

Supplementary Table 1. Mean and range in sodium content of processed foods between 2010 and 2017/18 from six product category reports

Product category	2010		2013			2015			2017/2018 <sup>a</sup>			P value		
	n	Mean (SD, mg/100g)	Range (mg/100g)	n	Mean (SD, mg/100g)	Range (mg/100g)	n	Mean (SD, mg/100g)	Range (mg/100g)	n	Mean (SD, mg/100g)	Range (mg/100g)	ANOVA <sup>b</sup>	2010 vs 2017/18 <sup>c</sup>
Breads														
Bread and bread rolls	142	456.2 (101.5)	170 - 770	268	416.1 (93.1)	180 - 800	249	410.1 (87.4)	40 - 660	229	407.8 (87.6)	200 - 880	<0.001	<0.001
Flat bread	46	447.7 (218.0)	110 - 930	105	562.8 (230.0)	110 - 1100	90	542.7 (229.1)	29 - 1020	85	363.4 (243.8)	29 - 930	0.23	0.55
Morning goods	23	534.4 (135.1)	360 - 700	30	492.9 (144.7)	260 - 674	18	513.7 (124.9)	338 - 700	21	461.3 (151.7)	229 - 674	0.36	0.40
Value added bread products	26	522.1 (126.2)	150 - 668	42	528.0 (135.1)	150 - 820	40	498.6 (106.0)	270 - 1020	28	365.5 (119.6)	174 - 720	<0.001	<0.001
Cooking sauces														
Ambient meal-based sauces	110	541.5 (279.7)	169 - 1600	137	815.8 (1016.9)	188 - 5890	125	780.2 (1072.5)	108 - 8210	100	553.8 (412.6)	120 - 2250	0.01	1.00
Liquid meal-based sauces	73	2157.4 (881.6)	132 - 4520	83	3048.2 (1048.7)	526 - 11000	86	1261.9 (947.4)	118 - 5750	58	1999.6 (892.8)	251 - 4530	0.45	0.62
Powdered meal-based sauces	112	1405.6 (1954.9)	883 - 12140	116	1377.1 (2246.0)	118 - 7050	54	4543.4 (1972.2)	507 - 8700	112	1215.2 (2032.0)	57 - 4940	0.16	0.86
Curry pastes	26	5288.2 (1086.9)	563 - 4660	79.0	4863 (1947.0)	298 - 11000	59	2202.3 (1093.1)	283 - 5960	64	5011.3 (897.9)	715 - 8950	<0.001	0.98
Ambient pasta sauces	120	471.6 (163.5)	19 - 1200	160	409.5 (176.0)	15 - 1200	178	372.0 (138.4)	15 - 898	145	342.0 (146.2)	8 - 750	<0.001	<0.001
Fresh pasta sauces	15	315.0 (116.6)	0 - 480	36	323.0 (118.2)	116 - 660	22	322.8 (121.6)	116 - 547	21	375.9 (101.0)	190 - 547	0.30	0.49
Pesto	9	1026.0 (402.1)	248 - 1540	23	1011.8 (318.0)	458 - 1597	21	1004.9 (338.4)	466 - 1597	20	968.6 (341.1)	259 - 1350	0.97	0.98
Tomato paste	27	430.7 (286.7)	22 - 980	25	378.7 (345.5)	10 - 1099	33	355.7 (296.9)	17 - 1099	23	345.2 (340.3)	9 - 1210	0.76	0.82
Ready meals														
Ambient ready meals	48	344.9 (104.4)	140 - 562	108	348.8 (111.4)	115 - 811	112	408.0 (545.4)	1 - 5900	114	328.3 (114.9)	37 - 783	0.25	0.99
Chilled ready meals	29	231.6 (92.6)	42 - 450	121	315.0 (115.7)	84 - 679	116	306.4 (118.3)	41 - 864	158	282.7 (119.9)	41 - 828	<0.01	0.20
Frozen ready meals	131	268.2 (55.5)	129 - 435	207	268.9 (96.3)	94 - 931	259	329.9 (170.4)	60 - 1760	205	252.6 (75.5)	84 - 595	<0.001	0.70
Dips														
Chilled dips	112	435.9 (189.9)	15 - 1216	256	451.8 (235.2)	39 - 2200	226	472.0 (210.3)	104 - 2100	273	496.2 (249.0)	5 - 1930	0.05	0.14
Salsa	9	560.0 (135.5)	410 - 780	27	476.0 (124.5)	5 - 645	26	457.0 (95.3)	300 - 629	1	470.0 (-)	470 - 470	0.15	0.91
Savoury crackers														

Plain dry crackers	100	654.9 (283.4)	2 - 1370	183	602.4 (342.6)	0.18 - 2250	178	552.6 (239.7)	2 - 1160	171	508.3 (218.6)	1 - 1000	<0.001	0.001
Savoury crackers	93	842.2 (293.2)	220 - 1760	156	798.2 (289.9)	173 - 1810	162	744.8 (289.8)	173 - 2100	144	715.6 (275.6)	281 - 2100	<0.01	0.01
Selected processed meats														
Bacon	46	1259.0 (243.1)	680 - 1950	52	1161.0 (245.1)	499-2170	56	1152.0 (323.0)	597-2900	59	1047.0 (137.9)	660-1490	< 0.001	<0.001
Sausages	81	651.2 (152.6)	269 - 1120	89	635.6 (150.7)	410 - 1100	58	710.5 (198.4)	327 - 1600	81	691.1 (181.6)	310 - 1170	< 0.001	0.62
Sliced meat	86	1086.2 (358.3)	120 - 2800	109	947.2 (316.0)	72 - 1710	125	889.8 (282.6)	0 - 1500	103	1008.7 (345.8)	82 - 2800	0.03	0.44
Asian-style sauces														
Fish sauce	2	6061.5 (3715.8)	3434 - 8689	7	7003.9 (1880.2)	4279 - 9115	6	6792.3 (1293.9)	4279 - 7803	6	9636.7 (1243.8)	7992 - 10882	0.03	0.14
Oyster sauce	5	3505.0 (534.3)	2951 - 4377	11	3619.5 (636.3)	2550 - 4918	11	3508.4 (787.3)	1803 - 4443	14	3604.4 (806.5)	1803 - 4770	0.98	1.00
Soy sauce	10	6097.0 (1189.2)	3390 - 7619	28	5841.4 (1245.0)	3390 - 8762	26	6003.8 (1171.0)	3810 - 8762	31	6147.6 (1356.4)	3808 - 8762	0.82	1.00

<sup>a</sup> 2018 for Asian-style sauces only, 2017 for all other product categories

<sup>b</sup> P-value the result of a one-way ANOVA

<sup>c</sup> P-value the result of post-hoc Scheffe's test following one-way ANOVA