane Library, Scopus, EMBASE, MEDLINE, Web of Science, CBM and CNKI by two independent authors according to the guidelines of Preferred Reporting Items for Systematic Review and Meta-Analysis (PRISMA)[12], without language and publication time limitations, up to October 2020. We created a detailed search strategy for PubMed and Cochrane Library (Table 1), and similar search strategies were carried out in other databases. We also checked the references of the relevant articles to search for potential studies. The international prospective register of systematic reviews (PROSPERO) search showed no analogical registered or published reviews. The protocol for this meta-analysis was registered in PROSPERO (CRD42021227927).

2.2 Inclusion criteria

We set the inclusion criteria according to the study design, namely, randomized controlled trials (RCTs) or retrospective studies, which contained the patient cohort, intervention strategy, comparator, and outcome. Patients with a specific molecular subtype of BC and treated with a particular treatment were compared with patients with another molecular subtype in terms of response to the same cancer treatment. These kinds of studies were considered relevant to our meta-analysis.

2.3 Exclusion criteria

Conference abstracts, letters, comments, meta-analyses, reviews, and case reports were excluded. Duplicated publications or studies with ambiguous molecular subtypes were also excluded. If more than one study of the same cohort existed, only the most informative and latest article was included.

2.4 Data extraction
Two independent researchers performed data extraction using a previously created normalized data extraction form. Any inconsistencies will be solved with the help of the third researcher, and a final decision will be made after discussion. The extracted information included first author details, publication year, trial design, number of molecular classified patients, tumor stage, age, classification method, detailed molecular subtypes, details of the treatment, definition of response to cancer treatment, and follow-up period. If any insufficient or missing data were identified, we contacted the original authors to request them.

2.5 Definition of BC molecular subtypes

According to the heterogeneity and similarity in different molecular classification systems of BC that were mentioned in the research of Aine et al[13] which integrated and reclassified the published classification systems of BC, and the consensus on molecular classification of bladder cancer published in 2019[5], we defined three molecular subtypes of BC as consensus clusters 1 (CC1), CC2 and CC3, which were used in this meta-study (Fig. 1). Among them, the CC1 subtypes included basal, basal cluster III-IV, claudin-low, basal 1 and 2, class 4, and genomically unstable (GU). The CC2 subtypes included luminal, luminal cluster 1, luminal 1, luminal-papillary, class 1 and 2, and squamous cell cancer-like (SCCL). The CC3 subtypes included p53-like, luminal cluster II, luminal, luminal-infiltrated, luminal 2, class 3, neuronal, and urobasal (Uro).

2.6 Statistical analysis

Review Manager 5.4 software was used to execute statistical analysis. We used odds ratios (ORs) and 95% confidence intervals (95% CIs) to calculate the response to different cancer treatments in the CC1, CC2 and CC3 subtypes. Heterogeneity between included studies was examined by Cochran's Q test and $I^2$ statistic: $I^2<50\%$ signified homogeneity, while $I^2>50\%$ indicated obvious heterogeneity. We performed a fixed-effects model if $I^2<50\%$ and/or P<0.01, and a meta-analysis was conducted if possible. Otherwise, we employed a random-effects model if $I^2>50\%$ and/or P>0.01, and subgroup analysis was performed to check the sources of such heterogeneity. Sensitivity analysis was performed by excluding single studies one by one to examine the stability and reliability. Funnel plots were used to assess publication bias.

2.7 Quality assessment

The risk of bias (RoB) assessment of all included RCTs was performed according to the Cochrane Collaboration, which consists of the following items: selection bias (random sequence generation, allocation concealment), performance bias (blinding of participants and personnel), detection bias (blinding of outcome assessment), attrition bias (incomplete outcome data), reporting bias (selective reporting) and other bias. The Newcastle-Ottawa Scale (NOS) quality scale was used to assess the quality of retrospective studies[14]. All quality assessments were conducted by two researchers independently.

3. Results

3.1 Literature search process

A total of 3359 studies were screened after the exclusion of duplicates. The study screening process is shown in Fig. 2. A total of 3319 studies were excluded after title and abstract review: books and documents (n=7), case reports (n=50), meta-analyses (n=17), reviews and systematic reviews (n=910), and nonrelevant studies according to the inclusion criteria (n=2335). Forty studies remained for full-text screening, and 32 studies were excluded because of unclear or unavailable data between BC molecular subtypes and therapeutic response. Finally, eight studies were included in this meta-analysis.

3.2 Characteristics of the included studies

Table 2 summarizes the characteristics of the included studies. Immunohistochemistry (IHC) and gene expression (GE) were used as molecular classification methods in 1[15] and 7[16-21] studies, respectively. Two studies were designed prospectively[16-17], and 6 were retrospectively reviewed[7-15, 18-21]. All studies were published between 2014 and 2019. The patient cohort size ranged from 73 to 298. Four cohorts received chemotherapy[7-19,21], and 4 cohorts received immunotherapy[15-17,20].

3.3 Quality assessment

The RoB tool suggested by the Cochrane Collaboration was used to evaluate the quality of the included RCTs (Fig. 3). Two studies[15,20] described how the random sequence was performed, and none of the RCTs described the allocation hiding or blinding method. No incomplete or selective results were reported. Quality assessments of retrospective studies[16-19,21] were conducted according to the NOS quality scale (Table 3).

3.4 Molecular classification system and oncological outcomes

Six studies reported the oncological results of patients classified into CC1, CC2 and CC3 molecular subtypes. Overall survival (OS), disease-specific survival (DSS), and cancer-specific mortality (CSM) were assessed in 6, 3, and 1 study, respectively. Two studies reported the best OS for the CC3 subtype with immunotherapy[16-17], while the other two studies reported the worst OS for the CC3 subtype with chemotherapy[7-21]. Three studies reported the best OS for the CC2 subtype with chemotherapy[7-18, 21]. One study reported worst DSS for CC3 subtype[7]. One study reported best DSS for CC2 subtype[18]. Only one study reported CSMs of 16% (95% CI: 12-20%), 23% (95% CI: 20-26%), and 24% (95% CI: 18-30%) for CC1, CC2, and CC3, respectively[19].

3.5 Meta-analysis

3.5.1 Therapeutic responses to immunotherapy.
Four studies (n=835) were included in this meta-analysis to compare different response rates to immunotherapy in the CC1, CC2 and CC3 subtypes. There was no significant difference in the response rate between the CC1 and CC2 subtypes (OR=1.25, 95% CI: 0.81-1.94, P=0.32). Fig. 4 A), the Q- and I² tests showed no significant heterogeneity (I²=0%, P=0.68). The pooled OR indicated a higher response rate in the CC3 subtype than in the CC1 subtype (OR=0.52, 95% CI: 0.34-0.78, P=0.002. Fig. 4 B), without any heterogeneity (I²=0%, P=0.65). The CC3 subtype also had a higher response rate than the CC2 subtype (OR=0.42, 95% CI: 0.28-0.62, P=0.0001. Fig. 4 C), and the Q- and I² tests showed no significant heterogeneity (I²=0%, P=0.42).

3.5.2 Subgroup analysis stratified by immunotherapeutic regimens.

Subgroup analysis was conducted based on two immunotherapeutic regimens: nivolumab, atezolizumab. The pooled OR showed no statistically difference of response rates of nivolumab (OR=1.23, 95% CI: 0.50-3.00, P=0.65) and atezolizumab (OR=1.26, 95% CI: 0.76-2.08, P=0.37, I²=0%) between CC1 and CC2 subtypes (Fig. 5 A). The CC3 subtype had the highest response rates to atezolizumab than CC1 subtype (OR=0.47, 95% CI: 0.29-0.75, P=0.002, I²=0%. Fig. 5 B) and CC2 subtype (OR=0.38, 95% CI: 0.24-0.59, P=0.0001, I²=11. Fig. 5 C), but had no significant difference of response rates of nivolumab compared with CC1 subtype (OR=0.73, 95% CI: 0.30-1.74, P=0.47) and CC2 subtype (OR=0.59, 95% CI: 0.25-1.40, P=0.23). The publishing bias were limited.

3.5.3 Therapeutic responses to chemotherapy.

Four studies (n=628) were included in this analysis to compare different response rates to chemotherapy in the CC1, CC2 and CC3 subtypes. The pooled OR indicated no significant difference in the response rates between the CC1 and CC2 subtypes (OR=0.98, 95% CI: 0.68-1.44, P=0.92. Fig. 6 A), the Q- and I² tests showed no significant heterogeneity (I²=0%, P=0.72). The CC1 subtype had a higher response rate than the CC3 subtype (OR=2.28, 95% CI: 1.39-3.74, P=0.001. Fig. 6 B), the Q- and I² tests showed no significant heterogeneity (I²=42%, P=0.16). The pooled OR also indicated a higher therapeutic response to chemotherapy in the CC2 subtype (OR=2.25, 95% CI: 1.34-3.76, P=0.002. Fig. 6 C), with no significant heterogeneity (I²=36%, P=0.19).

3.5.4 Subgroup analysis stratified by chemotherapeutic regimens.

Subgroup analysis was performed according to two chemotherapeutic regimens: neo-adjuvant chemotherapy (NAC), chemoradiation therapy (CRT). The pooled OR demonstrated no significant difference of response rates of NAC (OR=0.92, 95% CI: 0.62-1.37, P=0.68, I²=0%) or CRT (OR=1.34, 95% CI: 0.56-3.19, P=0.51) between CC1 and CC2 subtypes (Fig. 7 A). The CC1 subtype had a higher response rate to CRT (OR=6.07, 95% CI: 1.87-19.71, P=0.003), but had no significant difference of response rate of NAC (OR=1.73, 95% CI: 0.99-3.04, P=0.06, I²=0%) compared with CC3 subtype (Fig. 7 B). The CC2 subtype had a higher response rates to both NAC (OR=1.93, 95% CI: 1.09-3.41, P=0.02, I²=36%) and CRT (OR=4.53, 95% CI: 1.26-16.27, P=0.02) than CC3 subtype (Fig. 7 C). The publishing bias were limited.

4. Discussion

Studies had confirmed that referring to the results of GE and ICH of specimens could significantly improve the accuracy of the prediction model for BC prognosis [22]. Consistently, our meta-analysis and systematic review showed that among the 23 molecular subtypes in 8 published studies, different molecular subtypes did have significantly different responses to chemotherapy or immunotherapy.

Our research showed that the CC3 subtypes (including p53-like, luminal cluster II, luminal, luminal-infiltrated, luminal 2, class 3, neuronal, and Uro) had the worst response to NAC or CRT but the best response to immunotherapy of atezolizumab. Published studies reported that the p53-like subtype was significantly resistant to chemotherapy[23-26], which would be one of the reasons why the CC3 subtype was resistant to chemotherapy. On the other hand, there was no significant difference between the CC1 subtype (including basal, basal cluster II, basal, basal 1 and 2, class 4, and GU) and the CC2 subtype (including luminal, luminal cluster I, luminal 1, luminal-papillary, class 1 and 2, and SCCL) in response to chemotherapy or immunotherapy. Among patients receiving chemotherapy, the effective response rate of patients with the CC1 and CC2 subtypes was significantly higher than that of patients with the CC3 subtype [51927]. The CC3 subtype was confirmed to show chemotherapy resistance in our study, which meant that chemotherapy was not suitable for BC patients of CC3 but those of CC1 and CC2[72127]. Thus, molecular classification of BC helped to identify patients who benefited the most from chemotherapy while to protect patients from chemotherapy-related adverse reactions and ineffective chemotherapy that delayed effective treatment.

In recent years, immunotherapy had been proven to be an effective strategy for the treatment of advanced and metastatic BC, whether as a monotherapy or in combination with other treatments[2829]. However, even this promising therapy had an overall response rate of only 10% to 30%[30], which indicated the importance of accurately identifying patients who would benefit from these novel drugs[31]. According to reports, patients with advanced BC who had received chemotherapy showed a better response to atezolizumab[15-1720], and the efficacy rate could be increased 34% to 100%. This phenomenon supported our result that the CC3 subtype had the best response to immunotherapy but chemotherapy.

In 8 studies we finally included, 6 were retrospective studies, and the molecular classification criteria for BC used in each study were different. Therefore, we used a compromise method to define three molecular subtypes (CC1, CC2, and CC3 subtypes) for this meta-analysis referring to the published literatures. This might induce overlap of certain subtypes from different classification systems, which led to the bias of our research to some extent. In addition, due to the disunity of the oncology statistical results, such as OS (overall survival), CSM (cancer specific mortality), or DSS (Disease Specific Survival), in the articles we included, a unified meta-analysis for oncological outcomes was not possible to operate. Therefore, we had to roughly compare the response rates of different molecular types of BC to different treatments only. All these above affected the accuracy of this research on the molecular subtypes of BC in guiding clinical treatment decisions. Kamoun et al reported a consensus[5] in Eur Urol 2020 on the six subtypes of the molecular classification of muscle infiltrating BC and predicted potential treatment responses, which provided common guidance for future research. Even so, a large number of well-designed RCTs were still
needed to reach a consensus on molecular classification, to accurately assess the prognostic value of molecular subtypes, and to provide references for clinicians to make treatment decisions for BC patients.

5. Conclusions

Our study suggested that the molecular classification of BC was a strong predictor of therapeutic response. Genotyping and transcriptional profiling would enhance the precision of treatment of BC patients, combined with conventional pathology, especially when choosing among chemotherapy, immunotherapy and other potential therapeutic measures. Whereas the collection of retrospective clinical data and incomplete treatment data of patients from most of the present published studies might lead to low repeatability and effectiveness, it was necessary to reach a consensus based on well-designed prospective studies to translate this strategy into reliable measures to improve the therapeutic effect in BC patients.

Abbreviations

BC: bladder cancer; PRISMA: Preferred Reporting Items for Systematic Review and Meta-Analysis; PROSPERO: prospective register of systematic reviews; RCT: randomized controlled trial; CC: consensus clusters; GU: genomically unstable; SCCL: squamous cell cancer-like; Uro: urobasal; OR: odds ratio; 95% CI: 95% confidence interval; RoB: risk of bias; NOS: Newcastle-Ottawa Scale; IHC: Immunohistochemistry; GE: gene expression; OS: Overall survival; DSS: disease-specific survival; CSM: cancer-specific mortality;

Declarations

Ethics approval and consent to participate: This study is based on a systematic review and meta-analysis and therefore has not been conducted on human or animal subjects. No informed consent was obtained because the study was not carried out on human subjects.

Consent for publication: Not applicable.

Availability of data and materials: All data generated or analysed during this study are included in this published article and referenced articles are listed in the References section.

Competing interests: The authors declare that they have no conflicts of interest that might be relevant to the contents of this manuscript.

Funding: This research was funded with Kuanren Talents Program (KY2019Y026) of Chongqing Medical University and National Natural Science Foundation of China (81803057).

Authors’ contributions: SD Wang, XY Yuan, JM Zhao and BS Zheng collected and processed the data from the studies, and performed data analysis. SD Wang and ZJ Shen drafted the manuscript and designed the figures. SD Wang, CG Ge and JY Zhang contributed to the writing of the manuscript. CG Ge and JY Zhang conceptualized the research, supervised the work, and contributed to the editing and writing of the final manuscript. All authors read and approved the final manuscript.

Acknowledgements: The authors would like to thank all working group members for their contribution to this study and express their heartfelt gratitude to their mentor and research team.

References

Table 1. Detailed search strategy for PubMed and Cochrane Library

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Table 2. Characteristics of included studies

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<th>Patients* cohort</th>
<th>Tumor stage</th>
<th>Age</th>
<th>Classification method</th>
<th>Molecular subtype</th>
<th>Treatment</th>
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<td>Gene expression</td>
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<td>cT2-4N&lt;2M0</td>
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<td>Metastatic BC with prior chemotherapy</td>
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*Patients with specific molecular subtype. NAC=neo-adjuvant chemotherapy; RC=radical cystectomy; NS= nonsignificant; N/A=not available; CR=complete response; PR=partial response; SD=stable disease; PD=progressive disease; Uro=urobasal; GU=genomically unstable; SCCL=sq DSS=disease-specific survival; BC=bladder cancer

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A= Is the case definition adequate? B= Representativeness of the cases. C= Selection of Controls. D= Definition of Controls. E= Comparability of cases and controls on the basis of the design or analysis. F= Ascertainment of exposure. G= Same method of ascertainment for cases and controls. H= Non-Response rate.