

## PATIENT PARTICIPATION RECORD

This participation record must be completed prior to patient participation and delivery of treatment. This record will be stored in the study folder at the study site until the completion of the trial.

### Eligibility screening summary:

#### Inclusion Criteria

The following criteria MUST all be answered YES for the patient to be included

|    |  | Yes | No |
|----|--|-----|----|
| 1. | Male or Female aged 18 years or over   |     |    |
| 2. | A Clinical diagnosis of trigger finger, de Quervains tenosynovitis, or carpal tunnel syndrome  |     |    |
| 3. | Patient is willing and able to give informed consent for participation in the study            |     |    |
| 4. | Treatment with corticosteroid injection is recommended by the doctor and agreed by the patient |     |    |

#### Exclusion Criteria

The following criteria MUST all be answered NO for the patient to be included

|    |   | Yes | No |
|----|---|-----|----|
| 1. | Previous surgery for the condition being treated at the desired location of injection           |     |    |
| 2. | Previous steroid injection for the condition being treated at the desired location of injection |     |    |
| 3. | Clinical suspicion of local or systematic sepsis or infection                                   |     |    |
| 4. | History of hypersensitivity to the corticosteroid or local anaesthetic                          |     |    |
| 5. | Pregnant or breast-feeding females  |     |    |
| 6. | Unable to understand and complete self-report questionnaires written in English                 |     |    |

### Patient Demographics:

First name: \_\_\_\_\_

Surname: \_\_\_\_\_

Hospital Number:

DOB:   /   /

Contact number: \_\_\_\_\_

Sex:                      Male                       Female

**Study checklist:**

Patient information provided

Patient consented

Patient randomised

**Randomisation process:**

To randomise a patient, go to the following website and use the password below.

Go to: <https://www.sealedenvelope.com/simple-randomiser/v1/>

Trial name: SToICAL Study

Password: Stocial2020

Patients will be randomised to group A (Treatment) or B (Control). Draw-up the treatment as stated below. Then write A/ B in the study treatment box.

**Patient participation number:**

**Study treatment:**

Treatments:

A. 1ml of triamcinolone (40mg/1ml)

or

B. 1ml of triamcinolone (40mg/1ml) + 1ml 1% lidocaine

Treatment for:

Carpal tunnel syndrome

Trigger finger

De Quervains

Physician name: \_\_\_\_\_

Physician Signature: \_\_\_\_\_

Date of treatment:   /   /