Table 1. Recorded food taxa in Northern and Southern Bukovina.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Latin name, Family and  Voucher specimens | Local names | Used part(s) | Preparation | RO | UA |
| *Acer* spp. including *Acer pseudoplatanus* L.  (Sapindaceae)  NB225; NB226 | Paltin; явір; клен (yavir; klen) | Sap | Drink |  | 4 |
| Fruits (dried) | Tea | 4 |  |
| *Achillea millefolium* L.  (Asteraceae)  SB011; SB050; SB074  NB007; NB017; NB039 | Coada șoaricelului; деревій (derevii) | Aerial parts (dried) | Tea | 3 | 2 |
| *Armoracia rusticana* P.Gaertn., B.Mey. & Scherb.  (Brassicaceae)  SB031  NB028 | Hrean; хрень; хрін; хреню  (khren; khrin; khreniu) | Roots | Salad (with beetroots) | 13 | 3 |
| Seasoning | 7 |  |
| Raw |  | 5 |
| Pickles (cucumbers, tomatoes) |  | 7 |
| Fermenting |  | 1 |
| Leaves | Pickles (cucumbers) | 1 |  |
| Whole plant | Seasoning | 1 |  |
| *Arnica montana* L.  (Asteraceae) | Гарник ; арник (Harnyk ; arnyk) | Aerial parts (dried) | Tea | 2 | 3 |
| *Aronia melanocarpa* (Michx.) Elliott (Rosaceae) | чорна рябіна  (chorna riabina) | Fruits | *Kvas* |  | 1 |
| *Atriplex hortensis* L. (Amaranthaceae)  SB004; SB018 | Loboda; натина, лобода (natyna, loboda) | Aerial parts | Soup | 8 |  |
| Leaves | *Sarmale* | 2 |  |
| *Betula* *pendula* Roth  (Betulaceae)  NB041; NB049; NB115 | Береза (bereza) | Sap | Drink |  | 11 |
| Strong alcohol |  | 5 |
| Leaves | Mixed tea |  | 1 |
| *Carum carvi* L.  (Apiaceae)  SB007  NB037 | Sacarica; Cmin; Hmel; хміль; тмин; хміль польовий; кмин  (khmil; tmyn; khmil polovyi; kmyn) | Aerial parts | Tea | 3 |  |
| Seasoning | 2 |  |
| Seeds | Tea | 1 | 5 |
| Seasoning | 2 |  |
| Fermenting | 3 |  |
| Pickles |  | 2 |
| Bread additive |  | 3 |
| *Chenopodium album* L. (Amaranthaceae)  SB022  NB139 | Loboda; натина; лебеда (natyna lebeda) | Aerial parts | Soup | 3 | 2 |
| Stewed (with cream) | 1 | 1 |
| Seasoning (dried) | 1 |  |
| *Cichorium intybus* L.  (Asteraceae) | петрів батіг (petriv batih) | Aerial parts | Tea |  | 1 |
| *Coriandrum sativum* L.  (Apiaceae) | колєндра (koliendra) | Seeds | Smoking (meat seasoning) |  | 1 |
| *Corylus avellana* L.  (Betulaceae)  SB089 | Alune | Fruits | Raw | 5 |  |
| *Crataegus* spp. including *C. monogyna* Jacq. (Rosaceae)  NB006; NB066 | Глід (hlid) | Fruits | Tea |  | 2 |
| *Epilobium angustifolium* L. (Onagraceae)  NB057 | іван чай демник, димник  (ivan chai, demnyk, dymnyk) | Aerial parts | Tea |  | 3 |
| *Equisetum* spp. including *Equisetum arvense* L.; *Equisetum sylvaticum* L  (Equisetaceae)  SB020  NB068, NB093, NB113, NB114 | Barba ursului; Coada calului; Padivolos; хвощ польловий, падиволос  (khvoshch pollovyi, padyvolos) | Aerial parts | Tea | 2 | 1 |
| *Fagus sylvatica* L.  (Fagaceae)  SB060,  NB168 | Fag; бук; фаг (Buk, fag) | Wood | Smoking (meat) | 19 | 1 |
| *Fragaria vesca* L.  (Rosaceae)  SB094  NB004, NB015, NB056 | Fragi; Fraguța; ягода;ягоди; ягода черлена (yahoda; yahody; yahoda cherlena) | Fruits | Raw | 4 | 2 |
| Jam | 14 | 9 |
| Compote | 3 | 1 |
| Dessert | 2 |  |
| Tea | 2 |  |
| Juice | 1 | 1 |
| Syrup | 2 |  |
| Frozen |  | 1 |
| *Gentiana* spp. possibly including *Gentiana lutea* L. and *Gentiana asclepiadea* L.  (Gentianaceae) | Gingiura | Aerial parts | Infused in strong alcohol | 4 |  |
| *Humulus lupulus* L.  (Cannabaceae)  SB081  NB182 | Hamei; хміль (khmil) | Flowers | Beer | 6 |  |
| Bread starter |  | 2 |
| *Hypericum* spp. *including perforatum* L. (Hypericaceae)  SB068; SB092  NB005, NB034, NB046, NB085 | Pojarnița; Sunatoare; звіробій; звіробой (zvirobii; zviroboi) | Aerial parts | Tea | 3 | 8 |
| *Levisticum officinale* W.D.J.Koch (Apiaceae) | Любисток (liubystok) | Aerial parts | Tea |  | 2 |
| *Matricaria chamomilla* L. (Asteraceae)  SB002; SB019  NB127 | Mușețel; Romanita; ромашка; романіца; романець; румєниць (romashka; romanitsa; romanets; rumienyts) | Aerial parts | Tea | 4 | 9 |
| *Mentha* spp.  (Lamiaceae)  SB014; SB016; SB034; SB096  NB079, NB080, NB097 | Menta de doi culoari; менти; Menta tare; Minta; мята (miata) | Leaves | Tea | 5 | 1 |
| *Origanum vulgare* L.  (Lamiaceae)  NB033; NB055; NB021 | Материнка (Materynka) | Aerial parts | Tea |  | 4 |
| Seasoning |  | 1 |
| *Oxalis acetosella* L.  (Oxalidaceae)  NB058 | Квасениця звичайна (Kvasenytsia zvychaina) | Leaves | Salad |  | 1 |
| Snack |  | 1 |
| *Papaver rhoeas* L.  SB044a; SB044b; SB044c | Mac | Seeds | Food additive | 1 |  |
| *Picea abies* (L.) H. Karst.  (Pinaceae)  SB008; SB021  NB043 | Brad; смерека (smereka) | Sprouts | Jam | 2 |  |
| Wood | Smoking (meat) | 1 | 2 |
| *Plantago major* L.  (Plantaginaceae)  NB022; NB047; NB132 | Подорожник (podorozhnyk) | Aerial parts | Tea |  | 2 |
| *Populus tremula* L.  (Salicaceae) | Осика (osyka) | Wood | Smoking (meat) |  | 1 |
| *Primula veris* L.  (Primulaceae) | Cioboțica cucului | Aerial parts | Tea | 6 |  |
| *Quercus* spp. including  *Quercus robur* L*.* and *Quercus rubra* L.  (Fagaceae)  SB056  NB160 | Stejar, Duba; дуб  (dub) | Leaves | Pickles (cucumbers) |  | 3 |
| Young branches | Pickles | 6 |  |
| *Rosa canina* L.  (Rosaceae)  SB062  NB016; NB083 | Maceș | Fruits | Tea | 1 |  |
| *Rosa rugosa L.; Rosa centifolia* L. (Rosaceae)  SB023 | Trandafir; роза (roza) | Petals | Jam | 14 |  |
| Jelly | 2 |  |
| Syrup | 4 |  |
| Tea | 4 |  |
| *Rubus* spp. including  *Rubus caesius* L. and *Rubus fructicosus* L.  (Rosaceae)  SB083  NB010; NB062;NB063 | Чорниця; ожина; єжевіка або ожина  (Chornytsia; ozhyna; yezhevika abo ozhyna)  Mure; чорниці; то малини лиш чорні (chornytsi; to malyny lysh chorni) | Fruits | Jam | 9 | 3 |
| Raw | 2 |  |
| Compote | 1 | 1 |
| Infused in alcohol | 2 |  |
| Juice | 1 | 1 |
| Syrup | 2 |  |
| Aerial parts | Tea | 2 |  |
| Flowers | Tea |  | 1 |
| *Rubus idaeus* L.  (Rosaceae)  SB009; SB071  NB081 | Zmeura; малина  (malyna) | Aerial parts | Tea | 3 | 4 |
| Fruits | Juice | 5 | 6 |
| Raw | 7 | 2 |
| Compote | 6 | 7 |
| Jam | 18 | 13 |
| Dessert | 1 |  |
| Syrup | 4 |  |
| Frozen |  | 2 |
| Tincture |  | 1 |
| *Rumex acetosa* L.  (Polygonaceae)  NB081 | Квас; щавель; квасок (kvas; shchavel; kvasok) | Leaves | Soup |  | 21 |
| Salad |  | 2 |
| Snack |  | 2 |
| *Rumex alpinus* L.  (Polygonaceae)  SB067  NB003 | Ștevie | Leaves | Stewed (with cream) | 1 |  |
| *Sambucus nigra* L.  (Adoxaceae)  SB084  NB054 | Soc; бузина ( buzyna) | Flowers | Juice | 2 |  |
| Tea | 1 |  |
| Fruits | Jam |  | 2 |
| *Sorbus* spp. including *Sorbus aucuparia* (Rosaceae)  SB055  NB232 | Scoruș; рябіна червона то щкорох (riabina chervona to shchkorokh) | Flowers | Tea |  | 1 |
| Fruits | *Kvas* |  | 1 |
| Various | 4 |  |
| *Taraxacum officinale* Webb (Asteraceae)  SB063  NB016; NB048 | Papadie; кульбаба (kulbaba) | Flowers | Jam | 1 |  |
| Aerial parts | Salad |  | 3 |
| Roots | Salad |  | 2 |
| \*\*\*Coffee |  | 2 |
| Tea | 4 | 1 |
| *Thymus* spp. including *Thymus vulgaris* L. and *Thymus serpyllum* L.  (Lamiaceae)  SB001; SB090  NB027; NB125; NB030 | чабер; чебрець, чебрик; городній чебрець (chaber; chebrets, chebryk; horodnii chebrets )  *Thymus vulgaris*: Cimbru; Cimbru salbatic, чеберець садовий (cheberets sadovyi)  *Thymus serpyllum*:  Cimbrișor; чебрек польовий; чебрець звичайний, чебрик польовий; польовий чебрець (chebrek polovyi; chebrets zvychainyi, chebryk polovyi; polovyi chebrets) | Aerial parts | Tea | 4 | 8 |
| Seasoning | 16 | 8 |
| *Tilia* *cordata* Mill.  (Malvaceae)  SB017  NB253 | Tei; липа (lypa) | Flowers | Tea | 2 | 12 |
| *Tussilago farfara* L.  (Asteraceae)  SB065; SB085  NB072; NB133 | Podbal; мати й мачуха (maty y machukha) | Leaves | *Sarmale* | 5 |  |
| Aerial parts | Tea |  | 2 |
| *Urtica dioica* L.  (Urticaceae)  SB088,  NB026; NB048 | Urzica; кропива (kropyva) | Aerial parts (young) | Soup | 17 |  |
| *Borsh* | 4 | 25 |
| Stewed (with cream) | 2 |  |
| Salad |  | 1 |
| Seasoning |  | 1 |
| *Vaccinium myrtillus* L.  (Ericaceae)  SB006  NB060 | Afina; афини; афинник  (afyny; afynnyk) | Aerial parts | Strong alcohol (*afinata*) | 6 |  |
| Tea | 9 | 7 |
| Fruits | Juice | 5 | 2 |
| Syrup | 3 | 3 |
| Frozen | 1 | 2 |
| Preserved in *rachiu* | 1 |  |
| Raw (with sugar) | 2 | 1 |
| Compote | 4 | 4 |
| Jam | 17 | 18 |
| Cake | 1 |  |
| Preserved with sugar | 1 |  |
| “Wine” | 1 | 1 |
| Dessert |  | 3 |
| Dried |  | 1 |
| Snack |  | 1 |
| *Vaccinium vitis-idaea* L.  (Ericaceae)  SB010  NB061 | Merișoare; ґоґодзи; гогдзі; брусніка або ґоґодзи  (gogodzy; hohdzi; brusnika; gogodzy) | Fruits | Raw | 4 |  |
| Jam | 7 | 9 |
| Juice | 8 | 1 |
| Drink | 1 |  |
| Compote | 2 | 1 |
| Syrup |  | 2 |
| Frozen |  | 1 |
| Snack |  | 1 |
| Tea |  | 3 |
| Kvas |  | 1 |
| *Viburnum opulus* L.  (Adoxaceae)  NB223 | Calina; калина (kalyna) | Fruits | Strong alcohol (*Calinata*) | 4 |  |
| Preserved in jars | 2 |  |
| Syrup | 2 |  |
| Aerial parts | Tea |  | 3 |

Table 2. Recorded medicinal taxa in Northern and Southern Bukovina.

LEGEND \* Recently adopted; \*\*\* In the past.

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Latin name Family  Voucher specimens | Local names (transliteration) | Used part(s) | Preparation | Use | | RO | | | UA | |
| *Abies alba* Mill. possibily including *Picea abies* (L.) H. Karst.  (Pinaceae) | Molid; ялина (  yalyna) | Resin | Locally Applied | Joint pain | |  | | | 2 | |
| Young sprouts | Syrup (fresh) | Fever | | 1 | | |  | |
| Syrup (fresh) | Cough | | 2 | | |  | |
| Syrup (fresh) | Good for lungs | | 5 | | |  | |
| *Achillea carpatica* Blocki ex Dubovik  (Asteraceae) | Деревій карпатський (derevii karpatskyi) | Aerial parts | Tea (dried) | Digestive system problems | |  | | | 1 | |
| Tea (dried) | Stomach diseases | |  | | | 1 | |
| *Achillea millefolium* L. (Asteraceae)  SB011; SB074; SB050  NB007; NB017; NB039 | Coada șoaricelului; деревій; деревій, тисячолітник; деревій звичайний; деревій буковинський  (derevii; derevii, tysiacholitnyk; derevii zvychainyi; derevii bukovynskyi) | Aerial parts | Tea | Vessel cleansing | |  | | | 1 | |
| Locally applied (juice of pressed leaves) | Wounds | |  | | | 3 | |
| Tea | Diarrhoea | |  | | | 3 | |
| Tea | Digestive system problems | |  | | | 1 | |
| Tea (dried) | Good for liver | | 1 | | |  | |
| Tea (dried) | Good for the stomach | | 2 | | | 5 | |
| Tea | Vomiting | |  | | | 1 | |
| Tea | Disinfectant | | 4 | | |  | |
| Tea with *Chelidonium* | Disinfectant | | 4 | | |  | |
| Tea | Hair care | | 4 | | |  | |
| Tea | Pain | |  | | | 1 | |
| Tea | Panacea | |  | | | 1 | |
| Tea | Aching legs | |  | | | 1 | |
| Tea | Calming | |  | | | 2 | |
| Tea | Toothache | |  | | | 3 | |
| Tea (dried) | Cold | | 2 | | |  | |
| *Acorus calamus* L. (Acoraceae)  NB121 | Аїр (Air) | Roots | Tea | Diarrhoea | |  | | | 1 | |
| Tea | Good for the stomach | |  | | | 1 | |
| *Aesculus hippocastanum* L. (Sapindaceae)  SB057  NB067 | Castan; каштан; каштан кінський червоний; каштан чеворний (kashtan; kashtan kinskyi chervonyi; kashtan chevornyi) | Flowers | Locally applied (in alcohol/moonshine) | Feet pain | |  | | | 1 | |
| Locally applied (in alcohol/ moonshine) | Joint pain | | 1 | | | 7 | |
| Fruits | Infused in alcohol | Good for blood vessels | |  | | | 1 | |
| Locally applied (in alcohol/moonshine) | Foot pain | |  | | | 1 | |
| Locally applied (in alcohol/moonshine) | Joint pain | |  | | | 5 | |
| *Alchemilla vulgaris* auct.  (coll.)  (Rosaceae)  SB039 | Crețișoara | Aerial parts | Locally applied (infused in alcohol) | Joint pain | | 1 | | | 2 | |
| *Allium cepa* L.  (Amaryllidaceae) | Ceapa; цибулька; цибуля  (tsybulka; tsybulia) | Bulbs | Raw | Blood pressure | |  | | | 1 | |
| Tea | Fever | | 1 | | |  | |
| Raw | Iron | |  | | | 1 | |
| Boiled | Cough | | 1 | | | 3 | |
| Tea | Cough | | 2 | | |  | |
| Raw (with honey and sugar) | Cough | | 1 | | |  | |
| Raw | Flu | |  | | | 2 | |
| Tea | Good for the lungs | | 1 | | |  | |
| External shell | Fomentation | Women’s problems | |  | | | 1 | |
| *Allium sativum* L. (Amaryllidaceae)  NB192 | Usturoi; часник (chasnyk) | Bulbs | Raw | Blood cleansing | |  | | | 1 | |
| Raw | Cancer | |  | | | 1 | |
| Raw | Immune boosting | |  | | | 1 | |
| Raw | Vitamins | |  | | | 1 | |
| Locally applied | Earache | | 2 | | |  | |
| Raw | Flu | |  | | | 2 | |
| Crushed and locally applied with massage | Flu | |  | | | 2 | |
| *Alnus glutinosa* (L.) Gaertn. (Betulaceae)  NB050; NB052 | Дубило; вільха (Dubylo; vilkha) | Bark | Boiled | Gangrene | |  | | | 2 | |
| *Aloe vera* (L.) Burm.f. (Xanthorrhoeaceae) | Алое (Aloe) | Leaves | Locally applied | wounds | |  | | | 3 | |
| Raw | Abscesses | |  | | | 1 | |
| *Anethum graveolens* L.  (Apiaceae)  SB032 | Кріп (Krip) | Aerial parts, seeds | Tea | Panacea | |  | | | 1 | |
| Leaves | Raw | Vitamins | |  | | | 1 | |
| Seeds | Tea | Blood pressure | |  | | | 2 | |
| Tea | Good for the stomach | |  | | | 2 | |
| Tea | Fever | |  | | | 2 | |
| Dried | To increase milk production in women | | | | | 3 | |
| *Arctium lappa* L.  (Asteraceae)  SB052; SB091  NB149 | Brusturi; Brusturoi; лопух, рипях; лопух; рипяка; рипях (lopukh, rypiakh; lopukh; rypiaka; rypiakh) | Flowers | Boiled | Hair care | |  | | | 2 | |
| Leaves | Locally applied (fresh and crushed) | Joint pain | | 3 | | | 3 | |
| Raw | Headache | |  | | | 2 | |
| Roots | Boiled | Hair care | |  | | | 9 | |
| *Armoracia rusticana* P.Gaertn., B.Mey. & Scherb.  (Brassicaceae)  SB031  NB028; NB212 | Hrean; хрін; хреню  (khrin; khreniu) | Leaves | Locally applied on the head (fresh) | Fever | | 1 | | |  | |
| Locally applied | Joint pain | |  | | | 1 | |
| Roots | Raw (in food) | Help the bloodstream | | 1 | | |  | |
| Raw (in food) | Healthy | | 1 | | |  | |
| Locally applied | Joint pain | |  | | | 1 | |
| Locally applied | Rheumatic pains | |  | | | 1 | |
| Raw (in food) | Opening airways | | 1 | | |  | |
| *Arnica montana* L.  (Asteraceae) | Arnica; Arnic; Harnic; арніка (arnica) | Flowers | Tea | Good for the heart | |  | | | 4 | |
| Locally applied (infused in alcohol) | Heart diseases | |  | | | 1 | |
| Locally applied ( in alcohol) | Aching legs | |  | | | 2 | |
| Infused in alcohol (fresh) | Back pain | | 1 | | |  | |
| Bath (fresh/dried) | Foot pain | | 1 | | |  | |
| Locally applied (in alcohol) | Foot pain | | 2 | | |  | |
| Locally applied (in alcohol) | Hand pain | | 2 | | |  | |
| Locally applied with (olive) Oil | Hand pain | | 2 | | |  | |
| Locally applied (in oil) | Joint pain | |  | | | 2 | |
| Locally applied (in alcohol) | Joint pain | | 4 | | | 8 | |
| Locally applied (infusion in alcohol) | Rheumatic pains | | 5 | | | 1 | |
| Infused in alcohol (fresh) | Wrist pain | | 1 | | |  | |
| \*\*\* Infused in alcohol (fresh) | Panacea | | 1 | | |  | |
| \*\*\* Infused in alcohol (fresh) | Good for the skin | | 1 | | |  | |
| Tea | Good for the eyes | |  | | | 1 | |
| *Aronia melanocarpa* (Michx.) Elliott  (Rosaceae) | горобина чорна; шкорух, чорна горобина, рябина  (horobyna chorna; shkorukh, chorna horobyna, riabyna) | Fruits | Tea | Blood pressure | |  | | | 7 | |
| Syrup | Blood pressure | |  | | | 1 | |
| *Artemisia absinthium* L. (Asteraceae)  SB005  NB051 | Pelin; полинь; полин  (polyn; polyn) | Aerial parts | Tea | Diarrhoea | |  | | | 1 | |
| Tea (fresh) | Good for the stomach | | 1 | | |  | |
| Tea | Stomach pain | |  | | | 1 | |
| Tincture with Alcohol | Appetite stimulant | | 2 | | |  | |
| Tea | Panacea | |  | | | 1 | |
| \*Tea | Cancer | |  | | | 1 | |
| Seeds | Tea | Diarrhoea | |  | | | 1 | |
| *Atropa belladonna* L. (Solanaceae) | Матриган (matrygan) | Roots | Infused in alcohol | Reproductive potency | |  | | | 1 | |
| Infused in alcohol | Cancer | |  | | | 1 | |
| Infused in alcohol | Good for women | |  | | | 1 | |
| Infused in alcohol /moonshine | Joint pain | |  | | | 3 | |
| *Avena sativa* L.  (Poaceae)  NB202 | Овес (oves) | Seeds | Tea | Healthy | |  | | | 2 | |
| Tea | Kidney stones | |  | | | 2 | |
| *Bellis perennis* L.  (Asteraceae) | Маргаритки (Marharytky) | Flowers | Raw | Good for the heart | |  | | | 2 | |
| *Beta vulgaris* L. (Amaranthaceae)  SB026 | Sfecla; буряк червоний (buriak chervonyi) | Tubers | Any preparation | Anaemia | | 2 | | |  | |
| Juice | Blood cleansing | |  | | | 2 | |
| Juice | Good for haemoglobin | |  | | | 2 | |
| Juice | Healthy | | 1 | | |  | |
| Juice | Joint pain | |  | | | 2 | |
| Juice | Headache | |  | | | 2 | |
| Juice | Cough | | 1 | | | 2 | |
| Juice | Good for the throat | |  | | | 2 | |
| *Betula* *pendula* Roth  (Betulaceae)  SB087  NB041; NB115 | Mesteacan; береза (bereza) | Bark | Boiled | Gangrene | |  | | | 2 | |
| Buds and leaves | \*\*\*Tea | Blood cleansing | |  | | | 1 | |
| Flowers | Tea | Good for kidneys | |  | | | 2 | |
| Leaves | Boiled | Hair care | |  | | | 2 | |
| Tea | Healthy | |  | | | 1 | |
| Sap | Drink | Good for the heart | | 1 | | |  | |
| Drink | Vascular problems | | 1 | | |  | |
| Drink | Good for the stomach | | 1 | | |  | |
| Drink | Healthy | | 2 | | |  | |
| Drink | Good for the kidneys | | 2 | | | 1 | |
| Drink | Good for the lungs | | 6 | | |  | |
| Drink | Lung cleansing | | 4 | | |  | |
| Young leaves | Compress | Joint pain | |  | | | 1 | |
| *Bidens tripartita* L. (Asteraceae)  NB090 | Череда (Chereda) | Aerial parts | Tea for bathing kids | Good for the skin | |  | | | 1 | |
| *Brassica oleracea* L. (Brassicaceae) | Varza; капуста (kapusta) | Leaves | Fermented juice | Good for cholesterol | |  | | | 2 | |
| Locally applied (fresh) | Frostbite | | 1 | | |  | |
| Fermented juice | Good for pancreas | |  | | | 2 | |
| Fermented Juice | Good for the stomach | |  | | | 1 | |
| Poultice applied on the back | Fever | | 1 | | |  | |
| Locally applied (fresh) | Fracture | | 1 | | |  | |
| Locally applied | Joint pain | |  | | | 2 | |
| Locally applied | Headache | | 1 | | | 2 | |
| *Bryophyllum pinnatum* (Lam.) Oken  (Crassulaceae) | Каланхое (kalancoe) | Sap | Drink | Rhinitis | |  | | | 2 | |
| *Calendula officinalis* L. (Asteraceae)  NB233 | Galbenele; нагідки, крокіси або календула;крокіс; календула; нагідки; крокіс (nahidky, krokisy abo kalendula;krokis; kalendula; nahidky; krokis) | Flowers | Tea | Blood pressure | |  | | | 1 | |
| Boiled with fat and locally applied | Good for the skin | | 1 | | |  | |
| Tea | Skin cleansing | | 1 | | |  | |
| Boiled with fat and locally applied | Warts | | 1 | | |  | |
| Tea | Good for the liver | | 3 | | | 2 | |
| Tea | Good for the stomach | | 2 | | |  | |
| Tea | 100 diseases | |  | | | 2 | |
| Boiled with fat and locally applied | Fever | | 1 | | |  | |
| Tea | Immune boosting | |  | | | 2 | |
| Tea | Inflammation processes | |  | | | 1 | |
| Tea | Good for women | |  | | | 2 | |
| Tea | Women’s problems | |  | | | 2 | |
| Tea | Good for the kidneys | |  | | | 2 | |
| \*\*\*Tea | Cough | |  | | | 1 | |
| \*\*\*Tea | Sore throat | |  | | | 1 | |
| \*\*\*Tea | Stomatitis (kids) | |  | | | 1 | |
| Syrup | Cough | | 1 | | |  | |
| *\*Callisia fragrans* (Lindl.) Woodson  (Commelinaceae) | золотий ус (zolotyi us) | Leaves | Tea | Blood cleansing | |  | | | 1 | |
| *Cannabis sativa* L. (Cannabaceae) | Canepa | Leaves | Burnt | Ear pain | | 1 | | |  | |
| *Capsella bursa-pastoris* L. (Brassicaceae)  NB218 | Грицики (hrytsyky) | Aerial parts | Tea | Blood pressure | |  | | | 1 | |
| Tea | Women’s problems | |  | | | 1 | |
| Tea | Headache | |  | | | 1 | |
| *Carum carvi* L.  (Apiaceae)  SB007  NB037 | Sacarica; Secarica; Chimen; Hmel; Chimion; хміль (кмин) (khmil (kmyn)) | Aerial parts | Tea | Colds | | 3 | | |  | |
| Tea | Diarrhoea | | 5 | | | 2 | |
| Tea | Good for the abdomen | | 2 | | |  | |
| Tea | 100 diseases | |  | | | 2 | |
| Infused in alcohol | Hair care | |  | | | 1 | |
| Tea | Healthy | |  | | | 2 | |
| Tea | Strengthening of the organism | | 1 | | |  | |
| Tea | Cough | | 1 | | |  | |
| Tea | Good for the throat | | 1 | | |  | |
| Seeds | Tea | Good for the stomach | | 5 | | | 5 | |
| *Centaurium erythraea*Rafn  (Gentianaceae) | Центорія (Tsentoriia) | Aerial parts | Tea | Good for the heart | |  | | | 2 | |
| *Chelidonium majus* L. (Papaveraceae)  SB003  NB154;NB078 | Rostopasca; чистотіл (chystotil) | Aerial parts | Tea | Good for the digestive system | | 1 | | |  | |
| Tea | Good for the liver | | 2 | | |  | |
| Tea | Good for the stomach | | 2 | | |  | |
| Tea | Liver diseases | | 2 | | |  | |
| Tea | Organism cleansing | | 4 | | |  | |
| Locally applied (infused in alcohol) | Joint pain | |  | | | 1 | |
| \*Tea | Stomach disinfection | | 4 | | |  | |
|  | \*\*\*Tincture with vinegar | Joint pain | |  | | | 1 | |
| Sap | Locally applied (fresh) | Blisters | | 1 | | |  | |
| *Chenopodium album* L. (Amaranthaceae)  NB139 | натина (лебеда) (natyna (lebeda)) | Aerial parts | Any Preparation | Healthy | |  | | | 1 | |
| *Cichorium intybus* L. (Asteracaeae)  SB046 | петрові батоги; петрів батіг  (petrovi batohy; petriv batih) | Aerial parts | Tea | Diarrhoea | |  | | | 1 | |
| Tea | Good for the digestive system | |  | | | 1 | |
| Tea | Good for the liver | |  | | | 1 | |
| *Coriandrum sativum* L. (Apiaceae) | коляндра; колєндра  (koliandra; koliendra) | Seeds | Tea | Fever | |  | | | 7 | |
| *Corylus avellana* L. (Betulaceae)  SB089 | Alune | Leaves | Tea | Prostatitis | | 2 | | |  | |
| *Crataegus* spp*.* including *Crataegus monogyna* Jacq.  (Rosaceae)  SB064  NB066,  NB234 | Paducel; бояришнік; глід або бояришнік; глід  (boiaryshnik; hlid, boiaryshnik; hlid) | Flowers | Tincture with alcohol | Good for heart | |  | | | 3 | |
| Infused in moonshine/alcohol | Good for heart | |  | | | 2 | |
| Infused in alcohol | Good for blood vessels | |  | | | 1 | |
| Fruits | Tea | Blood pressure | | 1 | | | 2 | |
| Tea | Good for cholesterol | | 1 | | |  | |
| Dried | Good for the heart | |  | | | 1 | |
| Tea | Good for the heart | | 1 | | | 2 | |
| Tincture with alcohol | Good for the heart | |  | | | 3 | |
| Tea | Good for blood vessels | |  | | | 1 | |
| Tea | Calming | |  | | | 1 | |
| Tea | Soporific | |  | | | 1 | |
| *Cyanus segetum* Hill. (Asteraceae) | Centaurea; васильки (vasylky) | Flowers | Tea | Panacea | |  | | | 1 | |
| Aerial parts | Tea | Good for the liver | | 2 | | |  | |
| *Daucus carota* L.  (Apiaceae)  SB027 | Morcov | Roots | Raw | Improve vision | | 1 | | |  | |
| *Dryopteris filix-mas* (L.) Schott  (Dryopteridaceae)  NB193 | Лісова папороть;солодка папороть (Lisova paporot;solodka paporot) | Aerial parts | Boiled | Good for the heart | |  | | | 3 | |
| Tea | Good for the heart | |  | | | 3 | |
| *Elaeagnus rhamnoides* (L.) A. Nelson  (Elaeagnaceae) | Обліпиха  (Oblipykha) | Fruits | Oil | Burns | |  | | | 1 | |
| Oil | Wounds | |  | | | 1 | |
| Raw with sugar | Healthy | |  | | | 1 | |
| Boiled with sheep fat | Women’, problems | |  | | | 1 | |
| *Epilobium angustifolium* L. (Onagraceae)  NB057 | іван чай (демник чи димник)  ivan chai (demnyk,dymnyk) | Flowers | Tea | Healthy | |  | | | 2 | |
| \*Tea | Good for the intestines | |  | | | 1 | |
| \*Tea | Healthy | |  | | | 1 | |
| *Equisetum arvense* L. (Equisetaceae)  SB020  NB113;NB114 | Coada calului; падиволос (хвощ)  (padyvolos (khvoshch)) | Aerial parts | Tea | Good for the abdomen | | 1 | | |  | |
| Tea | Liver diseases | |  | | | 1 | |
| Tea | Good for the kidneys | | 1 | | |  | |
| Tea | Good for the urinary tract | | 4 | | |  | |
| Tea | Good for lungs | | 2 | | |  | |
| Flowers | Infusion at 70°C | Headache | | 1 | | |  | |
| *Fragaria vesca* L.  (Rosaceae)  SB094  NB004; NB015; NB071; NB240 | Fragi; ягоди то земляніка; лісова ягода; ягоди лісові; суниці лісові наз земляніка  (yahody to zemlianika; lisova yahoda; yahody lisovi; sunytsi lisovi naz zemlianika) | Aerial parts | Tea | Good for the heart | | 4 | | |  | |
| Tea | Healthy | |  | | | 1 | |
| Flowers | Dried | Blood pressure | |  | | | 2 | |
| Tea | Good for the kidneys | |  | | | 1 | |
| Fruits | Raw | Good for the skin | |  | | | 2 | |
| Dried | Diarrhoea | |  | | | 2 | |
| Raw | 100 diseases | |  | | | 2 | |
| Raw | Fever | |  | | | 1 | |
| Raw | Healthy | |  | | | 1 | |
| Dried | Vitamins | |  | | | 3 | |
| *Frangula alnus* Mill. (Rhamnaceae) | Крушина (Krushyna) | Bark | Boiled | Jaundice | |  | | | 1 | |
| *\*Galium verum* L.  (Rubiaceae)  SB093 | Sânziana | Aerial parts | Locally applied | Women’s problem | | 1 | | |  | |
| Tea | Women problem | | 1 | | |  | |
| *Gentiana lutea* L. (Gentianaceae) | Джинджора (Dzhyndzhora) | Roots | Infused in alcohol | Good for liver | |  | | | 1 | |
| Infused in alcohol | Good for the stomach | | 1 | | |  | |
| *\*Ginkgo biloba* L. (Ginkgoaceae) | Гінго білоба (Hinho biloba) | Leaves | Infused in moonshine | Blood cleansing | |  | | | 1 | |
| *Helianthus* *annuus* L.  (Asteraceae) | Соняшник (Soniashnyk) | Fruits | Oil | Constipation | |  | | | 1 | |
| *Helichrysum arenarium* (L.) Moench  (Asteraceae)  NB258 | Цмин пісковий  (Tsmyn piskovyi) | Aerial parts | Tea (dried) | Good for the digestive system | |  | | | 1 | |
| Tea (dried) | Stomach diseases | |  | | | 1 | |
| *Hypericum* spp.  *Hypericum perforatum* L. and , *Hypericum tetrapterum* Fr (Hypericaceae)  SB068  NB080NB101; NB108; NB116 | Pojarnița; Sunatoarea; звіробой; звіробій  (zviroboi; zvirobii) | Aerial parts | Tea (dried) | Blood pressure | |  | | | 2 | |
| \*\*\* Tea | Blood cleansing | |  | | | 1 | |
| \*\*\*Drink | Evil eye | |  | | | 1 | |
| Locally applied (infused in oil) | Burns | | 4 | | | 1 | |
| Locally applied (infused in oil) | Wounds | | 4 | | |  | |
| Tea (dried) | Diarrhoea | |  | | | 3 | |
| Locally applied (in spirits with oil) | Good for the liver | | 2 | | |  | |
| Tea (dried) | Good for the liver | | 7 | | |  | |
| Locally applied (in spirit with il) | Good for the stomach | | 2 | | |  | |
| Tea (dried) | Good for stomach | | 8 | | | 3 | |
| \*Tea | Good for the gallbladder | | 1 | | |  | |
| Tea (dried) | 100 diseases | |  | | | 1 | |
| Tea (fresh/dried) | Disinfectant | | 1 | | |  | |
| Tea | Healthy | | 1 | | | 4 | |
| Tea (dried) | Panacea | |  | | | 1 | |
| Tea (dried) | Women’s problems | |  | | | 2 | |
| Tea (dried) | Calming | | 1 | | |  | |
| Tea (dried) | Good for the eyes | | 2 | | |  | |
| *Juglans regia* L. (Juglandaceae)  SB051  NB210 | Nuc; горіх  (horikh) | Flowers | Tea | Blood pressure | |  | | | 1 | |
| Fruits | Dried | Healthy | |  | | | 3 | |
| Raw | Jod | |  | | | 1 | |
| Dried | To increase milk production in women | | |  | | 2 | |
| Raw | To increase milk production in women | | |  | | 3 | |
| Inner woody part of the fruit | Infused in alcohol | Good for the thyroid | |  | | | 1 | |
| Leaves | Tea | Good for the heart | |  | | | 1 | |
| Tea | Hair care | | 1 | | | 1\*\*\* | |
| Unripe fruits | Infused in alcohol | Good for the thyroid | |  | | | 1 | |
| *Juniperus communis* L. (Cupressaceae)  SB086 | Ienupar; жуніпера  (zhunipera) | Fruits | Tea | Good for the liver | | 1 | | |  | |
| Leaves | Tea | Good for the kidneys | |  | | | 2 | |
| *Lamium album* L.  (Lamiaceae)  NB216 | Кропива собача; біла кропива нежалка; глуха кропива (Kropyva sobacha; bila kropyva nezhalka; hlukha kropyva) | Aerial parts | Tea | Blood pressure | |  | | | 1 | |
| Tea | Good for the heart | |  | | | 3 | |
| Tea | Nerves | |  | | | 1 | |
| *Leonurus cardiaca L.* (Lamiaceae)  SB013 | Talpa gaștei; пустирник  (pustyrnyk) | Aerial parts | Tea | Blood pressure | |  | | | 1 | |
| Tea | Good for the heart | | 6 | | | 1 | |
| Tea (dried) | Healthy | | 2 | | |  | |
| Tea | Pain | | 1 | | |  | |
| Tea | Nerves | | 2 | | |  | |
| Tea | Rhinitis | | 4 | | |  | |
| Leaves | Locally applied (fresh with pork fat) | Cuts | | 2 | | |  | |
| Locally applied (fresh with pork fat) | Warts | | 2 | | |  | |
| *Levisticum officinale* W.D.J.Koch  (Apiaceae) | Любисток (Liubystok) | Aerial parts | Tea | Alcoholism | |  | | | 1 | |
| Tea | Hair care | |  | | | 3 | |
| *Lilium candidum* L. (Amaryllidaceae)  SB049 | Crin alb; Narcise; лілія біла; лилия  (liliia bila; lylyia) | Flowers | Locally applied (in spirits, medicinal) | Good for veins | | 1 | | |  | |
| Locally applied (infused in alcohol) | Bee stings | |  | | | 1 | |
| Locally applied (infused in alcohol) | Burns | |  | | | 1 | |
| Locally applied (infused in alcohol) | Warts | |  | | | 5 | |
| Locally applied (infused in alcohol) | Wounds | |  | | | 6 | |
| Drink (infused In alcohol) | Healthy | |  | | | 1 | |
| Locally applied (infused in alcohol) | Joint pain | | 1 | | |  | |
| Locally applied (in spirits, medicinal) | Tired feet | | 1 | | |  | |
| *Linum usitatissimum* L. (Linaceae) | Lin; лен; льон  (len; lon) | Seeds | Tea | Good for the stomach | | 1 | | | 2\*\*\* | |
| Tea | To increase milk production in women | | |  | | 3 | |
| *Lonicera caprifolium* L. (Caprifoliaceae) | Floarea maicii domnului | Aerial parts | Locally applied (dried tea) | Wounds | | 1 | | |  | |
| Locally applied (dried tea) | Women’s problems | | 1 | | |  | |
| Locally applied (dried tea) | Measles | | 1 | | |  | |
| *Lycopodium clavatum*  L. (Lycopodiaceae)  NB231 | Плаун  (Plaun) | Aerial parts | Dried | Wounds | |  | | | 2 | |
| *Maclura pomifera* (Raf.) C.K.Schneid.  (Moraceae) | Адамове яблуко матлюрка  (Adamove yabluko matliurka) | Fruits | Infused in alcohol | Women’s problems | |  | | | 2 | |
| Locally applied (infused in alcohol) | Joint pain | |  | | | 2 | |
| *Malus* *domestica* Borkh.  (Rosaceae)  NB242 | Яблука  (Yabluka) | Fruits | Boiled with onion | Cough | |  | | | 3 | |
| *Matricaria chamomilla* L. (Asteraceae)  SB019; SB022  NB164;NB171 | Mușețel; Romanița; ромашка; румянець  (romashka; rumianets) | Aerial parts | Tea (dried) | Red Skin | |  | | | 1 | |
| Tea (dried) | Good for the digestive system | |  | | | 1 | |
| Tea (dried) | Inflammation processes | |  | | | 1 | |
| Tea (dried) | Good for the throat | |  | | | 1 | |
| Flowers | Poultice (dried) | Evil eye | | 1 | | |  | |
| Compress | Skin infections | | 1 | | |  | |
| Compress | Warts | | 1 | | |  | |
| Tea (fresh/dried) | Diarrhoea | | 1 | | |  | |
| Tea (fresh/dried) | Good for the stomach | | 2 | | | 3 | |
| Tea | Disinfectant | | 1 | | |  | |
| Tea with *O. vulgare* | Disinfectant | | 1 | | |  | |
| Tea | Healthy | | 1 | | | 3 | |
| Tea | Panacea | | 1 | | | 5 | |
| Tea | Good for the urinary tract | | 2 | | |  | |
| Tea | Headache | | 2 | | |  | |
| Compress | Eye cleaning | | 2 | | |  | |
| Compress | Eye problems | | 1 | | | 3 | |
| Compress | Good for the eyes | | 1 | | | 2 | |
| \*\*\*Tea | Wound cleansing | |  | | | 1 | |
| Tea | Gum problems | | 1 | | |  | |
| Tea with *O. Vulgare* | Gum problems | | 1 | | |  | |
| Tea | Colds | | 2 | | | 1\*\*\* | |
| *Melissa officinalis* L. (Lamiaceae) | Меліса (Melisa) | Leaves | Tea (dried) | Healthy | |  | | | 2 | |
| Tea (dried) | Pain | |  | | | 2 | |
| Tea (dried) | Calming | |  | | | 3 | |
| Tea (dried) | Headache | |  | | | 1 | |
| Tea (dried) | Soporific | |  | | | 1 | |
| Tea (dried) | Stress | |  | | | 1 | |
| *Mentha* spp.  (Lamiaceae)  SB014; SB016; SB034; SB096  NB079;NB080;NB097 | Menta; мята; мятка; мята гладка; мята кучерява; мятка кінська; мятка перчева  (miata; miatka; miata hladka; miata kucheriava; miatka kinska; miatka percheva) | Aerial parts | Tea (dried) | Good for the heart | |  | | | 6 | |
| Tea (dried) | Heart disease | |  | | | 1 | |
| Tea | Diarrhoea | | 1 | | |  | |
| Tea (dried) | Good for the stomach | |  | | | 1 | |
| Tea (dried) | Stomach problems | |  | | | 2 | |
| Tea (dried) | Vomiting | |  | | | 1 | |
| Tea | Healthy | | 1 | | |  | |
| Tea (dried) | Pain | |  | | | 1 | |
| Locally applied (infused in alcohol) | Joint pain | |  | | | 1 | |
| Tea | Diuretic | | 1 | | |  | |
| Tea | Good for the urinary tract | | 2 | | |  | |
| Tea | Calming | | 1 | | | 1 | |
| Tea (dried) | Headache | |  | | | 2 | |
| Tea (dried) | Stress | |  | | | 1 | |
| *Origanum vulgare* L. (Lamiaceae)  SB036  NB033; NB055; NB021 | Șovârv; Șovârf; Materanca bila; материнка  (materynka) | Aerial parts | Tea | Blood pressure | | 4 | | |  | |
| Tea | Blood regeneration | |  | | | 1 | |
| Tea | Good for the heart | | 4 | | | 2 | |
| Tea | Red Skin | |  | | | 2 | |
| Tea | Abdominal pain | | 2 | | |  | |
| Tea | Diarrhoea | |  | | | 1 | |
| Tea | Good for the liver | | 3 | | |  | |
| Tea | Good for the stomach | | 7 | | | 2 | |
| Tea | 100 diseases | |  | | | 2 | |
| Tea | Disinfectant | | 1 | | |  | |
| Tea | Fever | | 1 | | |  | |
| Tea | Healthy | |  | | | 2 | |
| Tea | Inflammation processes | |  | | | 2 | |
| Tea | Panacea | |  | | | 1 | |
| Tea | Leptospirosis | | 1 | | |  | |
| Tea | Septicaemia | | 1 | | |  | |
| Tea | Good for the kidneys | | 1 | | |  | |
| \*\*\*Tea | Soporific | |  | | | 1 | |
| Tea | Good for the lungs | |  | | | 1 | |
| Aerial parts (flowers) | Tea | Women’s problems | |  | | | 8 | |
| *Panax ginseng* C.A. Mey. (Araliaceae) | Женшень (Zhenshen) | Roots | Infused in alcohol | Blood pressure | |  | | | 1 | |
| *\*\*\*Papaver somniferum* L.  (Papaveraceae) | Мак (mak) | Aerial parts | Tea | Soporific | |  | | | 2 | |
| *Petroselinum crispum* (Mill.) Fuss  (Apiaceae)  NB220 | Петрушка (Petrushka) | Leaves | Raw | Vitamins | |  | | | 2 | |
| *Phaseolus vulgaris* L. (Leguminosae) | Фасоля (Fasolia) | Pod | Tea | Diabetes | |  | | | 2 | |
| *Picea abies* (L.) H. Karst. possibily including *Abies alba* Mill. (Pinaceae)  SB008  NB043 | Brad; смерека; хвоя  (smereka, khvoya) | Flowers | Syrup | Bronchitis | |  | | | 2 | |
| Syrup | Cough | |  | | | 4 | |
| Syrup | Good for breathing | |  | | | 2 | |
| Needles | Tea | Cough | |  | | | 2 | |
| Syrup | Cough | |  | | | 2 | |
| Tea | Good for the throat | |  | | | 2 | |
| Resin | Locally applied | Joint pain | |  | | | 2 | |
| Sprouts (young) | Syrup (fresh) | Fever | | 1 | | |  | |
| Essence (fresh) | Panacea | | 2 | | |  | |
| Syrup (fresh) | Panacea | | 2 | | |  | |
| Essence (fresh) | Colds | | 2 | | |  | |
| Syrup (fresh) | Colds | | 4 | | |  | |
| Syrup (fresh) | Cough | | 8 | | |  | |
| Syrup (fresh) | Good for lungs | | 2 | | |  | |
| Syrup (fresh) | Good for the respiratory system | | 2 | | |  | |
| Syrup (fresh) | Good for the throat | | 1 | | |  | |
| Syrup | Bronchitis | |  | | | 2 | |
| Syrup (fresh) | Sore throat | | 1 | | |  | |
| Young cones | Syrup | Bronchitis | |  | | | 2 | |
| Syrup | Cough | |  | | | 4 | |
| Sugar | Pneumonia | |  | | | 1 | |
| *Pinus sylvestris* L.  (Pinaceae) | Pin | Young sprouts | Syrup (fresh) | Cough | | 1 | | |  | |
| *Plantago lanceolata* L.  (Plantaginaceae)  SB037 | Patlagina ingusta; подорожник ланцеолистий  (podorozhnyk lantseolystyi) | Leaves | Tea (fresh) | Cough | | 1 | | | 1 | |
| *Plantago major* L. (Plantaginaceae)  SB066  NB022;NB047; NB132 | Platagine; Platagina; Podorojnic; подорожник (podorozhnyk) | Leaves | Locally applied (fresh) | Abscesses | |  | | | 2 | |
| Locally applied (fresh) | Cuts | | 1 | | | 1 | |
| Locally applied (fresh) | Good for the skin | | 2 | | |  | |
| Locally applied (fresh) | Pus | | 1 | | |  | |
| Locally applied (fresh) | Skin infections | | 1 | | |  | |
| Locally applied (fresh) | Skin irritation | | 1 | | |  | |
| Locally applied (fresh) | Sores | | 1 | | |  | |
| Locally applied (fresh) | Warts | | 3 | | | 3 | |
| Locally applied (fresh) | Wounds | | 1 | | | 15 | |
| Locally applied (with alcohol) | Wounds | |  | | | 2 | |
| Tea | Cough | |  | | | 2 | |
| \*\*\*Locally applied (fresh) | Disinfectant | |  | | | 1 | |
| Seeds | Tea | Good for the kidneys | |  | | | 2 | |
| Whole plant | Tea | Women’s problems | |  | | | 1 | |
| *Potentilla anserina* L. (Rosaceae) | Coada racului | Aerial parts | Tea | Indigestion | | 1 | | |  | |
| *Potentilla erecta* (L.) Raeusch. (Rosaceae) | Калган; калган; перстач прямостоячий  (Kalhan; kalhan; perstach priamostoiachyi) | Roots | Infused in alcohol | Good for men | |  | | | 1 | |
| Tea | Reproductive potency | |  | | | 1 | |
| Infused in alcohol | Good for the thyroid | |  | | | 1 | |
| Tea (Dried) | Reproductive potency | |  | | | 1 | |
| Infused in alcohol | Joint pain | |  | | | 2 | |
| *Primula* spp.including *Primula veris* L. and *Primula elatior* (L.) Hill  (Primulaceae) | Ciobațica cucului; Cioboțica cucului; первоцвіт буковинський  (pervotsvit bukovynskyi) | Aerial parts | Tea | Good for the heart | | 1 | | |  | |
| Tea | Good for the liver | | 1 | | |  | |
| Tea | Good for the stomach | |  | | | 2 | |
| Flowers | Tea | Cough | |  | | | 3 | |
| *Prunus avium* (L.) L. (Rosaceae)  SB059 | Cireș | Stalks | Tea | Diuretic | | 1 | | |  | |
| Tea | Good for the kidneys | | 1 | | |  | |
| *Pteridium aquilinum* (L.) Kuhn (Dennstaedtiaceae)  NB074 | Папороть орляк (Paporot orliak) | Aerial parts | Bath | Women’s problems | |  | | | 1 | |
| *Pyrus pyraster*  (L.) Burgsd*.* (Rosaceae) | Дика груша (Dyka hrusha) | Fruits | Tea | Salt in the joints | |  | | | 2 | |
| Infused in spirits | Salt in the joints | |  | | | 2 | |
| *Quercus* spp. including  *Quercus robur* L*.* and *Quercus rubra* L. | Дуб (dub) | Bark | Boiled | Gangrene | |  | | | 2 | |
| Tea | Toothache | |  | | | 1 | |
| *Raphanus sativus* L. (Brassicaceae)  NB250 | Редька чорна (Redka chorna) | Roots | Baked | Cough | |  | | | 2 | |
| Baked | Good for breathing | |  | | | 2 | |
| *Ribes nigrum* L. (Grossulariaceae)  SB042  NB211 | Coacaza neagra; смородина; чорна смородина (smorodyna; chorna smorodyna) | Aerial parts | Tea | Cough | |  | | | 2 | |
| Fruits | Juice | Blood pressure | |  | | | 1 | |
| Raw | Blood pressure | |  | | | 3 | |
| Jam | Good for haemoglobin | |  | | | 1 | |
| Raw | Good for the intestines | | 2 | | |  | |
| Raw | Vitamins | | 2 | | |  | |
| Jam | Good for the eyes | |  | | | 1 | |
| *Ribes rubrum* L.  (Grossulariaceae)  SB042  NB213 | Coacaze rosu; яверниці, пожички, червона смородина  (yavernytsi, pozhychky, chervona smorodyna) | Fruits | Raw | Good for the intestines | | 2 | | |  | |
| Tea | Fever | |  | | | 1 | |
| Raw | Vitamins | | 2 | | |  | |
| Raw | Kidneys stones | |  | | | 2 | |
| Tea | Flu | |  | | | 1 | |
| *Rosa canina* L.  (Rosaceae)  SB062  NB018; NB083 | Maceșe; Maceș de padure; шипшина (shypshyna) | Fruits | Tea | Good for the heart | | 1 | | |  | |
| Tea | Good for the kidneys | |  | | | 2 | |
| Tea | Healthy | |  | | | 2 | |
| Tea | Immune boosting | |  | | | 1 | |
| Tea | Vitamins | |  | | | 1 | |
| Tea | Good for the kidneys | |  | | | 1 | |
| Tea | Good for the urinary tract | | 2 | | |  | |
| Syrup (fresh) | Cold | | 1 | | |  | |
| Tea | Cough | | 4 | | |  | |
| Tea | Flu | | 4 | | |  | |
| Roots | Tea | Good for the kidneys | |  | | | 3 | |
| *Rosa rugosa* L. and *Rosa centifolia* L.  (Rosaceae)  SB023 | Trandafir; роза (roza) | Flowers | Tea | Calming | |  | | | 1 | |
| Petals | Juice | Foot-and-mouth disease | | 1 | | |  | |
| *Rubus caesius* L.  (Rosaceae)  NB062; NB063 | Ожина; чониця; єжевіка, ожина (Ozhyna; chonytsia; yezhevika, ozhyna) | Fruits | Infused in alcohol | 101 diseases | |  | | | 2 | |
| Raw | Cancer | |  | | | 1 | |
| Boiled | Healthy | |  | | | 1 | |
| Raw (with sugar) | Vitamins | |  | | | 5 | |
| Raw (with sugar) | Colds | |  | | | 1 | |
| Raw (with sugar) | Flu | |  | | | 1 | |
| *Rubus idaeus* L.  (Rosaceae)  SB071; SB009  NB081 | Zmeura; малина  (malyna) | Aerial parts | Tea | Diabetes | | 1 | | |  | |
| Tea | Diabetes | |  | | | 1 | |
| Tea | Fever | | 3 | | | 6 | |
| Tea | Healthy | |  | | | 3 | |
| Tea | Good for the kidneys | |  | | | 1 | |
| Tea | Colds | | 2 | | | 3 | |
| Tea | Cough | |  | | | 3 | |
| Tea | Flu | |  | | | 1 | |
| Fruits | Tea | Blood pressure | |  | | | 2 | |
| Jam | Good for haemoglobin | |  | | | 1 | |
| Raw | 100 diseases | |  | | | 2 | |
| Dried | Fever | |  | | | 3 | |
| Juice | Fever | |  | | | 6 | |
| Juice With Lemon | Fever | | 1 | | |  | |
| Locally applied syrup without sugar | Fever | | 1 | | | 1 | |
| Syrup (fresh) | Fever | | 5 | | |  | |
| \*Moonshine | Healthy | |  | | | 1 | |
| Syrup (without sugar, with mashed potatoes ) | Fever | | 1 | | 3 | |
| Raw | Panacea | |  | | | 1 | |
| Syrup (fresh) | Strengthening of the organism | | 1 | | |  | |
| Raw (with sugar) | Vitamins | |  | | | 5 | |
| Juice | Colds | | 1 | | |  | |
| Raw | Colds | | 2 | | |  | |
| Raw (with sugar) | Colds | |  | | | 1 | |
| Syrup (fresh) | Colds | | 1 | | |  | |
| Syrup (without sugar, with mashed potatoes) | Colds | | 1 | | |  | |
| Juice | Cough | | 1 | | |  | |
| Syrup (fresh) | Cough | | 1 | | |  | |
| Raw (with sugar) | Flu | |  | | | 1 | |
| Syrup (fresh) | Flu | | 4 | | | 1 | |
| Syrup (fresh) | Good for the lungs | | 1 | | |  | |
| *Rumex acetosa* L. (Polygonaceae)  NB081 | Macriș; квас, щавель; квасок щавель  (Kvas; shchavel; kvasok, shchavel) | Aerial parts | Any preparation | Vitamins | |  | | | 3 | |
| Roots | Tea | Good for liver | | 1 | | |  | |
| Tea | Colds | | 2 | | |  | |
| *Rumex alpinus* L. (Polygonaceae)  SB067 | Ștevie | Leaves | Locally applied (fresh) | Cuts | | 2 | | |  | |
| Tea | Diarrhoea | | 1 | | |  | |
| *Salix × fragilis* L.  (Salicaceae) | Верба ламка (Verba lamka) | Bark | Tea | Fever | |  | | | 1 | |
| *Salvia pratensis* L.  (Lamiaceae)  SB028 | Salvia | Aerial parts | Tea | Calming | | 1 | | |  | |
| *Sambucus nigra* L. (Adoxaceae)  SB084  NB054 | Soc; бузина  (buzyna) | Flowers | Drink | Blood pressure | | 1 | | |  | |
| Drink | Good for the stomach | | 4 | | |  | |
| Drink | Good for the kidneys | | 4 | | |  | |
| Drink | Good for the urinary tract | | 4 | | |  | |
| Tea | Colds | |  | | | 1 | |
| Tea (dried) | Cough | |  | | | 4 | |
| Infused in alcohol | Cough | |  | | | 1 | |
| Tea | Flu | |  | | | 2 | |
| Tea | Good for the throat | |  | | | 2 | |
| Leaves | Dried | Good for the heart | |  | | | 2 | |
| *Sedum roseum*(L.) Scop. (Crassulaceae) | Червона щітка (Chervona shchitka) | Roots | Tea | Good for the pancreas | |  | | | 1 | |
| Tea | Immune boosting | |  | | | 1 | |
| *Solanum tuberosum* L. (Solanaceae) | Cartofi; бараболя; картошка (barabolia; kartoshka) | Tubers | Locally applied (fresh) | Fever | | 1\*\*\* | | | 3 | |
| Locally applied (fresh) | Headache | | 3 | | |  | |
| Boiled | Cough | |  | | | 3 | |
| *Sorbus* *domestica* L.  (Rosaceae)  SB055  NB232 | Scoruș | Fruits | Tea (fresh/dried) | Blood sugar | | 4 | | |  | |
| *Stellaria media* (L.) Vill. (Caryophyllaceae) | Мокриця; червець  (Mokrytsia; chervets) | Aerial parts | Tea | Cough | |  | | | 2 | |
| *Symphytum officinale* L. (Boraginaceae)  SB070  NB166; NB167; NB184; NB189 | Tataneasa; живокост; гауізь то живокіст; гауїзь  (zhyvokost; hauiz to zhyvokist; hauiz) | Roots | Locally Applied (boiled) | Good for the skin | | 1 | | |  | |
| Infused in alcohol (fresh) | Good for liver | | 2 | | |  | |
| Locally applied (fresh and crushed) | Fracture | | 1 | | | 1 | |
| Locally applied (fresh) | Gout | |  | | | 1 | |
| Locally applied (fresh) | Joint pain | | 1 | | | 3 | |
| Locally applied (in alcohol) | Joint pain | | 2 | | |  | |
| Locally applied (fresh with wax) | Joint pain | |  | | | 1 | |
| Locally Applied (fresh) | Rheumatic pains | |  | | | 1 | |
| Locally applied (fresh) | Hernia | | 1 | | |  | |
| Whole plant | Tea (fresh) | Good for the liver | | 2 | | |  | |
| Tea (fresh) | Good for the stomach | | 2 | | |  | |
| *Syringa vulgaris* L.  (Oleaceae)  NB208; NB209 | Бузок (busok) | Flowers | Infused with moonshine | Joint pain | |  | | | 1 | |
| Tea | Bronchitis | |  | | | 1 | |
| Tea | Cough | |  | | | 3 | |
| *Tagetes erecta* L.  (Asteraceae) | Чорнобривці (Chornobryvtsi) | Flowers | Tea | Blood cleansing | |  | | | 1 | |
| Tea | Abscesses | |  | | | 1 | |
| Tea | Diabetes | |  | | | 1 | |
| Tea | Good for the liver | |  | | | 1 | |
| *Tanacetum balsamita* L.  (Asteraceae) | Canufar; Кануфер (kanufer) | Aerial parts | Infused in alcohol | Abscesses | |  | | | 1 | |
| Infused in alcohol | Wounds | | 1\*\*\* | | | 1 | |
| *Taraxacum officinale*  Webb(Asteraceae)  SB063  NB016;NB048 | Papadie; кульбаба (kulbaba) | Aerial parts | Raw | Vitamins | |  | | | 2 | |
| Flowers | Syrup (fresh) | Good for the liver | | 1 | | |  | |
| Jam | Good for the urinary tract | | 4 | | |  | |
| *Thymus* spp. Including  *Thymus serpyllum* L. and *Thymus vulgaris* L.  (Lamiaceae)  SB001; SB090  NB030; NB027; NB125;  NB019 | чабер; чебрець, чебрик; городній чебрець (chaber; chebrets, chebryk; horodnii chebrets )  *Thymus serpyllum*: Cimbrișor; чебрець звичайний, чебрик польовий; польовий чебрець (chebrek polovyi; chebrets zvychainyi, chebryk polovyi; polovyi chebrets  *Thymus vulgaris*:  Cimbru salbatic; чеберець садовий (cheberets sadovyi) | Aerial parts | Tea | Good for the stomach | | 1 | | | 2 | |
| Tea (dried) | Lung diseases | |  | | | 1 | |
| Tea (dried) | Good for the throat | |  | | | 1 | |
| Tea (dried) | Good for the lungs | | 3 | | |  | |
| Tea (dried) | Colds | | 2 | | |  | |
| Tea | Pain | | 2 | | |  | |
| Tea (dried) | Panacea | | 3 | | |  | |
| Tea | Good for the kidneys | | 1 | | |  | |
| Syrup | Cough | |  | | | 3 | |
| \*\*\*Tea | Good for breathing | |  | | | 1 | |
| Tea | Cough | | 10 | | | 12 | |
| Tea | Good for veins | | 2 | | |  | |
| Tea | Alcoholism | |  | | | 1 | |
| \*\*\*Burnt three times | Evil Eye | |  | | | 1 | |
| Flowers | Tea | Colds | |  | | | 1 | |
| *Tilia cordata* Mill.  (Malvaceae)  SB017  NB253 | Tei; липа (lypa) | Flowers | Tea (dried) | Good for the heart | | 4 | | |  | |
| Tea (dried) | Abdominal pain | | 1 | | |  | |
| Tea (dried) | Good for digestion | | 2 | | |  | |
| Tea (dried) | Good for the liver | |  | | | 2 | |
| Tea (dried) | Good for the stomach | | 7 | | |  | |
| Tea (dried) | Fever | |  | | | 2 | |
| Tea (dried) | Inflammation processes | |  | | | 1 | |
| Tea (dried) | Organism cleansing | | 1 | | |  | |
| Tea (dried) | Good for women | | 1 | | |  | |
| Tea (dried) | Good for the kidneys | |  | | | 2 | |
| Tea (dried) | Calming | | 6 | | | 1\*\*\* | |
| Tea (dried) | Headache | | 1 | | |  | |
| Tea (dried) | Headache | | 1 | | | 1 | |
| Tea (dried) | Soporific | | 2 | | |  | |
| Tea (dried) | Colds | | 2 | | | 1 | |
| Tea (dried) | Cough | | 3 | | | 1 | |
| Tea (dried) | Flu | | 1 | | |  | |
| \*\*\*Tea (dried) | Panacea | |  | | | 1 | |
| Leaves | Boiled | Hair care | |  | | | 2 | |
| *Trifolium pannonicum* Jacq. (Leguminosae) | конюшина панойська з жовтими квітами(trifolium pannonska with yellow flowers) (koniushyna panoiska z zhovtymy kvitamy) | Flowers | Tea (dried) | Healthy | |  | | | 1 | |
| *Trifolium sp*. including *Trifolium pratense* L.  (Leguminosae)  SB072; SB075; SB077; SB078  NB002; NB013; NB014; NB076; NB086; NB102; NB103; NB110; NB111; NB112; NB119; NB123; NB126; NB134; NB140; NB144 | Trifoi alb; Trifoi rosu; тріфоль; конюшина червона  (trifol; koniushyna chervona) | Aerial parts | Tea (dried) | Good for the urinary tract | | 2 | | |  | |
| Tea (dried) | Headache | | 1 | | | 1 | |
| Tea (dried) | Good for the lungs | | 4 | | |  | |
| *Tussilago farfara* L. (Asteraceae)  SB065; SB085  NB072; NB133 | Podbal; підбіл, мати й мачуха; мати й мачуха  (pidbil, maty y machukha) | Aerial parts | Tea | Cough | | 1 | | | 9 | |
| Flowers | Syrup (fresh) | Cough | | 1 | | |  | |
| Tea | Colds | |  | | | 1 | |
| Leaves | Locally Applied (Fresh) | warts | | 2 | | |  | |
| Roots | Syrup | Good for the throat | |  | | | 1 | |
| Whole plant | Boiled | Cough | |  | | | 1 | |
| *Urtica dioica* L.  (Urticaceae)  SB088  NB026; NB048 | Urzica; кропива; кропива жалка (kropyva; kropyva zhalka) | Young sprouts (aerial parts) | Boiled (in soup) | Blood cleansing | | 4 | | | 1 | |
| Tea (fresh) | Blood cleansing | | 9 | | | 3 | |
| Tea | Blood pressure | |  | | | 1 | |
| Tea | Good for the heart | | 1 | | | 2 | |
| Boiled | Vessel cleansing | |  | | | 1 | |
| Tea | Good for the stomach | |  | | | 2 | |
| Tea | Vomiting | |  | | | 2 | |
| Boiled | Hair care | | 5 | | | 10 | |
| Any preparation | Healthy | |  | | | 1 | |
| Tea | Healthy | | 1 | | |  | |
| Tea (fresh) | Organism cleansing | | 5 | | |  | |
| Any preparation | Panacea | | 2 | | |  | |
| Any preparation | Vitamins | | 2 | | | 3 | |
| Locally applied (fresh) | Rheumatic pains | | 4 | | |  | |
| Tea (fresh) | Rheumatic pains | | 2 | | |  | |
| Tea | Calming | |  | | | 2 | |
| Tea | Toothache | |  | | | 2 | |
| Tea | Nosebleeds |  | | | | 2 | |
| *Vaccinium myrtillus* L. (Ericaceae)  SB006  NB060 | Afina (fruits); Afiniș (aerial parts) афини; чорниця (fruits); аффинник (aerial parts)  (afyny; chornytsia; afynnyk) | Aerial parts | Tea | Blood cleansing | | 1 | | |  | |
| Tea | Blood pressure | |  | | | 2 | |
| Tea | Good for the heart | | 1 | | |  | |
| Compress | Diabetes | | 2 | | |  | |
| Tea (and any other preparation) | Diabetes | | 6 | | | 1 | |
| Tea | Lowering glycaemia | | 1 | | |  | |
| Any preparation | Good for the stomach | | 11 | | | 7 | |
| Tea | Fever | | 1 | | |  | |
| Tea | Healthy | | 1 | | |  | |
| Tea | To be strong | |  | | | 1 | |
| Compress | Eye problems | | 2 | | | 1 | |
| Tea | Good for the eyes | |  | | | 3 | |
| Aerial parts ( including fruits) | Tea | Good for the kidneys | | 1 | | | 4 | |
| Flowers | Dried | Good for the pancreas | |  | | | 1 | |
| Dried | Good for the stomach | |  | | | 1 | |
| Fruits | Raw (with sugar) | Good for the heart | | 2 | | |  | |
| Jam | Good for haemoglobin | |  | | | 1 | |
| Raw | Diabetes | |  | | | 1 | |
| Syrup | Abdominal pain | | 1 | | |  | |
| Jam | Diarrhoea | |  | | | 1 | |
| Juice | Diarrhoea | | 1 | | |  | |
| Raw | Diarrhoea | |  | | | 1 | |
| Syrup | Diarrhoea | | 1 | | | 3 | |
| Tea (dried) | Diarrhoea | |  | | | 6 | |
| Syrup | Good for the abdomen | | 1 | | |  | |
| Juice | Good for the liver | | 1 | | |  | |
| Syrup ( preserved with sugar) | Good for the liver | | 2 | | |  | |
| Infused in alcohol | Good for the stomach | |  | | | 4 | |
| Syrup | Appetite suppressant | | 1 | | |  | |
| Infused raw in alcohol | Stomach diseases | |  | | | 2 | |
| Infused in Alcohol | Stomach pain | |  | | | 2 | |
| Dried | 100 diseases | |  | | | 2 | |
| Infused in moonshine/alcohol | 100 diseases | |  | | | 6 | |
| Raw | Healthy | |  | | | 5 | |
| Raw (with sugar) | Healthy | | 2 | | |  | |
| Raw | Panacea | | 3 | | | 1 | |
| Tea | Panacea | |  | | | 2 | |
| Syrup | Panacea | |  | | | 2 | |
| Raw | Vitamins | |  | | | 2 | |
| Dried | Good for the eyes | |  | | | 2 | |
| Jam | Good for the eyes | |  | | | 2 | |
| Raw (with sugar) | Good for the eyes | |  | | | 4 | |
| Tea | Good for the eyes | |  | | | 3 | |
| Infused in alcohol | Good for the eyes | |  | | | 2 | |
| Raw (with sugar) ( and any other preparation) | Improve vision | | 2 | |  | |
| Tea (dried) | Improve vision | | 1 | | |  | |
| Fresh | Flu | |  | | | 1 | |
| Jam | Flu | |  | | | 1 | |
| Tincure | Flu | |  | | | 1 | |
| *Vaccinium vitis-idaea* L. (Ericaceae)  SB010  NB061 | Merișoare; Gogoze; брусниця; ґоґодзи; гогдзі  (brusnycia, gogodzy; hohdzi) | Aerial parts | Tea (fresh) | Good for the heart | | 1 | | |  | |
| Tea | Diabetes | |  | | | 1 | |
| Tea (fresh) | Diarrhoea | | 1 | | |  | |
| Tea | Good for the liver | | 1 | | |  | |
| Tea | Good for the stomach | | 1 | | |  | |
| Tea | Fever | | 1 | | |  | |
| Tea | Good for the kidneys | | 1 | | | 5 | |
| Tea | Kidney diseases | | 1 | | |  | |
| Tea (fresh) | Urinary tract diseases | | 1 | | |  | |
| Fruits | Any preparation | Blood pressure | |  | | | 3 | |
| Raw | Blood pressure | |  | | | 1 | |
| Tea | Blood pressure | | 1 | | |  | |
| Raw | Good for the heart | | 1 | | |  | |
| Tea | Good for the heart | | 1 | | | 1 | |
| Compote | Fever | |  | | | 1 | |
| Juice | Fever | | 1 | | |  | |
| Syrup (without sugar) | Fever | | 1 | | |  | |
| Source of water and fresh fruits/ compote | Immune boosting | | 1 | | | 1 | |
| Raw | Panacea | |  | | | 1 | |
| Tea | Panacea | |  | | | 2 | |
| Raw | Vitamins | |  | | | 4 | |
| Raw | Good for kidneys | |  | | | 3 | |
| Raw (with sugar) | Urolithiasis | |  | | | 1 | |
| Compote | Cough | |  | | | 1 | |
| Any preparation | Flu | |  | | | 1 | |
| Roots | Tea | Good for the bladder | |  | | | 1 | |
| *Valeriana officinalis* L. (Caprifoliaceae) | Валеріана (Valeriana) | Roots | Infused in alcohol | Heart disease | |  | | | 1 | |
| *Viburnum opulus* L. (Adoxaceae)  NB223 | Calina; калина (kalyna) | Flowers | Tea | Fever | |  | | | 2 | |
| Fruits | Tea | Blood pressure | |  | | | 7 | |
| Syrup | Blood pressure | |  | | | 2 | |
| Raw (with sugar) | Good for the heart | |  | | | 1 | |
| Tea | Good for the heart | | 4 | | |  | |
| Tea | Fever | |  | | | 2 | |
| Syrup | Fever | |  | | | 1 | |
| Raw (with sugar) | Panacea | |  | | | 1 | |
| Tea | Panacea | | 2 | | |  | |
| Tea | Cold | | 2 | | |  | |
| Tea | Cough | | 4 | | |  | |
| Syrup | Flu | |  | | | 1 | |
| Tea | Good for the lungs | | 4 | | |  | |
| Leaves | Boiled | Joint pain | |  | | | 1 | |
| *Vitis vinifera* L.  (Vitaceae)  NB204 | Виноград (Vynohrad) | Fruits | Wine | Good for blood | |  | | | 1 | |
| Wine | Panacea | |  | | | 1 | |

Table 3. Details of the books reported during interviews in Northern Bukovina, Ukraine.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Author | Year | Title | Publisher/City | Language | No of pages |
| Alekseev I. Dibrova A. | 2012 | Complete atlas of medicinal plants | Gloria, Kiev | Russian | 400 |
| Grechanyi I. | 2015 | The Great Illustrated Directory of Medicinal Herbs | Book club “Family Leisure Club”, Kharkiv | Ukrainian | 544 |
| Grodzinsky AM. | 1990 | Medicinal plants: Encyclopedic reference book | “Ukrainska encuklopedia” MP Bazhana,  Kiev | Ukrainian | 544 |
| Markova A. | 2002 | The Complete Encyclopedia of Folk Medicine | Esmo, Moscow | Russian | 640 |
| Pavlenko L. | 1992 | Drugs from Chardzilla | Veselka,  Kyiv | Ukrainian | 52 |
| Reutov S. | 2016 | Natural healers of 1000 diseases | Book club “Family Leisure Club”, Kharkiv | Russian | 320 |
| Rosola T. Rosola I. Rubish F. | 2012 | Medicinal plants of Transcarpathia in folk medicine | Patent,  Uzgorod | Ukrainian | 208 |
| Ivashyn D. Katina Z.  Rybachuk I. et al. | 1983 | Directory of preparations of medicinal plants harvest | Urozai, Kev | Russian | 296 |
| Safonov MM. | 2015 | Full atlas of medicinal plants | Bogdan,  Ternopil’ | Ukrainian | 384 |
| Schultz J. Uberguber E. | 1994 | Medicines from God's Pharmacy | Anfas,  Kiev | Russian | 207 |
| Smik GK. | 1991 | Useful and rare plants of Ukraine | Ukrainska radyanska encuklopedia, Kiev | Ukrainian | 416 |
| Smolinskaya M.  Korolyuk V. Galitska L. | 2002 | Medicinal plants of Bukovina | Ruta, Cernivtci | Ukrainian | 295 |
| Sokolov C. Zamotayev I. | 1988 | Directory of Medicinal Plants. | Nedra, Moskow | Russian | 464 |
| Uzhegov H. | 2011 | The Complete Encyclopedia of Folk Medicine | Astrel, Moskow | Russian | 1088 |
| Henzel W. | 2016 | An illustrated herbalist. 350 species | Family Leisure Club, Kharkiv | Russian | 256 |
| Yelin Y. | 1979 | Plants of our forests | Soviet School, Kiev | Ukrainian | 239 |
| Zinchenko TV.  Stakhiv IV. Myakushko T. | 1990 | Medicinal plants in gastroenterology | Naukova Dumka, Kiev | Russian | 240 |

Table 4. Characteristics of knowledge sources among Bukovinian Hutsuls.

|  |  |  |
| --- | --- | --- |
| Characteristics | Knowledge mainly orally transmitted | Knowledge in which borders between written and oral forms of knowing nature and practicing this knowledge are more blurred |
| Language | Mainly local language (Hutsul) but also official languages (Romanian and Ukrainian) | Mainly official languages (Romanian and Ukrainian) but also foreign languages (Russian) |
| Accessibility | Widely accessible within the village | Not necessarily available within the village. |
| Geographical range | Strictly situational and local, sometimes varies from village to village | Large geographical ranges (often defined by official language expansion) |
| Ingredients used | Always local or easily attainable | Not necessarily local |