Appendix 1. Complete version of statements in the surveys to which study participants related their experiences of conducting courses. Translated from Swedish.

Response alternatives to these statements were: Completely disagree, Mostly disagree, Both agree and disagree, Mostly agree, and Completely agree.

* I will remember the (specific course education) content well.
* I very much enjoyed the (specific course education).
* The (specific course education) was very useful in my work.
* Participation in this kind of education was very beneficial for my work.
* I learned many new things from the (specific course education).
* I often used the knowledge obtained from the (specific course education) in my daily work.
* I successfully applied the content from the (specific course education) in my daily work.
* After the (specific course education) I have become more satisfied with my work.
* My work performance has improved by applying the (specific course education) content.
* Overall, I feel that work processes have improved at my workplace by applying the (specific course education) content.
* Overall, I feel that my work environment has improved by applying the (specific course education) content.