

Carbon-nanotube yarns induce axonal regeneration in peripheral nerve defect

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Abstract

Carbon Nanotubes (CNTs) are cylindrical nanostructures, and have unique combination of properties including flexibility, electrical conductivity, and biocompatibility. We focused on CNTs fabricated with the carbon nanotube yarns (cYarn®) as a possible substrate that could promote peripheral nerve regeneration with these properties. We bridged a 15mm rat sciatic nerve defect with five different density of cYarn®. Eight weeks after the surgery, the density of regenerated axons crossing the CNTs, electromyographical findings, and muscle weight ratio of the lower leg showed recovery of the motor function by the interfacing with cYarn®. Our results indicated that a 2% CNT density tended to be most effective for nerve regeneration as measured by both histological axonal regeneration and motor function. We confirmed that CNT yarn, used as a scaffold bridging nerve gaps, promotes peripheral nerve regeneration. Our results support the future clinical application of CNTs for bridging nerve gaps as an off-the-shelf material.

Introduction:

An injured peripheral nerve is able to regenerate spontaneously or via microsurgical suture. However, in long-term defects or severe injury, the regeneration capacity of a nerve is limited¹. Until recently, an interposition autologous nerve graft has been considered the gold standard for nerve regeneration, and has produced the best results for peripheral nerve injury with advanced crushing or defects since the first evidence of autologous nerve grafting in animal studies in 1967^{2,3}. However, the use of this technique is not without problems, including limited supply, associated donor-site morbidity, and size mismatches with the injured nerve⁴. To overcome these limitations, several artificial nerve conduits have been tested in clinical applications. However, clinical results are limited, feature low success rates, and are typically only used for nerve gaps of less than 3 cm involving small-diameter, non-critical sensory nerves^{5,6}.

Therefore, at present, sufficient results cannot be obtained for the treatment of nerve gaps in long or highly functionally critical areas, thus indicating the importance of developing a nerve guide with a stronger therapeutic effect.

In this study, we focused on carbon nanotubes (CNTs) as possible devices to promote peripheral nerve regeneration. In recent years, nanotechnology breakthroughs have advanced the development of new materials, including CNTs. These devices are cylindrical nanostructures, 0.4 to 40 nm in diameter, which are made up of interwoven graphene sheets⁷. Due to the unique properties of CNTs, such as strength, flexibility, conductivity, ease of manufacture, and high biocompatibility⁸, this material has been of interest in recent years in the biomedical and tissue engineering applications⁹.

In terms of nerve regeneration, several studies have shown that CNTs are able to support sustainable neuronal survival and promote neuronal outgrowth¹⁰⁻¹⁴. For hippocampal neurons cultured on a CNT patterned substrate, CNTs were able to direct neurite outgrowth¹¹. Aminated CNTs and nerve growth

factor (NGF) increase the number of neurons with neurite outgrowth in rat PC12h cell and dorsal root ganglion (DRG) neurons in culture media¹⁵.

Furthermore, CNTs are ideal for interaction with electrically active tissues, such as neuronal tissues. Neurons that grow on a conductive nanotube meshwork are involved in electrical interactions between CNTs and neurons, which may stimulate neuronal circuits¹⁶. According to one review article, network hybrids of neurons and nanotubes may allow predict or manipulate the interactions between nanomaterials and neurons, leading to the design of smart biomaterials for the engineering of electrically propagating tissues¹⁷.

However, *in vivo* studies on the impact of CNTs in the neuro-regeneration are limited, with only one previous study having been conducted. In this study, nerve conduits filled with fibers incorporating aminated CNTs were chemically tethered onto the surface of phosphate glass microfibers (PGF) and implanted in rat sciatic nerve defects¹⁸. One reason for the small number of existing *in vivo* studies is related to the loss of intrinsic properties of individual CNTs that occurs in macroscopic forms of CNTs. Various CNT forms have been demonstrated to overcome this matter, including fibers^{19,20} yarns^{21,22}. Therefore, we aimed to evaluate the efficacy of CNTs in peripheral nerve regeneration *in vivo* using the processed CNT yarns as the intraluminal fibers of artificial nerve conduits.

We investigated whether the regeneration of peripheral nerves is promoted by crosslinking nerve gaps with CNT yarns, in order to explore the possibility of using CNT yarns as a new artificial nerve material.

Methods:

Methods of this study were reviewed and approved by the ethical committee of Hiroshima University. And all experiments were performed in accordance with relevant guidelines and regulation. This study was also carried out in compliance with the ARRIVE guidelines.

Production of the implant

The CNT yarn used in this study was cYarn® (Lintec of America Inc., Nano-Science & Technology Center, Richardson, TX, USA) manufactured through dry drawing and spinning²³⁻²⁶. As the CNT source, vertically aligned multiwall CNT (MWCNT) forests produced by chemical vapor deposition using acetylene as carbon source and iron as catalyst were used. The typical diameter and length of MWCNT were approximately 10nm and 300mm, respectively. Yarn were approximately 15 μm in diameter. For in-vivo tests CNT yarns were inserted in silicon tubes with a lumen of 15 mm (Fig. 1).

Experimental animals and surgical procedures:

Thirty-five female Sprague Dawley rats (8 weeks old and weight: 200–220 g) were used in this investigation. Rats were housed in groups of three animals under standard conditions.

For anesthesia, Rompun (20 mg/ml, Bayer Health Care, Leverkusen, Germany) and Ketalar (50 mg/ml, Daiichi-Sankyo, Tokyo, Japan) were injected intraperitoneally for each animal. A skin incision was made along the lateral femur, expose the sciatic nerve by dissection of the gluteus and biceps femoris muscles. The sciatic nerve was transected at the middle of thigh with microscissors. For CNTs transplantation, 10 mm of the sciatic nerve was removed. Just after the nerve injury, 1 mm of both ends of the transected sciatic nerve were inserted into 17 mm silicon tubes filled with 15 mm CNT yarn fibers to bridge the nerve defect. In other words, a 15 mm nerve gap was made. Before implantation, silicon tubes and CNT Yarns were washed in NaCl after autoclave sterilization. The proximal and distal nerve stump and tubes were connected by three sutures using 8 – 0 monofilament nylon thread.

Experimental design and Groups

In order to analyze the performance of different densities of CNT fibers *in vivo*, we created five experimental groups (C0: control group, silicon tube only; CN2: CNT yarn filling at a low density of 2% [200 bundles] in the silicon tube; CN5: moderate density of 5% [500 bundles]; CN10: high density of 10% [1000 bundles]; CN35: high density of 35% [3500 bundles]).

Eight weeks after the surgery, the motor recovery was evaluated by electromyography and calculation of sciatic nerve functional index. The examiner was blinded to the implants for sciatic nerve reconstruction applied to the each animals. All rats were euthanized with 100% carbon dioxide inhalation after an overdose of Rompun and Ketalar by intraperitoneal injection at the conclusion of the electrophysiological studies.

The sciatic nerves along with the silicon tubes and CNT fibers were harvested eight weeks after the surgery. The silicon tubes were removed, and immediately afterwards the contents inside the silicon tube with proximal and distal nerve segments were embedded in OCT Compound (Tissue-Tek[®], Sakura Finetek, Tokyo, Japan). The nerve was sectioned longitudinally at 8 μ m thickness in accordance with a method described previously (Kawamoto, 2003). The sectioning surface was covered with an adhesive film (Cryofilm type IIC9, SECTION-LAB, Hiroshima, Japan) and frozen sections were made with a microtome (Cryostat HM520, Thermo Fisher Scientific K.K., Tokyo, Japan). The resulting sections were stained with hematoxylin and eosin (H&E) and immunohistochemistry analysis using a BZ-9000 microscope (Keyence Corp., Osaka, Japan).

Electrophysiological study

Electrophysiological examination was performed according to the method of our facility previously described (Ohtsubo2011). Briefly, the sciatic nerves proximal to the silicone tubes were exposed, and needle electrodes were placed in the gastrocnemius muscle. The nerves were stimulated with a constant current of 2.0 mA (0.2 ms square-wave pulses) using bipolar electrodes. The stimuli were applied to the sciatic nerve proximal to the silicone tube at the experimental side and to the sciatic nerve at the same level as the contralateral side. The compound muscle action potentials (CMAPs) were recorded after stimulation using the Viking Quest system (Nicolet Biomedical, Madison, WI, USA) The onset latency and

peak to peak amplitude of the CMAPs from the experimental side were compared with those recorded from the contralateral side.

Muscle weight ratio

After the animals were sacrificed, the gastrocnemius muscle and tibialis anterior muscle were excised from bilateral hindlimbs and weighed to calculate the ratio of the experimental side compared to the contralateral side.

Immunohistochemistry

Immunohistochemistry was performed, with neurofilament (NF) antibodies marking axons and S100 antibodies identifying Schwann cells. Briefly, the section was fixed in a 4% paraformaldehyde and methanol mixture for 30 s and washed with cold PBS three times for 3 min each time, and then blocked with 10% normal goat serum (Life Technology Corp., Carlsbad, CA, USA) at 4 °C for 1 hour. Following this, immunostaining was performed with anti-chicken NF protein (Abcam, Cambridge, UK), diluted 1:200 in PBS and anti-rabbit S100 protein (Abcam) diluted 1:200 in PBS.

The second day, the sections were washed three times with PBS, then incubated with the secondary antibody Alexa Fluor 488 goat anti-Rb IgG and Alexa Fluor 568 anti-chicken IgG (Thermo Fisher Scientific K.K.), diluted in 1:200 in PBS, and cover-slipped with DAPI counterstain for 1 hour at room temperature.

The photomicrographs of these sections were taken using a fluorescence microscope (Keyence, Osaka, Japan) which connect to a digital camera and computer. The density of neurofilament was measured at four areas (P, proximal nerve end; P5, 5 mm from the proximal stump; D5, 5 mm from the distal stump; and D, distal nerve end) in three randomly selected sections. The total number of DAPI-stained cells were also counted in the same squares. The ImageJ software (National Institute of Health [NIH], Bethesda, MD, USA) were used for the analysis.

Statistical Analysis

Data are presented as the average \pm standard error (SE). One-way ANOVA with post-hoc Tukey-Kramer test was used to determine the differences between groups for CMAPs, muscle weight ratio, and immunohistochemical evaluation. Statistical significance was established at $p < 0.05$.

Results:

Macroscopic findings:

In the control group, five rats did not exhibit any continuity in defect bridging, and two rats exhibited extremely poor continuity with scar-like tissue. In three of the four groups, those filled with a moderate density of CNT yarn (CN2, CN5, and CN10), the CNT yarn gathered to form one cord. On the surface, white tissue and newly formed capillary vessels were observed. However, tissue formation was not observed around the CNTs macroscopically in the CN35 group (Fig. 2).

Electrophysiological evaluation:

CMAPs were detected in six of seven rats in each of the CN2 and CN5 groups, and three of seven rats in the CN10 group. The mean latency and the mean amplitude were 4.96 ± 0.63 ms and 4.75 ± 1.05 mV in CN2; 4.95 ± 0.75 ms and 3.08 ± 0.27 mV in CN5; and 5.38 ± 1.24 ms and 4.44 ± 1.18 mV in CN10 respectively. However, no CMAPs were obtained in the C0 or CN35 groups. No significant difference in the latencies and amplitudes between CN2, CN5 and CN10 groups were observed (Table 1).

Table 1

The compound muscle action potentials of the gastrocnemius for the five test groups at eight weeks after transplantation.

Group (Number)	C0 (n = 7)	CN2 (n = 7)	CN5 (n = 7)	CN10 (n = 7)	CN35 (n = 7)
Recovery rate (%)	0 (0/7)	85.7 (6/7)	85.7 (6/7)	42.9 (3/7)	0 (0/7)
NCV (ms \pm SE)	-	4.96 ± 0.63	4.95 ± 0.75	5.38 ± 1.24	-
NCV ratio (contralateral/ipsilateral)	-	0.62 ± 0.1	0.57 ± 0.10	0.46 ± 0.14	-
Peak amplitude (mV \pm SE)	-	4.75 ± 1.05	3.08 ± 0.27	4.44 ± 1.18	-
Peak amplitude ratio (ipsilateral/contralateral)	-	0.52 ± 0.1	0.43 ± 0.07	0.52 ± 0.1	-
Abbreviations: NCV, nerve conduction velocity; SE, standard error					

Muscle weight ratio

Muscle weight ratio was expressed as % of the contralateral side. The tibialis anterior muscle weight ratio was significantly greater in the CN2 and CN5 groups compared to the C0 group. The ratios of the gastrocnemius in the CN2, CN5, and CN10 groups were also greater than that of the C0 group (Table 2).

Table 2

Lower limb muscle weight ratio for the five test groups at eight weeks after transplantation.

Muscle weight ratio (% \pm SE)	C0	CN2	CN5	CN10	CN35
Tibialis anterior	23 ± 1.24	$32.6 \pm 3.5^*$	$31 \pm 2.4^*$	28 ± 3.0	23.8 ± 1.57
Gastrocnemius	20.1 ± 1.18	$33 \pm 4.4^{**}$	$29.6 \pm 2.6^{**}$	$28.6 \pm 1.9^*$	21.1 ± 1.2
* P < 0.05; ** P < 0.01 (One-tailed ANOVA with Tukey-Kramer test compared with C0)					

There was no significant difference in the sciatic nerve functional index between any of the groups at 4 or 8 weeks after surgery.

Histological and immunohistochemical evaluation for axonal regeneration of excised sciatic nerve

In terms of the H&E staining, the nerve defect was crosslinked with the regenerated tissue in all cases found in the CN2, CN5 and CN10 groups. However, no meaningful tissue regeneration occurred in the C0 or CN35 groups (Fig. 3).

Triple immune fluorescence provided a visualization of nerve regeneration, in which longitudinal sections of the regenerated tissue were stained using S100 and NF. The density of neurofilament was calculated using the ratio of the densities at the P5, D5, and D nerve sites to the P site. The NF density at the distal end was higher in the CN2 and CN5 groups than in the C0 group (CN2: $62.61 \pm 5.37\%$; CN5: $67.65 \pm 9.63\%$). However, there was no significant difference between the CN2 and CN5 groups. In the CN10 group, neural tissue was observed along cYarn® fibers, however the density of NF at the distal end was lower than in the CN2 or CN5 groups (CN10: $14.85 \pm 7.48\%$). No neurofilament was observed at the distal nerve end in the C0 group, and no regeneration of nerve defect tissue was seen in the CN35 group.

There was no statistically significant difference in the number of cell nuclei (DAPI) at the proximal and distal nerve ends between the groups. The numbers of cells were significantly increased in areas P5 and D5 (within the nerve defect) in the CN2 and CN5 groups compared to the CN10 group. In the C0 group, only a few cells were observed in two of seven rats, and in the CN35 group, no tissue regeneration nor DAPI staining was observed (Fig. 4; Table 3).

Table 3

Immunohistochemical evaluation of axonal outgrowth and total number of DAPI stained cells in the matrix and in the distal nerve segment of rat sciatic nerve defects, bridged by different densities of carbon nanotube yarn.

	C0 (n = 7)	CN2 (n = 7)	CN5 (n = 7)	CN10 (n = 7)	CN35 (n = 7)
Density of neurofilament (% of proximal portion)					
P5/P	8.9 ± 6.9	95.7 ± 12.2***	87.6 ± 11.7***	56.6 ± 12.0**	0 ± 0
D5/P	0.2 ± 0.2	72.9 ± 15.3***	84.9 ± 10.8***	19.4 ± 7.9*	0 ± 0
D/P	0 ± 0	62.6 ± 5.4***	67.7 ± 9.6***	14.9 ± 7.5	0 ± 0
DAPI stained cells (% of proximal portion)					
P5/P	26.6 ± 16.5	89.8 ± 18.9**	118.4 ± 20.2**	60.1 ± 10.4	0 ± 0
D5/P	4.2 ± 4.2	90.7 ± 5.1**	101.4 ± 19.5**	40.5 ± 11.5	0 ± 0
D/P	78.1 ± 12.6	66.8 ± 10.3	97.1 ± 7.2	82 ± 6.4	66.0 ± 12.1
P, proximal nerve end; P5, 5 mm from the proximal stump; D5, 5 mm from the distal stump; D, distal nerve end					
* P < 0.05, ** P < 0.01, *** P < 0.001 (One-tailed ANOVA with Tukey-Kramer test compared with C0)					

Discussion:

This study demonstrated successful regeneration of peripheral nerves using CNT yarn as a nerve scaffold *in vivo* by anatomical as well as functional measures for the first time. In contrast, the 15 mm nerve defect did not show spontaneous reconstruction within a hollow silicone tube. These results indicate that the nano-scale topographical scaffold alone enabled significant regeneration, with no exogenous neurotrophic proteins nor cell transplantation. The sagittal section of the immunohistochemical analysis clearly indicated that, across the distance of the transected sciatic nerve, axons extended along the aligned CNT yarns with migrated Schwann cells, and reached the distal stump. Electrophysiological and muscle weight analysis also demonstrated that the CNT constructs facilitated regeneration of motor nerve and significantly improving the functional deficit after the peripheral nerve injury. Our results indicated that a 2% CNT density tended to be most effective for nerve regeneration as measured by both histological axonal regeneration and motor function. We consider that tissue regrowth did not occur at the 35% CNT density due to the high occupancy of CNT yarns in the silicon tube, which may have impeded perfusion of tissue fluid.

This study was able to confirm the effect of CNTs on peripheral nerve regeneration *in vivo* and clarified the optimum density of CNT fiber scaffold.

However, other biological impacts of CNT yarns, including effects on cell migration ability and cell adhesion, were not elucidated. Further investigations of the mechanisms of peripheral nerve regeneration

alongside this material are needed before more efficient regeneration protocols can be achieved.

In nerve conduits of various materials, it is important that a fibrin matrix forms to bridge the proximal and distal nerve stumps. The fibrin matrix contains inflammatory cells and vascular endothelial cells, and its formation is crucial for the migration and proliferation of Schwann cells and axonal growth. This is facilitated by the tube structure to a certain extent, as it connects the proximal and distal nerve ends^{27,28}. However, if the distance between the nerve ends is too long, the matrix is not formed and the regeneration process across the nerve defect is interfered^{29,30}.

Recent studies have revealed the mechanism by which two nerve stumps reconnect during nerve repair. First, macrophages secrete VEGF-A, which stimulates the formation of blood vessels oriented in the direction of nerve regeneration. The Schwann cell cord (Büngner band) is then formed using the polarized blood vessels as a migratory scaffold. Finally, axons extend from the proximal stump to the distal stump, guided by the Schwann cell cord³¹. In support of these known mechanisms, the intraluminal fibers may induce fibrin cable polarized blood vessels and Schwann cell cords and thus help to bridge the nerve proximal stump and distal stump over long nerve gaps.

A study culturing rat hippocampal neurons on two patterns of CNT yarns (parallel aligned and cross linked) demonstrated that almost all neurites grow along the CNT yarns in the growth direction of the neurites. Even on the cross-linked CNT yarn patterned substrate, a neurite could grow along one CNT yarn and then turn towards another cross-linked yarn. This indicates that CNT yarns possess the main characteristics of a guidance scaffold for neurite outgrowth³².

Another possible reason why nerve tissue was regenerated along the cYarn® fiber is thought to be not only CNT character itself, but also the structural features of our nerve conduit model composed of thin and aligned fibers. A previous study cultured DRG on different diameters of fiber scaffolds and found that the direction and extent of neurite extension and Schwann cell migration from DRG explants was influenced significantly by fiber diameter³³. Another study indicated that fibers with smaller diameter have better cell adhesion effects³⁴. In addition, Kim et al. demonstrated that aligned, oriented fibers accelerated DRG outgrowth *in vitro* and nerve regeneration *in vivo* compared with randomly oriented fibers³⁵. cYarn® fiber is a fiber of 15 µm in diameter, composed of 10 nm fibers. As shown in Fig. 1, the cYarn® surface exhibits irregularities due to these 10 nm fibers, as well as increased surface fiber area. Scaffolds with a high surface area are advantageous for cell adhesion and proliferation³⁶.

Although we were able to clearly demonstrate the effectiveness of CNT yarns in peripheral nerve regeneration, this study has several limitations. Firstly, we used an artificial nerve model that combines a silicon tube and CNT yarn, which is far from clinical use. In the clinical applications, conduits should be made from biodegradable material. However, in previous *in vivo* studies examining the effects of nerve guides or cell therapy on nerve regeneration, hollow silicone tubes were inserted as nerve guide in a standard model (i.e., a^{37,38}), in order to obtain external stability to provide space for nerve regeneration to occur. Secondly, our study was a short-term evaluation of only 8 weeks, where improvement in motor

function by CNT yarn transplantation was demonstrated by muscle wet weight ratio and electrophysiological examination, but no improvement in the sciatic nerve functional index was observed. A longer-term assessment may demonstrate a clearer recovery of motor function.

Currently, animal-related research to promote nerve regeneration by stem cell transplantation is underway. However, stem cell transplantation requires cell harvesting and culturing, causing the transplant surgery to be long in duration, with a high associated cost. On the other hand, CNTs have sterilizable and stable material properties, are mass-producible, and can be provided at a low cost. Therefore, CNT artificial nerves may one day be an off-the-shelf product that is unlimited in supply.

Another biological benefit of CNTs is the ease with which a broad range of molecules can be bound to the yarn, due to the extremely high reactivity of the CNT surface³⁹. Chemical modifications can be made to increase the probability of nerve regeneration, including modification of electrical charge⁴⁰ and binding of growth factors⁴¹.

Conclusions:

We confirmed that CNT yarn, used as a scaffold bridging nerve gaps, promotes peripheral nerve regeneration. The results of this study support the future clinical application of CNTs for bridging nerve gaps as an off-the-shelf material.

Declarations

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Declaration of competing interest: The authors (Takahiro Ueda, Marcio DE. Lima, Takeshi Kondo) employed by Lintec of America Inc., where cYarn[®] is produced.

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