

Postoperative Analgesia for Pediatric Craniotomy Patients: A Randomized Controlled Trial

Fei Xing

Capital Medical University Affiliated Beijing Friendship Hospital

LiXin An (✉ anlixin8120@163.com)

Capital Medical University Affiliated Beijing Friendship Hospital <https://orcid.org/0000-0001-6344-4010>

FuShan Xue

Capital Medical University Affiliated Beijing Friendship Hospital

ChunMei Zhao

Beijing Tiantan Hospital

YaFan Bai

Capital Medical University Affiliated Beijing Friendship Hospital

Research Article

Keywords: Pain, Postoperative, Child, Craniotomy

Posted Date: January 15th, 2019

DOI: <https://doi.org/10.21203/rs.2.192/v1>

License: © ⓘ This work is licensed under a Creative Commons Attribution 4.0 International License. [Read Full License](#)

Version of Record: A version of this preprint was published on April 11th, 2019. See the published version at <https://doi.org/10.1186/s12871-019-0722-x>.

Abstract

Background: Pain is often observed in pediatric patients after craniotomy procedures, which could lead to some serious postoperative complications. However, the optimal formula for postoperative analgesia for pediatric neurosurgery has not been well established. This study aimed to explore the optimal options and formulas for postoperative analgesia in pediatric neurosurgery.

Methods: Three hundred and twenty patients aged 1 to 12-years old who underwent craniotomy were randomly assigned to receive 4 different regimens of patient-controlled analgesia (PCIA or NCIA). Postoperative pain scores at different time point after surgery and analgesia-related complication were recorded respectively. Comparative analysis was performed between the four groups.

Results: In all groups, significantly lower pain scores were observed at one to 8 hours in the morphine group ($P<0.05$). There was no significant difference in pain scores between the fentanyl and tramadol groups ($P>0.05$), both of which had lower pain scores than the placebo group ($P<0.05$). However, a higher incidence of nausea and vomiting occurred in the tramadol group during the 48 hours of NCIA usage after operation ($P=0.020$). Much more rescue medicines including ibuprofen and morphine were used in control group ($CI=0.000-0.019$). No consciousness change and respiratory depression was observed in all groups. There were 56 children experienced moderate-severe pain(17.5%), younger children ($OR=1.161, 1.027-1.312, P=0.017$), occipital craniotomy ($OR=0.374, 0.155-0.905, P=0.029$), morphine treatment, were relevant factors of moderate-severe pain in pediatric patients.

Conclusions: Compared with other analgesic projects, PCIA or NCIA analgesia with morphine appears to be the safest and most effective postoperative analgesia program for pediatric patients who underwent neurosurgical operations.

Trial registration: Chinese Clinical Trial Registry. No: ChiCTR-IOC-15007676. Prospective registration.
<http://www.chictr.org.cn>.

Keywords: Pain, Postoperative, Child, Craniotomy

Background

Pain after craniotomy is a frequent source of concern and controversy. Over the past decade, several studies—primarily in adult patients—have revealed that moderate-to-severe pain is common in patients after major craniotomy^{1,2,3,4}. Furthermore, very few studies have assessed pain or analgesic requirements in pediatric patients following neurosurgery, primarily due to fear of opioid analgesics masking alterations in the postoperative neurological exam and delaying detection of intracranial postoperative complications^{5,6,7}. Postoperative pain in pediatric neurosurgical patients appears to be underestimated often^{6,7}. Inadequate pain control in children after major craniotomy may contribute to significant anxiety, hypertension, shivering, and emesis, which may in turn increase intracranial pressure and cause bleeding^{8,9}. Therefore, although frequently overlooked, postoperative analgesia in children after craniotomy is important.

Opioids are the most frequently prescribed analgesics for moderate-severe pain. However, they may be associated with side effects such as nausea, vomiting, pruritus, respiratory depression, and neurological

alterations^{10,11,12}. In particular, treatment of postoperative pain after craniotomy without affecting neurological status remains a major clinical problem. Recent studies have reported neurosurgical postoperative pain in pediatric patients can be managed with opioids without neurologic deterioration^{6,7}. Nevertheless, these reports are mostly small cohort studies and reviews. So far, no prospective randomized controlled trial has been conducted on postoperative pain in pediatric neurosurgery.

Therefore, the aim of this prospective, randomized, controlled study is to assess the safety and efficacy of different postoperative pain treatment in pediatric craniotomy patients. We selected the most commonly used postoperative analgesic formulas in clinical practice in accordance with our previous research, and monitored perioperative acute pain intensity during the 48h following craniotomy in patients aged 1-12 years—so as to find an optimal formula for pediatric neurosurgery postoperative analgesia.

Methods

Study design and Participants

This randomized controlled clinical trial was approved by the Institutional Review Board of Beijing Tiantan Hospital Affiliated to Capital Medical University (Beijing, China, KY2015-009-01). Written informed consent was obtained from all patients' parents. This study was conducted at a single tertiary medical center—Beijing Tiantan Hospital—and indexed in the Chinese Clinical Trial Registry (<http://www.chictr.org.cn>, ChiCTR-IOC-15007676).

The inclusion criteria were as follows: Patients aged 1–12 years, with American Society of Anesthesiologists physical status grades I–III undergoing open craniotomy procedures. Eligible subjects included patients undergoing surgery for brain tumors, craniofacial reconstruction and vascular malformations. Exclusion criteria included: Mental disorders; unsuitability for extubation; and development of hematomas or severe brain edema 3 days after surgery, requiring a subsequent operation. Additionally, we excluded patients with a history of allergy to opioids or other anesthetics, and those with a history of substance abuse. Patients were enrolled in this study only after obtaining written informed consent from their parents.

Anesthesia

Standard monitoring was implemented in the operating room. All children were monitored for non-invasive blood pressure (BP), heart rate (HR) and pulse oximetry (SpO₂); as well as invasive arterial pressure (ARP), end-tidal carbon dioxide partial pressure (P_{ET}CO₂), and MAC. Midazolam 0.025-0.075 mg/kg and methylprednisolone sodium succinate 1-2 mg/kg were given before surgery. If necessary, patients were given oral midazolam 0.5 mg/kg to reduce anxiety before venous access.

Anesthesia was induced with the following approximate doses: Propofol (2 mg/kg), cisatracurium (0.2 mg/kg), and sufentanyl (0.3 µg/kg) or fentanyl (3 µg/kg). In patients aged <5 years or those unable to cooperate with the anesthesiologist, tracheal intubation was performed under induction with 6-8% sevoflurane inhalation before peripheral venous access. Prior to surgical incision, local infiltration with 0.5% ropivacaine was performed at the surgical site, and surgical pin sites was placed. Anesthesia was maintained with 0.5 MAC sevoflurane at an inhalational concentration of 2-3%, and an intravenous infusion with remifentanyl 0.1-0.2 µg/kg/min and propofol 3-5 mg/kg/h. Mean arterial blood pressure and heart rate were maintained within 20% of baseline measures. 30 minutes before the end of the operation, additional sufentanyl 5µg or fentanyl 0.5-1 µg/kg was administered,

while inhalation of sevoflurane and the infusion of remifentanyl and propofol was stopped at the end of the operation. The parameters for mechanical ventilation were set to volume control with a tidal volume of 8-10 ml/kg and a respiratory rate of 14-20 times/min. Controlled mechanical ventilation maintained an end-tidal carbon dioxide concentration of 30-35 mmHg using a 50% oxygen-air gas mixture. Additional rocuronium was administered, if needed, to maintain a train-of-four count of 2-3 intraoperatively.

Postoperative Pain Treatment Protocol

After surgery, patients aged 1-6 years received a pump for nurse-controlled intravenous analgesia (NCIA), while those aged 7-12 received one for patient-controlled analgesia (PCIA). The regimens of PCIA or NCIA used the following formulas: Placebo (group C) included normal saline 100 ml, with a continuous background infusion of 2 ml/h, bolus 0.5 ml; Fentanyl (group F) was used with a loading dose of 0.5 µg/kg, a single bolus dose of 0.1-0.2 µg/kg, and a background dose 0.1-0.2 µg/kg·h; Morphine (group M) was used with a loading dose of 50 µg/kg, a single bolus dose of 10-20 µg/kg, and a background dose of 10-20 µg/kg·h; while Tramadol (group T) was used with a loading dose of 500 µg/kg, a single bolus dose of 100-200 µg/kg, and a background dose of 100-400 µg/kg·h. The bolus locking time was 15 min. The total volume contained in the analgesia pump was adjusted to 100 ml with normal saline and 0.4 mg/kg of ondansetron. Patients would receive additional doses of ondansetron if they reported nausea or experienced vomiting. The type and doses of medicines used in pump were converted to their respective milligram morphine equivalents (MME) using standardized conversion factors (1 mg of Fentanyl = 100 MME, 1 mg of tramadol = 0.1 MME)¹³.

As a rescue medicine, ibuprofen suspension (20mg/ml ibuprofen) was orally administered in the postoperative period in doses of 0.3ml/kg for moderate pain (defined as a pain score ≥ 4 and < 7) within 48 postoperative hours. If the POPI is severe pain (defined as a pain score ≥ 7) or the first administration of ibuprofen couldn't comfort the patient within 30 minutes, another rescue medicine intravenous morphine 0.02mg/kg would be administered through the vein. All rescue medicines were recorded.

Evaluation of pain intensity

The primary outcome of this study was postoperative pain intensity (POPI). According to the particular characteristics of each patient, we adopted different evaluation methods for POPI. Patients aged 1-6 years were evaluated by the Faces, Legs, Activity, Cry and Consolability Scale (FLACC, 0-10 scores) and the Wong-Baker Faces Scale (WBFS). For patients aged 7-12 years, both the numeric rating scale (NRS) and the Wong-Baker Faces Scale (WBFS) were used. The FLACC is a behavioral pain assessment tool that was developed to provide a simple and consistent evaluation method for these cases¹⁴, while the WBFS is a self-reported pain assessment tool, currently considered the preferred alternative for pain assessment in children¹⁵. The WBFS is comprised of a series of facial images, in which the face that depicts the most pain indicates the "worst pain imaginable" and the happiest face indicates "no pain"¹⁵. The numeric rating scale (NRS) is a self-reported measure of pain intensity comprised of a line marked with numbers 0-10, in which 0 is "no pain" and 10 is the "worst pain imaginable"¹⁶. POPI ratings were measured at 1, 2, 4, 16, 24, 36 and 48 hours after surgery by the same observer.

Randomization and blinding

Participants were randomly assigned 1:1:1:1 among four groups. The randomization schedule was generated by an independent investigator through a computerized random-number sequence. A specially selected nurse was

informed of the group assignments and prepared the postoperative analgesia pumps according to the patients' weights. Anesthesiologists were blinded to grouping information. Physicians responsible for postoperative follow-up were also blinded to the grouping.

Data Collection

Demographic data were recorded, including age, sex, height, weight, disease information, primary diagnosis, pertinent medical history, and medications. Perioperative and anesthetic management information were also collected including: operation type; preoperative anesthetic medications; induction medications; intra-operative anesthetic medications; duration of surgery and anesthesia; and number of acetaminophen administrations.

The primary outcomes included pain scores at 1, 2, 4, 16, 24, 36 and 48 hours after surgery. Secondary outcomes included the incidence of changes in consciousness, nausea, vomiting, pruritus, respiratory depression, and addition of perioperative acetaminophen. Nausea and vomiting were recorded if episodes of patient emesis were reported on nursing flow sheets, or if anti-emetic therapy was required. Respiratory depression was operationalized as a clinically significant decline in respiratory rate which required intervention, with $\text{SpO}_2 < 92\%$.

Sample Size and Statistical Analysis

Continuous variables were described as median and interquartile range (IQR) or mean and standard deviation (SD), as appropriate. Categorical variables (sex, site of craniotomy) were presented as frequencies and percentages. The chi-square test was used for comparing proportions, and one-way analysis of variance (ANOVA) was used for comparing continuous variables between groups. Because the POPI of patients was ranked data, we used Kruskal-Wallis H-test to compare the differences of POPI among all groups. If $P < 0.05$, Dunnett's T3 test was used to compare the differences of POPI between any two groups.

Moderate POPI was defined as a median pain score ≥ 4 and < 7 on the WBFS, FLACC or NRS scales. Severe pain was defined as a median pain score ≥ 7 . Our previous cohort study on POPI in pediatric craniotomy patients found the incidence of moderate POPI in children to be approximately 45%. A final sample size of 40 patients per group was calculated based on the hypothesis that NCIA could reduce the incidence of moderate POPI at least 30%. A sample size of 36 patients was calculated to have a significance of 5% and a power of 80%, increased to 40 after considering a 10% maximal dropout rate.

Step-wise multivariate logistic regression was used to identify predictors for moderate POPI, with results presented as odds ratios (OR) and 95% confidence intervals (CI). Statistical analysis was performed using SPSS (version 22, BEIJING, Capital Medical University). All statistical tests were two-sided, and results were considered statistically significant when $P < 0.05$.

Results

Baseline characteristics

A total of 387 consecutive patients who underwent major craniotomy were screened for study participation between January 2016 and June 2018; 192 of which were in a younger group (aged 1-6 years) and 195 in an older group (aged 7-12 years). In the former, 12 cases refused informed consent, 18 children remained intubated for surgical reasons, and 2 children required a second operation due to postoperative hematoma. Therefore, 160

patients divided into 4 groups of were ultimately included. In the older group, 11 cases refused informed consent, 21 children remained intubated for surgical reasons, and 3 children required a second operation within 48 hours of surgery. Therefore, 160 patients (91 males and 69 females) were finally included. An explanatory flow chart is depicted in Figure 1.

The baseline clinical characteristics in all pediatric patients are presented in Tables 1. No significant differences were found regarding these variables among the four PCIA regimens either in the younger or older pediatric patients.

Postoperative pain intensity

Pain intensity was evaluated at 1, 2, 4, 16, 24, 36 and 48 hours after surgery (Table 2). In the younger patients, similar trends were observed in all groups, with gradually decreasing over time, and a small ascent at 24 hours after surgery (SDC, Figure 1,2). The differences of WBFS/FLACC scores were significantly among all groups at 1-8 hours ($P<0.05$) by Kruskal-Wallis test. Through Dunnett's T3 test, both WBFS/FLACC scores were significantly lower at 1-8 hours in Group M than other groups ($P<0.05$). In group F and T, POPI was also lower than group C. And there was no difference between Group F and Group T (Table 2, SDC Table S1).

In the 7-12 years older patients, a similar trend was observed (SDC, Figure 3,4), with WBFS/NRS scores being significantly lower at 1-16 hours in Group M (Table 3, $P<0.05$). There was no significant difference between Group F and Group T (SDC Table S2, $P>0.05$), with both being lower than Group C ($P<0.05$).

Total amount of medicines used in PCIA or NCIA or for remedy

Total amount of medicines used in the postoperative analgesia pump was calculated. After all kinds of medicines converted to their respective milligram morphine equivalents (MME) using standardized conversion factors, the average morphine equivalent amount in each day was similar between group F and Group M, and in Group T was a little bit higher (Table 4). As rescue medicines, the total amount and cases of ibuprofen and morphine used in Group C were much higher than that in Group F, M and T, this result was similar in both 1-6 years old patients and 7-12 years old patients. In 1-6 years old patients, the X2 of cases used ibuprofen was 27.473, and the X2 of cases used morphine was 20.879, and 95%CI=0.000-0.019. And in 7-12 years old patients, the X2 of cases used ibuprofen was 54.504, and the X2 of cases used morphine was 31.848, and 95%CI=0.000-0.019.

Identical factors associated with moderate postoperative pain intensity

Out of all 320 patients, 56 children experienced moderate-severe postoperative pain ($\text{POPI} \geq 4$), with an incidence of 17.5%. There were 26 patients in 1-6 years old groups (26/160, 16.25%) and 30 patients in 7-12 years old groups (30/160, 18.75%). Only 3 children experienced severe pain in Group C and 1 child in Group T among 1-6 years old patients. And there were 5 patients in Group C experienced severe pain among 7-12 years old patients. In the single factor regression analysis, older age, site of craniotomy, dose of remifentanyl and PCIA group were associated with moderate-severe POPI (Table 5). Then, multiple factor regression analysis was conducted on factors with $P>0.2$. The results showed that younger children ($\text{OR}=1.161$, 1.027-1.312, $P=0.017$), occipital craniotomy ($\text{OR}=0.374$, 0.155-0.905, $P=0.029$), give fentanyl PCIA or NCIA ($\text{OR}=0.355$, 0.152-0.831, $P=0.017$), or give morphine PCIA or NCIA ($\text{OR}=0.077$, 0.021-0.281, $P<0.001$), had a decreased risk of having moderate-severe pain (Figure 2).

Analgesia-related complications

No significant differences were observed regarding complications in the recovery period among the four groups either in the younger or older patients. However, in tramadol group, 11 children suffered nausea (27.5%) and 19 children suffered vomiting (47.5%) within 48 hours after surgery, which were significantly higher than that in Group F, M and C (SDC, Table S3, $P < 0.05$). There were no significant differences between groups regarding changes in consciousness ($P = 0.061$). In the younger patients, much children needed acetaminophen as rescue medicine in the tramadol and placebo group than in the fentanyl and morphine group ($P < 0.05$). In the 7-12 years old patients, the cases of used rescue medicine in the control group was much higher than that in group F, T and M (SDC, Table S4, $P < 0.05$).

Discussion

Although research has demonstrated 41-76% of adult patients experience moderate-severe pain within 48 hours after craniotomy^{17,18}, very few studies have focus specifically on the incidence and treatment of POPI in pediatric neurosurgery patients^{19,20}. In this prospective, randomized, placebo-controlled clinical study conducted at a single academic hospital, we found POPI could be well controlled with opioids administration by NCIA or PCIA. Compared to the opioid groups (Group F and M), the control group needed more rescue medicine – ibuprofen suspension or morphine. In contrast, complications in the recovery period such as respiration depression and consciousness changes showed no significant difference among all groups. Finally, factors such as younger age, occipital site craniotomy, use of fentanyl or morphine and PCIA were linked to lower risk of moderate-severe pain.

To date, few studies have formally recommended postoperative pain treatment protocols in pediatric neurosurgery. A prospective cohort study conducted in three academic children's hospitals has previously reported POPI to be mild in children under various analgesic regimens⁷. However, this was a cohort study which only included where POPI was not accurately assessed. In contrast, Bronco⁶ found 16% of pediatric neurosurgical patients suffered moderate-severe pain in the recovery room, and 6% patients suffered moderate-severe pain in the first and second days after surgery despite application of multimodal analgesia⁶. The main analgesic methods advocated in current studies are multimodal analgesia and PCIA or NCIA analgesia^{5,7}. Maxwell et al.⁷ have demonstrated that PCIA or NCIA analgesia is an effective analgesia with a low incidence of opioid-related side effects; although it should be noted that the analgesic pump settings in their study were not standardized. Chiaretti²¹ found PCIA with fentanyl plus midazolam could effectively relieve postoperative pain in pediatric neurosurgery. However, their study only included patients over the age of 6, all of whom were managed in an ICU setting. In this study, we enrolled pediatric patients in the range of 1-12 years of age. In addition, we have implemented three different methods of analgesia to compare with control group, in order to obtain the best analgesic regimen used in children.

Our study revealed that in both younger and older pediatric patients, morphine administration was the most effective regimen of PCIA or NCIA after neurosurgery. These results are consistent with those of Warren²² who suggested continuous morphine infusions (CMI) had an analgesic effect comparable to that of acetaminophen and codeine; yet codeine phosphate alone is typically preferred as the standard treatment for pain after cranial surgery. The fentanyl and tramadol group had similar analgesic effects; echoing results by Alencar²³ in neonates.

Except for nausea and vomiting, no difference was observed in the incidence of side effects, and serious side effects such as respiratory depression and altered consciousness were not observed. Respiratory depression and excessive sedation are the two most feared adverse consequences of intravenous opioid use for postoperative pain in neurosurgery; as excessive sedation affects neurological status, and respiratory depression could cause negative physiological consequences such as elevated carbon dioxide levels and alterations of cerebral perfusion and intracranial pressure. In our study, these side effects were not observed. The incidence of nausea and vomiting was not significantly higher in the morphine or fentanyl groups, but was higher in the tramadol group. In a meta-analysis of postoperative PCIA in adults, fentanyl has been ascertained to be as effective as tramadol, but the incidence of nausea and vomiting is higher in the tramadol group ²⁴. This is similar to our results in children.

Our study is a randomized controlled trial which balanced the confounding factors well. The assessment of pain in pediatric population presents a significant challenge. Children may often be unable to accurately describe the intensity of their pain. Thus, in our study, we used 2 different pain scales suitable for each age range. In order to avoid bias, research assistants who collected postoperative pain data in our study received subspecialty training in pediatric pain assessment. All patients were followed up by the same research assistants. We found pain scores gradually decreased with time, regardless age and treatment regimen, with a small ascent occurring at 24 hours. In addition, pain scores at 8, 16 and 36 hours were lower than their following time point; this might be due to the fact that children were asleep at night at these points, with lower responses to pain perception. Although much rescue medicines including oral ibuprofen suspension and intravenous morphine were used in control group compared with other groups, the POPI in Group C was still much higher than other groups, especially within the first 8 hours after surgery. The morphine equivalents amount in Group T was higher than that in Group F and M, which may be owned to the over-estimated tramadol MME(1mg tramadol=0.1 mcg morphine).

We also analyzed the factors affecting postoperative pain scores by multivariate logistic regression, proving the good control of confounding factors. We found age, craniotomy site and PCIA were predictors of POPI. Previous studies had described POPI to vary in different craniotomy sites due to the distribution of nerve endings ^{5,16,17}. Pain scores also varied with age; this may be because older children describe pain with increased accuracy.

There are several limitations to our study. First, we performed local anesthesia of the surgical incision with 0.5% ropivacaine instead of scalp nerve block, a more effective auxiliary analgesia. This method may provide longer lasting analgesia in comparison to local analgesia, perhaps decreasing POPI, especially in the early postoperative period. Secondly, in our multivariate logistic regression, we found the craniotomy site was associated with postoperative pain, but a sub-group analysis was not performed as the subsamples who underwent craniotomy at different sites were relatively small. Therefore, our next step is to find more individualized analgesia regimens for patients with different craniotomy sites, in combination with scalp nerve block ^{25,26}.

Conclusions

Our study indicates that factors such as younger age, occipital site craniotomy, use of fentanyl or morphine and PCIA were linked to lower risk of moderate-severe pain. PCIA or NCIA with morphine could significantly decrease postoperative pain scores without increasing the incidence of nausea, vomiting, respiratory depression and excessive sedation in pediatric patients after neurosurgery. These patients may benefit from application of our postoperative analgesia protocol.

Abbreviations

PCIA	patient-controlled analgesia
NCIA	nurse-controlled analgesia
BP	non-invasive blood pressure
HR	heart rate
SpO₂	pulse oximetry
ARP	invasive arterial pressure
P_{ET}CO₂	end-tidal carbon dioxide partial pressure
MME	milligram morphine equivalents
POPI	postoperative acute pain intensity
FLACC	Faces, Legs, Activity, Cry and Consolability Scale
WBFS	Wong-Baker Faces Scale
NRS	numeric rating scale

Declarations

Ethics:

The study protocol was approved by the IRB of Beijing Tiantan Hospital Affiliated to Capital Medical University. Approval date: May 6, 2015. Approval code: KY2015-009-01.

Availability of data and materials:

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Competing interests:

The authors declare that they have no competing interests.

Funding:

This study was supported by the Beijing Municipal Science & Technology Commission, PR China (Grant No. Z151100004015027). The funding agent plays no role in study design, data collection, or data analyses.

Author's contributions:

F Xing prepared the manuscript and implemented post-operative pain evaluation. LX An designed, interpreted the data and finally approved the version to be published. FS Xue assisted to revise the English articles. YF Bai assisted to collect data and performed the statistical analysis. CM Zhao assisted in postoperative follow-up. All authors had read and approved the final manuscript.

References

1. Tsaousi GG, Logan SW, Bilotta F. Postoperative pain control following craniotomy: A systematic review of recent clinical literature. *Pain Pract.* 2017; 17: 968-981.
2. Suksompong S, Chaikittisilpa N, Rutchadawong T, Chankaew E, von Bormann B. Pain after Major Craniotomy in a University Hospital: A Prospective Cohort Study. *J Med Assoc Thai.* 2016; 99: 539-548.
3. Dilmen OK, Akcil EF, Tunali Y, Karabulut ES, Bahar M, Altindas F, et al. Postoperative analgesia for supratentorial craniotomy. *Clin Neurol Neurosurg.* 2016; 146: 90-95.
4. Peng Y, Zhang W, Kass IS, Han R. Lidocaine Reduces Acute Postoperative Pain After Supratentorial Tumor Surgery in the PACU: A Secondary Finding From a Randomized, Controlled Trial. *J Neurosurg Anesthesiol.* 2016;28:309-315.
5. Teo JH, Palmer GM, Davidson AJ. Post-craniotomy pain in a paediatric population. *Anaesth Intensive Care.* 2011;39:89–94.
6. Bronco A, Pietrini D, Lamperti M, Somaini M, Tosi F, del Lungo LM, et al. Incidence of pain after craniotomy in children. *Pediatr Anesth.* 2014;24:781–7.
7. Maxwell LG, Buckley GM, Kudchadkar SR, Ely E, Stebbins EL, Dube C, et al. Pain management following major intracranial surgery in pediatric patients: a prospective cohort study in three academic children's hospitals. *Pediatr Anesth.* 2014;24:1132–1140.
8. An LX, Chen X, Ren XJ, Wu HF. Electro-acupuncture decreases postoperative pain and improves recovery in patients undergoing a supratentorial craniotomy. *Am J Chin Med.* 2014;42:1099-1109.
9. Hansen MS, Brennum J, Moltke FB, Dahl JB. Pain treatment after craniotomy: where is the (procedure-specific) evidence? A qualitative systematic review. *Eur J Anaesthesiol.* 2011;28:821–829.
10. Morad A, Winters B, Stevens R, White E, Weingart J, Yaster M, et al. The efficacy of intravenous patient-controlled analgesia after intracranial surgery of the posterior fossa: a prospective, randomized controlled trial. *Anesth Analg.* 2012;114:416–423.
11. Gottschalk A, Yaster M. The perioperative management of pain from intracranial surgery. *Neurocrit Care.* 2009;10:387–402. ☒
12. Bauer DF, Waters AM, Tubbs RS, Rozzelle CJ, Wellons JC 3rd, Blount JP, et al. Safety and utility of scheduled nonnarcotic analgesic medications in children undergoing craniotomy for brain tumor. *Neurosurgery.* 2010; 67: 353-355; discussion 355-356.
13. Tan WH, Feaman S, Milam L, Garber V, McAllister J, Blatnik JA, et al. Postoperative opioid prescribing practices and the impact of the hydrocodone schedule change. *Surgery* 2018 164: 879-886.
14. Malviya S, Voepel-Lewis T, Burke C, Merkel S, Tait AR. The revised FLACC observational pain tool: improved reliability and validity for pain assessment in children with cognitive impairment. *Peadiatr Anesth.* 2006;16:258–265.
15. Wong DL, Baker CM. Pain in children: comparison of assessment scales. *Pediatr Nurs.* 1988;14:9–17.
16. Abu-Saad H. Assessing children's responses to pain. *Pain.* 1984;19:163–171.
17. Rocha-Filho PA. Post-craniotomy headache: a clinical view with a focus on the persistent form. *Headache.* 2015;55:733-738. ☒

18. Haldar R, Kaushal A, Gupta D, [Srivastava S](#), [Singh PK](#). Pain following craniotomy: Reassessment of the available options. *Biomed Res Int*. 2015; 2015: 509164. [↗](#)
19. Nelson KL, Yaster M, Kost-Byerly S, [Monitto CL](#). A national survey of American Pediatric Anesthesiologists: patient- controlled analgesia and other intravenous opioid therapies in pediatric acute pain management. *Anesth Analg*. 2010; 110: 754–760.
20. Hummel P, Lawlor-Klean P, Weiss MG. Validity and reliability of the N-PASS assessment tool with acute pain. *J Perinatol*. 2010; 30:474-478.
21. [Chiaretti A](#), [Viola L](#), [Pietrini D](#), [Piastra M](#), [Savioli A](#), [Tortorolo L](#). Preemptive analgesia with tramadol and fentanyl in pediatric neurosurgery. *Childs Nerv Syst*. 2000; 16:93-9, discussion 100.
22. Warren DT, Bowen-Roberts T, Ou C, [Purdy R](#), [Steinbok P](#). Safety and efficacy of continuous morphine infusions following pediatric cranial surgery in a surgical ward setting. *Childs Nerv Syst*. 2010; 26: 1535-1541.
23. Alencar AJ, Sanudo A, Sampaio VM, [Góis RP](#), [Benevides FA](#), [Guinsburg R](#). Efficacy of tramadol versus fentanyl for postoperative analgesia in neonates. *Arch Dis Fetal Neonatal Ed*. 2012; 97: F24-29.
24. Murphy JD, Yan D, Hanna MN, Bravos ED, Isaac GR, Eng CA, et al. Comparison of the postoperative analgesic efficacy of intravenous patient-controlled analgesia with tramadol to intravenous patient-controlled analgesia with opioids. *J Opioid Manag*. 2010;6:141–147.
25. Guilfoyle MR, Helmy A, Duane D, [Hutchinson PJ](#). Regional scalp block for postcraniotomy analgesia: a systematic review and meta-analysis. *Anesth Analg*. 2013; 116: 1093-1102.
26. Jayaram K, Srilata M, Kulkarni D, Ramachandran G. Regional anesthesia to scalp for craniotomy: innovation with innervation. *J Neurosurg Anesthesiol*. 2016; 28: 32-37.

Tables

Table 1. Baseline Data For all Pediatric Patients (1-12 years old, $\bar{X} \pm SD$)

	1-6 Years Old Patients				7-12 Years Old Patients			
	Group C	Group F	Group M	Group T	Group C	Group F	Group M	Group T
Age (yr)	4.00 \pm 1.77	3.50 \pm 1.54	4.05 \pm 1.45	3.70 \pm 1.64	8.97 \pm 2.92	9.21 \pm 1.68	8.51 \pm 2.69	9.29 \pm 1.60
Sex (male/female)	24/16	27/13	24/16	22/18	25/15	18/22	24/16	24/16
Height (m)	1.07 \pm 0.16	1.03 \pm 0.13	1.05 \pm 0.11	1.06 \pm 0.14	1.42 \pm 0.15	1.33 \pm 0.13	1.38 \pm 0.14	1.40 \pm 0.13
Weight (kg)	19.8 \pm 5.4	17.4 \pm 4.7	18.9 \pm 6.0	18.3 \pm 6.3	37.7 \pm 15.5	32.6 \pm 8.5	34.6 \pm 10.9	36.12 \pm 11.5
Craniotomy site (n / %)								
Forehead	24(60)	19(47.5)	18(45)	17(42.5)	22(55.0)	23(57.5)	21(52.5)	19(47.5)
Frontotemporal	2(5)	6(15)	9(22.5)	3(7.5)	4(10.0)	3(7.5)	7(17.5)	5(12.5)
Frontoparietal	1(2.5)	1(2.5)	2(5)	2(5)	3(7.5)	2(5.0)	2(5.0)	3(7.5)
Temporal occipital	1(2.5)	0(0)	1(2.5)	2(5)	1(2.5)	0(0.0)	1(2.5)	1(2.5)
Occipital	11(27.5)	11(27.5)	9(22.5)	15(37.5)	10(25)	11(27.5)	8(20.0)	11(27.5)
Temporal-parietal occipital	1(2.5)	3(7.5)	1(2.5)	1(2.5)	0(0.0)	1(2.5)	1(2.5)	1(2.5)
VP shunt surgery (Y/N)	5/35	8/32	7/33	7/33	7/33	4/36	1/39	7/33
Durations of surgery (min)	217 \pm 81	229 \pm 112	212 \pm 67	215 \pm 63	299 \pm 59	205 \pm 134	219 \pm 49	229 \pm 60
Durations of anesthesia (min)	320 \pm 98	403 \pm 73	310 \pm 80	308 \pm 74	331 \pm 77	290 \pm 81	311 \pm 63	328 \pm 66
Bleeding (ml)	161 \pm 199	109 \pm 72	136 \pm 168	118 \pm 93	133 \pm 80	113 \pm 95	163 \pm 141	129 \pm 80
Anesthesia maintenance phase								
Propofol (mg)	225(155, 337)	190(140, 367)	230(160, 300)	220(152, 340)	525(292, 672)	350(215, 555)	340(200, 490)	280(160, 480)
Remifentanyl (mg)	0.63 \pm 0.34	0.61 \pm 0.46	0.49 \pm 0.25	0.68 \pm 0.36	1.07 \pm 0.59	0.82 \pm 0.45	0.91 \pm 0.57	1.24 \pm 1.44
Sevoflurane (ml)	30 \pm 20	28 \pm 22	28 \pm 13	24 \pm 13	29 \pm 12	22 \pm 12	26 \pm 11	27 \pm 11

No significant difference of baseline characteristics was observed.

Table 2. Postoperative Pain Scores For 1-6 Years Old Younger Pediatric Patients (median (interquartile range))

	Group C		Group F		Group M		Group T		95% CI	
	FLACC	WBFS	FLACC	WBFS	FLACC	WBFS	FLACC	WBFS	CI 1	CI 2
1h	3 (2, 5)	4 (2, 6)	2 (1, 3.5) *	2 (2, 4) *	2 (1.25, 2) * Δ	2 (2, 2) * Δ	2 (2, 4) *	2 (2, 4) *	0.000-0.019	0.000-0.019
2h	3 (2, 5)	4 (2, 6)	2 (0, 2) *	2 (1.5, 2) *	2 (1, 2) * Δ	2 (2, 2) * Δ	2 (2, 3) *	3 (2, 4) *	0.000-0.019	0.000-0.019
4h	2 (0.5, 4)	2 (2, 4)	1.5 (0, 2) *	2 (0, 2) *	1 (0, 2) * Δ	0 (0, 2) * Δ	2 (0.25, 2) *	2 (0.5, 2) *	0.000-0.019	0.000-0.018
8h	0 (0, 2.5)	0 (0, 3)	0 (0, 1.5) *	0 (0, 2) *	0 (0, 0.5) * Δ	0 (0, 0) * Δ	2 (0, 2) *	2 (0, 2) *	0.001-0.049	0.000-0.018
16h	1 (0, 3.5)	2 (0, 4)	0 (0, 2)	0 (0, 2)	0 (0, 1)	0 (0, 2)	0.5 (0, 2)	1 (0, 2)	0.012-0.075	0.030-0.108
24h	2 (2, 3)	2 (2, 4)	1.5 (0, 2)	2 (0, 2)	2 (0, 2)	2 (0, 3.5)	2 (0, 2)	2 (0, 2)	0.000-0.018	0.030-0.108
36h	0 (0, 0.5)	0 (0, 1)	0 (0, 0)	0 (0, 0)	0 (0, 0)	0 (0, 0)	0 (0, 2)	0 (0, 2)	0.054-0.146	0.000-0.019
48h	1.5 (0, 2)	2 (0, 2)	0 (0, 0.75)	0 (0, 2)	0 (0, 1)	0 (0, 2)	0 (0, 2)	0 (0, 2)	0.012-0.075	0.008-0.067

CI 1: 95% Confidence interval for FLACC score among four groups by Kruskal-Wallis H-test;

CI 2: 95% Confidence interval for WBFS score among four groups by Kruskal-Wallis H-test.

* $P < 0.05$, the difference was significant compared with group C by Dunnett's T3 test;

$\Delta P < 0.05$, compared with group F and M, the FLACC and WBFS in group M was significant lower through Dunnett's T3 test.

Table 3. Postoperative Pain Scores For 7-12 Years Old Senior Pediatric Patients (median (interquartile range))

	Group C		Group F		Group M		Group T		95% CI	
	WBFS	NRS	WBFS	NRS	WBFS	NRS	WBFS	NRS	CI 1	CI 2
1h	4 (2, 6)	4 (2, 5)	2 (2, 4) *	2 (2, 3.3) *	2 (2, 4) * Δ	2 (2, 3) * Δ	2 (2, 4) *	2 (2, 4) *	0.000-0.021	0.000-0.044
2h	4 (2, 4)	3 (2, 4)	2 (2, 4) *	2 (2, 4) *	2 (2, 2) * Δ	2 (2, 3) * Δ	4 (2, 4) *	4 (2, 4) *	0.038-0.129	0.018-0.094
4h	2 (0, 4)	2 (0, 4)	2 (0, 2.5) *	2 (0, 3) *	0 (0, 2) * Δ	0 (0, 2) * Δ	2 (2, 4) *	2 (2, 4) *	0.000-0.021	0.000-0.021
8h	2 (0, 2)	2 (0, 2)	0 (0, 2) *	0 (0, 2) *	0 (0, 0) * Δ	0 (0, 0) * Δ	2 (0, 2) *	2 (0, 2) *	0.000-0.021	0.000-0.021
16h	2 (0, 2)	2 (0, 2)	0 (0, 2) *	0 (0, 2) *	0 (0, 2) * Δ	0 (0, 2) * Δ	2 (0, 2) *	2 (0, 2) *	0.001-0.055	0.000-0.021
24h	2 (2, 4)	2 (2, 4)	2 (2, 2)	2 (1, 2)	2 (0, 2)	2 (0, 2)	2 (1, 2)	2 (1, 2)	0.500-0.661	0.507-0.668
36h	0 (0, 0)	0 (0, 1)	0 (0, 0)	0 (0, 0)	0 (0, 0)	0 (0, 0)	0 (0, 2)	0 (0, 1)	0.485-0.648	0.346-0.508
48h	2 (0, 2)	2 (0, 2)	0 (0, 2)	0 (0, 2)	0 (0, 2)	0 (0, 2)	0 (0, 2)	0 (0, 2)	0.044-0.138	0.023-0.103

CI 1: 95% Confidence interval for WBFS score among four groups by Kruskal-Wallis H-test;

CI 2: 95% Confidence interval for NRS score among four groups by Kruskal-Wallis H-test.

* $P < 0.05$, the difference was significant compared with group C by Dunnett's T3 test;

Δ $P < 0.05$, compared with group F and M, the WBFS and NRS in group M was significant lower through Dunnett's T3 test.

Table 4. Total amount of medicines used in PCIA or NCIA or for remedy (1-12 years old, $\bar{X} \pm SD$)

1-6 Years Old Patients					7-12 Years Old Patients			
	Group C	Group F	Group M	Group T	Group C	Group F	Group M	Group T
Average total medicines use in PCIA or NCIA pump (mcg/kg/d)								
1 st day	0	5.23±1.21	472±85	7210±1560	0	5.65±1.54	504±105	9010±2060
2 nd day	0	5.05±1.04	495±92	6780±1050	0	5.54±0.98	493±118	8280±1150
Morphine equivalents	0	514±112	486±90	699±164	0	560±112	502±113	864±154
Total amount of Rescue medicines used in each group (48h)								
Ibuprofen (P.O., mg)	3120	920	540	1290	6000	400	840	650
Ibuprofen (cases / %)	26/65%	9/22.5%	5/12.5%	12/30%	27/67.5%	2/5%	4/10%	3/7.5%
Comparison of Ibuprofen	X² = 27.473		95%CI = 0.000-0.019		X² = 54.504		95%CI = 0.000-0.019	
Morphine (I.V., mg)	4.8	0.4	0	1.1	11.1	0	0	2.2
Morphine (cases / %)	12/30%	1/2.5%	0	3/7.5%	15/37.5%	0	0	4/10%
Comparison of Morphine	X² = 20.879		95%CI = 0.000-0.019		X² = 31.848		95%CI = 0.000-0.019	

Average total medicines use in PCIA or NCIA pump (mcg/kg/d):

1st day (2nd day), Group F = Total Fentanyl per kg used in pump during the first postoperative day (second day); Group M = Total Morphine per kg used in pump during the first postoperative day (second day); Group T = Total Tramadol per kg used in pump during the first postoperative day (second day).

Morphine equivalents: All medicines converted to their morphine equivalents, and the average total morphine per kg used in pump per day.

Total amount of Rescue medicines used in each group (48h): As rescue medicines, the total amount and cases(%) of ibuprofen or morphine used in one group.

Table 5. Univariate Logistic Regression Analysis Of Influencing Factors Of Pain Scores For 1-12 Years Old Patients

	WBFS<4	WBFS≥4	OR	95%CI	P
	n=264	n=56			
Age (yr)	6.25±3.16	7.08±3.26	1.085	(0.988-1.192)	0.088
Sex (male/female)	151/113	37/19	1.455	(0.782-2.708)	0.237
Height (m)	1.20±0.21	1.25±0.23	0.981	(0.875-1.100)	0.741
Weight (kg)	26.1±12.5	28.1±11.7	1.013	(0.990-1.036)	0.275
Craniotomy site n / %					
Forehead	75(28.4)	25(45.3)	Ref	Ref	
Frontotemporal	93(35.2)	13(22.6)	0.418	(0.200-0.877)	0.021
Frontoparietal	13(4.8)	6(11.3)	1.400	(0.475-4.127)	0.542
Temporal occipital	5(2.0)	0(0)	0.000	(0.000-0.000)	0.999
Occipital	74(28.0)	11(18.9)	0.400	(0.179-0.894)	0.026
Temporal-parietal occipital	4(1.6)	1(1.9)	0.700	(0.075-6.565)	0.755
0.5% Ropivacaine for local anesthesia (Y/N)	14/250	3/53	0.914	(0.251-3.327)	0.892
VP shunt surgery (Y/N)	42/222	8/48	1.071	(0.470-2.444)	0.870
Durations of surgery (min)	222±87	205±62	0.997	(0.992-1.001)	0.174
Durations of anesthesia (min)	315±80	300±68	0.997	(0.993-1.001)	0.201
Bleeding (ml)	132±117	134±158	1.000	(0.998-1.002)	0.913
Anesthesia maintenance phase					
Propofol (mg)	315±224	326±242	1.000	(0.999-1.001)	0.747
Remifentanyl (mg)	0.73±0.47	0.84±0.57	1.644	(1.016-2.658)	0.043
Sevoflurane (ml)	23.3±17.1	19.3±14.9	0.983	(0.964-1.004)	0.106
Group (n / %)					
Placebo	55(20.8)	24(43.4)	Ref	Ref	
Fentanyl	71(26.8)	12(20.8)	0.364	(0.167-0.793)	0.011
Morphine	75(28.4)	4(7.5)	0.083	(0.024-0.291)	<0.001
Tramadol	63(24.0)	16(28.3)	0.500	(0.238-1.050)	0.067

Figures

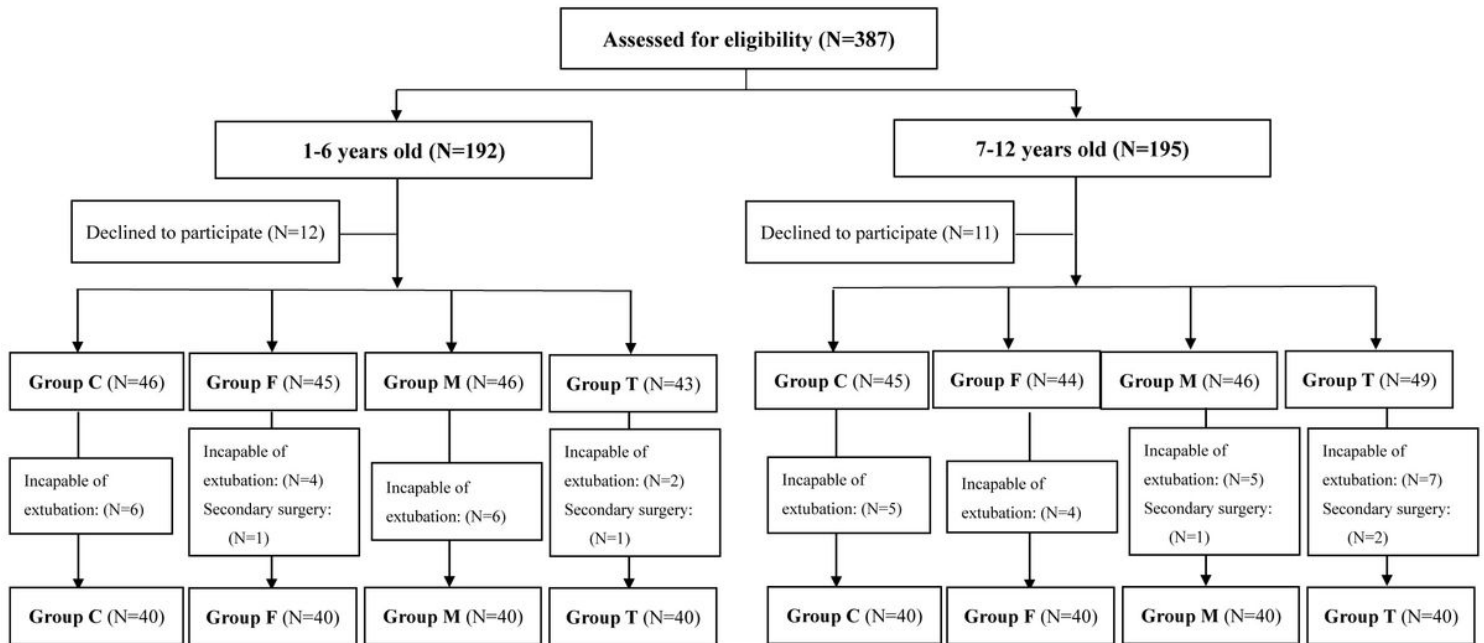


Figure 1

Consort flow chart of participants

	OR	95%CI	Hazard Ration	P Value for interaction
Age	1.161	(1.027-1.312)		0.017
Craniotomy site				
Forehead	ref	ref		
Frontotemporal	0.456	(0.195-1.065)		0.070
Frontoparietal	1.552	(0.452-5.326)		0.485
Temporal occipital	0.000	(0.000-0.000)		0.999
Occipital	0.374	(0.155-0.905)		0.029
Temporal-parietal occipital	0.510	(0.041-6.393)		0.601
Durations of surgery	1.000	(0.994-1.005)		0.907
Anesthesia maintenance phase				
Remifentanyl	1.175	(0.522-2.642)		0.697
Sevoflurane	0.986	(0.958-1.015)		0.331
Group				
Placebo	ref	ref		
Fentanyl	0.355	(0.152-0.831)		0.017
Morphine	0.077	(0.021-0.281)		<0.001
Tramadol	0.438	(0.195-0.983)		0.045

mild pain moderate-severe pain

Figure 2

OR (95% CI) for the associations between factors and moderate-severe POPI (≥ 4) - A multiple factor regression analysis was conducted including all factors with $P < 0.2$ in univariate logistic regression analysis results. Craniotomy site expressed different craniotomy approaches. Durations of surgery meant the length of operation. Remifentanyl means the total amount of the use of remifentanyl during anesthesia. The total amount of sevoflurane use is calculated based on the patients' inhaled concentration and fresh gas flow and time. A total of 14 factors were included. For multiple groups of categorical variables, we chose one of them as the reference. So, we chose forehead in craniotomy site and placebo group in groups as reference. Age, occipital craniotomy, give fentanyl PCIA or NCIA, or give morphine PCIA or NCIA, were correlated risk factors of moderate-severe pain.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [supplement1.docx](#)
- [supplement2.docx](#)