Additional file 2.   
Number of days with activity monitor wear time of 600 minutes or more per day.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Timepoint** | **> 4 days** | **> 5 days** | **> 6 days** | **> 7 days** | **No.** | **Missing No.** |
| **Baseline** | 70  86.4% | 66  81.5% | 57  70.4% | 49  60.5% | 81 | 7 |
| **3 months** | 60  84.5% | 53  74.6% | 52  73.2% | 41  57.7% | 71 | 8 |
| **6 months** | 51  82.3% | 46  74.2% | 37  59.7% | 25  40.3% | 62 | 8 |