Epidemiology of nosocomial Staphylococcus epidermidis and Acinetobacter baumannii infections in a Hospital Neonatal Intensive Care Unit

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Research Article

Keywords: Acinetobacter baumannii, Staphylococcus epidermidis, Outbreak, Neonatal Intensive Care Units (NICU), Nosocomial Infections.

Posted Date: June 9th, 2022

DOI: https://doi.org/10.21203/rs.3.rs-1721737/v1

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Abstract

Objective: Outbreaks of nosocomial infections in extreme conditions result in morbidity and mortality. This study aimed to investigate epidemiology of Staphylococcus epidermidis (s. epidermidis) and Acinetobacter baumannii (A.baumannii) outbreaks and, the associated predisposing factors in neonatal intensive care unit (NICU).

Methods: This retrospective cohort study was conducted on 29 cases of nosocomial infection by S. epidermidis, and 33 neonates with A. baumannii in NICU of Valiasr hospital, a tertiary hospital in Tehran, Iran, between 2014 and 2017 (within a 45-month period). The medical and demographic information documented by the hospital registry system was used for analyzing.

Results: The trend of A. baumannii infection in various years as followed: 1 infection in 2014, 11 in 2015, 20 in 2016 and 1 in 2017. These amounts in S. epidermidis were 7 in 2014, 7 in 2015, 11 in 2016, and 4 in 2017. Mortality proportion (%) in neonates with S. epidermidis and A. baumannii infection was at 8.3 and 32.1, respectively (P-Value=0.001). There was a strong positive correlation between number of infected neonates (A. baumannii and S. epidermidis) in month and average of prescribed antibiotics before incidence of nosocomial infection in every baby in that month (P-Value< 0.003). Fluconazole prescription before incidence of nosocomial infection were associated with the A. baumannii infection in month too (P-Value= 0.04). Amikacin prescription had adjusted correlation on increasing of A. baumannii and E. epidermidis infection in month.

Conclusion: It seems hospitalization duration and medication prescriptions management plays an important role in reducing the outbreaks of nosocomial infections

Introduction

The isolation of an infectious species from two or more sterile site of different babies hospitalized in the same ward during a minimum of two weeks’ period is defined as an outbreak in the neonatology ward or neonatal intensive care unit (NICU). Nearly 38% of outbreaks in intensive care units (ICU) are reported from NICUs, also 87.6% of outbreaks happen in the neonatology wards. The underlying reasons for this high rate are speculated to be the prematurity of babies in these wards, inability to produce a strong immunologic defense, the nature of intensive care unit itself including prolonged length of stay, frequent invasive medical procedures, exposure to antibiotics and constant contact with healthcare staff. The most common pathogens which cause these NICU outbreaks are Staphylococcus epidermidis, Klebsiella pneumonia, Serratia marcescens and Acinetobacter baumannii. Furthermore, reports of NICU outbreaks with Burkholderia cepacia, Escherichia coli and Staphylococcus aureus have been published in the literature.

Staphylococcus epidermidis (S. epidermidis) is part of the normal microbiota, typically the skin flora, and less commonly in the mucosal flora. However in vulnerable patients using medical devices such as central-line or with predisposing conditions such as immunodeficiency, they can cause life-threatening infections. The high level of antibiotic resistance and their ability to make biofilms allows them to endure and remain in hospital environment. S. epidermidis is usually present in the nosocomial environment and can lead to the morbidity, mortality and economic burden.

Acinetobacter baumannii (A. baumannii) is a gram-negative, aerobic bacterium, which belongs to the family Neisseriaceae. A. baumannii is known to be an important nosocomial pathogen, chiefly in intensive care units. This pathogen, is recognized as an agent of septicemia in outbreaks of NICUs worldwide. The global mortality
rate from septicemia by *A. baumannii* has ranged from 34.0–43.4% in ICUs\(^{19}\). Increasing rates of *A. baumannii* infections may be due to delays in infection control practices and greater prescription of wide-spectrum antibiotics\(^{20,21}\). In this study, we intend to describe epidemiology of two nosocomial infections due to *S. epidermidis* and *A. baumannii* in the Valiasr hospital NICU over the course of 45 months with the occurrence of several outbreaks and investigate the associated predisposing factors in the babies.

**Methods**

**Design**

We detected outbreaks caused by *S. epidermidis* and *A. baumannii* in the NICU of Valiasr hospital, a tertiary center affiliated with Tehran University of Medical Sciences, located in Tehran, Iran, in a 45-month period from March 2014 to December 2017. *S. epidermidis* infection had occurred in 29 infants from March 2014 to December 2017 and the *A. baumannii* in 33 cases between December 2014 and January 2017. This study was approved by the Institutional Ethical Committee at Tehran university of medical sciences; R.TUMS.IKHC.REC.1397.138

**Study variables**

In this retrospective cohort study, the medical and demographic information documented by the hospital registry system was used for comparison.

These variables included: gender, age, gestational age, birth weight, weight on admission day, cause of admission, type of culture test (source of nosocomial infection), Apgar score at first and fifth minutes, underlying diseases in either mother or the infant, duration of hospitalization, outcome of admission (expired or discharged), use of incubator care, mechanical ventilation, central or peripheral venous catheter, chest tube, prescribed antibiotics and antifungals, and granulocyte colony stimulating factor (G-CSF) or surfactant.

The study included all admitted newborns to the NICU from March 2014 to December 2017 who remained as inpatients at least 72 hours after ICU admission and detected nosocomial infection by *S. epidermidis* and/or *A. baumannii*. Detection of nosocomial infection was based Centers for Disease Control and Prevention (CDC) and the National Health Surveillance Agency\(^{22,23}\). Samples with incomplete medical records were excluded from the study.

**Laboratory test and analysis**

Blood samples of neonates were collected by experienced nurses in standard blood culture bottles and were processed by standard bacteriological techniques. *S. epidermidis* was identified as coagulase-negative gram-positive staphylococci on the basis of negative slide and tube coagulase reactions, susceptibility to Novobiocin on Mueller Hinton Agar and negative DNase results\(^{24}\). *A. baumannii* as a gram-negative coccobacilli have positive results to a catalase test and negative to an oxidase test and has an absence of motility\(^{21}\).

Data are reported as mean and standard deviations (SD) or frequency (proportions). Continuous data was analyzed for normality using the Shapiro–Wilk test of normality. Spearman correlation, partial correlation and chi square tests were used for further analysis. The data was analyzed with SPSS-20 software (IBM, Armonk, NY, USA) and a P-Value of ≤ 0.05 was considered significant.

**Results**

From March 2014 until December 2017 (45 months), 1021 neonates were admitted to the NICU of Valiasr hospital for various causes. Of those, 57 neonates developed nosocomial infection; 24 cases by only *S. epidermidis*, 28 neonates
only by *A. baumannii*, and 5 neonates with both pathogens (*A. baumannii* and *S. epidermidis*).

The trend of *A. baumannii* infection in various years as followed: 1 infection in 2014, 11 in 2015, 20 in 2016 and 1 in 2017. This amounts in *S. epidermidis* was 7 infections in 2014, 7 in 2015, 11 in 2016, and 4 in 2017. In neonates with both of infections (*S. epidermidis* and *A. baumannii*), 1 case was in 2015, 3 cases in 2016, and 1 case in 2017.

The beginning phase of outbreaks were different in cases of *S. epidermidis* and *A. baumannii*. Outbreak of *S. epidermidis* had propagated curve most likely. The mode of this outbreak was 4 cases in November 2015. There was no special model of correlation in their distribution over time. *A. baumannii* outbreak had continues common source with the mode of 4 cases in November 2016 and 4 cases in May 2016. The correlation was cubic type and was calculated 0.68 ($R^2_{cubic} = 0.688$) (Fig. 1.a & Figure 1.b).

Almost All infants (96.77%) were admitted to the NICU within their first 48 hours from birth (50 babies on the first day of birth and 5 on the second day), 2 infants were admitted in the fourth day of their birth. The mean (SD) weight of neonates infected with *S. epidermidis* and *A. baumannii* was calculated at 1844(982.65) and 1656.06(812.32) gram respectively (Table 1).

Table 1

<table>
<thead>
<tr>
<th>A. baumannii(n)</th>
<th>Weight(gr) Mean (SD)</th>
<th>S. epidermidis(n)</th>
<th>Weight(gr) Mean (SD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014 1</td>
<td>1630.0</td>
<td>7</td>
<td>1791.43(719.92)</td>
</tr>
<tr>
<td>2015 11</td>
<td>2103(946.51)</td>
<td>7</td>
<td>2403(906.92)</td>
</tr>
<tr>
<td>2016 20</td>
<td>1448(658.40)</td>
<td>11</td>
<td>1673.18(979.46)</td>
</tr>
<tr>
<td>2017 1</td>
<td>920.0</td>
<td>4</td>
<td>1570.0(1401.79)</td>
</tr>
<tr>
<td>Total 33</td>
<td>1656.06(812.32)</td>
<td>29</td>
<td>1844(982.65)</td>
</tr>
</tbody>
</table>

Overall, 51.72% (15/29) and 48.48% (16/33) of the neonates had a birth weight of 1500 to 2,499 grams and, 44.83% (13/29) and 51.52% (17/33) had very low birth weight (VLBW) (< 1500 grams) in *S. epidermidis* and *A. baumannii* group respectively. Also the gestational age mean(SD) was calculated at 34.62(3.89) and 31.32(6.5) weeks in neonates with infection of *S. epidermidis* and *A. baumannii* respectively. Overall, 79.31% (23 neonates) and 48.28% (14 cases) were born preterm (< 37 weeks gestational age) and very preterm (< 32 weeks gestational age) respectively in *S. epidermidis* group and, 84.85% (28 infants) of patients were born preterm and 36.36% neonates (12 cases) were born very preterm in *A. baumannii* group. Except for two of the cases, all neonates had cesarean delivery. In this study, all mothers participated in prenatal care during pregnancy and they reported to be non-smokers. The mean (SD) of Apgar score taken at the 1st and 5th minutes was 7.7(1.94) and 9.08(0.86) in *S. epidermidis* and 6.76 (2.59) and 9.0 (1.0) in *A. baumannii* groups respectively. The mean (SD) number of antibiotic prescribed per neonates before the onset of nosocomial infection was 7.9(5.67) and 12.33(9.4) in *S. epidermidis* and *A. baumannii* respectively (Table 2).
Table 2
Distribution of nosocomial infection due to S. *epidermidis* and A. *baumannii* by Gestation age, Inpatient weight, Apgar-1 and 5th minute, Number prescribed antibiotics in per neonates, Number prescribed antibiotics in month and Number infected neonates in month

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>S. epidermidis</th>
<th>A. baumannii</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number</td>
<td>Mean(SD)</td>
<td>Median(IQR)</td>
<td>Mean(SD)</td>
</tr>
<tr>
<td>Gestation age</td>
<td>33.12(4.55)</td>
<td>33.0(9.0)</td>
<td>34.62(3.89)</td>
</tr>
<tr>
<td>Inpatient weight</td>
<td>1970(903.74)</td>
<td>1910(1785)</td>
<td>2241.0(859.84)</td>
</tr>
<tr>
<td>Apgar-1st minute</td>
<td>7.0(2.39)</td>
<td>8.0(3.0)</td>
<td>7.7(1.94)</td>
</tr>
<tr>
<td>Apgar-5th minute</td>
<td>8.55(1.47)</td>
<td>8.18(1.53)</td>
<td>9.08(0.86)</td>
</tr>
<tr>
<td>Number prescribed antibiotics</td>
<td>4.7(2.6)</td>
<td>4.0(5.0)</td>
<td>3.66(1.88)</td>
</tr>
<tr>
<td>in per neonates</td>
<td>9.89(7.72)</td>
<td>7.0(10.0)</td>
<td>7.9(5.67)</td>
</tr>
<tr>
<td>Number prescribed antibiotics</td>
<td>2.0(1.17)</td>
<td>2.0(2.0)</td>
<td>1.93(1.22)</td>
</tr>
<tr>
<td>in month</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Overall, 8.3% (2/24) of neonates infected by S. *epidermidis*, 32.1%(9/28) of those infected with A. *baumannii* and 60% (3/5) those infected both of them expired in NICU. This difference was statistically significant ($X^2_{\text{likelihood ratio}}=7.88; P\text{-Value} = 0.019$). We found a positive correlation between the number of A. *baumannii* infection in month and the average of days hospitalized before the onset of nosocomial infection in patient (Spearman's rho = 0.746 p-value = 0.02), but there was not statistical correlation between S. *epidermidis* infection number in month and the average of days hospitalized before the onset of nosocomial infection in patient (Spearman's rho = 0.334 p-value = 0.135).

In this study, 89.66% (26/29) and 78.79% (26/33) of S. *epidermidis* and A. *baumannii* agents were isolated from blood, 3.4%(1/29) and 24.24%(8/33) was isolated from respiratory tract respectively, 6.01%( 2/33) of A. *baumannii* agent was isolated from both blood and respiratory tract. In neonates with both pathogens (S. *epidermidis* and A. *baumannii*) (the culture sample was positive in 3 cases of blood sample and in 2 cases of both blood and respiratory secretions.

In this analysis, infants who were hospitalized in NICU due to Neonatal Respiratory Distress Syndrome (NRDS) were more likely to be infected with A. *baumannii* than by S. *epidermidis*, (17(65.4%) and 9 (34.6% respectively), but this difference was not statistically significant ($X^2 = 2.79; P\text{-Value} = 0.095$) Table 3.
### Table 3
Comparison of causes of inpatient with agent type in NICU

<table>
<thead>
<tr>
<th>Cause of inpatient*</th>
<th>Total</th>
<th>A. baumannii (%)</th>
<th>S. epidermidis (%)</th>
<th>$\chi^2$ (P-Value)***</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neonatal Respiratory Distress Syndrome</td>
<td>26(50.0)</td>
<td>17(60.0)</td>
<td>9 (37.5)</td>
<td>2.79(0.095)</td>
</tr>
<tr>
<td>Endocrine Disorders</td>
<td>7(12.96)</td>
<td>3(42.9)</td>
<td>4(57.1)</td>
<td>0.38(1.0)</td>
</tr>
<tr>
<td>Metabolic Disorders</td>
<td>8(14.81)</td>
<td>4(50.0)</td>
<td>4(50.0)</td>
<td>0.52(1.0)</td>
</tr>
<tr>
<td>Congenital-Genetic Defects **</td>
<td>17(31.48)</td>
<td>8(47.1)</td>
<td>9(52.9)</td>
<td>0.006(1.0)</td>
</tr>
<tr>
<td>Septicemia and Meningitis</td>
<td>27(50.0)</td>
<td>16(59.3)</td>
<td>11(40.7)</td>
<td>3.65(0.056)</td>
</tr>
<tr>
<td>Congenital Heart Disease</td>
<td>19(35.19)</td>
<td>10(52.9)</td>
<td>9(47.4)</td>
<td>0.47(0.492)</td>
</tr>
<tr>
<td>Prematurity</td>
<td>39(72.2)</td>
<td>21(53.8)</td>
<td>18(46.2)</td>
<td>3.22(0.073)</td>
</tr>
<tr>
<td>Seizure</td>
<td>3(5.56)</td>
<td>2(66.7)</td>
<td>1(33.3)</td>
<td>0.53(0.591)</td>
</tr>
</tbody>
</table>

* Each baby may have more than one cause for inpatient

**Congenital-genetic defects except of heart diseases

***For cells with expected count less than 5, fisher exact test P- Value was considered

A summary of aids and medical procedures administered for infected infants by A. baumannii and S. epidermidis is accessible in Table 4. The frequency of mechanical ventilation in infected infants by A. baumannii was higher than in neonates infected by S. epidermidis (60.7% and 37.5%) but there is not statistically difference ($\chi^2 = 2.79; P$-Value = 0.095). In addition, 39.3% of patients in A. baumannii had chest tube insertion, while this proportion was 29.8% in S. epidermidis ($\chi^2 = 2.07; P$-Value = 0.151).

### Table 4
The summary of medications or medical procedures used in two groups (S. epidermidis and A. baumannii)

<table>
<thead>
<tr>
<th>Use of aids or medical procedures</th>
<th>cofactor</th>
<th>Total (%)</th>
<th>S. epidermidis</th>
<th>A. baumannii</th>
<th>$\chi^2$ (P-Value)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mechanical ventilation</td>
<td>Yes</td>
<td>26(50.0)</td>
<td>9(37.5)</td>
<td>17(60.7)</td>
<td>2.79(0.095)</td>
</tr>
<tr>
<td>Urinary tract catheterization</td>
<td>Yes</td>
<td>2(3.85)</td>
<td>1(12.5)</td>
<td>1(14.3)</td>
<td>0.07(0.932)</td>
</tr>
<tr>
<td>Central venous catheterization</td>
<td>Yes</td>
<td>12(23.07)</td>
<td>4(16.7)</td>
<td>8(28.6)</td>
<td>1.03(0.310)</td>
</tr>
<tr>
<td>G-CSF</td>
<td>Yes</td>
<td>7(13.5)</td>
<td>3(12.5)</td>
<td>4(14.3)</td>
<td>0.035(0.851)</td>
</tr>
<tr>
<td>Chest Tube insertion</td>
<td>Yes</td>
<td>16(30.77)</td>
<td>5(20.8)</td>
<td>11(39.3)</td>
<td>2.07(0.151)</td>
</tr>
<tr>
<td>Surfactant Using</td>
<td>Yes</td>
<td>12(23.07)</td>
<td>3(12.5)</td>
<td>9(33.3)</td>
<td>3.07(0.080)</td>
</tr>
<tr>
<td>Venous Catheterization</td>
<td>Yes</td>
<td>12(23.07)</td>
<td>4(16.7)</td>
<td>8(28.6)</td>
<td>1.03(0.310)</td>
</tr>
</tbody>
</table>

In correlation analysis, there was a strong positive correlation between number of infected neonates in NICU in month and average number of prescribed antibiotics before occurrence nosocomial infection per neonate (S. epidermidis; Spearman's rho = 0.64 p-value = 0.003, and A. baumannii; Spearman's rho = 0.843 p-value < 0.001). Fluconazole was an antifungal drug that was correlated with number of infected neonates by A. baumannii in NICU (Spearman's rho = 0.468 p-value = 0.04), also Prescription of Ampicillin, Amikacin, Metronidazole, and Vancomycin antibiotics before
occurrence nosocomial infection had a positive correlation with number of infected neonates by *A. baumannii* in NICU in month (Spearman's rho, p-value: 0.712, 0.01; 0.83, < 0.001; 0.697, 0.002; and 0.574, 0.016 respectively) (Table 5).

Table 5
Correlation between number of nosocomial infection in month with average antibiotic number prescribed and types of antibiotic in *A. baumannii* and *S. epidermidis* A; before occurrence of nosocomial infection

<table>
<thead>
<tr>
<th>Variables</th>
<th>number of nosocomial infection</th>
<th>Correlation value‡</th>
<th>P-Value</th>
<th>Variables</th>
<th>number of nosocomial infection</th>
<th>Correlation value‡</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average of prescribed antibiotics in per neonates</td>
<td><em>A. baumannii</em></td>
<td>0.84</td>
<td>&lt; 0.001</td>
<td><em>Meropenem</em></td>
<td><em>A. baumannii</em></td>
<td>0.208</td>
<td>0.424</td>
</tr>
</tbody>
</table>
|                                     | *S. epidermidis* | 0.64 | 0.003 |                                     | *S. epidermidis* | * * | *
| Colistin                           | *A. baumannii* | * * | * | *Amphotericin* | *A. baumannii* | 0.09 | 0.676 |
|                                    | *S. epidermidis* | 0.33 | 0.89 |                                     | *S. epidermidis* | 0.169 | 0.49 |
| Gentamycin                         | *A. baumannii* | * * | * | *Linezolid* | *A. baumannii* | 0.119 | 0.649 |
|                                    | *S. epidermidis* | 0.12 | 0.69 |                                     | *S. epidermidis* | * * | *
| Clindamycin                        | *A. baumannii* | * * | * | *Tazocin* | *A. baumannii* | -0.037 | 0.891 |
|                                    | *S. epidermidis* | 0.084 | 0.734 |                                     | *S. epidermidis* | 0.228 | 0.33 |
| Ampicillin sulbactam                | *A. baumannii* | 0.02 | 0.92 | *Flucunazole* | *A. baumannii* | 0.468 | **0.04** |
|                                    | *S. epidermidis* | * * | * |                                     | *S. epidermidis* | 0.0 | 1.0 |
| Ampicillin                         | *A. baumannii* | 0.712 | 0.01 | *Metronidazole* | *A. baumannii* | 0.697 | **0.002** |
|                                    | *S. epidermidis* | 0.49 | 0.043 |                                     | *S. epidermidis* | 0.228 | 0.333 |
| Amikacin                           | *A. baumannii* | 0.83 | < 0.001 | *Vancomycin* | *A. baumannii* | 0.574 | **0.016** |
|                                    | *S. epidermidis* | 0.585 | 0.007 |                                     | *S. epidermidis* | 0.082 | 0.73 |

‡Correlation of number infected neonates in month and average antibiotic prescribed was calculated by Spearman correlation.

*No statistics were computed because of low sample size, other antibiotics: Cefepim, Erythromycin, Sulfacetamide, Ciprofloxacin

In neonates infected by *S. epidermidis*, Ampicillin and Amikacin antibiotics prescription before occurrence nosocomial infection had a positive correlation with number of *S. epidermidis* infected neonates in NICU in month (Spearman's rho, p-value: 0.49, 0.043; 0.585, 0.7; and 0.574, 0.016 respectively) (Table 5).
We used partial correlation for controlling of confounding effect of combinational treatment in association of antibiotics administration and occurrence *S. epidermidis* and *A. baumannii* number in month. Thus, only use of amikacin before the onset of nosocomial infection both in *S. epidermidis* and *A. baumannii* remained significant statistically (rho Partial = 0.469, P-value = 0.05, and rho Partial = 0.662, P-value = 0.01 respectively). Other result as follows: Partial correlation between Ampicillin prescription and *S. epidermidis* occurrence (by controlling of Amikacin effect) = 0.46, P-value = 0.065; Partial correlation between Ampicillin prescription and *A. baumannii* occurrence (by controlling of Amikacin, Vancomycin, and Metronidazole effects) = -0.135, P-value = 0.644, Vancomycin (by controlling of Amikacin, Ampicillin, and Metronidazole effects) = 0.022, P-value = 0.40, and Metronidazole (by controlling of Amikacin, Ampicillin, and Vancomycin effects) = 0.066, P-value = 0.828.

**Discussion**

This study describes epidemiology of *S. epidermidis* and *A. baumannii* in the NICU during a 45-month period which affected 57 neonates. All of the infants affected were admitted to the NICU within their first 48 hours’ birth. Based on the results of other studies, neonates younger than one week old are at greater risk for nosocomial infection. 

In this study, 44.83% (13 cases) and 53.52% (17 cases) of the neonates had a VLBW (< 1500 gram) in *S. epidermidis* and *A. baumannii* nosocomial infection respectively. Also 12 neonates (36.36%) were born very preterm (< 32 weeks gestational age) in *A. baumannii* group and 14 babies (48.48%) in *S. epidermidis*. Studies assert that neonates with VLBW and low gestational age are expected to have higher rates of nosocomial infections in NICUs. Premature neonates are at particularly high risk of nosocomial infection because of a flaw in their defensive maternal antibody and initial immature inherent immunity.

According to the results of our study, 36.8% of infected neonates had used chest tubes in NICU, 52.6% of neonates used mechanical ventilation, and 28.1% required central venous catheter. The majority of studies reporting *A. baumannii* and *S. epidermidis* infection predominantly involved ICU patients requiring intubation and mechanical ventilation. Unfortunately, we did not have access to auxiliary products or infection cultures.

Some studies mention that the duration of hospitalization is a risk factors related to outbreaks of *A. baumanii*. In line with those findings, also in our study, a strong correlation was observed between *A. baumanii* infections number in month and the number of days hospitalized before the onset of nosocomial infection in month.

Approximately 36% of neonates infected by *A. baumannii* died, while mortality rate for *S. epidermidis* was 17.2%. Fatality in infants with both nosocomial infections was 60% (3/5). The frequency of neonatal deaths following nosocomial infection in NICUs varied between 12% and 33.8% in studies, fatality reaches 40% in developing countries. Although the mortality in our study was lower than the expected values of developing countries, it was beyond the expected global range. It is extremely difficult to establish the impact that nosocomial infections have on the death of a neonate who is admitted to the NICU. Infants are susceptible to various complications resulting from their initial condition and prematurity and several other coexisting factors can contribute to catastrophic consequences; congenital defects in neonates generally can lead to increased hospital stays as well as the use of aids or medical procedures, which increases the risk of nosocomial infections.

There is an ongoing discussion on the role of combinational treatment in order to find a balance in number of antibiotics prescribed and ensuring a healthy outcome. Some studies pointed that wide use of antibiotics increase the vulnerability of patients admitted in NICU to nosocomial infections, specially to microbial agents with multi-drug resistance. In this study, the number of prescribed antibiotics before occurrence nosocomial per neonate, positively
influenced the number of *A. baumannii* and *S. epidermidis* infected patients in the month. In the present study, Amikacin was one of the most commonly prescribed antibiotics: 81.8% (27 of 33) in the *A. baumannii* group and 82.8% (24 of 29) in the *S. epidermidis*. Use of Amikacin by controlling of confounding antibiotics had positive correlation with occurrence of both of *A. baumannii* and *S. epidermidis*.

Insufficient/overuse or inappropriate prescription is one of the main reasons for occurrence of drug resistance and nosocomial infections. Unfortunately, we did not have access to susceptibility pattern of *A. baumannii* and *S. epidermidis* in our study. However, we know that approximately 80% of the neonates with *A. baumannii* infection in our study were resistant to at least one drug. In Iran, 69–100% of environmental *A. baumannii* isolates showed resistance to the majority of the antimicrobials.

The use of fluconazole as antifungal medication had a positive correlation with number of infected neonates by *A. baumannii* in NICU in month. In Alp et al.’s study, use of prophylactic fluconazole had reduced the systemic infections in extremely low birth weight and VLBW infants. While Manzoni et al did not recommend antifungal prophylaxis drugs such as fluconazole to be administered for neonates. Also a Cochrane Review on 2015 reported that prophylactic of antifungal agents in VLBW neonates may reduce the risk of invasive fungal infections but the evidence is not sufficiently strong and needs to be cautiously implemented until the results of further trials provide enough evidence on the matter. In neonates infected by *A. baumannii*, Metronidazole antibiotic prescription before occurrence nosocomial infection had a positive correlation with number of infected neonates too. In this study prescription of Amikacin had adjusted positive correlation on increasing of *A. baumannii* and *E. epidermidis* infection in month.

**Conclusion**

Hospitalization duration in NICU was correlated with the incidence of nosocomial infections by *A. baumannii*. Also number of prescription antibiotics was effective in increasing the incidence of *A. baumannii* and *E. epidermidis* infections. Use of fluconazole infection had a positive correlation with increasing the incidence of *A. baumannii* nosocomial infections. Amikacin prescription had adjusted correlation on increasing of *A. baumannii* and *E. epidermidis* infection in month. It seems Hospitalization duration and medication prescriptions management play an important role in reducing the incidence of nosocomial infections.

**Declarations**

**Financial support:** No external funding was used in support of this study.

**Ethical Approval and consent to participate**

This article was the result of a retrospective research project approved by the Tehran University of Medical Sciences with the ethics committee code: IR.TUMS.IKHC.REC.1397.138. All methods were performed in accordance with the relevant guidelines and regulations by including a statement in ethical approval contract. Informed consent was obtained from all legal guardians.

**Consent for publication**

Not applicable

**Availability of supporting data**
The datasets used during the current study available from the corresponding author on reasonable request.

**Competing interests**

Not applicable

**Funding**

Not applicable

**Authors’ contributions:**

L.S: Writing proposal

F.N and N.F: data gathering

M. Sh: Administration Manager

H.D and F.N: Clinical manager

L.S: Statistical analysis

L.S: Writing draft

K.A: English editing manuscript

All authors: reviewing and confirming

**Acknowledgements**

Our special thanks to the nurses and laboratory staff of Valiasr hospital for their sincere cooperation

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References


**Figures**

A

B

**Figure 1**

a,b. The bar chart of occurrence nosocomial *S. epidermidis* (1a) and *A. baumannii* (1b) in NICU based on month