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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Appendix 2.Cochrane Risk of Bias Assessment** | | | | | | | |
| Criterion  Study ID | Random Sequence generation | Allocation concealment | Blinding of participants and personnel | Blinding of outcome assessment | Incomplete outcome data | Selective outcome reporting | Other potential risk of bias |
| AR Coggan 201525 | L | U | L | L | L | L | L |
| AR Coggan 201821 | L | U | L | U | L | L | L |
| BA Borlaug 201527 | L | L | L | L | L | L | L |
| BA Borlaug 201628 | L | L | L | L | L | L | L |
| BA Borlaug 201829 | L | L | L | U | L | L | L |
| DM Hirai 201720 | L | U | L | U | L | L | L |
| HA Shaltout 201730 | L | U | L | L | L | L | L |
| J Eggebeen 201631 | L | U | L | L | L | L | L |
| MN Woessner 202026 | L | U | L | U | L | L | L |
| P Zamani 201532 | L | U | L | U | L | L | L |
| P Zamani 201733 | L | U | L | L | L | L | L |