**Title of the manuscript:** Feasibility and Acceptability of Brief Individual Interpersonal Psychotherapy among University Students with Mental Distress in Ethiopia

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Treatment adherence and dose

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| Items | Session 1  | Session 2 | Session 3 | Session 4 | Session 5 | Session 6 | Session 7 | Session 8 |
| Yes | No | Yes | No | Yes | No | Yes | No | Yes | No | Yes | No | Yes | No | Yes | No |
| Did you administer IPT-E screening tool and TTF? |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Did you discuss psycho-social stressors which occurred around the same time as the symptoms started or worsened? |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Did you ask about people in the patient’s life who may be helpful to them now?  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Did you discuss the goal of treatment?  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Did you discuss details of communication interactions or social role expectations in close relationships? |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Did you use open questions andreflective, empathic statements to improve the patient’s experience of feeling understood by you? |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Did you discuss ways to find or use people as social supports? |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| For grief, did you explore the events of the death, the relationship with the dead person, or ways to cope with the loss? |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| For role transitions did you explore the challenges of the patient’s new social role & what’s changed? |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| For disputes, did you explore the relationship with the disputed other; the issues in the disagreement; and identify problems and alternative ways to resolve misunderstandings? |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Did you review the patient’s experience of treatment?  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Did you discuss contingency plan in which the patient returns to the counseling office if they experience a relapse? |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Did you ask if the patient have any worries or feelings about concluding treatment?  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |