

The Real-World Efficacy and Safety of Anlotinib in Advanced Non-Small Cell Lung Cancer

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Abstract

Purpose: Anlotinib is an anti-angiogenetic multi-targeted tyrosine kinase inhibitor. This study aimed to evaluate the efficacy and safety of anlotinib in advanced non-small cell lung cancer (aNSCLC) in the real world.

Methods: Patients with aNSCLC receiving anlotinib were enrolled in two cohorts (treatment-naive and previously treated). The endpoints included progression-free survival (PFS), overall survival (OS) and anlotinib-related adverse events (ar-AEs).

Results: 203 patients accrued in the study. In the treatment-naïve cohort (n=80), the PFS was 7.4 (95% confidence interval [CI], 4.1-10.7) and OS was 10.8 (95% CI, 5.8-15.8) months of monotherapy group (immature survival for combination group). In previously treated cohort (n=123), The PFS was 8.0 months (95% CI, 6.1-9.9) in the combination group and 4.3 months (95% CI, 2.1-6.6) in the monotherapy group (hazard ratio [HR], 0.49; 95% CI, 0.29-0.83; p=0.007), respectively. The OS was 18.5 months (95% CI, 10.5- to 26.6) in the combination group and 7.8 months (95% CI, 7.1-8.4) in the monotherapy group (HR, 0.38; 95% CI, 0.22-0.66; p=0.001), respectively. The ar-AEs of grade ≥ 3 in the monotherapy and the combination groups were hypertension (9.0% and 8.7%), fatigue (8.1% and 7.6%), hand-foot syndrome (8.1% and 6.5%), diarrhea (5.4% and 8.7%), proteinuria (5.4% and 5.4%), and mucositis oral (6.3% and 8.7%).

Conclusion: In aNSCLC, anlotinib monotherapy has a promising efficacy in the first-line setting. It may be an option for those who are ineligible for chemotherapy; anlotinib combination therapy in a \geq second-line setting showed manageable toxicities and encouraging efficacy, indicating a good application prospect.

Trial registration: This study was retrospectively registered with ISRCTN Registry (ID ISRCTN35543977) on January 26th, 2021 and Chinese Clinical Trial Register (ChiCTR2000032265) on April 4th, 2020.

Introduction

Non-small cell lung cancer (NSCLC) is the commonest type of lung cancer and comprises 83% of all lung cancers (Miller et al. 2019), with $\geq 50\%$ of cases diagnosed at advanced stages (Siegel et al. 2019). Following the increased understanding of the molecular and immunologic profiles of lung cancer and advances in targeted therapy and immunotherapy, the treatment of advanced NSCLC (aNSCLC) has greatly advanced in the last 20 years. The 5-year overall survival (OS) of patients with aNSCLC has greatly improved with the use of these agents (Garon et al. 2019; Gettinger et al. 2018; Lin et al. 2016; Mok et al. 2009; Ramalingam et al. 2020).

Anti-angiogenesis therapy remains indispensable in the standard care for aNSCLC since it normalizes the tumor vasculature and suppresses the tumor microenvironment. The standard first-line treatment for aNSCLC without oncogenic driver mutations in China is platinum-based chemotherapy (Barlesi et al. 2014; Sandler et al. 2006; Zhou et al. 2015), or in combination with bevacizumab, if non-squamous (Fossella et al. 2003; Scagliotti et al. 2008; Schiller et al. 2002). Initial chemotherapy plus a programmed death-ligand 1 (PD-L1) inhibitor has not proven to be more beneficial than a combination with bevacizumab (Socinski et al. 2020). In patients with epidermal growth factor receptor (EGFR)-mutated aNSCLC, a combination of anti-angiogenesis therapy and EGFR-tyrosine kinase inhibitors (TKIs) has improved patient survival than EGFR-TKI alone (Nakagawa et al. 2019; Saito et al. 2019; Zhou et al. 2019b).

Anlotinib is an oral small molecular multi-targeted TKI with anti-angiogenic (by inhibiting vascular endothelial growth factor receptor 1-3 and fibroblast growth factor receptor 1-4) and anti-tumor proliferation properties (by inhibiting platelet-derived growth factor receptor α and β , RET, and stem cell factor receptor) (Lin et al. 2018; Sun et al. 2016; Xie et al. 2018). It has been approved by the National Medical Products Administration of China for \geq third-line treatment of aNSCLC (Han et al. 2018) and advanced small cell lung cancer (Cheng et al. 2018).

Notably, substantial distinct exists between the patients in the clinical trials and in the real world, particularly those with poor conditions (e.g., the elderly, patients with a performance status [PS] ≥ 2 , brain metastases, and comorbidities) (Nabhan et al.

2019). However, anlotinib may be preferred in clinical practice for patients with aNSCLC who are not eligible or unwilling to receive standard care. Several preclinical and clinical trials have confirmed the synergy between anti-angiogenesis therapy and chemotherapy, targeted therapy and immunotherapy, providing a rationale for a combination therapy strategy with these regimens (Alshangiti et al. 2018). Furthermore, oral anlotinib therapy during the coronavirus disease (COVID-19) pandemic has several advantages such as reducing the number of in-person visits or invasive procedures. Therefore, we investigated the efficacy and safety of anlotinib when used alone or with other antineoplastic agents in patients with aNSCLC in a real-world setting. This is the first of such studies.

Materials And Methods

Study Design and Patients

This was a retrospective observational cohort study conducted at Peking University Shenzhen Hospital, a university-affiliated tertiary hospital located in Guangdong, China.

Adult (age \geq 18 years) patients treated with anlotinib or anlotinib-containing regimens between 1 June 2018 and 30 September 2020 were identified through electronic medical order system (EMS). Patients were screened if they had pathologically confirmed stage IIIB to IV or recurrent NSCLC, measurable disease as evaluated based on Response Evaluation Criteria in Solid Tumours (RECIST, version 1.1) (Eisenhauer et al. 2009), adequate organs function and a performance status of 0 to 3. Eligible patients were enrolled in treatment-naïve cohort and previously treated cohort. Each cohort was divided into two groups, monotherapy and combination therapy. Exclusion criteria included, incomplete treatment information, local treatment including interventional therapy and radiotherapy for the target lesions during anlotinib treatment, and malignancies other than lung cancer within 5 years (except those treated with curative intent and had negligible risk of death or metastases, according to the discretion of primary investigator).

Procedure

Anlotinib was administered orally once daily at an initial dose from 10 mg to 12 mg on day 1 to day 14 of a 21-day cycle. The initial dose and combined regimen were decided by the physicians. Anlotinib was continued until tumour progression, death, unacceptable toxicity, and could continue beyond progression for as long as clinical benefit was observed, as judged by the physicians. Dose reductions or suspension were allowed if patients had a \geq grade 3 anlotinib-related adverse events (ar-AEs). If ar-AEs resolved or reverted to \leq grade 2 within 2 weeks, anlotinib was re-administrated at the same dose or a lower dose. Where ar-AEs persisted after 2-weeks interruption, anlotinib was discontinued permanently.

Tumour responses were assessed based on RECIST 1.1 every 6 to 12 weeks or significant progression occurred or necessary. Treatment beyond imaging progression and the efficacy evaluation according to the physicians' assessment in clinical practice was also allowed. Ar-AEs were categorised and graded according to the National Cancer Institute-Common Terminology Criteria for Adverse Events (NCI-CTCAE, version 4.03).

The EMS was used to collect baseline characteristics, laboratory data, AEs and outcomes. Baseline characteristics included gender, age, smoking status, Eastern Cooperative Oncology Group (ECOG) PS, pathological type, date of diagnosis of advanced disease, disease stage, metastases site, comorbidity and complication, medical histology, presence of oncogenic diver mutations (EGFR, ROS-1, RET, ALK, KRAS, BRAF, c-MET, HER2), prior and subsequent systematic treatment, and best tumor response. The biochemical parameter values and blood cell counts were collected at baseline and during anlotinib treatment.

Outcomes

The primary endpoint was progression-free survival (PFS) and secondary endpoints included objective response rate (ORR), disease control rate (DCR), overall survival (OS), and toxicity. The exploratory endpoint was potential biomarker analysis for

anlotinib first-line monotherapy. The type of combined agents was the major stratification factor used to analyze the efficacy of later-line anlotinib-combined therapy.

The PFS was defined as the time from the first anlotinib administration to the documented disease progression or death due to any cause. The ORR and DCR was defined as the percentage of patients with at least one confirmed response and response plus stable disease before any evidence of progression, respectively. OS was defined as the time from the first anlotinib administration to death from any cause or last follow-up. Ar-AEs, including events that led to dose reductions, treatment discontinuation, or death, were collected. Lymphocyte to monocyte ratio (LMR), neutrophil to lymphocyte ratio (NLR), platelet to lymphocyte ratio (PLR), and prognostic nutritional index (PNI, as calculated as $10 \times \text{albumin level (g/dl)} + 0.005 \times \text{total lymphocyte count (per mm}^3\text{)}$) (Wang et al. 2018) were calculated based on the baseline laboratory data.

Statistical Analysis

Patients' baseline characteristics were reported with descriptive statistics as proportions for categorical variables and medians (range) for continuous variables. Pearson's Chi-square test or Fisher's exact test were used to compare categorical variables and tumour responses between two groups. The median follow-up period was computed based on the reverse Kaplan-Meier method. The median PFS, OS and 95% confidence interval (CI) were estimated using the Kaplan-Meier method, with differences between groups being evaluated using the Log-rank test. Cox proportional hazards regression was used for the univariable and multivariable analysis of PFS and OS and to calculate the hazard ratios (HR) with 95% CIs. All statistical analyses were performed using the statistical package for the social sciences (SPSS) software version 23 (SPSS Inc., Chicago, IL, USA).

Ethical Approval and Informed Consent

The study was approved by the China Ethics Committee of Registering Clinical Trials (No. ChiECRCT20200083) and performed in accordance with Good Clinical Practice and the provisions of the Declaration of Helsinki. Written informed consent was waived given the nature of the study.

Results

Patients and treatment

From June 1, 2018, to September 30, 2020, 226 patients were screened from the EMS. A total of 203 patients were enrolled: 80 in the treatment-naïve cohort and 123 in the previously treated cohort (Figure 1). The median follow-up duration was 11.0 months (range, 7.1-14.8) and 10.0 months (range, 8.8-11.8), respectively.

Details of the patients' characteristics are shown in Table 1. Patients aged ≥ 75 years (22 [27.5%] and 15 [12.2%], respectively), had PS ≥ 2 (28 [35.0%] and 40 [32.5%], respectively), and had central nervous system metastases (7 [8.8%] and 23 [18.7%], respectively) were also enrolled, although patients with these characteristics are usually under-represented in clinical trials. There were more male patients (84.6% vs. 60.7%, $p=0.017$) in the treatment-naïve monotherapy group than in the combination group, and more patients with PS ≥ 2 (44.1% vs. 21.9%, $p=0.009$) in the previously treated monotherapy group.

PFS and OS

In the treatment-naïve cohort, 22 events of disease progression or death occurred in the monotherapy group and 5 in the combination group, respectively; 35 and 1 deaths occurred in the monotherapy and combination groups, respectively. Given the limited events of the combination group in this cohort, we analyzed the survival of the monotherapy group only. The median PFS was 7.4 months (95% confidence interval [CI], 4.1-10.7). The median OS was 10.8 months (95% CI, 5.8-15.8) in the treatment-naïve monotherapy group (Figure 2).

In the previously treated cohort, 63 events of disease progression or death occurred. The median PFS was 8.0 months (95% CI, 6.1-9.9) in the combination group and 4.3 months (95% CI, 2.1-6.6) in the monotherapy group (hazard ratio [HR], 0.49; 95% CI, 0.29-0.83; $P=0.007$), respectively (Figure 3A). The HR for PFS was less than 1.00 across almost all subgroups except for the patients with ECOG PS ≥ 2 and harbouring driver mutations (Figure 3B). However, the upper boundaries of the 95% CI crossed 1.00 for multiple subgroups. The interaction test showed the treatment efficacy varied significantly only across the subgroups of histology types (non-squamous vs. squamous, $p = 0.045$) and driver mutations (yes vs. no, $p = 0.034$).

With 59 deaths, the median OS was 18.5 months (95% CI, 10.5-26.6) in the combination group and 7.8 months (95% CI, 7.1-8.4) in the monotherapy group (HR, 0.38; 95% CI, 0.22-0.66; $P=0.001$), respectively (Figure 4A). Consistent with PFS, the OS benefit of the combination was observed in all subgroups (Figure 4B), yet with the upper boundaries of the 95% CIs crossing 1.00 in multiple subgroups. No statistical differences in treatment efficacy comparing combination with monotherapy were observed among subgroups in the interaction test. The PFS and OS did not differ among patients who received different anlotinib-combined agents (median PFS, ICIs vs. TKIs vs. chemotherapy: 18.2 vs. 7.6 vs. 8.0 months, $p=0.483$; median OS, ICIs vs. TKIs vs. chemotherapy: 18.5 vs. not reach [NR] vs. 19.6 months, $p=0.348$) (Supplemental, Figure 5A and B).

In the multivariate analysis, the combination ($p=0.044$) and the prior anti-angiogenesis treatment ($p=0.013$) were statistically associated with the PFS; whereas only the combination ($p=0.010$) was statistically associated with the OS (Supplemental, Table 2).

Tumour response

In the treatment-naïve cohort, no patient in the monotherapy group and one patient in the combination group achieved CR; 7 and 11 achieved PR in the two groups, respectively. The ORR was significantly higher in the combination group than that in the monotherapy group (42.9% vs. 13.5%, $p=0.004$); while the DCR was only numerically higher without a statistical difference (82.1% vs. 73.1%, $p=0.197$) (Supplemental, Table 3).

In the previously treated cohort, more patients responded to anlotinib combination therapy, with 1 (1.6%) CR and 18 (28.1%) PR, respectively. There were significant differences in both ORR and DCR between the combination and monotherapy groups (ORR, 29.7% vs. 6.8%, $p=0.002$; DCR, 81.4% vs. 59.3%, $p=0.025$) (Supplemental, Table 3).

Exploratory analysis

In the treatment-naïve monotherapy group, the potential predictive and prognostic value of patients' characteristics and several laboratory parameters, including NLR, LMR, PLR, and PNI, were exploratory analyzed. No clinical characteristics were significantly associated with PFS or OS in the univariate analysis (Supplemental, Table 4). The median baseline values of these parameters (NLR, 4.1; LMR, 2.2; PLR, 188.3; PNI, 39.9) were used as cut-off values to distinguish between patients with low and high values. Notably, high baseline LMR was significantly associated with improved PFS (HR, 0.37; 95% CI, 0.14-0.99; $p=0.048$), while high PNI was associated with longer OS (HR, 0.33; 95% CI, 0.14-0.76; $p=0.009$) (Supplemental Table 4). NLR and PLR were not significantly associated with PFS and OS. Only high PNI was statistically associated with improved OS (HR, 0.34; 95% CI, 0.13-0.90; $p=0.030$) in the multivariate analysis using the previous factors (data not shown).

Safety Analysis

The toxicity of monotherapy ($n=111$) and combination therapy ($n=92$) was analyzed in all the patients. The toxicities are summarized in Table 5. The most prevalent anlotinib-related side effects in the monotherapy group were hypertension (51.3%), fatigue (47.7%), anorexia (39.6%), hand-foot syndrome (34.2%), cough (32.4%), diarrhea (30.6%), hypothyroidism (29.7%), proteinuria (29.7%), and oral mucositis (25.2%); whereas those of anlotinib-combined therapy included fatigue (71.7%), anorexia (62.0%), rash (51.1%), hypertension (48.9%), oral mucositis (45.7%), diarrhea (43.5%), hand-foot syndrome (39.1%), and hypothyroidism (39.1%). Most of these toxicities were grade 1–2. At least 5% of the grade ≥ 3 adverse events in the monotherapy and combination groups were hypertension (9.0% and 8.7%), fatigue (8.1% and 7.6%), hand-foot syndrome

(8.1% and 6.5%), diarrhea (5.4% and 8.7%), proteinuria (5.4% and 5.4%), and oral mucositis (6.3% and 8.7%, respectively). The only grade ≥ 3 adverse event that was more frequent in the combination group was anorexia (8.7% and 0.9%).

Dose reductions were required for 5 (4.5%) patients in the monotherapy group, including 4 (3.6%) cases of first-level reduction and 1 (0.9%) case of second-level reduction. Dose reductions occurred in 5 (5.4%) patients in the combination group (all one-level reductions). The suspension rates were 3.6% (4/111) and 6.5% (6/99) in the two groups, respectively.

Discussion

In this study, the survival of treatment-naïve patients with aNSCLC who received anlotinib monotherapy was promising. Also, patients with aNSCLC who received a combination of anlotinib and other anti-tumor agents had significantly improved survivals than those treated with anlotinib alone, administered as \square second-line therapy). A combination of vascular endothelial growth factor (VEGF) monoclonal antibodies and chemotherapy improved the PFS and OS in first-line (bevacizumab combination) (Patel et al. 2013; Reck et al. 2009; Sandler et al. 2006; Zhou et al. 2015) and later-line (ramucirumab combination) (Garon et al. 2014; Shiono et al. 2019) settings of aNSCLC, respectively. In multiple phase III trials, the combination of VEGF monoclonal antibodies with erlotinib as first-line treatment significantly improved the PFS in patients with EGFR-mutant aNSCLC than erlotinib alone (Nakagawa et al. 2019; Saito et al. 2019; Zhou et al. 2019a). However, multi-target TKIs that mainly block the VEGF signaling pathway have exhibited mixed clinical activity in aNSCLC. Compared to placebo, these agents (e.g., vandetanib, pazopanib, sunitinib, and sorafenib) failed to improve survival in aNSCLC (Natale et al. 2011; Paz-Ares et al. 2015; Scagliotti et al. 2012a; Weiss et al. 2014). In combination with chemotherapy, unlike anlotinib, none of them had a superior efficacy to chemotherapy alone in aNSCLC (de Boer et al. 2011; Goss et al. 2010; Hanna et al. 2016; Herbst et al. 2010; Laurie et al. 2014; Lee et al. 2012; Paz-Ares et al. 2012; Reck et al. 2014; Scagliotti et al. 2010; Scagliotti et al. 2013; Scagliotti et al. 2012b). In the ALTER0303 trial, anlotinib greatly prolonged the OS and PFS than placebo. Anlotinib has a wide range of specific targets, including c-FMS, Aurora B, and discoidin domain receptor 1 (a group of newly identified kinase targets involved in tumor progression) (Sun et al. 2016), which might explain its positive results in aNSCLC. Likewise, the inhibitory action of these targets is responsible for anlotinib's anti-tumor and antiangiogenic properties, which could explain its encouraging efficacy in the treatment-naïve monotherapy group in our study. In previous clinical trials of first-line treatment in aNSCLC, bevacizumab plus chemotherapy significantly prolonged the PFS from 4.5 months to 6-6.7 months, and OS from 10.3 months to 12.3-13.4 months (Patel et al. 2013; Reck et al. 2009; Sandler et al. 2006). In our study, first-line anlotinib monotherapy demonstrated a comparable PFS (> 7 months) and slightly worse OS (approximate 11 months) than that of bevacizumab plus chemotherapy. These results may be due to the unique mechanism of anlotinib or the study population. Several patients in the treatment-naïve monotherapy group were wild-type mutations and squamous cell carcinomas, who lacks effective first-line targeted therapy. However, no clinical characteristics, including histology and diver mutations, was significantly associated with PFS or OS in this group. This is consistent with the ALTER0303 trial wherein anlotinib was effective for EGFR-mutant and wild-type patients (Han et al. 2018), with a significant improvement in the PFS, but not OS of patients with squamous cell carcinomas. The fibroblast growth factor (FGF) signaling pathway plays a key role in squamous cell lung cancer by promoting tumor cell proliferation and cancer angiogenesis through several mechanisms (Helsten et al. 2015; Procopio et al. 2015; Tiseo et al. 2015). As against FGF receptor, anlotinib the efficacy of anlotinib in this population can be explained. Of note, anlotinib was administered to a population with a heavy tumor burden and adverse prognosis in our study (30-40% of patients were ≥ 75 -years old, had ECOG PS ≥ 2 or multiple metastases). Thus, the therapeutic effect of anlotinib may be undervalued because of the recipients' poor conditions and shorter life expectancy. Moreover, the limited rescue treatment in this population might have contributed to the shorter OS than that of standard bevacizumab-containing chemotherapy. Anlotinib monotherapy has less survival benefits as first-line treatment than immunochemotherapy (Gadgeel et al. 2020; Gandhi et al. 2018), especially in terms of OS. Nevertheless, according to our findings, anlotinib may still be an appropriate choice for patients with advanced age, poor PS, or reluctance to receive chemotherapy.

Anti-angiogenesis therapy can normalize abnormal vascularization in tumors, improve delivery of anti-tumor agents (Alshangiti et al. 2018), modify the immunosuppressive microenvironment, and crosslink with the EGFR signaling pathway (Tian et al. 2020); and thus play a synergistic antitumor role when combined with other treatments including chemotherapy, EGFR/TKIs, and ICIs. Additionally, the good tolerance and non-overlapping toxicity spectrum of anlotinib makes it possible to be combined. In the previously treated cohort in our study, anlotinib combination therapy improved survival and tumor response to monotherapy. The ECOG PS of the enrolled patients was different between the two groups, which may be a cause of bias. However, it did not show significant association with the survival. Prior anti-angiogenesis therapy was also different between the two groups; and it was significantly associated with PFS, but not OS in the multivariate analysis. However, the PFS benefit of the combination was observed in the subgroups with or without previous antiangiogenic therapy, although the upper limit of the 95% CI exceeded 1. These findings are consistent with those in earlier studies, which showed that previous antiangiogenic therapy had no influence on PFS and OS of \geq third-line anlotinib treatment in aNSCLC (Han et al. 2018; Shao et al. 2019; Zhang et al. 2020).

The patients with squamous cell carcinoma and without driver mutations had a greater chance of improved PFS following combination therapy, with a p value for interaction ≤ 0.05 . In the ALTER0303 trial, anlotinib had no additional therapeutic advantage in patients with squamous cell carcinoma or without driver mutations; therefore, we assume that the drugs in the combination may explain this difference. A considerable proportion of patients in the two subgroups (non-squamous vs. squamous, 36% vs. 0%; driver mutations yes vs. no, 63% vs. 2.7%) received anlotinib combined with original EGFR TKIs as rescue therapy, immediately after the treatment failure with front-line EGFR-TKIs, which might only lead to modest survival benefits. In contrast, survival benefits were significant in patients with squamous cell carcinoma and wild-type mutations, most of who switched from later-line therapy to a combination with chemotherapy or immunotherapy. In the survival analysis with combined agents as the stratification factor, patients who received the EGFR-TKI combination had the shortest PFS, but the difference was not statistically significant. Several studies have compared erlotinib plus bevacizumab with erlotinib alone as first-line treatment in EGFR-mutant aNSCLC; PFS was improved, but not OS (Kato et al. 2018; Maemondo et al. 2020; Saito et al. 2019; Zhou et al. 2019a). Consistently, the first-line combination of anlotinib with EGFR TKIs has been reported to have an extremely high ORR and DCR in patients with EGFR-mutant aNSCLC (Huang et al. 2020a). Although there is no evidence that adding anti-angiogenesis therapy can improve survival after first-line EGFR-TKI resistance, this combination strategy has still been attempted in patients with slow disease progression in clinical practice. A study on the efficacy of anlotinib combined with first-generation (1G) EGFR-TKIs as second-line therapy in patients with secondary resistance to prior 1G EGFR TKIs and non-T790M mutations in aNSCLC is ongoing (NCT03766490).

The efficacy of anlotinib combination therapy in aNSCLC was promising in previous studies, with an ORR of 60%-92.6% in the first-line setting and 26%-37.5% in the second-line setting (B et al. 2019; Huang et al. 2020a; Wu et al. 2020). Due to the short follow-up time, the PFS was about 5 months in the patients who received anlotinib plus chemotherapy as \geq second-line treatment in only two studies (Wu et al. 2020; Zhang et al. 2020). This was consistent with our study wherein anlotinib combination therapy had a better tumor response than monotherapy in both the treatment-naïve and previously treated patients; this effect was successfully translated into survival benefits in previously treated patients (the survival was immature in treatment-naïve patients).

Generally, the safety profile of anlotinib combination therapy was comparable to that of monotherapy in terms of the frequency of \geq grade 3 treatment-related adverse events and dose modification. The side effects in our study were in accordance with those in prior studies (Han et al. 2018; Huang et al. 2020a; Huang et al. 2020b; Wu et al. 2020; Zhang et al. 2020). There were no new safety concerns or anlotinib-related deaths.

The identification of predictive and prognostic factors of anti-angiogenic treatment is challenging. In our exploratory analysis, the PFS and OS were improved significantly in patients with higher baseline LMRs in the anlotinib monotherapy group, suggesting that LMR might be a predictor of the efficacy of anlotinib in this setting. LMR is a prognostic factor in lung cancer (Chen et al. 2015; Go et al. 2014; Hu et al. 2014; Song et al. 2016). Decreased LMR was shown to have significantly negative correlation with PFS and OS in bevacizumab treatment in aNSCLC (Li et al. 2019). The reason for this is unknown. We

hypothesized that fewer circulating monocytes may reflect the limited formation or presence of tumor-associated macrophages (Clear et al. 2010; Lin et al. 2011); the latter has a positive relationship with extracellular matrix remodeling, angiogenesis, and lymphangiogenesis (Clear et al. 2010; Lin et al. 2006). Conversely, lymphocytopenia is an important component of low LMR; it induces fewer tumor-infiltrating lymphocytes for tumor cell eradication, which is associated with worse efficacy and survival in multiple malignancies (Chen et al. 2012); and it is also correlated with vascular invasion in NSCLC (Kobayashi et al. 2012). Therefore, a high LMR may reflect less angiogenesis, lymphangiogenesis, and vascular invasion, which may facilitate anlotinib treatment. Consistent with previous studies (Hong et al. 2015; Li et al. 2018), PNI was an independent prognostic factor in patients with aNSCLC who received anlotinib first-line monotherapy in our study. A high PNI is associated with an adequate anticancer immunological reaction, and functional and nutritional status of the host, which can enhance the tolerance and compliance to the treatment in patients with cancer (Deme and Telekes 2018; Fruchtenicht et al. 2015; Paccagnella et al. 2011). Although this is an exploratory and post hoc analysis, these markers are readily available and inexpensive in clinical practice; they could help to predict the efficacy of anlotinib and estimate the prognosis once our results are validated in future studies.

Our study has few limitations beyond the retrospective design and consequent selection bias. First, as a real-world study, the non-diverse Chinese population and small sample size might have affected the objectivity of the results. Second, the monotherapy and combination groups were clinically heterogeneous; however, the multivariate Cox regression analysis was used to adjust for confounding factors. Third, we were unable to obtain the survival of the first-line combination group due to the short follow-up duration.

Nevertheless, our study has several advantages. First, it provides a promising alternative chemotherapy-free strategy for the first-line treatment of patients with aNSCLC, especially for patients who are senile, have poor physical conditions, and unwilling or unable to receive chemotherapy. Second, in this era when first-line immunotherapy ± chemotherapy is the standard care for patients without driver mutations, it provides additional evidence for the application of second-line anti-angiogenesis combination therapy. Third, we further explored the potential predictive and prognostic factors of anlotinib monotherapy for aNSCLC, which can serve as baseline data for further studies on biomarkers of antiangiogenic therapy. Finally, the convenience and feasibility of anlotinib, especially during the COVID-19 pandemic, makes our findings generalizable.

Conclusions

Anlotinib monotherapy has a promising efficacy in the first-line setting. It may be an option for patients with aNSCLC who are ineligible for chemotherapy in the real world. Anlotinib plus other anti-tumor regimens in a \geq second-line setting showed manageable toxicities and encouraging efficacy, indicating a good application prospect in aNSCLC. Our conclusion would benefit from the addition of information on the scope for further research on the topic.

Declarations

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Conflicts of interest/Competing interests

Dr. Qing Zhou reports speaker fees from AstraZeneca and Roche. The other authors indicate no conflicts of interest.

Availability of data and material

The datasets analyzed during the current study can be obtained from the corresponding author on reasonable requirements.

Authors' contributions

Fen Wang: Conceptualization, Methodology, Investigation, Writing - review & editing. Feng Jin: Investigation, Writing - review & editing. Boran Cheng: Investigation, Writing - review & editing. Yue Zhang: Methodology, Investigation. Qing Zhou: Conceptualization, Methodology, Investigation, Writing - review & editing. Shubin Wang: Conceptualization, Methodology, Investigation, Writing - review & editing.

Ethics approval

The study was approved by the China Ethics Committee of Registering Clinical Trials (No. ChiECRCT20200083) and performed in accordance with Good Clinical Practice and the provisions of the Declaration of Helsinki.

Consent to participate

Written informed consent was waived given the nature of the study.

Consent for publication

Informed consent was obtained from the authors.

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Tables

Table 1

Patients baseline characteristics in two cohorts.

Characteristics, n (%)	Treatment-naïve Cohort				Previously treated Cohort			
	Overall (n=80)	Monotherapy (n=52)	Combination (n=28)	<i>p</i>	Overall (n=123)	Monotherapy (n=59)	Combination (n=64)	<i>p</i>
Age (years)								
Median (range)	68 (42-88)	69 (46-88)	65 (42-83)	0.655	64 (32-87)	65 (37-81)	63 (32-87)	0.257
< 70	43 (53.8)	27 (51.9)	16 (57.1)		99 (80.5)	45 (76.3)	54 (84.4)	
≥ 70	37 (46.3)	25 (48.1)	12 (42.9)		24 (19.5)	14 (23.7)	10 (15.6)	
≥ 75	22 (27.5)	18 (34.6)	4 (14.3)		15 (12.2)	10 (16.9)	5 (7.8)	
Sex				0.017				0.957
Male	61 (76.3)	44 (84.6)	17 (60.7)		92 (74.8)	44 (74.6)	48 (75.0)	
Female	19 (23.8)	8 (15.4)	11 (39.3)		31 (25.2)	15 (25.4)	16 (25.0)	
ECOG performance status				0.169				0.009
0-1	52 (65.0)	31 (59.6)	21 (75.0)		83 (67.5)	33 (55.9)	50 (78.1)	
≥ 2	28 (35.0)	21 (40.4)	7 (25.0)		40 (32.5)	26 (44.1)	14 (21.9)	
Smoking status				0.263				0.218
Never	32 (40.0)	22 (42.3)	10 (35.7)		54 (43.9)	30 (50.8)	24 (37.5)	
Ever	37 (46.3)	21 (40.4)	16 (57.1)		57 (46.3)	25 (42.4)	32 (50.0)	
Unknown	11 (13.8)	9 (17.3)	2 (7.1)		12 (9.8%)	4 (6.8)	8 (12.5)	
Histology				0.670				0.222
Non-squamous	42 (52.5)	27 (51.9)	15 (53.6)		93 (75.6)	43 (72.9)	50 (78.1)	
Squamous	32 (40.0)	22 (42.3)	10 (35.7)		25 (20.3)	15 (25.4)	10 (15.6)	
Other / unknown	6 (7.5)	3 (5.8)	3 (10.7)		5 (4.1)	1 (1.7)	4 (6.3)	
Driver mutations				0.167				0.063
Yes	10 (12.5)	4 (7.7)	6 (21.4)		41 (33.3)	14 (23.7)	27 (42.2)	
EGFR mutation	6 (7.5)	2 (3.8)	4 (14.3)		37 (30.1)	14 (23.7)	23 (35.9)	
RET fusion	1 (1.3)	1 (1.9)	0 (0)		0 (0)	0 (0)	0 (0)	
KRAS mutation	2 (2.5)	1 (1.9)	1 (3.6)		0 (0)	0 (0)	2 (3.1)	

BRAF mutation	1 (1.3)	0 (0)	1 (3.6)	2 (1.6)	0 (0)	0 (0)
HER2 mutation	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	2 (3.1)
MET amplification ^a	0 (0)	0 (0)	1 (3.6)	2 (1.6)	0 (0)	0 (0)
No	69 (86.3)	47 (90.4)	22 (78.6)	0 (0)	44 (74.6)	37 (57.8)
Unknown	1 (1.3)	1 (1.3)	0 (0)	81 (65.9)	1 (1.7)	0 (0)
				1 (0.8)		
Stage				0.310		0.646
IIIB / IIIC	8 (10.0)	7 (13.5)	1 (3.6)	12 (9.8)	5 (8.5)	7 (10.9)
IV / Recurrent	72 (90.0)	45 (86.5)	27 (96.4)	111 (90.2)	54 (91.5)	57 (89.1)
Number of metastatic sites				0.813		0.236
< 3	39 (48.8)	24 (46.2)	15 (53.6)	39 (31.7)	23 (39.0)	16 (25.0)
≥ 3	32 (40.0)	6 (11.5)	3 (10.7)	71 (57.7)	5 (8.5)	8 (12.5)
Other / unknown	9 (11.2)			13 (10.6)		
CNS metastasis				0.967		0.347
Yes	7 (8.8)	4 (7.7)	3 (10.7)	23 (18.7)	9 (15.3)	14 (21.9)
No	73 (91.3)	48 (92.3)	25 (89.3)	100 (81.3)	50 (84.7)	50 (78.1)
Anlotinib initial dose				1.000		0.709
12mg	75 (93.8)	49 (94.2)	26 (92.9)	116 (94.3)	55 (93.2)	61 (95.3)
10mg	5 (6.3)	3 (5.8)	2 (7.1)	7 (5.7)	4 (6.8)	3 (4.7)
Combined agents	—	—		—	—	
ICIs			18 (64.3)			27 (42.2)
TKIs			5 (17.9)			18 (28.1)
Chemotherapy			5 (17.9)			19 (29.7)
Number of anlotinib lines	—	—	—			0.465
2				48 (39.0)	25 (42.4)	23 (35.9)
≥ 3				75 (61.0)	34 (57.6)	41 (64.1)
Prior anti-angiogenesis	—	—	—			0.065
Yes				50 (40.7)	29 (49.2)	21 (32.8)
No				73 (59.3)	30 (50.8)	43 (67.2)

^a One patient harboured KRAS mutation and MET amplification simultaneously.

ECOG, Eastern Cooperative Oncology Group; *EGFR*, epidermal growth factor receptor; *ICI*, immune checkpoint inhibitor; *TKI*, tyrosine kinase inhibitor; *CNS*, central nervous system; —, not applicable

Table 5

Summary of toxicities in monotherapy and combination patients.

Toxicity	Monotherapy (n=111), no. (%)		Combination (n=92), no. (%)	
	All grades	Grade \geq 3	All grades	Grade \geq 3
Symptoms				
Hypertension	57 (51.3)	10 (9.0)	45 (48.9)	8 (8.7)
Fatigue	53 (47.7)	9 (8.1)	66 (71.7)	7 (7.6)
Anorexia	44 (39.6)	1 (0.9)	57 (62.0)	8 (8.7)
Hand-foot syndrome	38 (34.2)	9 (8.1)	36 (39.1)	6 (6.5)
Cough	36 (32.4)	3 (2.7)	27 (29.3)	0 (0)
Diarrhea	34 (30.6)	6 (5.4)	40 (43.5)	8 (8.7)
Hypothyroidism	33 (29.7)	4 (3.6)	36 (39.1)	3 (3.3)
Proteinuria	33 (29.7)	6 (5.4)	25 (27.2)	5 (5.4)
Mucositis oral	28 (25.2)	7 (6.3)	42 (45.7)	8 (8.7)
Hemorrhage	27 (24.3)	4 (3.6)	22 (23.9)	4 (4.3)
Pharyngalgia	25 (22.5)	1 (0.9)	23 (25.0)	0 (0)
Vomiting	16 (14.4)	1 (0.9)	22 (23.9)	3 (3.3)
Weight loss	15 (13.5)	0 (0)	10 (10.9)	0 (0)
Nausea	13 (11.7)	1 (0.9)	20 (21.7)	3 (3.3)
Rash	11 (9.9)	0 (0)	47 (51.1)	3 (3.3)
Hoarseness	11 (9.9)	0 (0)	9 (9.7)	1 (1.1)
Dyspnea	9 (8.1)	1 (0.9)	11 (11.9)	0 (0)
Headache	9 (8.1)	0 (0)	9 (9.7)	0 (0)
Dizziness	6 (5.4)	2 (1.8)	6 (6.5)	1 (1.1)
Abdominal pain	6 (5.4)	1 (0.9)	5 (5.4)	2 (2.2)
Constipation	5 (4.5)	1 (0.9)	7 (7.6)	0 (0)
Conjunctivitis	3 (2.7)	0 (0)	12 (13.0)	1 (1.1)
Tinnitus	2 (1.8)	0 (0)	3 (3.3)	0 (0)
Palpitation	1 (0.9)	0 (0)	3 (3.3)	0 (0)
Laboratory examination				
Pneumonitis	2 (1.8)	0 (0)	7 (7.6)	3 (3.3)
Hyperbilirubinemia	10 (9.0)	0 (0)	20 (21.7)	2 (2.2)
AST elevation	9 (8.1)	0 (0)	19 (20.7)	4 (4.3)
Hyponatremia	8 (7.2)	1 (0.9)	10 (10.9)	0 (0)
Creatinine elevation	7 (6.3)	0 (0)	8 (8.7)	0 (0)

ALT elevation	6 (5.4)	0 (0)	22 (23.9)	3 (3.3)
Hypokalemia	4 (3.6)	1 (0.9)	8 (8.7)	1 (1.1)
Hypoalbuminemia	4 (3.6)	0 (0)	4 (4.3)	0 (0)
CKMB elevation	4 (3.6)	1 (0.9)	6 (6.5)	1 (1.1)
Thrombocytopenia	4 (3.6)	0 (0)	28 (30.4)	4 (4.3)
Anemia	1 (0.9)	0 (0)	15 (16.3)	2 (2.2)
Neutropenia	1 (0.9)	0 (0)	30 (32.6)	2 (2.2)
Leukopenia	1 (0.9)	0 (0)	35 (38.0)	3 (3.3)
Dose modification				
Dose reduction	1 level	2 level	1 level	2 level
	4 (3.6)	1 (0.9)	5 (5.4)	0 (0)
Suspension	4 (3.6)		6 (6.5)	

Tables 2 to 4 are not available with this version.