

Additional File 1: CONSORT 2010 checklist for cluster-randomized trials

Section/Topic	Item No	Standard Checklist item	Extension for cluster designs	Page Number(s)
Title and abstract				
	1a	Identification as a randomised trial in the title	Identification as a cluster randomised trial in the title	1
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts)	See table 2	2-3
Introduction Background and objectives				
	2a	Scientific background and explanation of rationale	Rationale for using a cluster design	5-9
	2b	Specific objectives or hypotheses	Whether objectives pertain to the cluster level, the individual participant level or both	9
Methods Trial design				
	3	Description of trial design (such as parallel, factorial) including allocation ratio	Definition of cluster and description of how the design features apply to the clusters	10
Participants				
	4a	Eligibility criteria for participants	Eligibility criteria for clusters	10-11
	4b	Settings and locations where the data were collected		10
Interventions				
	5	The interventions for each group with sufficient details to allow replication, including how and when they were actually administered	Whether interventions pertain to the cluster level, the individual participant level or both	11-13
Outcomes				
	6	Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed	Whether outcome measures pertain to the cluster level, the individual participant level or both	13
Sample size				
	7	How sample size was determined	Method of calculation, number of clusters(s) (and whether equal or unequal cluster sizes are assumed), cluster size, a coefficient of intracluster correlation (ICC or k), and an indication of its uncertainty	13
Randomisation: Sequence generation				
	8a	Method used to generate the		14

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		random allocation sequence		
Allocation concealment mechanism	8b	Type of randomisation; details of any restriction (such as blocking and block size)	Details of stratification or matching if used	14
	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned	Specification that allocation was based on clusters rather than individuals and whether allocation concealment (if any) was at the cluster level, the individual participant level or both	14-15
Implementation	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions	Replace by 10a, 10b and 10c	
	10a		Who generated the random allocation sequence, who enrolled clusters, and who assigned clusters to interventions	14
	10b		Mechanism by which individual participants were included in clusters for the purposes of the trial (such as complete enumeration, random sampling)	14
	10c		From whom consent was sought (representatives of the cluster, or individual cluster members, or both), and whether consent was sought before or after randomisation	14
Blinding	11	If done, who was blinded after assignment to interventions (for example, participants, care providers, those assessing outcomes) and how		14
Statistical methods	12a	Statistical methods used to compare groups for primary and secondary outcomes	How clustering was taken into account	15-16
	12b	Methods for additional analyses, such as		15-16

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		subgroup analyses and adjusted analyses		
Results				
Participant flow (a diagram is strongly recommended)	13a	For each group, the numbers of participants who were randomly assigned, received intended treatment, and were analysed for the primary outcome	For each group, the numbers of clusters that were randomly assigned, received intended treatment, and were analysed for the primary outcome	16; Figure 2
	13b	For each group, losses and exclusions after randomisation, together with reasons	For each group, losses and exclusions for both clusters and individual cluster members	16
Recruitment	14	Dates defining the periods of recruitment and follow-up		16
Baseline data	15	A table showing baseline demographic and clinical characteristics for each group	Baseline characteristics for the individual and cluster levels as applicable for each group	16-17
Numbers analysed	16	For each group, number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups	For each group, number of clusters included in each analysis	Figure 2
Outcomes and estimation	17a	For each primary and secondary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval)	Results at the individual or cluster level as applicable and a coefficient of intracluster correlation (ICC or k) for each primary outcome	17-19
	17b	For binary outcomes, presentation of both absolute and relative effect sizes is recommended		17-19
Ancillary analyses	18	Results of any other analyses performed, including subgroup analyses and		Not Applicable

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Harms	19	adjusted analyses, distinguishing pre-specified from exploratory harms or unintended effects in each group (for specific guidance see CONSORT for harms)		Not Applicable
Discussion Limitations	20	Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses		20-24
Generalisability	21	Generalisability (external validity, applicability) of the trial findings	Generalisability to clusters and/or individual participants (as relevant)	20-24
Interpretation	22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence		20-24