

Table 1: Demographic, lifestyle-related and clinical comparisons between CC and CNC.

| Socio-demographic, lifestyle, and clinical variables | CC<br>(n = 57) | CNC<br>(n = 29) | p-value     |
|--|----------------|-----------------|-------------|
| Sex (F/M)  | 57/8           | 28/2            | 0.50        |
| Age (years)  | 43.3±12.4      | 48.5±12.2       | 0.07        |
| Education (years)                                    | 12.8±4.7       | 13.0±4.7        | 0.85        |
| Patients with a regular paid employment              | 30 (52.6%)     | 23 (79.3%)      | <b>0.05</b> |
| Socioeconomic status                                 |                |                 |             |
| 1 - unskilled worker                                 | 10 (17.5%)     | 4 (13.8%)       | 0.900       |
| 2 - specialist worker, small or large trader         | 20 (35.1%)     | 9 (31.0%)       |             |
| 3 - medium-level technical or administrative career  | 18 (31.6%)     | 11 (37.9%)      |             |
| 4 - high-level technical or administrative career    | 5 (8.8%)       | 4 (13.8%)       |             |
| Child or elderly caregiver                           | 28 (43.1%)     | 9 (30.0%)       | 0.80        |
| Users of mobile phone                                | 84 (90.3%)     | 54 (94.7%)      | 0.54        |
| Users of Tablet                                      | 19 (20.4%)     | 13 (22.8%)      | 1.00        |
| Users of computer                                    | 52 (55.9%)     | 32 (56.1%)      | 0.11        |
| Patients carrying a pen/pencil                       | 35 (61.4%)     | 8 (27.6%)       | 0.07        |
| Patients who consider the calendar important         | 46 (80.7%)     | 17 (58.6%)      | 0.15        |
| Calendar was important because:                      |                |                 |             |
| “Improves my knowledge about headache”               | 36 (63.2%)     | 15 (51.7%)      | 0.09        |
| “Facilitates the doctor's knowledge”                 | 38 (66.7%)     | 15 (51.7%)      | <b>0.04</b> |
| “Controls the medication intake”                     | 26 (45.6%)     | 14 (48.3%)      | 0.77        |
| Chronic headache                                     | 31 (54.4%)     | 19 (65.5%)      | 0.679       |
| Episodic migraine                                    | 21 (36.8%)     | 7 (24.1%)       |             |
| Other  | 5 (8.8%)       | 3 (10.3%)       |             |
| Medication overuse                                   | 7 (12.3%)      | 10 (34.5%)      | <b>0.01</b> |
| Botulinum toxin treatment                            | 29(55.4%)      | 18 (60%)        | 0.37        |
| HIT-6 scale  | 62.9±8.3       | 63.9±7.1        | 0.62        |
| MSQ  | 62.8±14.7      | 62.3±18.3       | 0.92        |
| Zung questionnaire score                             | 42.8±8.7       | 44.2±7.8        | 0.52        |
| Depressive symptoms according to Zung questionnaire  | 13 (22.8%)     | 6 (20.7%)       | 1.00        |