Author	Country	Sex	Sample_size	ES (95% CI)	% Weight
Military personnels					
Heydari, 2010	Iran	Men	341	8.50 (5.54, 11.46)	7.63
Khazale, 2007	Jordan	Men	111	9.60 (4.12, 15.08)	2.98
Khoshdel, 2012	Iran	Men	96	4.20 (0.19, 8.21)	4.96
Subtotal (I-squared = 44.3%, p = 0.166)				7.32 (4.22, 10.42)	15.56
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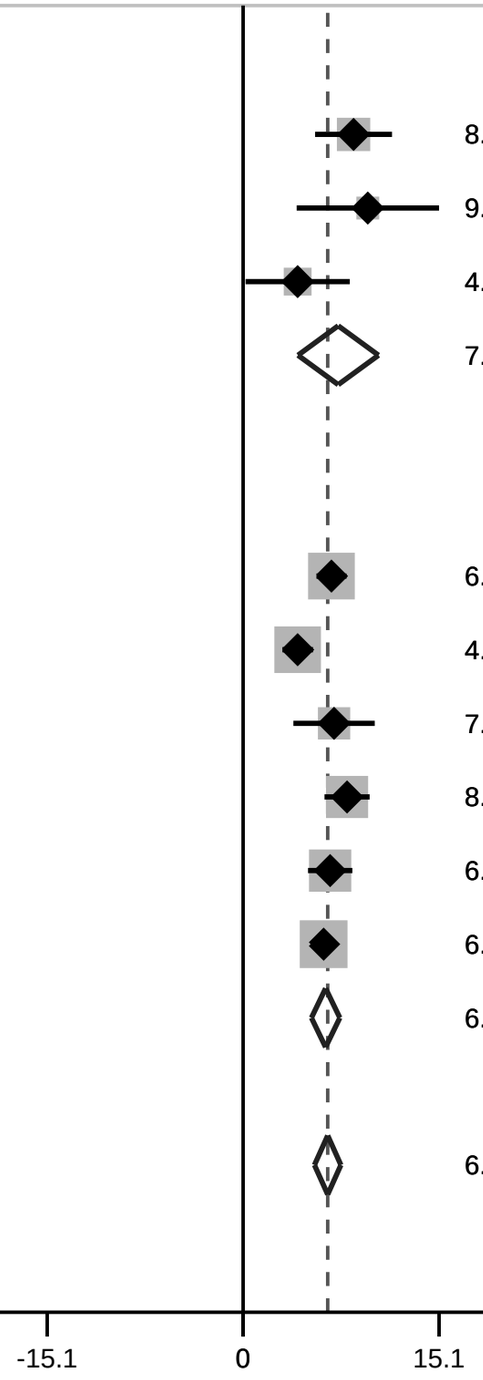
Police officers					
Kumar, 2013	India	Both	1817	6.80 (5.64, 7.96)	16.72
Lindman, 2017	Guinea-Bissau	Both	1104	4.20 (3.02, 5.38)	16.56
Ramakrishnan, 2013	India	Both	256	7.00 (3.87, 10.13)	7.09
Tesfaye, 2016	Ethiopia	Both	936	8.00 (6.26, 9.74)	13.16
Thayyil, 2012	India	Men	823	6.70 (4.99, 8.41)	13.34
Kumar, 2008	India	Men	2160	6.20 (5.18, 7.22)	17.58
Subtotal (I-squared = 70.0%, p = 0.005)				6.35 (5.26, 7.44)	84.44
.					
Overall (I-squared = 62.7%, p = 0.006)				6.51 (5.49, 7.53)	100.00

NOTE: Weights are from random effects analysis