

Isolation nontuberculous mycobacteria and histopathological changes in lymph nodes collected at the abattoir in cattle reactive-positive to tuberculin dermal test

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1 **Isolation nontuberculous mycobacteria and histopathological changes in lymph nodes**
2 **collected at the abattoir in cattle reactive-positive to tuberculin dermal test**

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26 **Abstract**

27 Background: The *Mycobacterium tuberculosis* complex causes a variety of diseases; in bovine,
28 the common pathogen is *M. bovis* which is considered zoonotic. A separate group of
29 mycobacteria, much less known, is "non-tuberculous mycobacteria (NTM) which are also
30 infectious for animals and humans. The Mexican Official Norm (NOM-ZOO-031-1995)
31 regulates *M. bovis* in cattle, but not NTM species, even though this last type of
32 microorganisms has a confounding effect for the diagnosis of bovine tuberculosis. The
33 objective of the study was to isolate and identify the NTM of bovine lymph nodes condemned
34 in the slaughterhouse, to characterize the histological lesions in these tissues and to correlate
35 bacteriological and postmortem findings with the antemortem skin test of the tuberculin.

36

37 Results: Mycobacteria were isolated from 54/528 (10.2%) of the lymph nodes; 29/54 (53.7%)
38 of these isolates were identified as *M. bovis* and 25/54 (46.2%) as NTM; 3 bacteriological
39 cultures were discarded due to contamination with fungi and in one case it was not possible to
40 identify the species. Granulomatous and pyogranulomatous inflammation were observed in
41 6/21 (28.6%) and 7/21 (33.3%) of the NTM-positive lymph nodes, respectively. Necrosis and
42 mineralization were only found in 6/21(28.6%) of the lymph nodes. The species of NTM
43 associated with granulomatous lymphadenitis were *M. scrofulaceum*, *M. triviale*, *M. terrae* and
44 *M. szulgai*, while those causing pyogranulomatous lesions were *M. szulgai*, *M. kansasii*, *M.*
45 *phlei*, and *M. scrofulaceum*.

46

47 Conclusions: Considering the increase of mycobacterial infections in humans worldwide, the
48 identification of NTM that inducing Tuberculosis-like lesions in abattoir inspection is the first
49 step to investigate the livestock-human-wildlife-environment interactions with especially focus
50 on transmission dynamics.

51

52 Keywords: non-tuberculous mycobacteria, tuberculosis, granulomatous lesions, tuberculin
53 test

54

55 **1. Background**

56 Tuberculosis (TB) is one of the most devastating zoonotic diseases that, for centuries, has
57 afflicted humans and animals worldwide (Bercovier and Vincent 2001; Fonseca et al. 2017).
58 A report of the World Health Organization indicates that over 1.5 million people die each year
59 because of TB, and as many as 2 billion people are actively or silently infected (WHO, 2017).
60 The infection starts when humans or animals become exposed to genetically related species of
61 mycobacteria, namely *Mycobacterium tuberculosis*, *M. bovis*, and the *M. tuberculosis*
62 complex. These mycobacteria evade the immune and phagocytic systems and remain in
63 infected organs for a long time causing chronic inflammation, debilitating disease and become
64 a source of infection for other susceptible animals. For the last two decades, TB has been
65 reviewed under the “One-Health” or “Global Health” perspective, where human and animal
66 diseases are closely interconnected with the food and the environment. Strategies to monitor
67 and eradicate TB are underway in practically all countries around the world (WHO, 2017).
68 In Mexico, the National Program for Control and Eradication of Bovine TB started 1990, and
69 a few years later the guidelines for antemortem and postmortem diagnoses were streamlined
70 under the Mexican Official Norm (NOM-031-ZOO-1995). The antemortem detection of
71 bovine TB is done using a skin test that measures the immune response to mycobacterial
72 antigens. For intradermal tuberculin test, the skin is first inoculated with a purified protein
73 derivate (PPD) of *M. bovis* AN5 strain, followed 72 h later by a second inoculation of *M. avium*
74 D4 strain. Animals infected with TB show a characteristic thickening of this skin at the site of
75 the inoculation 72 h later.

76 The postmortem detection of bovine TB is accomplished by abattoir surveillance, where meat
77 inspectors examine organs and lymph nodes for lesions indicative of TB. Affected tissues are
78 condemned and submitted to the laboratory for histopathological and bacteriological analyses.
79 Microscopically, tissues with TB show a characteristic granulomatous inflammatory response
80 with the presence of intralesional acid-fast bacilli. The bacteriologic diagnosis of TB is based
81 on the identification of *M. bovis* either by the bacteriological culture or more recently by PCR.
82 Farm quarantine and meat condemnation at the slaughter plant causes significant economic
83 losses to farmers and producers (Zaragoza, 2017).

84 One major problem for the antemortem and postmortem diagnosis of bovine TB is the
85 confounding effect of the infection by non-tuberculous mycobacteria (NTM), organisms that
86 are widely disseminated in the environment. Infection with NTM gives a false-positive

87 tuberculin test because these saprophytic bacteria cross-react with the immune response to the
88 classical tuberculous mycobacteria (Waters et al. 2010, Waters et al. 2006; Jakko et al. 2009,
89 Devulder et al. 2005). In addition to the cross immune response, the gross and microscopic
90 lesions induced by NTM are sometimes indistinguishable from those produced by *M.*
91 *tuberculosis*, *M. bovis* and *M. tuberculosis* complex (Waters et al. 2010, Waters et al. 2006).
92 The NTM species most frequently isolated from TB-like lesions in cattle are *M. gastri*, *M.*
93 *flavescens*, *M. phlei*, *M. triviale*, *M. terrae*, *M. nonchromogenicum*, *M. intracellulare*, *M.*
94 *gordonae* (Latini et al. 1997, Proano et al. 2006, Rigouts et al. 1996). Immunosuppression is a
95 risk factor for TB and NTM infections (Marras and Daley 2002, Falkinham J.O. III 2009).
96 Although there is no evidence that NTM is transmitted from animals to humans, or between
97 humans (Gadkowski and Stout 2008, Katoch 2004), the confounding effect of NTM in the
98 antemortem and postmortem diagnosis of bovine TB is of significance in surveillance and meat
99 inspection.

100 The study aimed to isolate and identify NTM from condemned bovine lymph nodes at the
101 slaughterhouse, characterize the histological lesions in these tissues, and correlate
102 bacteriological and postmortem findings with the antemortem tuberculin skin test.

103

104 **3. Results**

105 *3.1. Collection of lymph nodes and gross changes*

106 From 528 condemned lymph nodes at the abattoir, 235 (44.5%) showed gross lesions
107 compatible with TB and 42/528 (8%) lymph nodes were from cattle that had tested positive for
108 intradermal tuberculin (Table 1).

109 *3.2. Mycobacterial isolation and biochemical identification*

110 Mycobacteria were isolated from 54/528 (10.2%) of the lymph nodes; 29/54 (53.7%) of the
111 mycobacterial isolates were identify as *M. bovis* and 25/54 (46.2%) as NTM; Biochemical
112 typing for 21 NTM isolates yielded *M. szulgai* (n = 8), *M. scrofulaceum* (n = 4), *M. phlei* (n =
113 3), *M. kansasii* (n = 2), *M. chelonae* (n = 2), *M. triviale* (n = 1), *M. fortuitum* (n = 1), and *M.*
114 *terrae* (n = 1); 3 NTM isolates were discarded because fungal contamination precluded
115 biochemical typing and in one identifying the species was not possible.

116 *3.3. Histopathology*

117 Histopathologically, the 21 lymph nodes positive for NTM revealed two distinct morphologic
118 types of inflammation. (1).- Granulomatous, characterized by an external rim of fibroblasts

119 that contain macrophages, giant cells, central caseous necrosis, mineralization and scant
120 neutrophils. (2).- Pyogranulomatous inflammation, which besides macrophages, giant cells,
121 necrosis and mineralization, also showed abundant neutrophils. Granulomatous and
122 pyogranulomatous inflammation were observed in 6/21 (28.6%) and 7/21 (33.3%) of the NTM-
123 positive lymph nodes, respectively. Necrosis and mineralization were only observed in
124 6/21(28.6%) of the lymph nodes. Two lymph nodes (2/7; 28.6%) with pyogranulomatous
125 inflammation also revealed intralesional fungi. AFB were microscopically observed in 5/6
126 (83.3%) of the lymph nodes showing granulomatous inflammation and in 4/7 (57.1%) with
127 pyogranulomatous inflammation. Eight (8/21; 38.1%) lymph nodes yielded NTM but did not
128 have any microscopic lesions or changes associated with TB (Table 2).

129 The species of NTM associated with granulomatous lymphadenitis were *M. scrofulaceum*, *M.*
130 *triviale*, *M. terrae* and *M. szulgai*, while those related to pyogranulomatous lesions were *M.*
131 *szulgai*, *M. kansasii*, *M. phlei*, and *M. scrofulaceum*. However, the NTM species, except for *M.*
132 *fortuitum* and *M. chelonae*, were also isolated from lymph nodes with no microscopic lesions
133 (Table 2).

134 Five animals were identified as positive at antemortem intradermal tuberculin test, and another
135 animal from a herd with positive reactors to tuberculin was considered as “exposed.” One
136 tuberculin-positive animal had granulomatous lesions that were associated with *M. terrae*. The
137 animal considered as “exposed” that had pyogranulomatous changes yielded *M. scrofulaceum*.
138 Two tuberculin-positive animals showing no lesions were associated with *M. phlei* and *M.*
139 *chelonae*. On the other hand, *M. kansasii* and *M. szulgai* were isolated from the two tuberculin-
140 positive animals that lacked tissues for histopathology.

141

142 **4. Discussion**

143 4.1 *Species of NTM isolated from lymph nodes:*

144 The species of NTM isolated from the lymph nodes condemned by the meat inspectors at the
145 slaughter plant in Tamaulipas were *M. kansasii*, *M. szulgai*, *M. scrofulaceum*, *M. terrae*, *M.*
146 *phlei* and *M. chelonae*. Our findings do not match the results of a similar study conducted in
147 the southern part of the state of Mexico (Zaragoza et al., 2017) where *M. neoaurum*, *M.*
148 *parafortuitum* and *M. confluentis* were the main isolates. The species of NTM reported here
149 agree with those previously reported in Mexico in human lungs (Pérez-Martínez et al., 2008;
150 Cortés-Torres et al., 2013; Escobar-Escamilla et al., 2014; Orduña et al., 2015), water (Castillo

151 Rodal et al., 2012; Pérez-Martínez et al., 2013) and salad samples (Cerna-Cortés et al., 2015).
152 The number of NTM species reported in the literature exceeds 130, and according to some
153 reports the most common NTM isolates from cattle are *M. gastri*, *M. flavescens*, *M. phlei*, *M.*
154 *triviale*, *M. terrae*, *M. nonchromogenicum*, *M. intracellulare*, *M. gordonae*, *M.*
155 *thermorresistibile*, *M. xenopi*, *M. fortuitum*, *M. chelonae*, *M. ulcerans* and *M. kansasii*, *M.*
156 *avium*, *M. neoaurum*, *M. confluentis* and *M. vaccae* (Bercovier and Vincent, 2001; Proano et
157 al., 2006; Gortazar et al., 2011; Biet and Boschioli, 2014; Katale et al., 2014; Zaragoza et al.,
158 2017; Cheng et al., 2017; Ghielmetti et al., 2018; Bolaños et al., 2018). It could be surmised
159 from these findings that the environment in Northern Mexico and other regions in America,
160 Europe, Asia and Africa share the same species of saprophytic mycobacteria.

161 Tuberculous bacteria disseminate in tissues by lymphatic drainage, making the lymph nodes the
162 prime anatomical site for meat inspection. The majority of the lymph nodes condemned and
163 evaluated in our study were mesenteric and mediastinic indicating that the main port of entry
164 for NTM is through the lungs and digestive systems (Belachew, 2017). It should be noted that
165 38.1% of healthy lymph nodes tested positive for NTM suggesting that lymphoid tissues
166 harbour mycobacteria without eliciting inflammation, or that no sufficient time elapsed to
167 trigger a microscopically visible inflammatory response.

168 Types of inflammation:

169 Enlargement of a lymph node, clinically referred to as lymphadenomegaly, is the “red flag”
170 that prompts meat inspectors to carefully examine these tissues and look for inflammatory
171 reactions such as granulomas or abscesses. Histopathological and microbiological studies are
172 indispensable to properly characterize the lesions and identify the NTB organisms. The host
173 response elicited by mycobacteria is characteristically granulomatous, regardless of the
174 bacterial species or the affected organ (Ackerman 2017). This stereotyped inflammatory
175 response relates mainly to the lipids of the bacterial cell wall and the ability of the mycobacteria
176 to overcome phagocytosis (Ackerman, 2017).

177 It remains unclear, however, why *M. scrofulaceum*, *M. triviale*, *M. terrae*, and *M. szulgai* were
178 isolated mostly from granulomatous lymphadenitis while *M. scrofulaceum*, *M. kansasii*, *M.*
179 *szulgai* and *M. phlei* from pyogranulomatous lymphadenitis. According to the literature,
180 granulomatous and pyogranulomatous inflammation could be merely different stages of the
181 inflammatory process, being a pyogranuloma less chronic and active, while a granuloma is
182 more chronic and better organized (Ackerman 2017). In similar studies based on the
183 examination of lymph nodes, liver and lungs in cattle, have been reported the *M. fortuitum*, *M.*

184 *avium*, *M. kansasii*, *M. lentiflavum* and *M. intracellulare* as the principally NTM species
185 associated to chronic inflammatory response and form typical tuberculous granuloma (Katale
186 et al., 2014; Cheng et al., 2017; Gcebeet and Hlokwe, 2017; Ghielmetti et al., 2018).
187 Interestingly, none of the NTM species isolated in our study involved co-infection with
188 organisms of the *M. tuberculosis* complex. The histopathological findings of infections caused
189 by nontuberculous mycobacteria are indistinguishable from those caused by *M. tuberculosis*
190 complex (Claudio Piersimoni et al., 2008).

191 The role of neutrophils in the pathogenesis mycobacterial lesions is only partially understood.
192 It has been observed in experimental mycobacterial infections that neutrophils favour the
193 recruitment of other cells involved in the formation of granulomas (Seok et al., 2010). The
194 permanence of neutrophils at the site of injury depends on the production of chemical mediators
195 such as TNF- α (Kasahara et al., 1998). Neutrophils arrive in two "waves," the first relates to
196 the innate response against the pathogen and the second to the adaptive response (Remote et
197 al. 2019). As a result, neutrophils can be present in the initial host response and remain in the
198 chronic stages of inflammation.

199 Pyogranulomatous lymphadenitis has been previously reported in cattle and black deer infected
200 with *M. kansasii* (Waters et al. 2010; Hall et al. 2005). This NTM species has also been isolated
201 from calcified microabscesses in the lymph nodes, lungs, and liver of pigs, feral pigs, camels,
202 goats, and cows (Jarnagin et al. 1983).

203 Granulomatous lymphadenitis is not unique to mycobacterial infections and occurs also with
204 other bacterial and fungal infections. *Coccidioides immitis* and the algae *Chlorella* sp are two
205 systemic mycoses endemic in northern Mexico which are important impersonators of TB. Both
206 of these infections cause granulomatous and pyogranulomatous lymphadenitis in ruminants
207 grossly indistinguishable from mycobacterial diseases (Del Rocío et al. 2016; Ramirez et al.
208 2010). Lymph node enlargement is not unique to infectious diseases, it often occurs in
209 neoplastic diseases, particularly lymphosarcoma, which is prevalent in cattle worldwide
210 (Marshak 1962). None of the condemned specimens which were submitted to the laboratory
211 slaughterhouse in Tamaulipas had microscopic evidence of bovine lymphosarcoma or any
212 other neoplastic disease.

213 Although a study reported that NTM sampled from field conditions are more likely to interfere
214 with the current intradermal diagnostic test for bovine TB detection (Thacker et al., 2013). Our
215 findings and those reported by Bolaños, 2018 and Ghielmetti, 2018 suggest that *M. terrae*, *M.*
216 *kansasii*, *M. szulgai*, *M. scrofulaceum*, *M. phlei*, *M. chelonae*, *M. engbaekii*, *M. arupense*, *M.*

217 *nonchromogenicum*, *M. heraklionense* and *M. persicum* isolated from slaughtered cattle and
218 milk samples from dairy cows, cause interference in the routine antemortem intradermal
219 tuberculin test for bovine TB leading to false-positive results and considerable economic losses
220 (Water et al., 2006). The cross-reactivity in cattle infected with *M. bovis* and NTM has become
221 a serious problem for TB surveillance, which explains why the lymph nodes of some of the
222 tuberculin-positive animals in Tamaulipas yielded NTM and not *M. bovis*. This cross-antigenic
223 reaction results from the close phylogenetic relationship shared by NTM and *M. tuberculosis*
224 (Jakko et al. 2009, Devulder et al. 2005). Despite this close phylogenetic relationship, there is
225 no reliable evidence that NTM are transmitted from animals to humans, or between humans
226 (Gadkowski and Stout 2008, Katoch 2004. Although it has high phylogenetic homology
227 because it is of the same genus, it can be different by rRNA amplification (Zaragoza, 2017).
228 However, it can induce several types of lesion.
229

230 **Conclusions**

231 NTM were isolated from condemned bovine lymph nodes at the slaughterhouse, and the
232 histological lesions revealed granulomatous and pyogranulomatous lymphadenitis. The NTM
233 associated with granulomatous lymphadenitis were *M. scrofulaceum*, *M. triviale*, *M. terrae*,
234 and *M. szulgai*, while those related to pyogranulomatous lesions were *M. szulgai*, *M. kansasii*,
235 *M. phlei* and *M. scrofulaceum*. Interestingly, *M. terrae* was associated with granulomas from a
236 bovine positive at intradermal tuberculin test, while *M. scrofulaceum* was associated with
237 pyogranulomas from a bovine "exposed".

238 Considering the increase of mycobacterial infections in humans worldwide, along with the
239 results of the present study in cattle, there is a need to investigate the livestock-human-wildlife-
240 environment interactions with especially focus on transmission dynamics. There is a need also
241 for molecular studies of *M. terrae* and NTM inducing TB-like lesions in abattoir inspection.
242 Finally, it is imperative to recognise the relevance of NTM infection on the interpretation and
243 differential diagnosis of TB cattle.

244 **2. Methods**

245 *2.1 Collection of lymph nodes*

246 Five hundred and twenty-eight bovine lymph nodes (n=528) were collected between 2007 and
247 2011 at an abattoir in Tamaulipas, Mexico as part of a surveillance program done by certified
248 veterinary inspectors for the National Program for Control and Eradication of Bovine TB in
249 Tamaulipas. Antemortem diagnosis of TB in animals was based on immunological response to
250 an intradermal PPD and D4 inoculation. Lymph nodes condemned at the slaughter house were
251 cut serially and examined for gross lesions compatible with TB. One-half of the lymphoid
252 tissue was preserved in 6% sodium borate for bacteriological analyses while the other half was
253 immersed in 10% buffered formalin for histological examination. The specimens were sent to
254 the Diagnostic Laboratory of the University of Tamaulipas and processed according to the
255 Mexican Official Norm (NOM-031-ZOO-1995).

256 *2.2 Mycobacterial isolation and biochemical identification*

257 All samples were handled and processed in laminar-flow hood type II following established
258 guidelines. After removing the sodium borate, the lymph nodes were placed in a sterile mortar
259 where the fat was removed, the tissue cut into small fragments and manually macerated with
260 sterilized sand. Twenty mL of distilled sterile water was added to the specimen for a second
261 maceration. The macerate was then diluted with a 4% solution of sodium hydroxide and phenol
262 red at a 1:1 ratio and incubated at 37°C/20 shaking for 20 min. The suspension was centrifuged
263 at 1157.13 g for 20 min, and after removing the supernatant, the sediment was neutralized with
264 a 1N hydrochloric acid solution until the pink color of the indicator turned yellow as detailed
265 in the Petroff protocol (Buijtels PC, 2005).

266 Two Stonebrink media tubes (Pronavibe, México) and one Lowenstein-Jensen culture media
267 tube (Pronavibe, México) were inoculated with the neutralized residue and incubated at 37°C
268 in 5% CO₂ for nine weeks, or until typical colonies were observed. Mycobacteria was first
269 confirmed by the microscopic observation of acid-fast bacilli (AFB) using the Ziehl- Neelsen
270 stain. Mycobacterial cultures were evaluated for metabolic activity, niacin production, and
271 nitrate reduction, catalase production at 22 °C and 68 °C, urease production, and hydrolysis of
272 Tween 80. Bacterial growth and tolerance were also assessed in MacConkey agar without
273 violet crystal and with 5% sodium chloride.

274 *2.3. Histopathology*

275 Formaline-ixed lymph nodes were processed, embedded in paraffin and cut at 4-5 μm using
276 standard methods. Tissue sections stained with hematoxylin-eosin were microscopically
277 evaluated for histologic lesions, and Ziehl-Neelsen stained tissues were assessed for acid-fast
278 bacilli.

279

280 **Declarations**

281 **Abbreviations**

282 NTM: non-tuberculous mycobacteria

283 TB: Tuberculosis

284 PPD: purified protein derivate

285 AFB: acid-fast bacilli

286 **Ethics approval and consent to participate**

287 Not applicable

288 **Consent for publications**

289 Not applicable

290 **Availability of data and material**

291 All data generated or analysed during this study are included in this published article

292 **Conflicts of Interest**

293 The authors declare that there is no conflict of interest regarding the publication of this paper.

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298 **Authors' contributions**

299 Design of the work, analysis and interpretation of data, and wrote of the manuscript: AH, JM,
300 GM, HB; Mycobacterial isolation and biochemical identification: AH; Histopathologic
301 processing and evaluation: AH, JM, NC, JP, AL; have substantively revised: AH, JM, GM,
302 HB, AL. All the authors revised and approved the final version of the manuscript.
303

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309

310

311 Table 1. Total of samples, tuberculin skin tests, gross lesions and number of
312 mycobacteria isolated

| Year | Total of samples | Tuberculin reactors | Gross lesions compatible with TB | <i>M. bovis</i> | NTM Isolated |
|-------|------------------|---------------------|----------------------------------|-----------------|--------------|
| 2007 | 109 | 11 | 43 | 8 | 4 |
| 2008 | 169 | 13 | 69 | 12 | 6 |
| 2009 | 19 | 8 | 8 | 2 | 2 |
| 2010 | 139 | 2 | 67 | 3 | 5 |
| 2011 | 92 | 8 | 48 | 4 | 4 |
| Total | 528 | 42 | 235 | 29 | 21 |

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Table 2. Association between microscopic findings and species of mycobacteria isolated

| Number of samples | % | Microscopic Changes | NTM isolated |
|-------------------|------|---------------------|--|
| 6 | 28.6 | Granulomas | <i>M. scrofulaceum, M. triviale, M. terrae, M. szulgai</i> |
| 7 | 33.3 | Pyogranulomas | <i>M. szulgai, M. kansasii, M. phlei, M. scrofulaceum</i> |
| 8 | 38.1 | Without changes | <i>M. szulgai, M. phlei, M. chelonae, M. fortuitum y M. scrofulaceum</i> |
| 21 | 100% | | |

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