Table2　Child' health and lifestyle situation by food diversity group

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  | Food diversity score group |  |
|  |  |  | Higher (≥4 points) | Lower (≤3 points) |  |
|  |  |  | (n=1151, 53.7%) | (n=992, 46.3%) |  |
|  | 　 | 　 | mean | SD | mean | SD | p |
| Age † | years old | 　 | 4.2 | 1.1 | 4.3 | 1.1 | 0.208　 |
| 　 | 　 | 　 | n | % | n | % | ｐ |
| Sex | male |  | 582 | 50.6 | 522 | 52.6 | 0.342 |
| 　 | female | 　 | 569 | 49.4 | 470 | 47.4 | 　 |
| Nutritional status | Height | (cm) | 100.8 | 8.6 | 100.9 | 8.3 | 0.836 |
| Weight | (kg) | 15.8 | 2.9 | 15.9 | 2.8 | 0.550 |
|  | +30％≤ (obesity) | 4 | 0.4 | 10 | 1.0 | 0.151 |
|  | +30 to 20％ (overweight) | 14 | 1.2 | 12 | 1.2 |  |
|  | +15 to 20％ (overweight tendency) | 36 | 3.1 | 21 | 2.1 |  |
|  | −15 to＋15％ (standard) | 1060 | 92.1 | 928 | 93.6 |  |
|  | −15 to −20％(underweight tendency) | 25 | 2.2 | 14 | 1.4 |  |
|  | ≤−20％ (underweight) | 12 | 1.0 | 7 | 0.7 | 　 |
| Food allergy symptoms | 　 | yes | 184 | 16.0 | 162 | 16.3 | 0.829 |
| 　 | no | 967 | 84.0 | 880 | 83.7 |  |
| Tooth decay |  | yes | 194 | 16.9 | 214 | 21.6 | 0.006 |
|  | 　 | no | 955 | 83.1 | 777 | 78.4 | 　 |
| Time spent on TV, video or games |  |  |  |  |  |
|  | weekday | None | 16 | 1.4 | 13 | 1.3 | 0.005 |
|  |  | < 2 hours /day | 908 | 78.9 | 725 | 73.1 |  |
|  | 　 | ≥ 2 hours /day | 227 | 19.7 | 254 | 25.6 | 　 |
|  | weekend | None | 10 | 0.9 | 9 | 0.9 | 0.002 |
|  |  | < 2 hours /day | 704 | 61.2 | 533 | 53.7 |  |
| 　 | 　 | ≥ 2 hours /day | 437 | 38.0 | 450 | 45.4 | 　 |
| p: χ2 test |  |  |  |  |  |  |  |
| †: t test |  |  |  |  |  |  |  |