**Cadmium in herbal weight loss products as a health risk factor for consumers**

Grzegorz Dziubanek*a* , Dawid Konwant *b*, Danuta Rogala*c\**, Joanna Domagalska*a*

aDepartment of Environmental Health Risk Factors, Faculty of Health Sciences in Bytom, Medical University of Silesia in Katowice (Poland), 18 Piekarska Street, 41-902 Bytom, Poland, e-mail address: gdziubanek@sum.edu.pl (https://orcid.org/0000-0002-1972-7221), drogala@sum.edu.pl (https://orcid.org/0000-0001-5995-8246), jdomagalska@sum.edu.pl (https://orcid.org/0000-0002-4471-3147)

b Doctoral School, Medical University of Silesia in Katowice (Poland), 15 Poniatowskiego Street, 40-055 Katowice, Poland, e-mail address: dawid.konwant@med.sum.edu.pl (https://orcid.org/0000-0003-0704-6282)

c Department of Environmental Health, Faculty of Health Sciences in Bytom, Medical University of Silesia in Katowice (Poland), 18 Piekarska Street, 41-902 Bytom, Poland, e-mail address: drogala@sum.edu.pl (https://orcid.org/0000-0001-5995-8246),

**\*Corresponding author**: Danuta Rogala, Department of Environmental Health, Faculty of Health Sciences in Bytom, Medical University of Silesia in Katowice (Poland). 18 Piekarska Street, 41-902 Bytom, Poland. Tel. +48 323976525, e-mail address: drogala@sum.edu.pl

**Supplementary Material I.** Characteristics of the samples of herbal weight loss products.

|  |  |  |
| --- | --- | --- |
| Sample no.  | Manufacturer  | Type  |
| 1 / 1a\* | I | Dietary supplement  |
| 2 / 2a\* | II | Dietary supplement  |
| 3 / 3a\* | III | Dietary supplement  |
| 4 / 4a\* | IV | Dietary supplement  |
| 5 / 5a\* | V | Dietary supplement  |
| 6 / 6a\* | VI | Dietary supplement  |
| 7 / 7a\* | VII | Dietary supplement  |
| 8 / 8a\* | VIII | Dietary supplement  |
| 9 / 9a\* | IX | Dietary supplement  |
| 10 / 10a\* | X | Dietary supplement  |
| 11 / 11a\* | XI | Dietary supplement  |
| 12 / 12a\* | XII | Dietary supplement  |
| 13 / 13a\* | XII | Dietary supplement  |
| 14 / 14a\* | VII | Dietary supplement  |
| 15 / 15a\* | XIV | Dietary supplement  |
| 16 / 16a\* | XV | Dietary supplement  |
| 17 / 17a\* | XVI | Dietary supplement  |
| 18 / 18a\* | XVII | Herbal product  |
| 19 / 19a\* | XVIII | Herbal product  |
| 20 / 20a\* | XIX | Herbal product  |
| 21 / 21a\* | XX | Herbal product  |
| 22 / 22a\* | XXI | Herbal product  |
| 23 / 23a\* | XXII | Herbal product  |
| 24 / 24a\* | XXIII | Herbal product  |
| 25 / 25a\* | XXIV | Herbal product  |
| 26 / 26a\* | XXV | Herbal product  |
| 27 / 27a\* | XXVI | Herbal product  |
| 28 / 28a\* | XXVII | Herbal product  |
| 29 / 29a\* | XXVIII | Herbal product  |

\* infusion